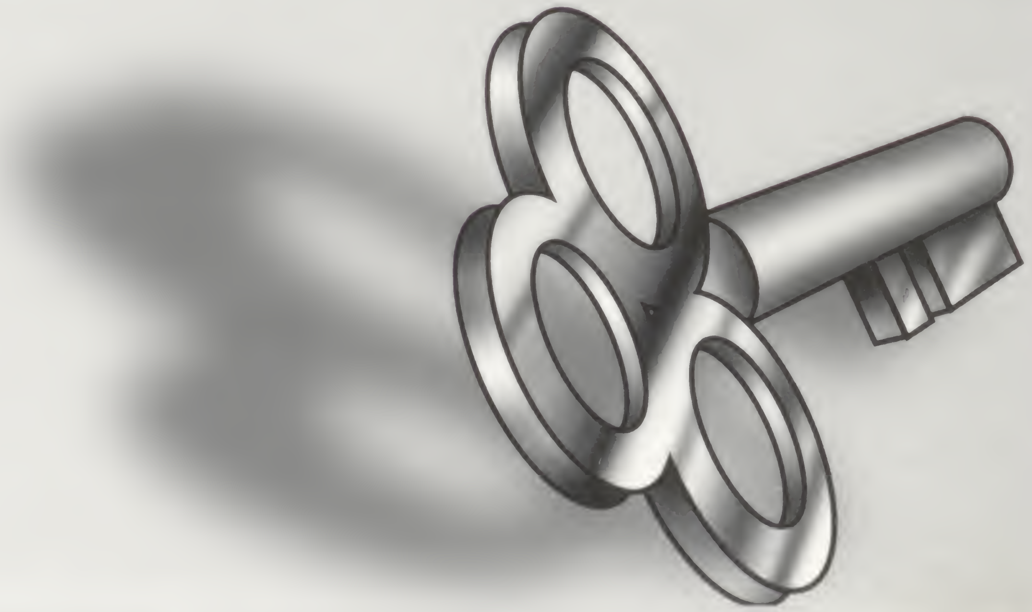
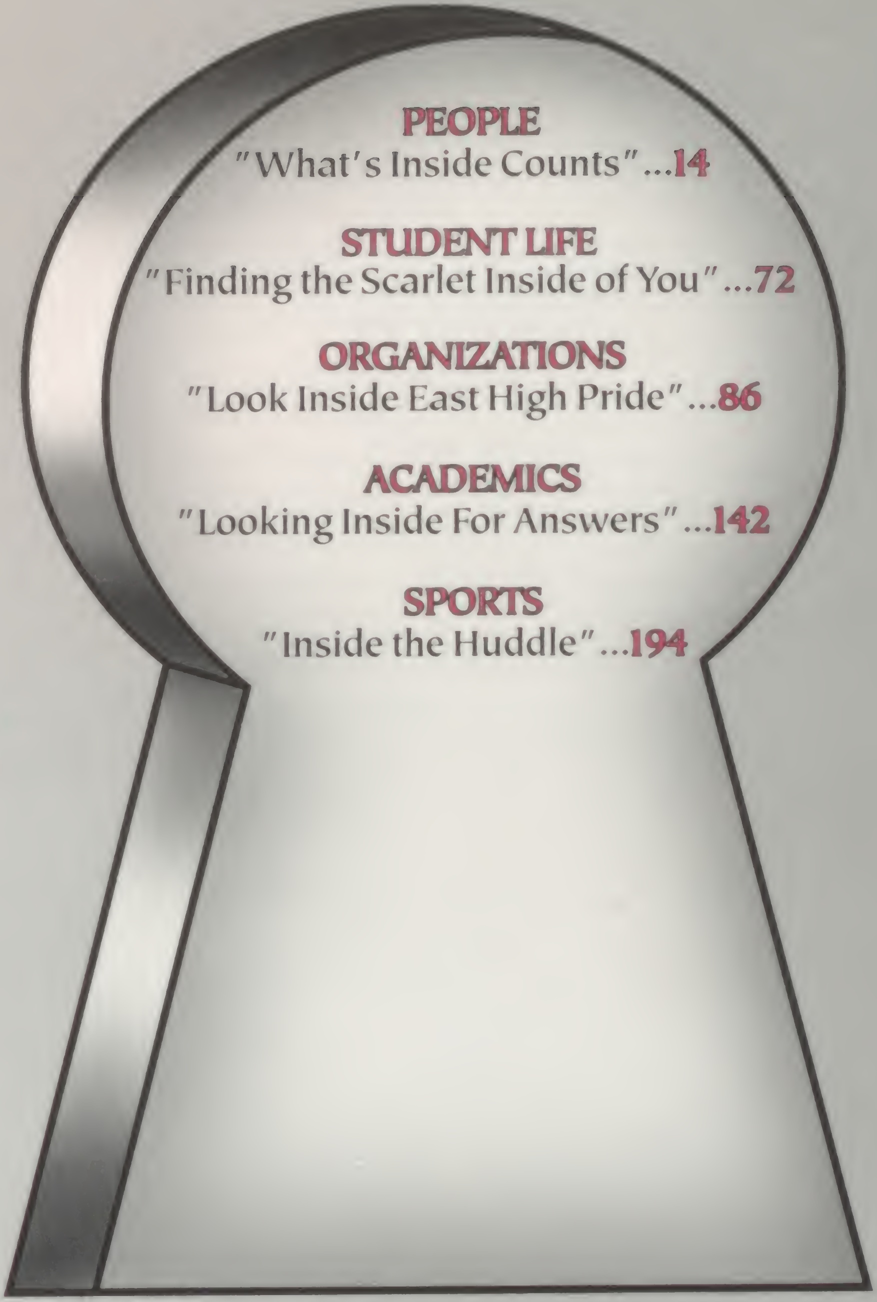
Find...

What You'll

You Never Know

...until you look IN





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"Inside the Huddle"...**194**

IDE

Quill

1998

East High School
815 East 13th Street
Des Moines, IA 50316
(515) 242-7788
Enrollment: 1810

Seniors **Landna Baccam**, **Amy Nemmers**, **Kate Olson**, and **Megan Hill** sit on the gym stage in their outfits to be graduation ushers. They were chosen to be ushers because they were the officers for Junior Board in 1997.

A group of Scarlets wait their turn to participate in the Homecoming assembly. The Scarlet Dance Squad, Colorguard, Cheerleaders, Steppers, and the drama department all performed for the large crowd.

Showing his school spirit, Principal **Jerry Stilwell** sits in the Homecoming spirit bathtub. The bathtub failed in its purpose, however, as East lost to Lincoln in the homecoming game, 28-14.

Story/Design: Stephanie Gibb and Ryan Cook. Photojournalist: Sara Campbell.

A LOOK AT THE START OF IT ALL

Looking inside East High means looking inside a whole new world, one of diversity, organizations, and a bundle of spirit just waiting to be explored.

Our school contains a solid spirit that only we can know, the Scarlet Spirit. Every day we walk the halls in hopes of meeting with friends, passing the next exam, and seeing what new ventures lay just around the corner.

In four years, we found ourselves growing and changing in an infinite number of ways and we all tried to bring into our school what we've always wanted to get out of it — a sense of pride in being the best we can ever be. The unity that we all experience every day became an inner entity for us all.

At first sight, our school looks like a replica of the Greek Parthenon, but when you open those tall doors, you find a whole new way of life.

The halls in which we walk are forever filled with the laughter and speech that they absorb through the years. And the gym that is always left standing, even after the wildest and loudest assemblies, still echoes our battle cries for victory.

Every part of our school holds an abundance of memories that will speak to many future generations long after we're gone.

So as you look inside our school and at us, take a look at yourself and see if you can find your place at East and your Scarlet Spirit inside.

The time is now yours and the key is in your hand, so now as you venture into Scarlet Country, remember.... You Never Know What You'll Find Until You Look Inside! Enjoy!!!

Junior **Frank Swoboda** shows his Scarlet Spirit in an artistic manner. He was one of five members of the Academic Decathlon team who helped with sidewalk painting during Homecoming Week.

We spend over 700 days here in the course of four years. From freshman orientaion to senior graduation, we've experienced the life that only True Scarlets could know. And when we are gone, our victorious spirit will always live on. So look inside our Scarlet Pride!

Story/Design: Angla Curtis.

CHEE

Ranging from the exotic to the mundane, the trip provided sights enough for any camara lens. Clockwise from right: students enjoy a basketball game at Madison Square Garden, the Capitol, Mount Vernon, and the Washington Cathedral.

Seniors ***Jennifer Weeks*** *and* ***Sarah Christensen*** *make the most out of an uncomfortable bus ride. "It would've been better to have stopped at a motel halfway there instead of going straight into Washington," said* ***Weeks.***

"THE SHOW IS ALREADY A LEGEND"

Departure saw the travelers split into two groups. Half the group, including seniors ***Beth Gale*** *and* ***Amber Devan*** *spent the first three days of the trip in New York, while another bus took the rest to Washington.*

Have fun and take lots of pictures," advised ***Weeks****. Clockwise from far left: the Children Fantasies Statue, the Miss Saigon theater, junior* ***Amy Braaksma*** *thinking she's the Statue of Liberty, a view from the Spirit of Washington.*

Story/Design: Rachel Deierling.

A TRIP OF A LIFETIME

There was a tingle of excitement in the air in front of the Capitol on the Saturday morning that the juniors, luggage in tow, waved goodbye to parents and boarded buses that would take them on a trip they'd remember the rest of their lives.

"We had a nice bus but it was really crowded with 50 people," said senior **Amy Braaksma**, "plus we had to carry our luggage on our laps since most of the overhead compartments were full."

Despite discomfort, the bus ride provided a social setting where students got to know people from other schools.

History, culture and entertainment were brought to the eyes of lucky juniors who saw America's most famous attractions last spring, including the Statue of Liberty.

"During the trip I met a lot of people from other schools I wouldn't have met otherwise," said senior **David Suggett**.

Once in New York and Washington D.C. the words "sleep deprivation" took on a whole new meaning, not that that stopped anyone from having a great time.

"We all thought we were going to fall asleep during *Miss Saigon* but it turned out to be really neat," senior **Jennifer Weeks** said. "If we had time, I'd like for us to have seen another Broadway show."

The group also walked nearly everwhere they had to go.

"I had blisters on my feet the size of Arkansas," moaned **Braaksma**. "It was really a relief when we found the store with the vibrating chair."

So what makes the UN trip different from a trip that anybody could just take by themselves?

"We got to meet a lot of new people," said **Weeks**, "and we got to see a lot of neat stuff that not just anybody gets to see."

Any tourist could go to New York and view the city from the top of the Empire State Building, go shopping on 5th Avenue, and visit the Statue of Liberty. But only UN trip participants had the opportunity to have dinner at the United Nations complete with a tour, and sail down the Potomac on *The Spirit of Washington*.

Students had a hard time picking which city they liked best.

"New York was neat, but it was dirty and crowded," said **Weeks**. "Washington was really pretty and the White House was probably my favorite place."

Despite long lines and sore feet, the UN trip provided juniors across central Iowa with friends and memories they would never forget.

"It was a really good opportunity to meet people because you were with them a whole week without your parents," said senior **Tricia Forest**.

*Strike a pose! Senior **Nicki Mooers** stands by a statue of Greek myth, proving life really can imitate art for the juniors embarking on a cultural "odyssey".*

*Seeing many different tourist attractions, seniors **Kal Lovan** and **Lance Lethcoe** toured Europe over the summer. One of the places they visited was Austria.*

*Seeing double on vacation — two sets of twins: juniors **Nicki Convery**, **Tracey Carney**, **Vicki Convery**, and **Stacey Carney** are enjoying their summer. Some students went out of town just to relax and get away from it all.*

Story/Design: Jill Nowadzky

After winning their softball game, the girls varsity softball team celebrates their victory. The softball tournament was in Cedar Rapids on June 13 and 14.

*Wow, what a fish! Freshman **John Greene** is posing with his "catch of the day." **Greene** went on a vacation with his family over the summer.*

*Let's play ball! Senior **Sioalong Southammavong** is checking out some of the exhibits at the Minnesota Historical Science Museum in St. Paul. The Upward Bound students usually take a year -end trip to somewhere in the Midwest over the summer.*

*Seniors **Jill Nowadzky** and **Sarah Halsten**, along with their friend Julie, met Billy Joe Armstrong, the lead singer of Green Day, on Melrose Ave. in Los Angeles, California.*

A LOOK AT THE SCARLET SUMMER

Summer is a time when kids are out of school, working and having fun. At the same time, many students are involved in certain groups that start in the summer and attend camps.

"Colorguard camp was an interesting experience," said freshman **Brooke Nowadzky**. "At the end of every day everyone was really worn out from all the routines we learned."

Some groups go to these camps to refine the skills that they use during the school year.

"At Stepper camp we not only sharpened our dancing skills, we also learned how to work as a team and everyone pulled together and got along great," said senior Stepper captain **Tascha Torgeson**.

Also over the summer, students took trips to wild and even exotic places.

"Going to Europe was not only a fantastic experience, but a chance of a lifetime that I will never forget," said senior **Lance Lethcoe**.

Some people just took trips to other states or even stayed in state and still had fun.

"My friends and I hung out at the Chill Spot all summer," said junior **Ben Cowie**.

Whether you went on a vacation this summer or just stayed at home and went to the beach, Scarlet summers are always filled with exciting and wild adventures.

Having fun in Okoboji, senior cheerleader **Jayne Corbin** is taking time out to pose for a picture. Cheerleading camp was held in June.

EVEN THOUGH SCHOOL IS OUT IN JUNE, THE FUN HAS ONLY BEGUN FOR MANY SCARLETS. STUDENTS TAKE ADVANTAGE OF THEIR TIME AWAY FROM SCHOOL AND REALLY ENJOY THE GREAT OUTDOORS.

*Led by alum **Scott Haworth** on guitar, this vocal group sang a selection of songs that were popular during some of the alums' days at East.*

*A group of alumni enjoy their dinners, provided by **Delores Weeks'** cafeteria staff. Alumni sit at tables labeled by the years they graduated.*

*Smiling with pride, alumna **Jenie Fuller** is presented with the Service to Humanity Award by Alumni Dinner Chairman **Mark Clark**. **Fuller** used this award, one of the largest ones offered by the Alumni Association, to help pay to attend Luther College in Decorah.*

*Holding a plaque just presented to him, alum **Ray Townsend** is inducted into the East Hall of Fame. **Townsend** founded Townsend Engineering Company in 1945, after graduating in 1931.*

Story/Design: Ryan Cook and Angla Curtis. Photojournalist: Jenn Williams.

A LOOK AT SCARLET ALUMNI

Is it just me, or did the student body all suddenly gain 30 years?

No, it's the annual EHS Alumni Dinner, sponsored by the Alumni Association.

This annual event attracts hundreds of EHS alums from around the country back to Des Moines for a weekend of memories, friends and fun. The classes from the 50's and 60's have the best turn out, but alumni from as far back as the 1910's and as recently as the current senior class are in attendance.

"I've gotten to know many the alumni who come back every year and I enjoy seeing them again," said Principal **Jerry Stilwell**.

Current students, including the Scarleteers, Cheerleaders and Steppers, help at the dinner.

"It was a lot of fun helping at the dinner. The choir sang for the class of '37 the night before; they recognized us and wanted us to sing at the dinner," said senior **Renee Hesseltine**.

Alumni sit at tables by graduation year, with the elder classes on the gym floor and the more recent Scarlet graduates in the balcony.

The honored classes of 1972 (25 years), 1947 (50 years) and 1937 (60 years) had large contingencies in attendance. The current anniversary classes often hold reunions on the same weekend.

The Alumni Chorus, directed by alum **Harlan Gee**, also performed several selections, including the Fight Song.

The Alumni Association provides scholarships for selected seniors, ranging in amount from $500 to the John Wakefield Scholarship, valued at $10,000 per year for four years.

The evening continued with the Alumni Business Meeting, including the treasurer's report. Association Treasurer **Bill Boyer** reported at this year's meeting that the Association's scholarship fund has exceeded $1 million for the first time ever.

To close the meeting, 1997 Association President **Mark Clark** ('76) passed the gavel to 1998 President **Jerry Wanek** ('76).

"I have always enjoyed renewing old friendships at the Alumni Banquet. It was a highlight to preside over this great group of people and participate in the awarding of over $50,000 in scholarships," said **Clark**.

Senior Tascha Torgeson serves tea to a table of alumni. Student volunteers helped serve food and give tours during the dinner.

PEOPLE FROM ALL OVER COME BACK TO EAST HIGH SCHOOL FOR THEIR ANNUAL ALUMNI DINNER, HELD EACH MAY. OUR ALUMNI ASSOCIATION IS ONE OF THE MOST ACTIVE IN THE NATION. CURRENT STUDENTS ENJOY SERVING AND ENTERTAINING THE ALUMNI THROUGHOUT THE EVENING.

Showing their school spirit, the varsity football players and Steppers intently watch ***George Davis*** *speak at the assembly on Friday, Sept. 19. Homecoming Week is, yearly, a very exciting week for the Scarlets.*

Groovy, is what freshman ***Becky Mc Aleavy*** *is thinking. Many students participated in Hippie Day and seemed to enjoy it more this year that in the past.*

Oh, look it's twins. Junior ***Jeremy Milligan****, senior* ***Bethanie Roof****, senior* ***Tascha Torgeson*** *and junior* ***Jason Milligan*** *show their school spirit by dressing up for Twin day during Homecoming Week.*

Painting a picture, senior ***Elizabeth Govoni*** *is working stressfully. Street painting is an activity at night for students to get involved with during Homecoming Week.*

Story/Design: Amanda Grant.

THE SPIRIT COMES ALIVE AT EAST

There are many time-honored traditions involved in Homecoming Week, but this year things were a little different.

"All the changes going on are kind of fun. It puts a variety in all of our school spirit, and it's tons of fun to dress up all crazy and see all the new events that take place," said senior **Jenny Jones.**

The Powder Puff game got scratched off the list of events this year. The game was canceled because of all the injuries that occurred in the past.

"I'm kind of mad about the game being canceled. I thought it was a lot of fun last year. It gives the girls a chance to play football while the guys sit and watch," said sophomore **Tifany Oliver.**

The dress-up days were changed this year, also.

"We wanted to do something cool this year so we put in two different days. One was Twin Day and the other was Idol Day. The activities at night were different, too. We had Silly Olympics, Car Bashing and a Cavetelli Dinner," said senior **Amber Devan.**

Homecoming Week is one of the busiest and most stressful weeks for students. They have so much to plan for with the dress-up days, activities at night, the pep assembly and the dance. Not to mention tee-peeing the school and hanging the signs on the bridge on University.

When all is said and done with all the hard work, sweat and tears, Homecoming Week never fails to capture the spirit of Scarlets.

What's Marilyn Monroe doing at East? That's not Marilyn Monroe it's senior **Leslie Evans** strutting her stuff on Idol day.

HOMECOMING WEEK IS THE TIME WHEN THE SCARLETS CAN REALLY SHOW THEIR SPIRIT BY GETTING INVOLVED IN DIFFERENT EVENTS THROUGHOUT THE WEEK.

A group of students stop in the hallway to pose for a picture. Many different clubs and teams have become good friends with each other throughout the years.

EAST HIGH
X-COUNTRY

EAST HIGH
SCARLET
BANDS

Look at the beautiful people! School pride shows through all these students as they dress up for homecoming week and they attend various games to cheer on the teams. Some students enjoy making fools of themselves all for East!

Story/Design: Landna Baccam. Photojournalist: Tascha Torgeson.

"It's the first day of school! Omigoodness! What should I wear? What are people going to think of me?"

These are the fears that were going through the heads of freshmen. On the other hand, what was going through the mind of seniors was, "Great, the first day of school. One year left!" The freshmen were all dressed in their newly bought clothes while the seniors were in a daze on what to wear.

All the seniors wanted was out!

As the year went by, the freshmen finally took a look inside and found what really mattered — their involvement and personality. Also, the seniors found their way through the school year and into the real world while the juniors could only look forward to ruling the school the following year.

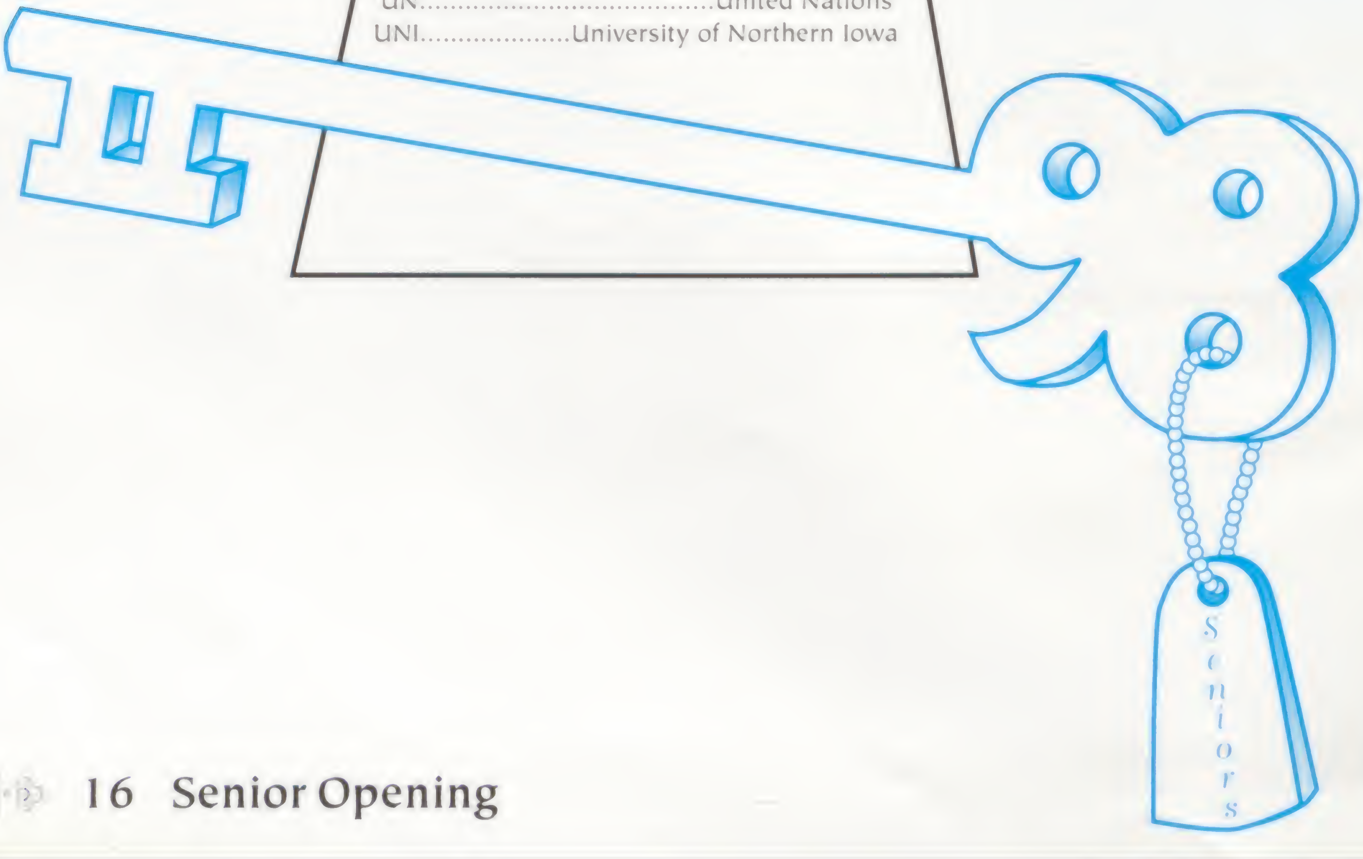
It's all here at East, just look inside and find it!

What's Inside Counts!

Seniors

Abbreviations

AIB	American Institute of Business
AL	Academic Letter
BPA	Business Professionals of America
DMACC	Des Moines Area Community College
FCA	Fellowship of Christian Athletes
ISU	Iowa State University
JA	Junior Achievement
JROTC	Junior Reserve Officer's Training Corps
NCYL	National Council on Youth Leadership
NH	New Horizons
NHS	National Honor Society
OA	Office/Library Aide
PEP	Pep "E" Club
SG	Student Government
SS	Scarlet Standout
TS	Talent Search
UB	Upward Bound
UI	University of Iowa
UN	United Nations
UNI	University of Northern Iowa



Anderson, Andrew—A Cappella 7-8; Basketball 1-2; Concert Band 1-8; Honor Band 3-4; Jazz Band 1-8; Marching Band 1-8; PEP 5-6; Sr. Board; Pep Band 1-8; Drum Major 7-8. DMACC
Atkinson, Marijean
Baccam, Landna—AL; Jr. Board (Treas.); Key Club 7-8; NHS; PEP 3-8; Quill 3-8 (Student Life Division Editor 5-6, Design Editor 7-8); Scarlet Choir 1-2; SS 1-8; Spanish Club 5-6 (Treas.); SG 7-8; UB 3-8; Science Bound 1-8; NCYL; 12-B. ISU
Bailey, Amanda

Bailey, Diane—Treble Choir 1-5; Volleyball 1-3. Michigan
Baker, Mindy—PEP 1-8. Grand View College
Baker, Tory
Ball, Jennifer—Basketball 3-4; Prep Ensemble 1-2; Mixed Choir 3-6. DMACC

Banks, Amy—Cheerleaders 7-8; Jr. Board; PEP 1-6; SS; Soccer 5-8; Softball 1-4; Sr. Board; UN Trip; Volleyball 1-2; Marketing Sales 5-6. University of Southern Florida
Barefield, Elizabeth
Battin, Barbara—Key Club 5-6; NH 1-6; PEP 1-2,5-6; SS; Scarleteers 1-2; Soccer 3-6; Track 1-2. DMACC
Beason, Angela—Cheerleaders 7-8; Jr. Board; OA 3-6; PEP 1-6 ,7-8 (Treas.); Quill 3-8; SS; Scarleteers 7-8; Softball 1-6; Spanish Club 3-5; 12-B; Track 7-8. DMACC

Bell, Danielle—Steppers 1-6; Treble Choir 1-2; OA 3-4.
Bennett, Adam
Bernal, Chree
Bernard, Stephanie—AL; NHS; SS; Steppers 1-6; UN Trip.

Betts, Scott
Blakeman, Courtney
Bolio, Angela
Booth, Jennifer—Basketball 1-2, 5-6; Leadership Council 7-8; OA 1-8; PEP 1-6; Photojournalism 7-8; Quill Ad Sales 5-6; SS; Steppers 1-6; SG 1-4; Homecoming Court 3-4, 7-8; 12-B. UI

Braaksma, Amy—AL; Acad. Decathlon 3-8; French Club 1-4; Key Club 7-8; Knowledge Masters 3-8; NHS; PEP 1-8; SS; Scroll 3-8 (Page Ed. 5-8; Opinion Ed. 7-8); TS 1-8; Tennis 4; UN Trip; Junior Achievement 5. University of Southern California
Breese, Jennifer—Leadership Council; PEOPEL PE 7-8; PEP 1-8; Photojournalism 7-8; School Play 1-4; Soccer 7-8; Culture Club 7-8. Drake
Brewton, Cecil—OA; Quill Ad Sales; Scarleteers 7-8; Talent Search; Youth Advisory Board.
Brockman, Dale—Baseball 1-8.

Brown, Laurie—AL; PEP 1-8; Quill Ad Sales 5-6; SS; Spanish Club 1-8. ISU
Browne, Leah—PEP 1-6; Prep Ensemble 1-2; SS; Treble Choir 3-4; Chamber Choir 5-8; Bible Study 1-6. Faith Baptist Bible College
Bucklin Jr., Dana
Buehler, Jason

Burk, Thomas—Basketball 1-2. DMACC
Byars, Rachel—SS; Treble Choir 1.
Byers, Annie—New Horizons 2-8, Young Writers Conference. DMACC
Calvert, Adam

Campbell, Chad—Soccer 1-8. ISU
Campbell, Jennifer—Leadership Council; SS; Soccer 4; Spanish Club 3-8; Talent Search 1-8.
Campbell, Sara—BPA 7-8; Jr. Board; PEP 1-6; Photojournalism 7-8; Quill Ad Sales 5-6.
Carey, Angela

Carlson, Rickie—Basketball 1-3; Cheerleader 1-6; Leadership Council; PEP 1-8; Softball 1-2. Florida State University
Carlson, Shannon
Childs, Lottye—Basketball 1-3; French Club 1-5; Golf 4-8; PEP 1-2, 5-8; Track 2; Steppers 3-4. UNI
Christenson, Sarah—Cheerleader 3-6; Class Officer 1-2 (Pres.); Jr. Board 5-6; Key Club 7-8; OA 1-2; PEP 1-8; Photojournalism 8; Scarleteers 1-2, 7-8; Steppers 1-2, 7; UN Trip. DMACC

Story/Design: Ryan Cook.

Clater, Angela—PEP 1-6; Talent Search 1-8. Grand View College
Cole, Gina—OA 3-7; PEP 3-4; SS.
Coleman, Maya—Basketball 1-8; Golf 3-8; Leadership Council; PEP 1-8; SS 5-8; Track 1-2. Grand View College
Collett, Christopher

Collins, Heather—PEP; OA. Grand View College
Collins Jr., Kevin
Cook, Mystie—PEP 1-6; Play Production 3-4; School Play 3-4.
Cook, Ryan—AL; Acad. Decathlon 3-8; Knowledge Masters 3-8; NHS 7-8 (Sec.); PEP 1-8; Quill 3-8 (Div. Ed. 5-6, Co-Editor-In-Chief 7-8); SS; Scarleteers 5-8; Spanish Club 1-6; UN Trip; Quiz Bowl 3-8; Bible Study 5-8; NCYL.

Corbin, Jayne—BPA 7-8; Cheerleader 1-8; Jr. Board; PEP 1-8; Soccer 5-8; Spanish Club 5-6; Sr. Board; SG 5-8. UNI
Corbin, Shawna—OA 3-8; PEP 7-8; SS; Steppers 3-8. UNI
Coverdale, Vanessa—PEP 5-8; Prep Ensemble 1-2. DMACC
Crawford, Nicholas—AL; Debate; Portal. Drake

Cruchelow, Deana—AL; BPA 7-8 (VP); Class Officer 7-8 (Treas.); Concert Band 1-4; Jr. Board; Marching Band 1-4; SS; Spanish Club 5-6; Sr. Board. Simpson College
Culp, Kylie
Curtis, Angla—AL; Concert Band 1-8; Marching Band 1-8; NHS 7-8; PEOPEL PE 7-8; PEP 5-8; Quill 3-8 (Div. Ed. 5-6, Co-Editor-In-Chief 7-8); SS; Stud. Gov't 7-8; NCYL; Wallace Tutoring Club 7-8. College of Saint Mary
Davis, Andrew—Baseball 1-8; Football 1-8; Leadership Council, New Horizons 6; Track 6.

Davis, Angela—Jr. Board; PEP 1-8; Scarlet Choir 1-4; SS; Scarleteers 7-8; Spanish 3-8; Treble Choir 5-8. Briar Cliff College
Davis, Benjamin
Davis, Jessica—Colorguard 3-6; Photojournalism 5-7; Vibrations 3-6; Talent Search 1-7. DMACC
Dehnert, Justin—Baseball 1-4; Basketball 1-2; Football 1-8; PEP 1-8; SS. ISU

Deierling, Rachel—Academic Decathlon 3-8; Concert Band 2; Key Club 7-8; Knowledge Masters 3-8; Marching Band 1; PEP 3-6; Quill 4-8; Spanish Club 3-6; UN Trip.
Devan, Amber—Debate 1-2; Forensics 1-2; French Club 2-4; Jr. Board; Key Club 7-8; Leadership Council (Pres.); NH 1-8; PEP 1-8; SS; Scarleteers 7-8; Sr. Board; SG 4-8 (Pres. 7-8); UN Trip; UB 6-8; Wallace Tutoring Club 5-8 (Pres.); Youth Advisory Board. UNI
Devan, Marlin—A Cappella 3; Concert/Show Choir 4; Football 5; NH 3-8; Scarlet Choir 1-2; SS; Chamber Choir 5-8; Voice Class 3-7. Musicians Technical Training Center
DeYoung, Cassie—Debate 3; PEP 1-8; Prep Ensemble 1; Graphic Tech. UNI

Ditu, Ngalula—French Club 4-7; Leadership Council; Success Program. University of Chicago
Djuth, Karen
Donaldson, Derek
Doornenbal, Lori

Duff, Julianna
Duong, Kimberly—Leadership Council; PEP 7-8; Scarleteers 7-8; ROTC 1-8. William Penn College
Edler, Jeffery—Basketball 1-4; PEP 1-8; SS. DMACC
Evans, Leslie—Cheerleaders 1-8; French Club 7-8; Softball 1-2. ISU

Ewurs, Franklin
Farnsworth, Andrea
Faux, Brenda—AL; Colorguard 7-8; French Club 1-4; OA 4,6; PEP 3-4; Swimming 1-8 (Mgr.); TS 1-8.
Ferguson, Dawn—PEP 7-8; Soccer 3-8.

Fetters, Christina—Alumni Dinner 3-6; OA 1-2, 5-8; PEP 1-8; Prep Ensemble 1-2; SS; Scarleteers 1-2; Steppers 1-6; 12-B.
Flagg, Christopher
Florez, Joseph—AL; Cross Country 3-6; Drama Club 3-8; Leadership Council 3-8; NH 7-8; OA 5-6; PEP 5-8; Play Production 5-8; SS; School Play 5-8; Silent Vibes 7-8; Soccer 7-8; Theater Arts 5-8; Track 3-4.
Forest, Benjamin

Story/Design: Angla Curtis.

Forest, Tricia—Cheerleader 1-8; NH 7-8; OA 3-8; PEP 1-8; Photojournalism 5-8; Quill Ads Sales 6; SS; Scarleteers 3, 5; Sr. Board 7-8; Track 2, 4; UN Trip. Professional Cosmetology Institute
Formaro, Billy
Franklin, Anesha—Basketball 1-4; Leadership Council 1-8; OA 3-4; School Play 1-8.
Furby, Joseph—Football 1-4; Leadersip Council 7-8; OA 2-3; Photojournalism 2-3; Wrestling 1-8. USAF

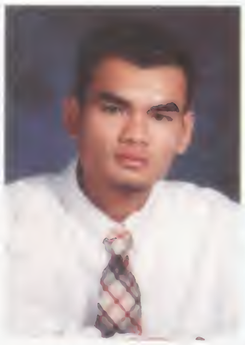
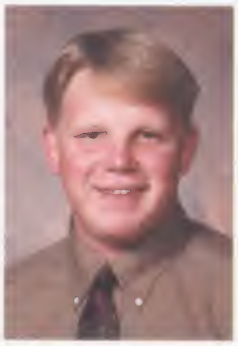
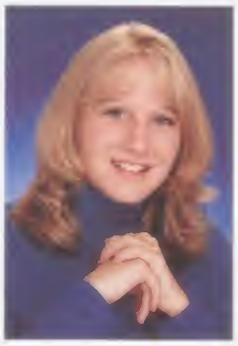
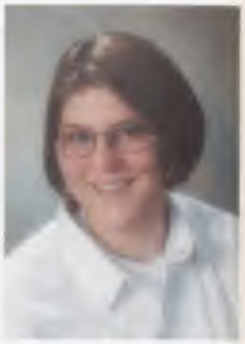
Gale, Bethany—AL; Basketball 1-8; NHS 7-8; PEP 3-8; SS; Softball 2-8; SG 7-8; Track 6; Treble Choir 2; UN Trip. Creighton University
Gardner, RaShawnda—OA 2-8; SS; SG 7-8; Talent Search 1-3; Track 4; UB 3-6; Scarlet Dance Squad 3-8; Leadership Council. Xavier University
Gerlach, Dana
Gilbert, Angela

Gilbert, Patrick
Gist, Scott
Goddard, Ryan
Govoni, Elizabeth—AL; French Club 1-8 (Pres. 7-8); Key Club 6-8 (Pres. 7-80; Peopel PE 7-8; PEP 1-8; SS; Soccer 4-8 (Capt. 6) Sr. Board; Steppers 1-4; SG 7-8; Swimming 7-8; UN Trip; NCYL; Wallace Tutoring Club. Drake University

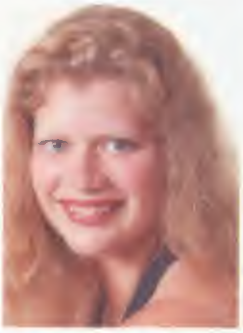
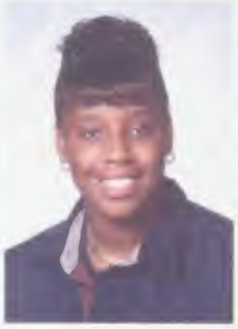
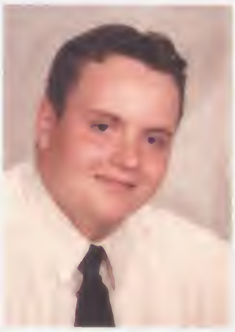
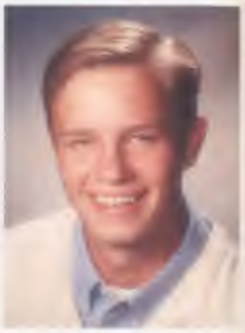
Gragon, Mahlon
Grant, Amanda—Basketball 1-4; Golf 7-8; OA 1-6; PEP 1-8; Quill 3-8; School Play 1-4; Softball 1-8; Sr. Board; 12-B. UI
Gregory, Tamara—Scarlet Choir 1-2; Theater Arts 3-4; Treble Choir 3-4, 7-8. DMACC
Griffith, Stacy—Colorguard 1-8 (Capt. 5-8); PEP 1-2; Scarlet Choir 1-2; SS; Silent Vibes 3-6; 12-B. ISU

Grother, Anthony—Silent Vibes 6; Theater Arts 6.
Guessford, Corey
Guy, Lindsay—French Club 1-2; NH 7-8; PEP 1-8. AIB
Guy, Tanner—SS; Soccer 1-8. UI

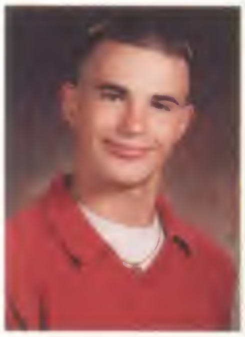
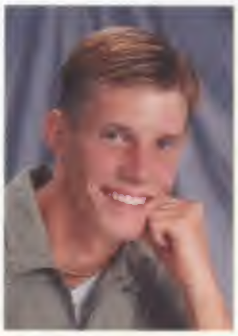
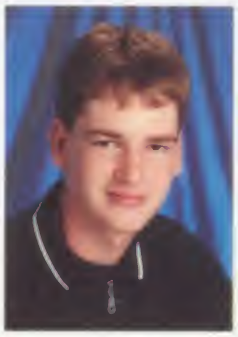
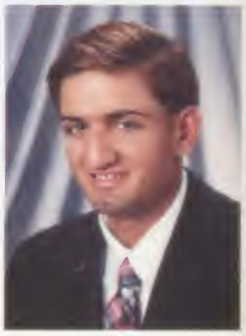
Hacknorath, Oulaythone—Basketball 1-8; Football 1-2; SS; Spanish Club 7-8. UI
Hagins, James—Football 1-6; Wrestling 1-2.
Halsten, Sarah—AL; Basketball 1-2; French Club 1-4; Jr. Board; OA 1-5; PEP 1-8; SS; Scarleteers 1-4, 7-8; Sr. Board (VP); Steppers 1-6 (Sec. 3-6) SG 3-8. Cal State at Fullerton
Hansen, Jodie—AL; Debate 5-8; Forensics 5-8 (NFL Pres. 7-8); French Club 1-8 (Pres. 5-6) (VP 7-8); NHS; OA 1-8; SS; DMPS Reconsideration Comm. 5-6. Air Force

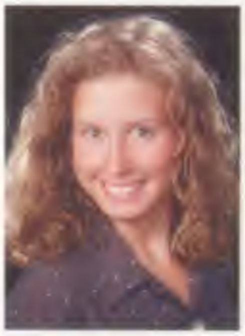
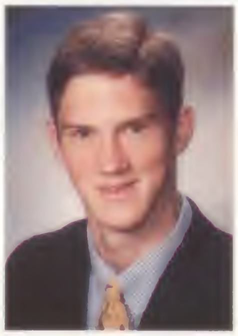
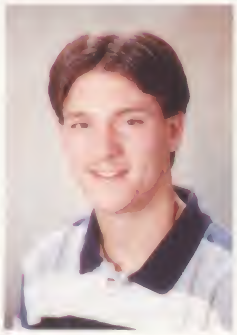
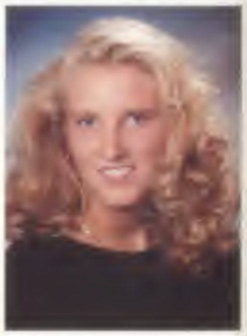
Harrington, Katherine—A Cappella 1-4; Concert/Show Choir 1-4; Drama Club 1-2; Key Club 7-8; Leadership Council; PEP 1-8; Photojournalism 7-8; School Play 6-8; Spanish Club 3-6; SG 7-8; Leadership Council 6; Swimming 1, 7; TS 1-8; Theater Arts 5-8; EEU 7-8.
Harris, Ronnica
Haworth, Edward—OA 2; PEP 3-6; Silent Vibes 5; TS 1-8; Theater Arts 6. Indiana Bible College
Hayes, Jamie

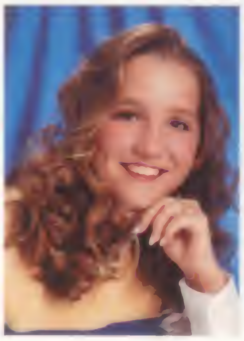
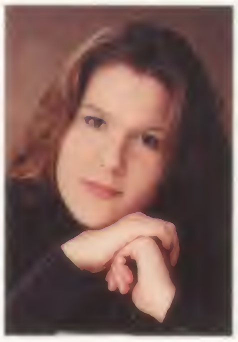
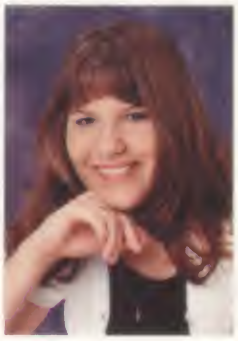
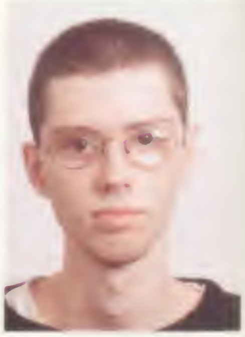
Hayes, Joshua—BPA 7-8; Concert Choir 3-6; Football 1-8; French Club 1-6; JA 6; Soccer 4; Swimming 1-8; Tennis 2. Buena Vista University, Army Reserve
Head, Travis—Football 1-8; Graphic Arts 3-8; Sr. Board; Soccer 5-8; Track 1-4; Wrestling 1-2. Simpson College
Heathcote, Steven
Herrera Jr., Toby

Hesseltine, Renee—AL; A Cappella 1-8; Show Choir 1-6; Equip. Mgr. 1-8 (Girls Basketball); Jr. Board; Key Club 7-8; NHS 7-8; PEP 1-8; Swimming 1-7 (Capt. 7); Track 2-4; Drake Honors Choir 1-7; Jazz Choir 7-8; NCYL 7; FCA 5-8 (Co-chair). Dana College
Hibben, Joshua—AL; Cross Country 1-8; French Club 5-6; Key Club 7-8; NHS 7-8; PEP 3-8; SS; Track 1-8; NCYL; CAI.
Hildebrand, Benji
Hill, Megan—Basketball 1-8; Jr. Board (VP); Sr. Board (Pres.); Kiwanian 7-8; PEP 1-8 (VP 7-8); SS; Soccer 5-8; SG 5-7; Track 1-8; Volleyball 1-8. Grand View

Hill, Tessa—OA 3-8; PEP 5-8; Scroll 7-8; Steppers 3-6; Volleyball 1-4, 7-8. AIB
Hoard, Angela—OA; PEP; Softball; Tennis. DMACC
Hoard, Jessica—OA; PEP; Softball; Tennis. ISU
Hodson, Arlyn—AL; SS. US Navy

Story/Design: Angie Beason.

Holmes, Paul
Housman, Michael
Hovey, Melissa
Hunt, Christina—AL; Colorguard 5-8; SS; Tennis 6. ISU

Ingersoll, Sarah—AL; Basketball 1-2; Concert Band 1-5; Cross Country 1-8; Jazz Band 1-2; Jr. Board; NCYL 7-8; Marching Band 1-5; NHS 7-8; PEP 3-8; Track 1-4, 7-8.
Inthalangsy, Outhay—Cheerleading 1-8; French Club 5-8; Leadership Council 1; OA 1-8; Key Club 7-8; PEP 1-8; SS; Scarleteers 5-6; School Play 3-4; SG 7-8; Talent Search 1-8; NCYL; Homecoming Court. AIB
Irvin, Jason—AL; Baseball 2-4; Basketball 1-2; Football 1-8 (Capt. 7-8); NHS 7-8; PEP 5-6, 7-8; SS; Spanish Club 7-8; Sr. Board; Track 1-8. University of Kansas
Jackson, Sarah—Concert Band 1-2; OA 1-8; PEP 1-8; Tennis 1-8; SS. ISU

Johnson, Brian—Baseball 1-8; Football 1-8; Graphic Arts 5-6; JA 7; Wrestling 1-8. UNI
Johnson, Jennifer—PEP 3-4; Scarlet Choir 1-2; Commercial Photography 7-8.
Johnson, Julie—AL; BPA 7-8; Cheerleading 1-8; French Club 1-6; Jr. Board; OA 1-8; PEP 1-8; Photojournalism 5-6; SS; Scarleteers 7-8; Sr. Board; SG 7-8; UN Trip. Northern Arizona University
Johnston, Aaron

Jones, Desiree
Jones, Jeffery
Jones, Jennifer
Kamvanh, Patchay—AL; Basketball 1-2; Jr. Board; Key Club 6-8 (Publicity); Leadership Council 3-8; NHS 7-8; PEP 3-5; Quill 4-8, (Ad Editor); SS; Soccer 3-8; SG 3-8 (Treasurer 5-6) (VP 7-8); UB 3-4; NCYL 7-8.

Kansanaworakul, Nahakan
Kendrick, Donald
Kimball, Melinda—Colorguard 5-8; Key Club 7-8; PEP 1-8; Scarlet Choir 3-4; Tennis 1-8; Volleyball 1-6; Learning 4 Fun Tutoring Program 5-8. University of Miami at Coral Gables
King, Trond—French Club 6; New Horizons 1-7; PEP 2-4; SS; Spanish Club 1.

Kinnear, Vanessa—AL; PEP 3-6; Portal 3-8; SS; Soccer 1-8; Spanish Club 1-8; Track 5-8.
Kinney, Rachael—BPA 7-8; SS. AIB
Kitthikoune, Manivone—Basketball 1-2; French Club 1-8 (Sec. 7-8); Honor Roll; Jr./Sr. Prom Comm. 7-8; Jr Board 5-6; NHS 7-8; PEP 1-8; SS; Sr. Board 7-8; SG 7-8; LC 7-8; Tennis 5-8; AL; Tutoring Wallace. ISU
Kligopoulos, Nicolas—Baseball 1-8; Football 1-8; PEP 3-8; Soccer 1-8; Leadership Council; Wrestling 1-8. ISU

Klopfenstein, Amy—AL; French Club 3-8; PEP 1-8; Quill 4-8; SS; Scarleteers 5-8; Talent Search 1-8; Teachers Aide. Grand View College
Kraska, Kelly—AL; Key Club 7-8; NHS (VP); PEP 1-2; Quill 3-4; SS; Scarleteers 7-8; Soccer 3-4; SG 5-8 (Sec); Talent Search 1-8; NCYL; ISU
Lamb, Elizabeth—A Cappella 3-4; Colorguard 3-4 (Mgr.); Show Choir 3-8; Leadership Council; OA 1-2; PEP 1-4; Prep Ensemble 1-2; SG 3-4; Theater Arts 5-6; Track 3-4 (Boys Mgr.); Wrestling 5-6 (Mgr); Mixed Choir 7-8. Luther College
Lamb, Jennifer—Basketball 1-2; French Club 1; OA 2-4. Coe College

Landers, Bryce
Law, Casey
Leach, Crystal—Basketball 3-8; French Club 5-6; Golf 7-8; Leadership Council; PEP 3-8; School Play 3-4; Softball 1-8; SG 5-8; Volleyball 3-8. ISU
Lee, Kamilia—Class Officer 3-4; Jr. Board; Leadership Council; NH 1-8; Portal 1-6; SS; Scarleteers 3-4; Spanish Club 1-6; SG 1-8; Treble Choir 1-6; UN Trip; UB 1-8.

Lehman, Marcy
Lethcoe, Lance—AL; Basketball 1-6; Cross Country 3-8; Football 1-2; PEP 5-6; SS; Scroll 5-6; Track 1-8; UN Trip; Europe Trip. Coe College
Lim, James
Lopez, DeEnda—Cheerleaders 1-8; PEP 1-8; SG 7-8; Talent Search 1-8; Tennis 1-2; Treble Choir 1-4.

Lovell, Nicole—Golf 8; NH 3-8; OA 7-8; Volleyball 3-7.
Marker II, James—AL; French Club 7; SS.
Martineau, Heather—Art Club 7-8; Concert Band 1-8; Portal 3-6; SS; SG 7-8. UNI
Mata, Genaro

Story/Design: Jill Nowadzky.

Mata, Monica
Mathias, Danielle—Basketball 1-4; PEP 1-8; Quill Ad Sales 7. DMACC
Mauk, Kailee—Leadership Council; OA 1-8; PEP 4-6; Play Production 4-8; Scarlet Choir 1-4; SS; Scarleteers 3-6; School Play 1-8; Silent Vibes 5-8; Theater Arts 6-8. Morningside College
McCarl, Heather—Basketball 1-4; BPA 5-8; OA 3-6; PEP; SS; Softball. AIB

McClelland, Courtney—PEP 1-8; Prep Ensemble 1-4; Quill Ad Sales 5-6; Swimming 1-8; Tennis 1-8; Tutoring. DMACC
McConnell, Melinda
McCuen, Lacy—Class Officer 1-2 (Sec.); Jr. Board; PEP 1-6; Quill Ad Sales 6; SS; Graphic Tech 3-6; Softball 1-2; Spanish Club 5-6. DMACC
McFarland, Amanda

McIntosh, Ryan—BPA 7-8; Cross Country 1-8; Forensics 1-2; SS; Scroll 4-6; Sr. Board; Talent Search 1-8; Track 1-8.
Medearis, Melissa
Menough, Nicholas
Mentzer, Todd

Merryfield, Amy
Merryfield, Stephanie
Merten, Christopher—Basketball 1-4; PEP 7-8.
Michael, Cynthia—French Club 3-8; OA 1-8; Prep Ensemble 1-2; Quill 5-8; SS; Scarleteers 7-8. DMACC

Miller, Lacey—Concert Choir 1-6; PEP 1-6; Softball 1-6; SG 1-2. DMACC
Minard, Kevin—Forensics 1-2; Honor Roll 1-4; PEP 1-8; Tennis 3-8; UB 1-8. ISU
Moberg, Teresa—OA 5-8; PEP 3-8; SG 5-6. ISU
Mogle, Kevin

Mooers, Jeannine—AL; Basketball 1-8; Golf 6-8; Leadership Council 7-8; PEOPEL PE 7-8; PEP 1-8; SS 2-4; Softball 1-8; Spanish Club 5-6; Sr. Board; Stud. Athletic Director 2, 3-4, 5-6; SG 1-2; Track 2-4; UN Trip 6; Volleyball 1-8. UI
Moon, Ladondra—New Horizons 1-6; PEP 1-2; Scarlet Dance Squad 3-8; SS 5-6; Science Bound 1-4; Spanish Club 7-8; UB 1-4. ISU
Moses, Ryan
Moyle, Blaine—Debate 3-8; Forensics 3-8; Scroll 5-8.

Mullin, Mark—Baseball 1-4, 6-8.
Murphy, Kevan—Spanish Club 5-6; UN Trip.
Nemmers, Amy—AL; Basketball 1-4; Class Officer 1-2; Jr. Board; NHS; PEP 1-8 (Board 1-6), (Pres. 7-8); SS 1-2; Softball 1-8; Sr. Board (Sec.); SG1-8 (Historian 5-6); Swimming 1-8 (Capt. 7-8); Track 1-8; NCYL 7-8; HOBY Representative 3-4.
Nevins, Kathryn—A Cappella 1-8; Concert/Show Choir 1-8; Photojournalism 3-8; UN Trip; Vocal Jazz 7-8. DMACC

Nguyen, Nha
Nowadzky, Jill—Jr. Board; OA 1-8; PEP 1-8; Quill 3-8; SS 1-2; Scarleteers 7-8; School Play 3-4; Soccer 5-8; Sr. Board; Steppers 1-8; SG 5-8; Talent Search 5-8. UI
O'connor, Erin
Olson, Eric—Debate 3-4; Spanish Club 5-8.

Olson, Erika—Colorguard 3-4; PEP 1-8; Prep Ensemble 1. DMACC
Olson, Kate—AL; Cheerleaders 1-4 (Capt. 3-4); French Club 1-6; Jr. Board (Pres.); NCYL 7-8; NHS 7-8; PEP 1-8 (Sec. 7-8); SS 5; Scarleteers 7-8; Soccer 5-8; Sr. Board; Steppers 5-8 (Capt. 7-8); SG 7-8; Swimming 5-8; Track 1-8. University of Colorado
Owens, Greg
Owens, Josh—AL; Cheerleaders 1-8; NHS; OA 1-4; PEP 1-8; SS 1-2; Spanish Club 7-8; Sr. Board; Track 3-6. UNI

Oxenford, Matthew
Padgett, Andrew
Page, Timothy—AL; Art Club 7-8; Baseball 1-8; Class Officer 1-2; Football 1-8; French Club 1-8; Key Club 7-8; NCYL; PEP 1-8; SS 1-8; SG 1-2; Wrestling 1-4. UNI
Pagel, Kate—A Cappella 3-4; Concert/Show Choir 3-4; PEP 1-8 ; SS 1-4; Scarleteers 3-4; Spanish Club 7-8 (Pres.); Steppers 3-8; SG 7-8; Treble Choir 1-2. Simpson College

Story/Design: Rachel Deierling.

Parsons, Angela—Colorguard 1-8 (Capt. 3-8); PEP 1-8; Silent Vibes 3-4. DMACC
Pastore, Laura—A Cappella 3-4; Concert/Show Choir 3-4; Drama Club 1-8; Leadership Council 3-8; PEP 1-8; Play Production 1-8; Scarlet Choir 1-2; School Play 3-8; Silent Vibes 7-8; SG 7-8; Swimming 1-6; Tennis 1-2; Theater Arts 3-8. Heritage College
Payton, Lucas—Soccer 1-2. DMACC
Pebbles, Angela

Peek, Melissa—PEP 1-6; Scarlet Choir 1-2; Silent Vibes 7-8. DMACC
Phaydavong, Kaiphet—Football 1-2, 5-8; French Club 1-2; Graphic Tech 5-8; SS 1-2, 5-6; Talent Search 1-8; Track 1-8. DMACC
Plummer, Megan—PEP 6-7; Volleyball 3. DMACC
Porter, Brandy Jo

Porter II, Steven—French Club 1-8; Key Club 2-8 (Pres. 7-8); PEOPEL PE 5-8; PEP 3-8; Quill 4-8; SS 1-3; Scarleteers 7-8; SG 5-8. University of Southern California
Pratt, Heather
Probst, Katja—French Club 7-8; Track 8
Puchta, Raychelle—AL; BPA 7-8 (Pres.); Cheerleaders 1-8 (Capt. 3-4); French Club 1-6; Jr. Board; PEP 1-8 (VP 7-8); Scarleteers 7-8; Sr. Board; SG 3; UN Trip.

Ragan, Amanda—Basketball 1-2; Color Guard 3-8; PEP 5-8; Silent Vibrations 5-6.
Rains, Paulette—Basketball 1-2; Concert Band 1-3; Marching Band 1-3.
Reasby, Terrence—Basketball 1-2; Concert Band 1-8; Football 3-8; French Club 7-8; Jazz Band 3-8; Leadership Council 7-8; Marching Band 3-4; New Horizons 6-8; Wrestling 7-8. University of Kansas
Reese, Holly—A Cappella 3-4; AL; Basketball 1-4; Chamber Choir 5-8; Concert/Show Choir 3-6; French Club 3-8; Gospel Choir 7-8; Jr. Board; NCYL; NHS (Treas.); PEP (Board 3-8); Scarleteers 5-8; Softball 1-8; Treble Choir 1-2; Vocal Jazz Ensemble 7-8; Volleyball 1-5. Columbia University

Reynolds, Hillary—New Horizons 7-8; PEP 1-8 (Treas. 7-8); Play Production 1-8; Portal 5-6; SS 1-4; School Play 1-8; Silent Vibes 5-6; Soccer 3-4 (Manager); Theater Arts 5-8. DMACC
Richards, Nathan—AL. ISU
Rodine IV, Kenneth
Roof, Bethanie—Jr. Board; PEP 1-8; Scarleteers 3-8; Scroll 5-8; Sr. Board; Steppers 1-8; SG 5-8.

Rose, Jared—A Cappella 1-8; AL; Football 1-8; PEP 1-8; SS; Soccer 3-8; Wrestling 1-8. USAF
Ross, Montgomery—Football 1-8; Photojournalism; Wrestling 1-8.
Salasberry, Matthew
Sawhill, Emily—Key Club 1-8; PEP (Hist.) 1-8; SS; Spanish Club 7-8; Sr. Board; 12-B. DMACC

Sawhill, Katie—AL; BPA 7-8; Show Choir 5-8; OA 5-8; PEP 1-4; Portal 5-6; SS; Treble Choir 1-4.
Sawhill, Kendra—Basketball 1-6; Cross Country 3-8; OA 1-8; PEP 1-8; Scarlet Choir 1-2; Track 3-4. Mankato State University
Sawhill, Keri—A Cappella 3-4; Basketball 1-4; BPA 7-8; Show Choir 3-4; OA 5-6; PEP 1-6; Track 1-2; Treble Choir 1-2; Chamber Choir 5-8. DMACC
Scarlett, Kimberly—AL; Basketball 1-6; Key Club 5-8; NHS 7-8; OA 7-8; PEP 1-4; Portal 5-6; SS; SG 7-8; Talent Search 1-8; Track 3-4. University of Evansville

Schatz, April
Schatz, John
Schnoor, Gary—AL; Debate1-8; Forensics 1-8 (Pres. 7-8); SS. Drake
Schooley, Dusty—PEP 1-8; Steppers 3-4. DMACC

Scott, Grant
Sevenbergen, William—A Cappella 3-4; Show Choir 5-6; Drama 1-2; Scarlet Choir 1-2; School Play 5-8; Silent Vibes 7-8; Theater Arts 5-8; Treble Choir 3-4. DMACC
Shanahan, Brady
Shelburg, Justin—Baseball 1-8; Basketball 1-4; Golf 1-8; Scroll 5-8; Tennis 5-8. DMACC

Shootman, Jason
Siders, Georgina
Sims, Jeremy
Sinclair, Kenneth

Story/Design: Amanda Grant.

Skinner, Jeremy
Skinner, Joshua
Slater, Nicole—AL; Cross Country 1-6; Jr.Board; NHS; PEP 1-8; SS; Scroll 7-8; Spanish Club 5-6; SG 3-4; Track 1-8; NCYL.
Slaughter, Steven

Smith, Nicholas—AL; Baseball 1-2.
Southammavong, Siaolong—Basketball 1-8; SS 3-4; Talent Search 1-2; Tennis 5-6; UB 1-8.
Stamper, Rebecca—AL; NHS 7-8 (Pres.); NCYL; Assistant Athletic Trainer 7-8; Scarleteer 7-8; PEP 1-8; SS; Jr. Board; Tennis 1-2,5-6; Volleyball 1-6; Chamber Choir 3-8 (Sec. 7-8); Vocal Jazz Choir 7-8; Gospel Choir 7-8; Spanish Club 3-8. University of Chicago
Stepan, Monika

Stewart, Christopher
Stocker, Lindsey—Track 1-2.
Suggett, David—Baseball 1-4; Basketball 1-2; Football 1-8; SS; Track 1-4, 7-8; UN Trip; Wrestling 3-6. Texas Tech.
Teske, Kari—A Cappella 1-4; AL 1-2,5-8; Basketball (Mgr. 5-8); Key Club 7-8; NHS; PEOPEL PE 3-8; PEP 1-8; SS; Scarleteers 5-8; Scroll 4-8 (Editor 7-8); Soccer 3-8; Chamber Choir 5-8; Vocal Jazz 7-8; NCYL 7-8. Concordia College

Tharp, Krystal—Colorguard 1-4; NHS; PEOPEL PE 3-4; Steppers 5-8. DMACC
Thomas, ShaRee—Alumni Dinner 7-8; Basketball 1-2; Class Day Committee 7-8; Honor Roll; OA 1-8; PEP 1-8; SS; Scarleteers 1-2; Sr. Breakfast Committee 7-8; SG 7-8; TS 5-8; Tennis 7-8; Volleyball 1-2; Leadership Council 3-6. University of Kansas
Thompson, Brandan—BPA 7-8; PEP 1-8; Soccer 1-8; Spanish Club 3-6. ISU
Thompson, Joseph—Teachers Aid 7-8. ISU

Thornton, Keri—AL; Basketball 1-4; Concert Band 1-2; Marching Band 1-2; SS; Softball 1-4; Track 1-4; Treble Choir 1-4. Central Bible College
Timmerman, Christine
Tonsi, Charles—Concert Band 1-8; Jazz Band 1-8; Marching Band 1-8. DMACC
Torgeson, Tascha—Jr. Board; Leadership Council 7-8; PEOPEL PE 7-8; Photojournalism 5-8; Scarleteer 3-8; Soccer 5-8; Spanish Club 3-5; Sr. Board; Steppers 1-8; SG 5-8; Swimming 5-6.

Torrans, Tiffany—AL; Scarlet Choir 3-4; Track 4; Treble Choir 6-8. AIB
Trogdon, Jon
Twombley, Keith—Acad. Decathlon 3-8; AL; Debate 1-6; Heartland Technology Fair 5-8.
Vahey, Kristie—Basketball 1-4; French Club1-4; NH 7-8; OA 7; Soccer 8; Softball 1-2; Volleyball 1-4. UNI

Van Gundy, Chad
Van Horn, Emily
Vang, Chanthone
Vanlo , Grandy—Football 1-2 ; Honor Roll 1-8; NHS 5-6; Tennis 1-8. ISU

Vansylalom, Nikhom—Honor Roll 1-8 ; PEP 7-8; Tennis 5-8; UB 3-4. ISU
Villarreal, Brenda—Soccer 4; Success 3-8. DMACC
Waldron, Kathy—PEP 5-7; Quill Ad Sales 6; SS; Steppers 5; JVSteppers 1-4 (Captain 3-4). DMACC
Walker, Scott

Weeks, Jennifer—BPA 7-8; Cheerleaders 1-8; Jr. Board; OA 5-6; PEP 1-8; ST; Scarleteers 5-6; Soccer 5-8; Spanish Club 5-6; Sr. Board; SG 5-8; UN Trip. ISU
Whalen, Carrie—BPA 7-8; French Club 1-4; SS; Scarleteers 1-4; Steppers 1-8 (Capt. 7-8). UNI
Whistler, Robert
White, Kristi

Wieck, Kate
Williams, Traci—Peopel PE 1-6; Track 4-6.
Wiseman, Melissa
Wonders, Krista—A Cappella 3-4; Concert/Show Choir 3-4; French Club 1-6; PEP 5-6; Prep Ensemble 1-2; TS 1-8; Volleyball 1-4. DMACC

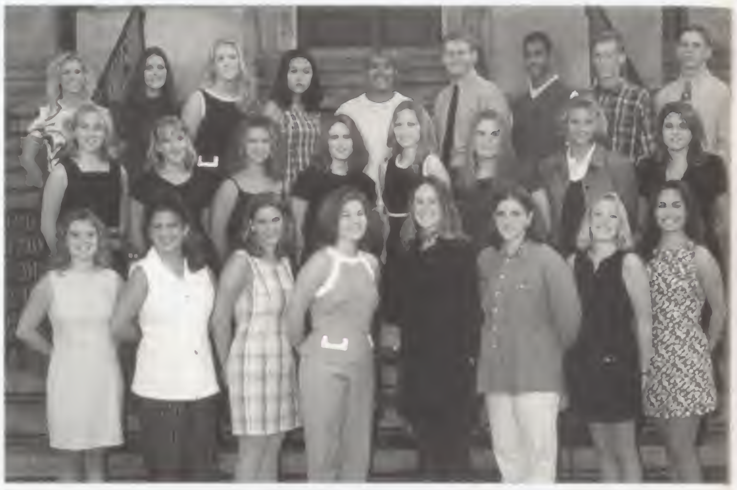
Story/Design: Amy Klopfenstein.

Worthington, Dana—BPA 5-8 (Reporter); OA 3-4; PEP 1-6; Volleyball 1-2. ISU
Young, Mark
Chapin, Courtney
Flagg, Jaclyn—Tennis 3-4; Volleyball 1-2. DMACC

Gist, Brandie
Henderson, Timothy
Herndon, Justin
Rogers, Robert

Senior Leadership

Planning for the Future



SENIOR BOARD. Front Row: Josie Owens, Jayne Corbin, Jennifer Weeks, Amanda Grant, Kate Olson, Elizabeth Govoni, Julie Johnson, Raychelle Putcha. Row 2: Sarah Halsten, Bethanie Roof, Tascha Torgeson, Deana Cruchelow, Emily Sawhill, Amy Nemmers, Tricia Forest, Amy Banks. Back Row: Jill Nowadzky, Nicki Mooers, Megan Hill, Sherry Kittikoune, Amber Devan, Andy Anderson, Ryan Mc Intosh, Travis Head, Jason Irvin.

Have you ever wondered who gets senior prom together or finds speakers for graduation? The Senior Board makes it all happen.

"We've accomplished a few things this past year. Planning for prom takes quite a while." said Senior Board President **Megan Hill**.

Senior Board usually had meetings before school at 7:20 on every other Friday. That's the time when they discussed all the commitments that they had to tend to.

"We try to have the meetings so that everyone on senior board will be able to make the meeting. A lot of the members are involved with other committees. It's nice to just have meetings every other Friday." said senior **Jason Irvin**.

Senior Board has been very successful this year with the help of the sponsor **Gary Jotzke**. Every year the vice principals take turns being the sponsor of the senior class.

"We've done a lot of new things the past few years, but this year we co-sponsored the Halloween Dance, and we had the prom at Za-Ga-Zig Shrine in Altoona," said **Jotzke**.

A new Senior Board is picke at the end of each year. Wh will be the next twenty. T student body votes on who th want to help make decisio during their senior year.

HOW DID YOU FEEL WHEN YOU WERE CHOSEN BOARD PRESIDENT?

"I WAS REALLY HAPPY THAT MY SENIOR CLASS PICKED ME TO REPRESENT THE BOARD AS PRESIDENT. I KNEW I WOULD DO A GOOD JOB."
-SENIOR MEGAN HILL

DID ANYTHING CHANGE IN SCHOOL ACTIVITIES WHEN YOU STARTED AS VICE PRESIDENT?

"I FEEL THAT I HAVE MORE RESPONSIBILITY KNOWING THAT I AM THE VICE PRESIDENT AND IT WILL HELP PREPARE ME FOR THE FUTURE."
-SENIOR SARAH HALSTEN

WHAT KIND OF ACTIVITIES DOES THE BOARD PLAN DURING THE YEAR TO HELP THE SENIOR CLASS?

"WE DO A LOT FOR THE SENIORS. I THINK PROM IS ONE OF OUR HIGHLIGHTS. IT IS OUR LAST DANCE SO WE TRY AND MAKE IT SPECIAL FOR THE SENIORS."
-SENIOR AMY NEMMERS

DO YOU THINK BEING ON SENIOR BOARD MAKES YOU HAVE A LOT MORE RESPONSIBILITY?

"YES, YOU KNOW THAT THE DECISIONS THAT YOU MAKE WILL NOT ONLY AFFECT YOU, BUT ALSO YOUR SENIOR CLASS."
-SENIOR DEANA CRUCHELOW

Story/Design: Amanda Grant.

Senior: Class of 1998

SENIOR HONORS

TOP 3%

(alphabetically) — Stephanie Bernard, Amy Braaksma, Ryan Cook, Deana Cruchelow, Renee Hesseltine, Sarah Ingersoll, Patchay Kamvanh, Kelly Kraska, Lance Lethcoe, Amy Nemmers, Joshua Renes, Kimberly Scarlett, Nicole Slater, Rebecca Stamper, Kari Teske, Grandy Vanlo

TOP 15%

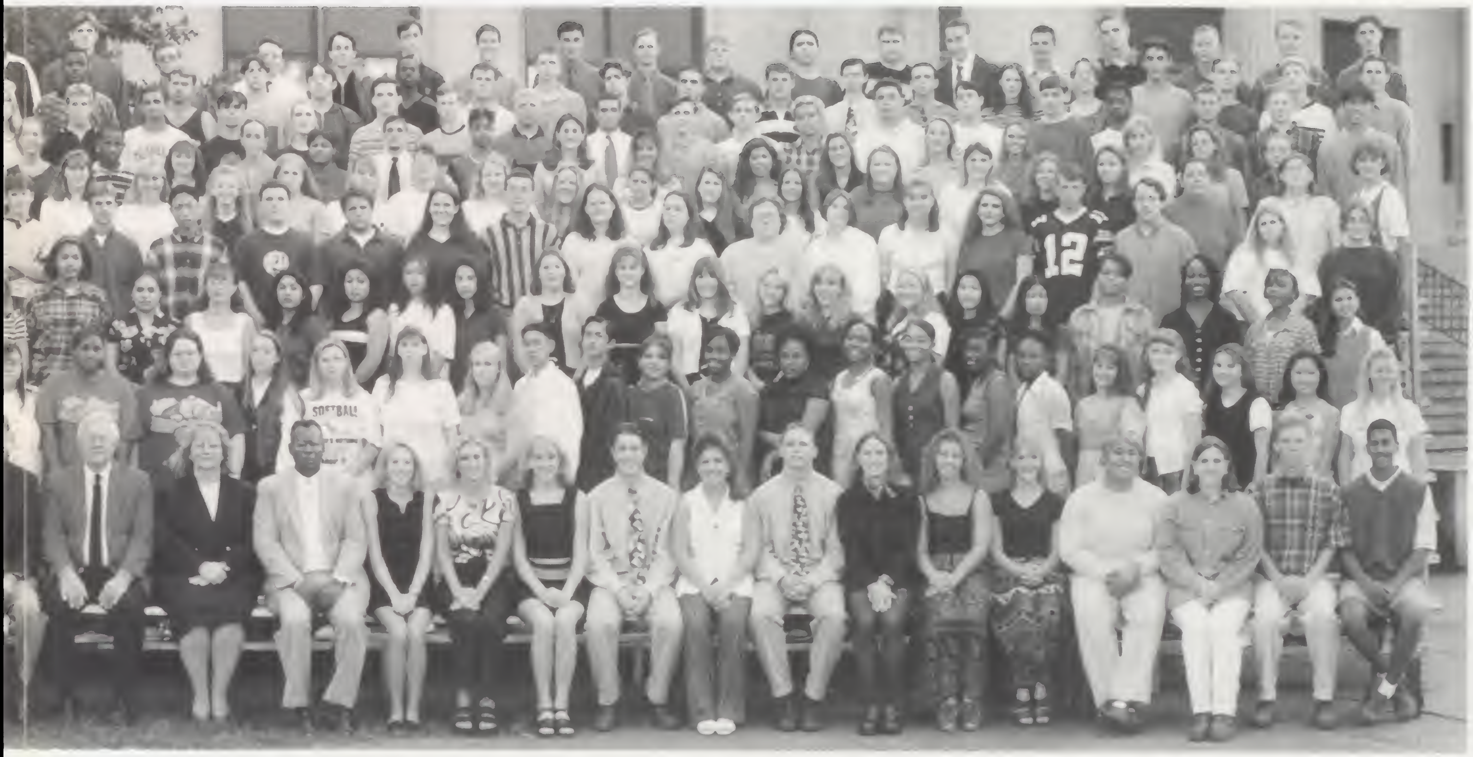
(alphabetically) — Landna Baccam, Danielle Bell, Scott Betts, Laurie Brown, Angela Clater, Nicholas Crawford, Angla Curtis, Benjamin Forest, Bethany Gale, Rashawnda Gardner, Elizabeth Govoni, Jodie Hansen, Kt Harrington, Joshua Hibben, Jessica Hoard, Arlyn Hodson, Jennifer Huffman, Jason Irvin, Julie Johnson, Vanessa Kinnear, Manivone Kitthikoune, Amy Klopfenstein, James Marker II, Heather McCarl, Jeannine Mooers, Ryan Moses, Jill Nowadzky, Kate Olson, Josie Owens, Timothy Page, Kate Pagel, Kalpesh Patel, Raychelle Puchta, Holly Reese, Nathan Richards, Katie Sawhill, Jeremy Sims, Kenneth Sinclair, Siaolong Southammavong, Lindsey Stocker, David Suggett, Krystal Tharp, July Thongthi, Keri Thornton, Christine Timmerman, Tiffany Torrans, Keith Twombley.

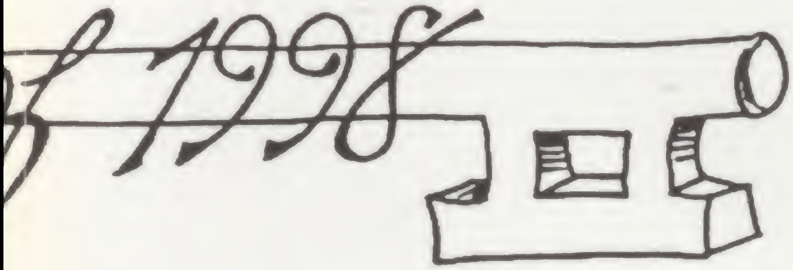
NOT PICTURED

BACCAM, MANO
BEEMAN III, JAMES
BENSON JR., LEWIS
BURKHEAD, SHANE
BUTTS, KOURTNEY
CARR, MARTINA—
Basketball 1-2; Scarlet Dance Squad; TS 1-8; Volleyball 1-2.
CHAPIN, COURTNEY
CROSS, MARTIN
DAVIS, DAVINA
DOZAL, ROSA
EDDIS JR., THOMAS
FABER, ELIZABETH
FLIPPING, MONIQUE
FOSTER, CHAD
FROST, DANIEL
FROST, SEAN
GARLAND, NICOLE
GRAVES, DAVID
HARRIS, CHANTELL
HAYGOOD, TONETTE
HELDENBRAND, JEREMY
HELMERS, MATTHEW
HENDERSON, TIMOTHY
HEWITT, LAURA
HOWARD, BENJAMIN
HUFFMAN, JENNIFER
HUTSON, DAVID—
Baseball 7-8; Basketball 1-2, 5-8; French Club 5-8; PEP 5-8.
JENNINGS, LERON
JOHNSON, JEREMY
JONES, MALISSA
KINGERY, MICHAEL
LLOYD, JOY
LOVAN,KALONGKHON—
Football 1-4, 7-8; SS; Soccer 1-8; Track 1-6.
LY, TONY
MANIRATH, KENNETH
MARQUIS, ANDREW
MATZKE, STACY
MC CANN, JENNIFER
MC MAHAN, SHARICE
MILLER, JASON—
Forensics 1-2; French Club 1-2; Quill Ad Sales 5-6.
MITCHELL, JUSTIN
MOTA, SENAIDA
MURRAY, JAMES
OLDHAM, JESSICA
ORTIZ, ROBERT
PALMER, JONATHAN
PATEL, KALPESH
PEMBLE, AARON
PRASAOUK, PALINA
PRESSWOOD, MARK
PURSER-MILLER, JEFFERY
RAMIREZ, ESTEVAN
RASAVONG, VIRASON
RENES, JOSHUA
RIVERA, ANTHONY—
Basketball 1-2; Tennis 1-2, 5-6.
RODGERS, BRAD
SAGER, ANGELA
SARABIA, JOE
SCOTT, TYRONE
SHARP, NICHOLAS
SIPASEUTH, KHAMNOY
SMITHHART, BRANDI
STEVENS, DUSTIN
STEWART, JOSHUA
STIER III, LEORN
STONE, DAVID
VANG, LEE
VORASANE, VIRAXAY
WAGNER, IVAN
WALES, JAMIE
WARD, MOSES
WAUGH, BRANDON
WHEELER, MELISSA
WOODYARD, JAMES
ZUNIGA, SONIA

Story/Design: Angla Curtis.

Class o





f 1998

Peopel PE students dress out for gym and participate in all the activities — such as basketball, skating, swimming, vollyball, four corner baseball, tennis and track — the physical education department offers. The class helps prepare many for the Special Olympics.

Meeting fifth hour after first lunch every day, the program consists of two sections taught by phys. ed. teachers **Joyce Vickroy** *and* **Andy Howard***. EHS students volunteer as peer helpers. As friends, they instruct the students in the correct way to play each activity.*

Senior **Nikki Mooers** *helps a student shoot for a basket during a game of H-O-R-S-E. The students played basketball for about three weeks in the fall and then went to another activity.*

A FUN WAY TO GET FIT

PEOPEL PE. Front Row: Tracie Schlotterbeck, Kerry Green, Judy Kligopoulos, Nicki Mooers, Jennifer Breese, Tascha Torgeson. Row 2: Stephanie Gibb, Angla Curtis, Elizabeth Govoni, Heather Webber. Back Row: Doug Smith, Nikki Vang, Steve Porter. Not Pictured: Kari Teske.

PEOPEL PE has been around since 1982 and is still going, but this year was the first year for the separation of freshman and upperclass students.

Wondering what PEOPEL PE stands for? Well, it stands for physical education opportunity program for exceptional learners.

"It is cool and I like it a lot,"said freshman **Patti Micheal**.

This year they added a ninth grade class because the classes were getting bigger. Coach **Andy Howard** took the ninth graders separately from the upperclass students.

"I thought it was a great experience and I liked it a lot," said **Howard**.

PEOPEL PE isn't different from regular gym classes. They do the same activities as regular gym classes do, but they have to change it a little so it can fit their ability.

PEOPEL PE meets fifth hour only. **Howard** meets with the ninth graders on Mondays and Wednesdays, and physical education teacher **Joyce Vickroy** meets with the upperclass students on Tuesdays and Thursdays.

Only most interactive students and the ones who want to help are chosen for the program. Students do activities and play games with them. "It is a lot of fun and I can't wait to be in it next year,"said freshman **Carie Laurie**.

Student helpers aid in the fundamentals of basketball. If chosen for the program, the helpers assist both fall and spring semesters.

PEOPEL PE HAS BEEN AT EAST SINCE 1982. THE PROGRAM ALLOWS STUDENTS WITH DISABILITIES TO PARTICIPATE IN PHYSICAL EDUCATION GAMES AND ACTIVITIES. PHYSICAL EDUCATION TEACHER JOYCE VICKROY IS IN CHARGE OF PICKING STUDENT HELPERS WHO WORK PERIOD 5 WITH THE CLASS.

Story/Design: Lindsey Gordon. Photojournalist:Jenny Breese.

2.

Senior Baby Pictures

12.

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16.

1. K
2. B
3. C
4. E
5. EE
6. Z
7. BB
8. L
9. I
10. H
11. M
12. N
13. P
14. V
15. R
16. S
17. T
18. U
19. X
20. Y
21. AA
22. W
23. Q
24. J
25. D
26. F
27. G
28. O
29. A
30. DD
31. FF
32. CC

Story/Design: Angla Curtis.

Can You Match The Name To The Picture?

A. Megan Hill
B. Jennifer Weeks
C. Heather McCarl
D. Keri & Kendra Sawhill
E. Angela Bolio
F. Heather Martineau
G. Amanda Grant
H. Amy Klopfenstein
I. Renee Hesseltine
J. Becca Stamper
K. Brian Johnson
L. Julie Johnson
M. Deana Cruchelow
N. Kate Pagel
O. Angla Curtis
P. Laurie Brown
Q. Erika Olson
R. Ryan Cook
S. Cassie DeYoung
T. Jill Nowadzky
U. Landna Baccam
V. Julieanna Duff
W. Amy Nemmers
X. Sarah Christenson
Y. Marlin DeVan
Z. Nikhom Vansylalom
AA. Kari Teske
BB. Jennifer Johnson
CC. Joe Florez
DD. Grandy Vanlo
EE. Bethanie Roof
FF. Nicole Slater

17.

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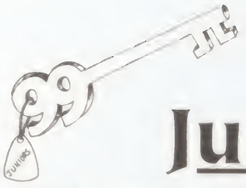


Juniors: Class of 1999

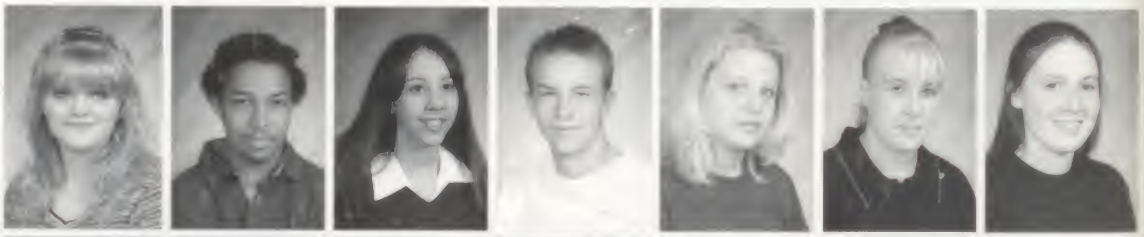
VERY, VERY clear instructions are given to junior **Skippy Johnson** by juniors **Jennifer Williams** and **Tiffany Mayse** as they decorate the cafeteria for a fun fall event.

Volleyball isn't all serious. Juniors **Sandy Mendenhall, Sarah Lewis, Megan Stanley** and **Shannon Root** get goofy at an Urbandale meet in September. East won 2 matches and lost 2 in that tourney.

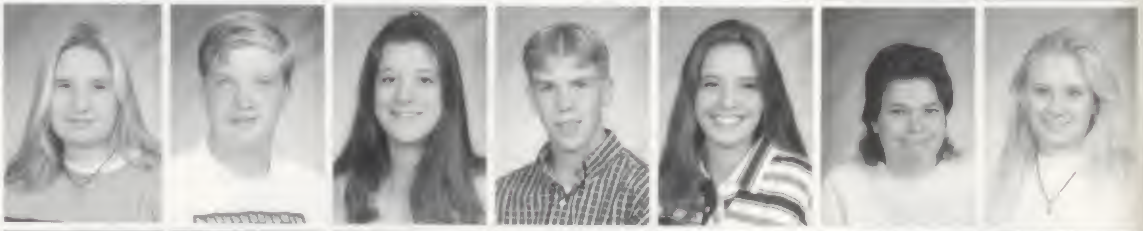
NOT PICTURED

Anderson, Bill
Audas, Michael
Baccam, Soupradith
Banks, Zachary
Bockoven, Cary
Boutdara, Ley
Boylan, Aaron
Brannon, Eric
Briley, Jordan
Brown, Eric
Camp, Michael
Campbell, Bryan
Cole, Trisha,
Ellis, Amy
Franks, Charles
Gist, Brandie
Gregory, Andy
Hansen Jr., James
Houchin, Joseph
Ivanovich, Adam
Johnson, Michelle
Jones, Benjamin
Kamvanh, Khamla
Kinney IV, William
Laurie, Michael
Lee, Long
Lewis, Marques
Luangaphayvong, Soulinthon
Mercer, Charles
Miller, Joshua
Miller, Tameka
Muniz, William
Pruitt, Aaron
Rankin, Cory
Rice, Julie
Rivas, Frank
Robinson, Andre
Robinson, Nathaniel
Rodgers, Erik
Smith, Calvin
Smith Jr., Jeffrey
Snyder III, Alvin
Sparks, Adam
Suliveres, Dawn
Theppanya, Phanh
Von Ahnen, Marc
Waldon Jr., Garry
White, Neal
White, Shawna

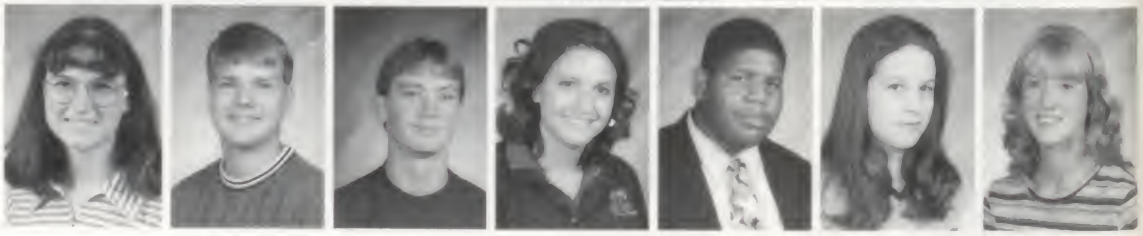
Heather Adamson
Curtiano Allen
Deann Anderson
Jacob Anderson
Kristen Anderson
Marijean Atkinson
Stacie Atkinson



Shawna Babcock
Jason Bailey
Lissa Baker
Tyler Baker
Stacy Barnes
Tiffany Bass
Barbara Battin



Hillary Beaman
Joshua Belcher
Todd Bennett
Renee' Bernhardt
Alex Bibbins
Carrie Birkhofer
Kelly Bloomquist



Jason Boehme
Justin Bolander
Kristin Britt
Scott Brueck
Gerald Burkhart
Abigail Burkhead
Jesse Burnfin-Watterson

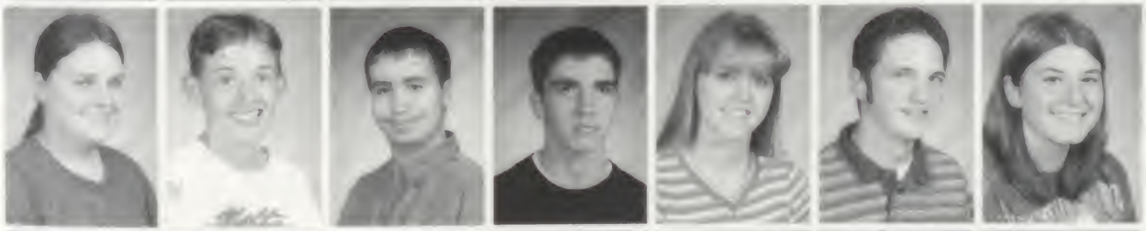
Carl Busch
April Butler
Anthony Buttrey
Megan Cardines
Brian Carey
Stacey Carney
Tracey Carney

Courtney Carpenter
Michael Charvat
Samreth Chau
Adreanne Clark
Brandi Clark
Bradley Cochran
Brady Coe

Chris Coleman
Michelle Colvert
Amanda Conlin
Sarah Consorti
Vicki Convery
Mystie Cook
Bradley Cosner

Cameo Cott
Ben Cowie
Robert Crane
Fredrick Csader
Randle Cunningham Jr
Angela Curry
Clint Czizek

Joshua Dady
James Dake
Christine Davis
Markeyta Davis
Jami Demoss
Stephany Denning
Elizabeth Drey



Julieanna Duff
John Easter III
Gene Eide
Justin Embrey
Emily Erickson
Daniel Evans Jr
Melissa Fagen

Stephanie Fallis
Christie Fausett
Andrea Ferrell
Jacob Ferrell
Jesse Fetters
Christopher Fidler
Shawna Finch

Niccole Flagg
Bryan Ford
Amy Forkner
Marlon Fowler
Nichole French
Timothy Froehle
Anesa Gardner

Meredith Garlick
Michael Gary
Shane Gee
Len Gerrietts
Stephanie Gibb
David Giles
Katrina Gipson

Terry Goltz
Angela Gorman
Mahlon Gragen
Kimberly Graham
Dray Grantham
Kerry Green
Tamara Gregory

Savanchay Hacknorath
Russell Hall
Travis Hall
Schanell Harris
Nicholaus Hartkopp
Traves Hartman
Lucas Hayworth

Landon Heck
Nicholas Helmers
Ethan Herrera
Jessica Hill
Charity Hodson
Kristina Hokanson
David Hood Jr

Nicole Hook
Stacie Hornocker
Brian Humphrey
Brian Hungate
Courtney Hurdle
Dawn Hutchison
Joseph Inman

Thatsane Inthavong
Shannon Iverson
Angela Jackson
Josephine Jackson
Shauna Jackson
Bobby Jay
Jocelyn Jeffries

Lindsay Jensen
Stephan Joanides
Dustin Johnson
Jennifer Johnson
Christine Jones
Sara Kelley
Amanda Kerr

Kelley Kilbane
Andrew Kilgore
Amanda Kindhart
Meggan King
Shannon Kingrey
Kenielle Kinney
Judy Kligopoulos

Rustin Knouf
Mindy Kohrs
Keopasith Kouang
Todd Lane
Courtney Larue
Malisa Laurie
Eric Lay

Bridget Lee
Frankley Lem
Stacey Letze
Sarah Lewis
Jennifer Lim
Jeremy Lint
Mikeya Linton

Chommany Lo
Joyce Loghry
Aaron Long
Shawna Lore
Bagdy Lovan
Luang Lovan
Manila Lovanh

Nicole Lovell
Chad Lowe
Tracy Lowe
Sheriva Luong
Maychoua Ly
Chauncey Mallett
Jeremy Mally

Amanda Markle
Donald Martin
Ryan Maschke
Amanda Mason
Jason Mason
Vanessa Mata
Tara Mathews

Michael Mauk
Deja May
Tiffany Mayse
Brandi Mc Aninch
Ramon Mc Carrell
Derek Mc Church
Chantelle Mc Fadden

Christopher Mc Kean
Travis Mc Kean
Patrick Mc Neley
Nophalak Meksay
Sandra Mendenhall
Joel Metheny
Jessica Miller

Lacey Miller
Jason Milligan
Mark Mitchell
Robert Montis
Bradley Moore
Robert Moore
Kristen Moraine

Sarah Moran
Brian Moss
Michelle Murphy
Christopher Nelson
Mylee Nguyen
Brian Norton
Jason Nutt

Anna Ochoa
Chad Olson
William Olson
Joyce Ortega
Levi Overton
April Parker
Natalie Patterson

Saengchanh Phaviset
Nicole Poland
Andrew Powell
Raffaela Punelli
Adam Quang
Hugo Ramirez
Marcos Ramirez

GRADS aids teen parents

Most people probably don't think kindly of or see success for a young teen with a baby, but senior Ronnica Harris doesn't let it bring her down. Instead, it motivates her to prove them wrong.

One way that she is trying to overcome one general misconception, is by graduating from high school.

"Most people think that because you're pregnant or have a baby, you automatically drop out of school, but it isn't true about me," said Harris. "I'm graduating in January and I want to go on to college and major in cosmetology."

A program that has helped her is GRADS, sponsored by family and consumer science teacher Donna Adams.

"GRADS is a real good program and I'd recommend it to pregnant teens, so they won't get too scared," Harris said.

There were seven other students involved with GRADS and they also feel that the misconceptions of teen moms aren't true, when it comes to them.

One misconception they feel is misleading is that teen moms are welfare-bound. Not these students.

"Since the students live under their parents' roof, they aren't able to qualify for welfare because it's based on their parents' income and not theirs," said Adams.

One student who is trying to get welfare is sophomore Bandi Latcham.

"They told me that if I don't live with my parents, I can't get welfare since I'm under age, so I was denied," she said.

> *"...common misconceptions are...they don't do well in school...having a baby ruins their lives, but...it's a different story."*

They've also been told that since they're a teen mom, they're not or can't be good moms, but Harris doesn't believe this.

"If you want to be a good mom, you can. But if you let others' criticism get to you, you're only making it harder on yourself," she said.

Harris believes she is a good mom and she's very glad that she has her daughter, Oshaya.

Other common misconceptions are that they don't do well in school or that having a baby ruins their lives, but for these eight teenagers, it's a different story.

"Some people think I sleep around just because I have a baby—and I don't. It hurts when people say those kinds of things," said sophomore Jessica Densley.

"Having a baby didn't ruin my life, it made me into a better person. I've changed my ways because I want to be a good role model for my daughter," said Harris.

"There may be a lot of misconceptions about teen moms and about the students in GRADS, but I think that all my students have improved in school since they've had their children," said Adams.

—Sophomore Linda Her

Sergio Ramirez
Jessica Randolph
Robert Randolph
Bradley Reed
Jody Reed
Monica Reed
Courtney Reeves

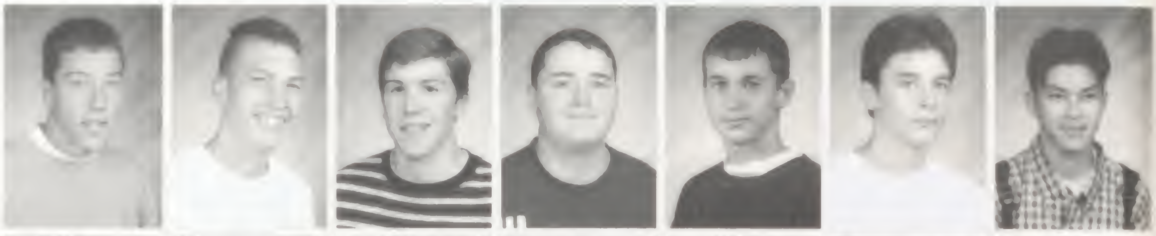
Daniel Rendall
Douglas Renslow Jr.
Douglas Renslow, Jr.
Lauren Rice
Alejandra Rocha
Rory Rodriguez
Shannon Root

Rusty Roustio
Angela Rustan
Chineda Sam
Karla Sanchez
Amanda Sargent
Stanley Satterfield Jr
Adam Schaff

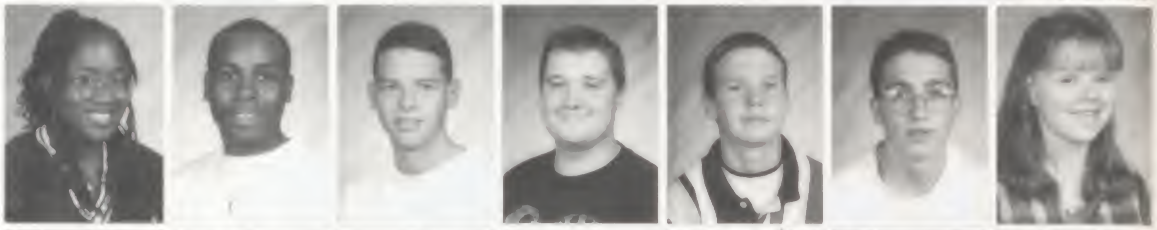
April Schaffer
Mollie Schirman
Tracie Schlotterbeck
Jereme Schulz
Stephanie Scigliano
Kenny Scott
Jacara Sheley

*With care, sophomore **Bandi Latcham** cuddles her son, Alex, born in September. One of her difficulties in adjusting to parenthood is dealing with Alex's waking up 2–3 times a night.*

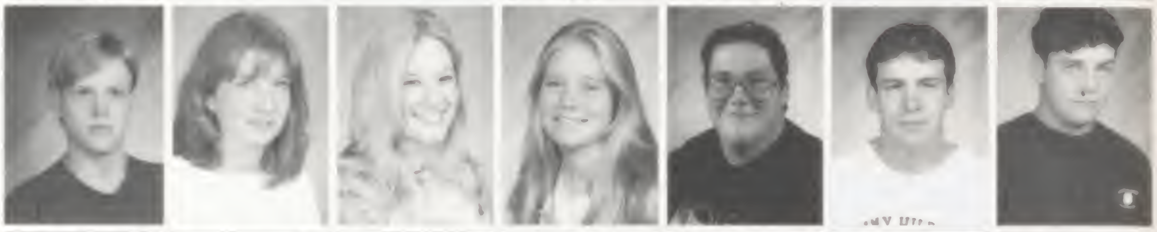
*Babes in arms, junior **Markeyta Davis**, with son Taylor, and senior **Melissa Hovey**, with daughter Leylin, attend a GRADs session. Daycare is a major concern for most student parents, but Davis found a daycare center for her son and Hovey's father cared for her child during the day.*



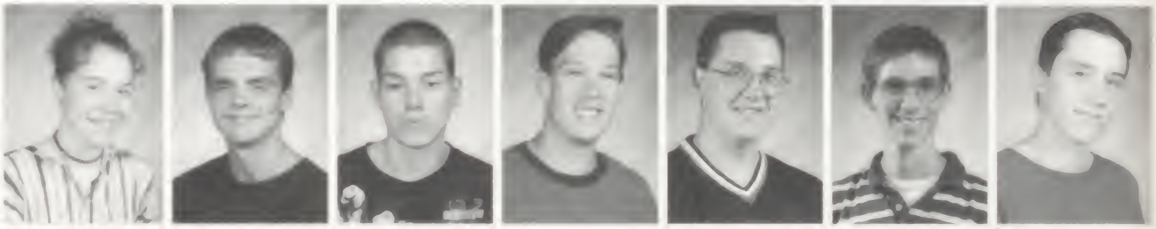
Bryan Shepherd
William Shepherd
Eric Short
Joseph Sickels
Edward Signs Jr
Ian Sims
William Sitthisay



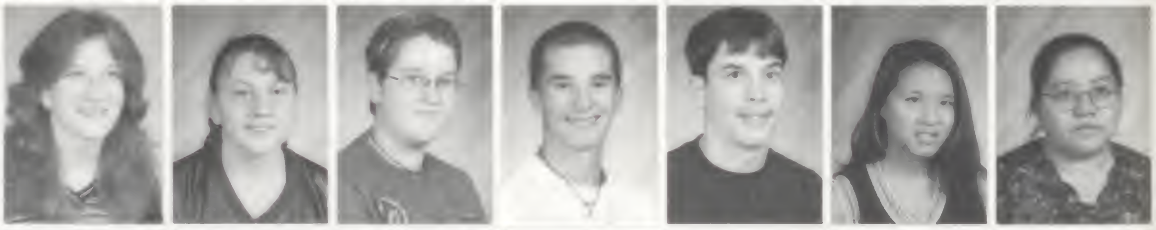
Marlisha Slaughter
Randy Slaughter
Bradley Smith
Douglas Smith
John Smith
Mark Smith
Meredith Smith



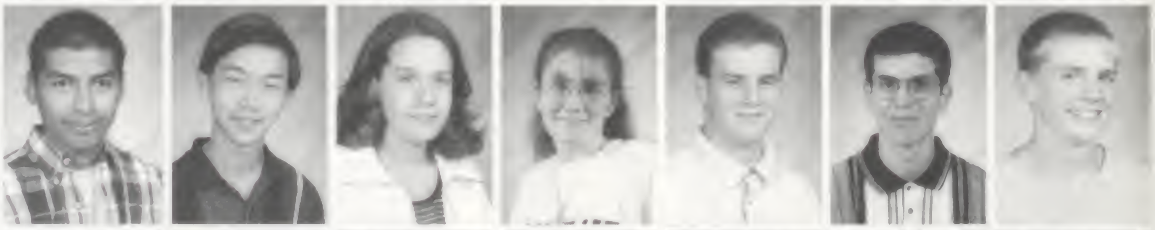
Miles Smith
Tabatha Smothers
Sarah Southard
Megan Staley
Roy Stevens
Michael Stoker
Aaron Storm



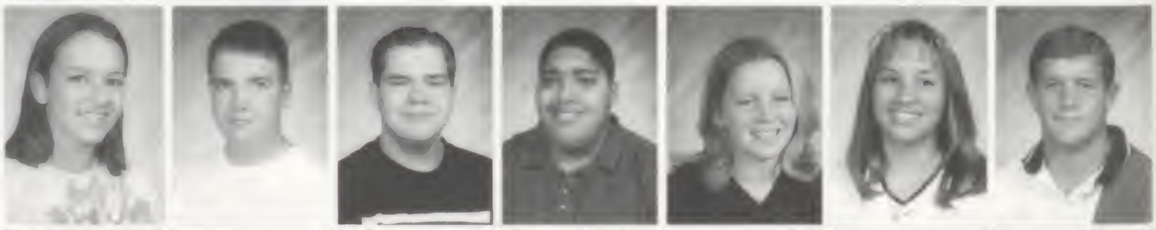
Bobbie Stout
William Stradley
Pelon Streeper
Timothy Sudbrock
Randall Swisher
Frank Swoboda
Jesse Tharp



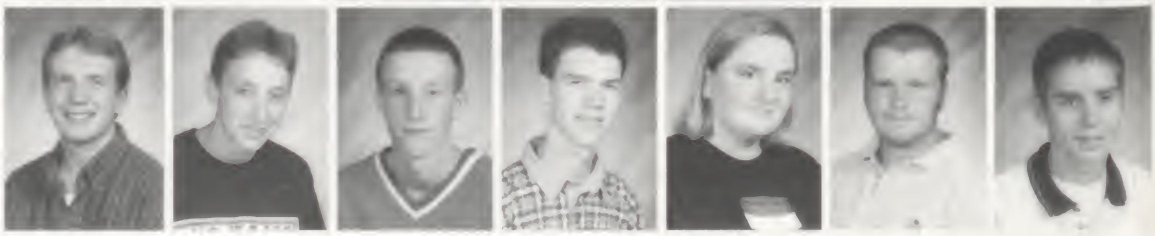
Kristin Tiedemann
Teresa Turner
Ilana Tyler
Christopher Ulmer
Ralph Van Dyke Jr
Nicky Vang
Pa Vang



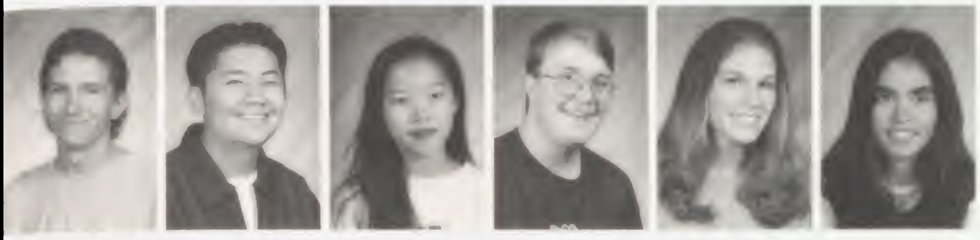
Gustavo Villarreal Jr
Kea Vongchanh
Megan Wall
Alisha Wallace
Luke Warburton
Taylor Webb
Craig Webber



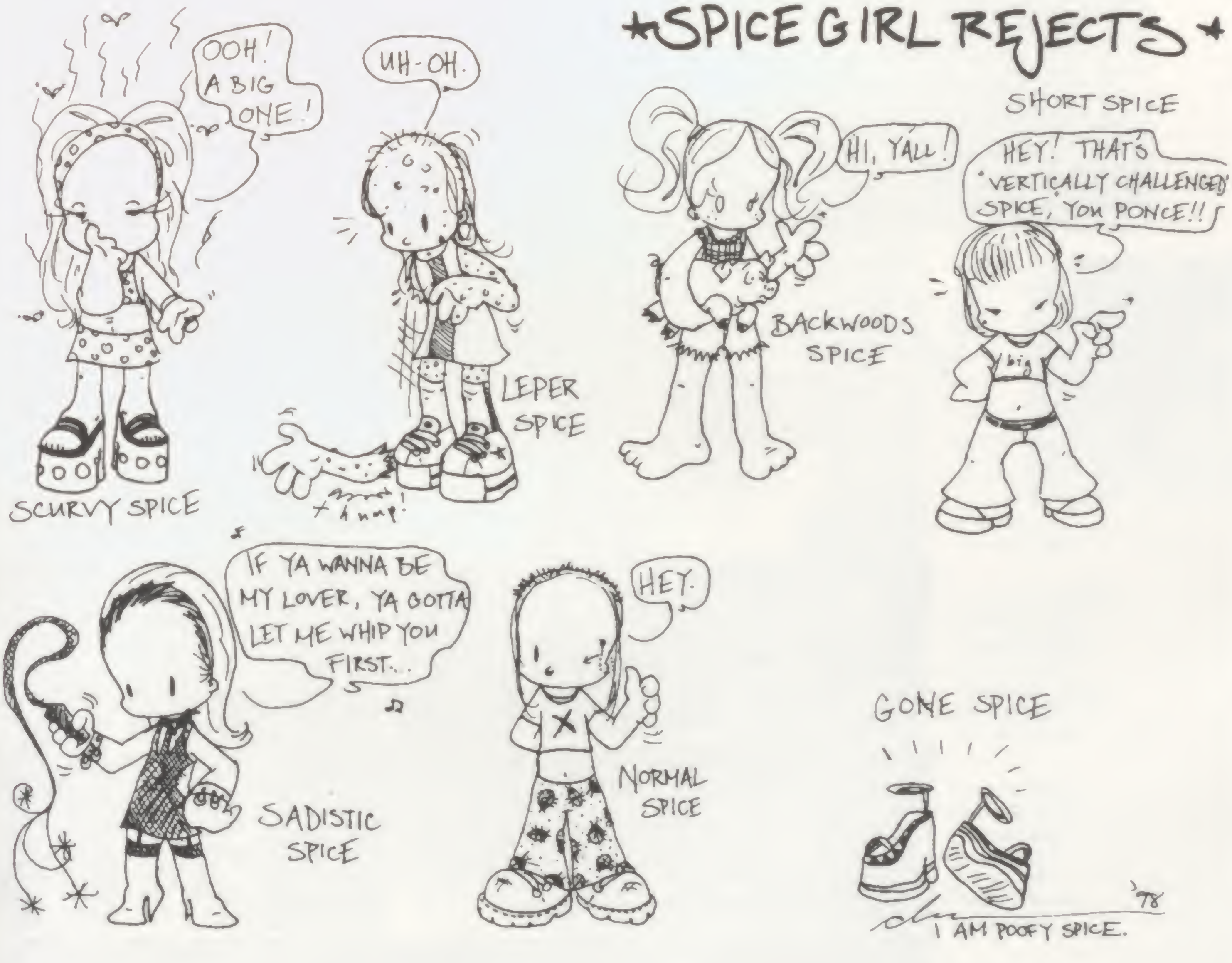
Heather Weber
Chad Welch
Matthew White
Frantz Whitfield
Stephanie Widlund
Jennifer Williams
Kyle Williamson

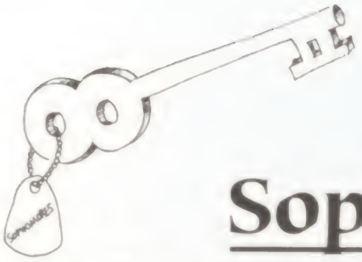


Ryan Witt
Shawn Wolfe
Dillon Wonders
Christopher Wood
Melissa Woodard
Floyd Wright
Joseph Wyckoff



Kenneth Wyckoff
Chao Xiong
Sandy Yang
Jesse Yeomans
Stacey Zelenovich
Jessica Zepeda


★SPICE GIRL REJECTS★
OOH! A BIG ONE!
SCURVY SPICE
UH-OH.
LEPER SPICE
thump!
HI, Y'ALL!
BACKWOODS SPICE
SHORT SPICE
HEY! THAT'S "VERTICALLY CHALLENGED" SPICE, YOU PONCE!!
big
IF YA WANNA BE MY LOVER, YA GOTTA LET ME WHIP YOU FIRST...
SADISTIC SPICE
HEY.
NORMAL SPICE
GONE SPICE
'98
I AM POOFY SPICE.



Sophomores: Class of 2000

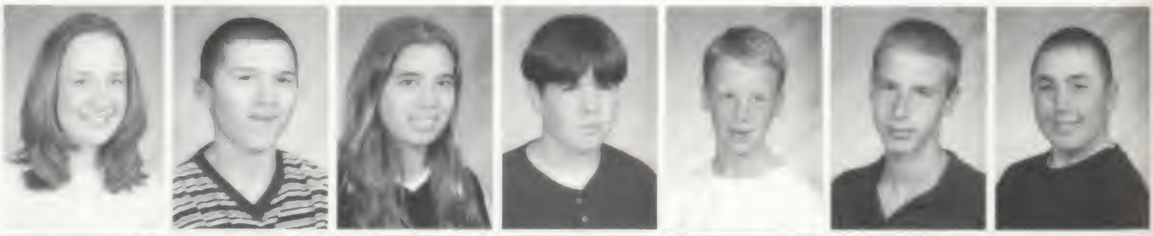
With a spirited leap, a sophomore cheerleader, **Nickelle Stevens** performs a "herky" at Hutchens Stadium. The 10th grade squad was twice its usual strength.

At a meet, swimmers junior **Sarah Moran**, sophomore **Chandal Clemons**, and freshman **Rae Anda Nagy** try to recoup their energy before the next race.

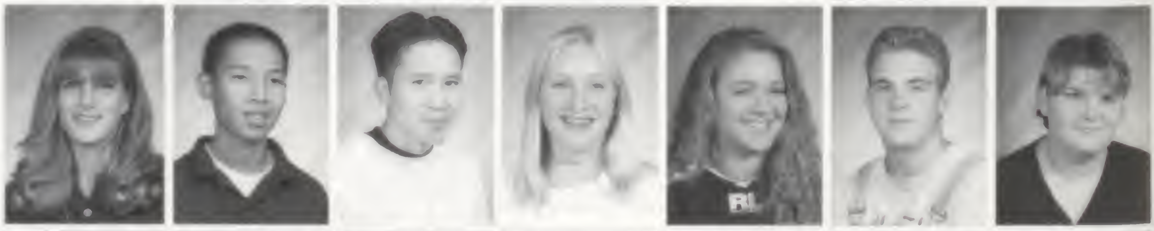
NOT PICTURED

Anderson, Maceo
Aswegan, Cory
Bennett, Christina
Bockoven, Candi
Burnett, Travis
Carney, Nicholas
Cooper, Jason
Danielson, Anthony
Davis, Preston
Davis, Tiffany
Dooley, Dina
Ellis, John
Enos, James
Etter, Lacey
Farrell, Joshua
Franklin, Ryan
Frantz, William
Gardner, Angela
Garrison, Shawn
Gourd, Sean
Gulick, Topper
Harlan, Alisha
Hayes, Courtney
Haygood, Donald
Heuton, Michelle
Howard, Jeremy
Inman, Matthew
Jordison, Adam
Kellis, Danielle
Khamboun, Lalie
Kirkpatrick, Sean
Kuhns, Amanda
Lee, Jerry
Majied, Aquil
Mc Caughey, Kena
McAuly, Annamarie
Miller, Andrew
Miller, Carlos
Ochoa, Thomas
Parmenter, Jeremy
Pearson II, Theodore
Peterson, Zachary
Pratt, Amanda
Rand, Jesse
Repplinger, Justin
Rounds, Mya
Sandoval, Isidro
Sharp, Keon
Smith, Marlando
Smithart, Amanda
Snyder, Jeremy
Swanson, Matthew
Talamantes, Kelly
Thompson, Lynsie
Vargas, Henry
Vaughn, Candice
Way, Amanda
Way, Amy
White, Jessica

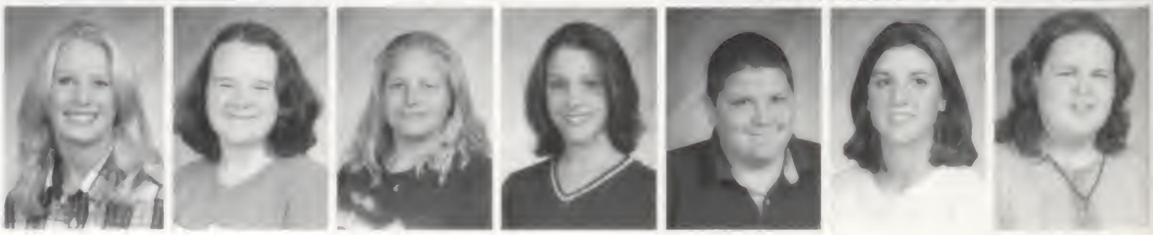
Christina Ackelson
Jose Aguilar Jr
Kristina Alvarez
John Anderson
Scott Appleby
Russell Armstrong
Jacob Audsley



Heidi Austin
Peter Baccam
Soupradith Baccam
Kerrin Baker
Tara Baker
Joshua Barker
Latina Bear



Jaclyn Beener
Sarah Benesh
Jenny Benge
Brooke Bennett
Gary Bennett
Lindsey Bennett
John Bidwell



Matthew Bird
Misty Bishop
Steven Blair
Jennifer Blakeman
Bryon Boggs
Brian Bos
Benjamin Braafhart

Tyrone Bragg
Brooke Brass
Roger Brass Jr
Tisha Brooks
Julanda Brown
Tory Browne
Amber Bucklin

Jeffrey Buehler
Christopher Bump
Tyechia Burgess
Gerald Burkhart
Tres Busby
Michael Bushong
Warnell Butts

Stephanie Byars
Diana Calo
Vathsana Cam
Jennifer Carico
Justin Carr
Gabriel Carrasco
Stephanie Carter

Carrie Chance
Maria Chapple
Miranda Clark
Amanda Clarke
Chandal Clemons
Brian Collins
Kenneth Collins

Matthew Constable
Timothy Cooper
Clyde Copeland
Jerry Corbin
Sheila Countryman
Louise Covalt
Nathan Crooks

Timothy Crowder
Levi Culp
Angela Cupp
Adam Curl
Darwin Curl
Michele Curtis
Robert Curtis

Shelly Dake
Michael Dare
Jason Davidson
David Davis
Harold Davis
Shane Davis
John Daye

Silvia De La Cruz
Jessyca Densley
Demitrus Diedrich
Sarah Dority
Nicole Drayton
Amanda Duncan
Jennifer Edwards

Lacey Etter
Brandi Fairman
Jonathan Fick
Seana Fidler
Adam Fisher
Eric Flaherty
Roger Fleener Jr

Jennifer Flippo
Jose Flores
Christina Fouts
James Fox
Luther Fox
David Freerksen Jr
David Frost

Jared Frost
Michael Fuller
Bradley Ganoe
Lisa Gathercole
Nicole Gazzo
Joshua Gerrietts
Gregery Gifford

Corey Gipson
Lawrence Gipson
Brandy Gist
Joseph Goffman
Tiffany Good
Lindsey Gordon
Robert Gourd

Daniel Govoni
Curtis Graham
James Grasso
Sheena Gray
Candice Griffin
Tyree Griffin
Amy Griffiths

Tony Grimm Jr
Jacob Guile
Demarco Hall
Tracie Halsband
Jonathan Halter
Nabil Hanke
Scott Hardwick

Danial Hardy
Christina Hartkopp
Jacob Haws
Kellie Hayes
Frederick Heard
Barrett Heck
Amanda Heiselman

Crystal Held
Linda Her
Maria Herrera
Nickolas Herrera
Andrew Hesseltine
Nathaniel Hibben
Jaime Hill

Phut Hoangvan
Holly Holmes
Amy Hornocker
Joesph Housley
Sarah Housman
Nicholas Howe
Amy Hughes

Alan Hulsebus
Sarah Hummel
Sarah Hunt
Laura Hyde
Christon Jackson
Sandra James
Johnathan Jay

Jocie Jeffries
Marquita Jenkins
Amber Johnson
Bethany Johnson
Dustin Johnson
Emily Johnson
Michelle Johnson

Theresa Johnson
William Johnson
Anna Jones
Bonnie Jones
Jessica Jordan
Uniz Juarez-Vallejo
Adam Kendrick

Jessica Kenney
Kimberly Kigar
Justin Kimmel
Crystal Kinney
Tiffany Kintz
Stephen Kirkpatrick
Heather Knight

Kristal Knouf
David Kouang
Nicholas Kraska
Lucas Krpan
Julia Laake
Valerie Lamb
Cory Larsen

Christina Lary
Bandi Latcham
Nicole Lawrence
Carlisa Lee
Michael Lee
Christina Leighton
Amber Leonardi

Brandy Lester
Lauretta Leverich
Cory Lewellin
Roscoe Lewis
Chad Lint
Rachael Lint
Kalia Lor

Johnny Lovan
Brian Lowe
Laura Luce
Miriam Luna
Malaika Luster
Cecilia Marshall
John Martin

Luke Martin
Sara Martin
Sarah Martineau
Thomas Mastin
Marshal Matlage
Dustin Mc Aninch
Betty Mc Carl

Daffney Mc Caskill
Jessica Mc Claskey
James Mc Daniel
Hugh Mc Elvogue
Mark Mc Murry
John Mc Pherson
Carrielynn Meek

Hurrying to yet another class in her busy schedule, senior ***Nattakan K.*** *finds her year at East flying by. In spite of her quiet personality, she made friends fast after her arrival in the fall.*

Seniors ***Monika Stepan*** *and* ***Katja Probst*** *will be taking these smiles home to Germany at the end of the year. That is, in addition to many Scarlet memories of life in Des Moines.*

On a fall hayrack ride with the Spanish Club, teacher ***Andy Rosene*** *and senior* ***Robert Ortiz*** *obviously agree they're having a great time! Participating in the experiences of American high school kids is what the exchange is all about.*

Cynthia Messenger
Julie Metheny
Timothy Michelsen
Stephanie Miller
Amanda Mincks
Justin Minor
Brian Mitchell

Tracy Mitchell
Matthew Moeller
Sara Mongar
Adam Moraine
Jessica Moreno
Chester Morgan
Todd Morris

Eugenia Mota
Michael Munyon
Richard Munyon
Taurean Murray
Katie Naset
Ryan Nemmers
Shakeela Newsome

Jacquelyn Newton
Kearstin Nichols
Jabre Norwood
Sheila Oakes
Ryan Oldham
Abby Oliver
Michelle Oliver

Scarlets 'Internacional'

EHS students met four friends from overseas as East hosted these foreign exchange guests:

Nattakan Kanjanaworakul — Thailand
Robert Ortiz — Sweden
Katja Probst — Germany
Monika Stepan — Germany

Imagine living in a strange place, leaving family and friends behind for a year to explore and experience new cultures and new things. Four foreign exchange students did exactly that this year.

One thing that didn't take the four teens long to experience was homesickness.

Monika Stepan, a senior from Offenbach, Germany, missed her family a lot.

"When I first arrived I thought 'Why'd I do this?', but after two to three weeks things became more comfortable," said **Stepan**.

"If it weren't for my host family, I'd feel very homesick," said senior **Katja Probst**, from Germany. "Sometimes I'd lay in bed at night and cry thinking about my family. I'm very happy here, though, because the people at East are so nice and polite."

"On my 18th birthday I really missed not being home because we planned to have a big party with all my friends," said **Robert Ortiz**, a senior from Mariestad, Sweden.

"It's been pretty easy to make friends here," said senior **Nattakan Kanjanaworakul** from Thailand, "and my host family is really nice."

Like all people coming from other countries, **Kanjanaworakul** tried to anticipate what the U.S. would be like.

"I was nervous about crime," said **Kanjanaworakul**. "We hardly have any crime in Thailand."

"Before I arrived, I stereotyped the U.S. a little bit, but once I came, I saw that everyone's different and the people you meet depends on where you go," said **Ortiz**.

Being here at East was very different for these students. For Stepan it was a totally new experience being in class with boys since she attends an all-girl school back home, run by nuns and teachers.

Ortiz says that having the same class at the same time every day is "boring."

"We have different schedules every day," said **Ortiz**. "We'll have math four times a week but Swedish only three times a week."

In Thailand, **Kanjanaworakul** attends school seven days a week and has to wear a school uniform.

"I like being able to wear what I want (here)," said **Kanjanaworakul**.

"There's a lot of differences in our school back home and here," said **Probst**. "We stay in one class for the whole day and after every two periods we take a fifteen minute break."

All agree that here in the U.S. and at East there's more school spirit.

"We don't have (this) kind of school spirit back in Germany," said **Stepan** and **Probst** agreed.

"East is a very friendly school," said **Ortiz**. "The students here ask me questions trying to understand my culture, and help me with my English."

Although the four teens say there are some similarities between the U.S. and home, there's also much contrast.

"In Germany you can drink, smoke, and attend night clubs at age 16, driving starts at 18," said **Stepan**.

"Here you can take driver's ed. for $150. In Sweden you have to take private driving lessons that cost $1,000," said **Ortiz**.

—Sophomore Emily Johnson

Tifany Oliver
Lesley Olson
Brian Overlin
Kandra Paddock
Bonnie Padgett
Daniel Palmer
Jennifer Palmer

Melissa Papiani
Michael Parcel
Derek Pettijohn
Cody Pfau
Jared Platt
Heather Plummer
Nichole Poindexter

Mark Potter
Jonathon Pratt
Eric Prusick
Linda Quang
Eric Randolph
James Randolph
Jason Ray

Amber Reed
Erica Reed
Jesse Reeves
Kristin Reid
Selena Reid
Mandy Reidburn
Edward Rhodes

Ross Rinehart
Michael Ritchie Jr
Alicia Rivas
Lacey Robuck
Tiffany Roby
Kelli Ross
Mark Rumage

Charles Runyon
Duhran Sadler
Evan Salazar
Julie Samuelson
Souphaphon Sanachit
Anthony Sanders
Laurie Sanders

Stephen Sciachitano
Cassandra Scott
Dustin Shannon
Carl Shelton Jr
Justin Sheridan
Somkhit Sikham
Joseph Slater

Nicole Slaughter
Rochelle Slaughter
Kirsten Slemp
Kristin Slemp
Christina Smith
James Smith
Leroy Smith

Tyler Smith
Erin Soderblom
Cory Sonner
Brian Sparks
Joshua Stapes
Christina Stapleton
Justin Stevens

Nickelle Stevens
Carmel Stewart
Jessica Stewart
Emily Stokka
Jason Street
Geri Sundell
Josh Taha

Leah Tedder
Corey Thomas
Tanesha Thompson
Ryan Thornton
Brandi Thurmond
Danielle Tilden
Barbara Tilton

John Tonsi
Nathan Tounsley
Reese Turner
Teresa Turner
Jessica Twombley
Allen Ung
Billy Van Horn

Brandy Van Tassel
Benjamin Vanvleet
Ashley Vitiritto
Katie Voll
Crystal Waldon
Garry Waldon Jr
Adam Walker

Hilary Waller
Teresa Warnock
Kari Warren
Leslie Watley
Amanda Webber
Mark Weckman
Brandon Weiland

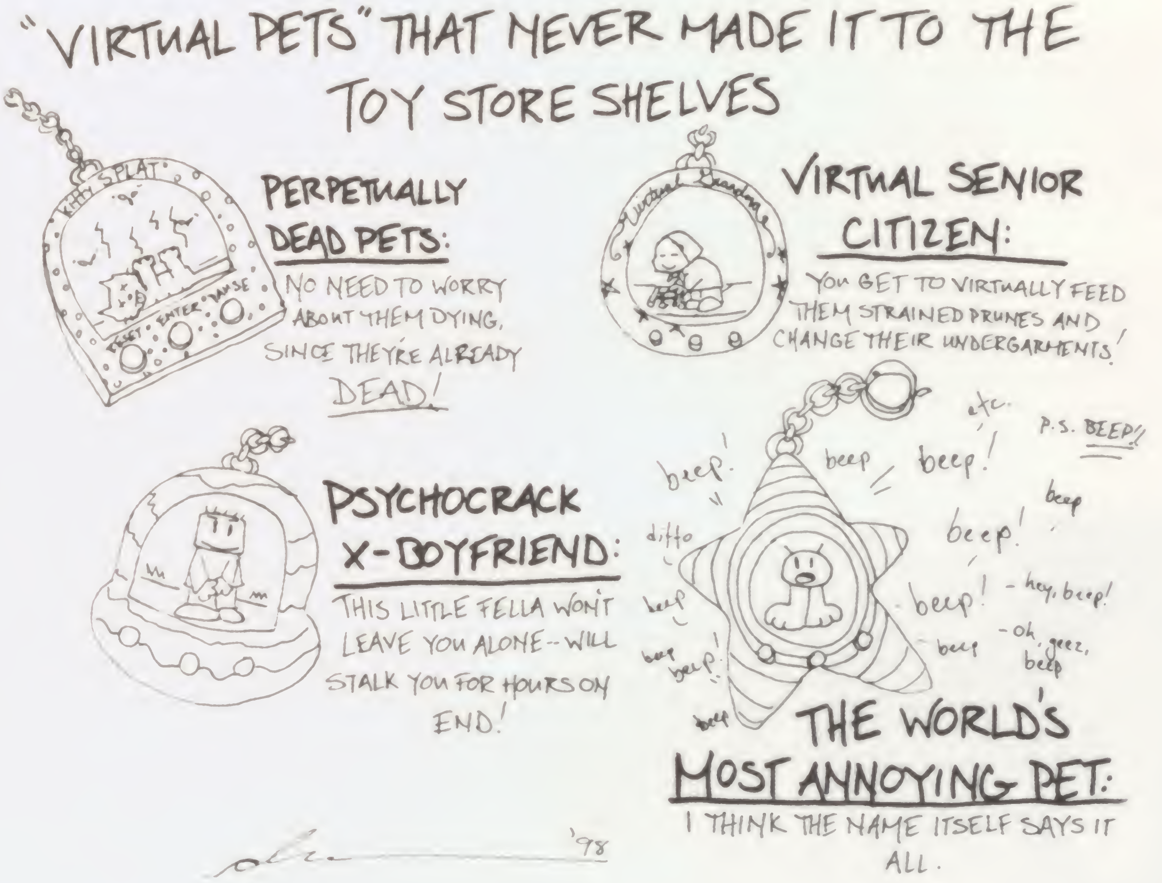
Kathleen Welsher
Nicole Wennekamp
Detrisch West
Nicole West
Anthony Wharton
Brian White
Brandi Williams

Ronnie Williams
Adam Wilson
Douglas Wing
Kolisa Winston
Lisa Wolfe
Leona Wortham
Michael Wyant

Jack Xiong
Charles Yaw
Niki York
Kurt Zeliadt
Allison Zenor
Tammy Zimmerman

FCA. Front Row: Sponsor Chuck Pickett, Wendy Bradford, Rachel Briley, Venessa Boland. Row 2: Jeff Edler, Brian Rogan, Courtney Reeves, Amanda Mullin, Renee Bernhardt, Norm Page, Kevin Carr. Back Row: Amy Page, Krystal Pickett, Dawn Ritchie, Misty Stanton. Not Pictured: Aaron Long.

Before an FCA meeting, freshmen ***Crystal Pickett*** *and* ***Amanda Mullin*** *share some down-time. About 15-20 students met regularly during the FCA's first year at East.*


"VIRTUAL PETS" THAT NEVER MADE IT TO THE TOY STORE SHELVES
KITTY SPLAT
RESET ENTER PAUSE
PERPETUALLY DEAD PETS:
NO NEED TO WORRY ABOUT THEM DYING, SINCE THEY'RE ALREADY DEAD!
Virtual Grandma
VIRTUAL SENIOR CITIZEN:
YOU GET TO VIRTUALLY FEED THEM STRAINED PRUNES AND CHANGE THEIR UNDERGARMENTS!
PSYCHOCRACK X-BOYFRIEND:
THIS LITTLE FELLA WON'T LEAVE YOU ALONE--WILL STALK YOU FOR HOURS ON END!
beep! beep beep! etc. P.S. BEEP!! beep beep! ditto beep! - hey, beep! beep - oh, geez, beep beep beep! beep
THE WORLD'S MOST ANNOYING PET:
I THINK THE NAME ITSELF SAYS IT ALL.
'98

*In an after-school conference, sponsor **Chuck Pickett** helps freshman **Dawn Ritchie** arrange the presentation she will make later at one of the FCA's student-led meetings.*

FCA club new on the EHS scene

The FCA met regularly on Monday nights at 7 p.m. in the cafeteria or in the driver's ed. room.

FCA stands for the Fellowship of Christian Athletes (but not only for athletes), a new organization at school. The main reason why the group formed was to be a support group.

"We formed this group to support each other, so that Christians at this school could unite. It helps us to stay on track and have accountable friendships," said freshman **Courtney Page**.

A few students started the group, but they needed a sponsor so they asked **Chuck Pickett**.

Picket works at the Good Samaritan relief agency.

"The great thing about (Pickett) is that he understands teens. He's had a rough life, and used to be the one doing drugs and drinking, but he changed his life around and so can we," said senior **Jeff Edler**.

The group talks about various things from dating to salvation.

"One week, I got the chance to do the devotion. I chose to do it over dating and relationships. I thought it was a lot of fun teaching others, younger and the same age as me, about what I've already learned," said senior **Keri Thornton**.

"I was one of those fools who believed that when you die, and you go to hell, that there's a party down there. But we forgot to tell you the party's been canceled and there's a fire down there," said **Pickett**.

— Junior Courtney Reeves

Freshmen: Class of 2001

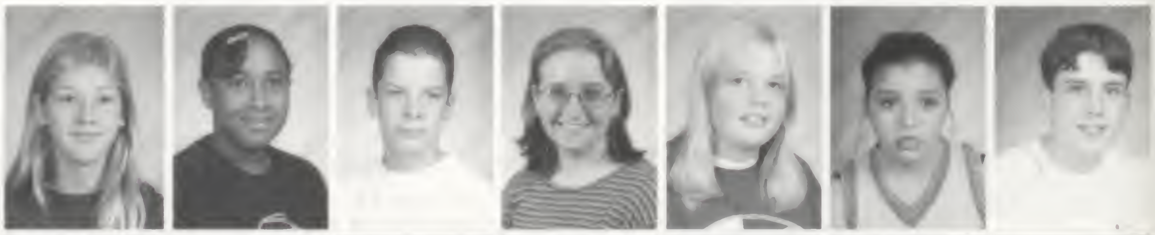
During a fall pre-game warm-up, freshman cheerleaders ***Sara Westergaard, Melissa Khodai*** *and* ***Michelle Ezzio*** *mug for a roving cameraman. Their efforts were sorely needed to bolster the spirits of the players during a bleak 0–7–1 season.*

Standing at the shallow end of the East High pool, sophomores ***Laura Luce*** *and* ***Christina Ackelson*** *show some team togetherness along with freshman* ***Christina McPherson****. The record number of freshmen on the squad fit right in, as the team doesn't compete by grade level.*

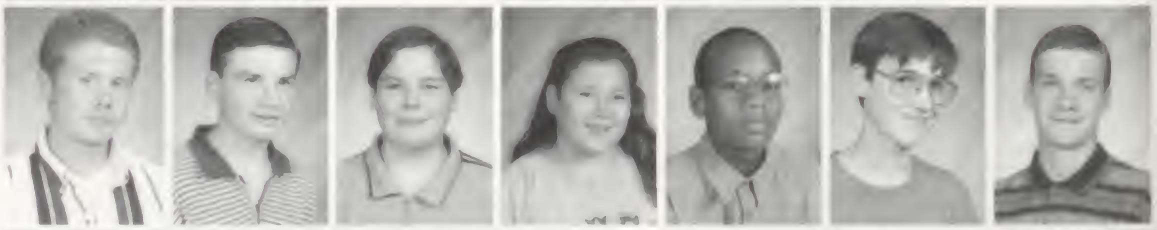
NOT PICTURED

Bennett, Robert
Bennett, Rodney
Burgett, Amber
Carder, Gary
Chau, Sophanny
Collins, Dustin
Cook, Jessica
Cooper, Melissa
Danilson, Curtis
Dhabolt, Rocky
Grafton, Leslie
Hafenbrack, Tangi
Hall, Ryan
Haus, Terri
Lee, Chasity
Lo, Chanthason
Luster, Takiyah
Mayhugh, Joshua
Mc Elvogue, Daniel
Mikesell, Cody
Mure, Kiona
Murphy, Thomas
Ramus, Brandi
Rice, Johnathon
Small, Joshua
Stosko, Samantha
Taylor, Joseph
Taylor, Syreeta
Thompson, Heather
Thompson, Timothy
Tobin, Crystal
Towey, Patricia
Voecks, Brandie
Welker, Matthew
Wheeler, Terry

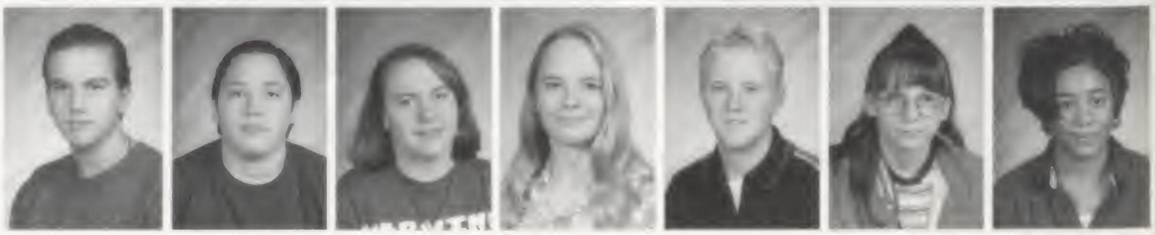
Sherri Acton
Tiffany Adams
Lance Allison
Kelly Alshouse
Ashly Anderson
Marion Anderson
Shane Andrews



Steven Angell
Michael Anousis
Anthony Antelman
Ashley Armstrong
Trevor Ashby
Christopher Atkinson
Paul Augspurger



James Avon
Justin Baccam
Angela Bacon
Heidi Bailey
Jesse Bainter
Kelly Baker
Khidra Baker



Nicole Ballantyne
Jessica Barefield
Kenneth Bass
Amy Baumeister
Matthew Beals
Stephanie Beavers
Tanna Bennum

Ryan Bernhardt
Ralph Bills
Denise Birkhofer
Randy Blackford
Matthew Blanker
Michelle Blume
James Blythe

Tiffany Boggs
Venessa Boland
Dustin Boles
Michael Bolio
April Boll
Chrysta Bosley
Diana Bouaphakeo

Matthew Boyd
Danielle Boylan
Wendy Bradford
Matt Breton
Gabrielle Brewton
Traci Briggs
Andrea Brockman

Jason Brooks
Sarah Brooks
Brian Brookshire
Matthew Brown
Amber Brumley
Michael Buford
Scott Burk

Amber Burns
Tyler Burrows
Amy Butler
Sunshine Butler
Dustin Byers
Christin Cady
Anna Cage

Samantha Campbell
Kira Campos-Anderson
Jennifer Cantu
Tiffany Carey
Stephanee Carlos
Christy Carlson
Lindsey Carr

Sis Cavan
John Cavanh
Cynthia Caylor
Michael Chandler
Jamie Chia
Jonathan Cirksena
Brandon Clark

Christopher Clark
Randi Clark
Emily Clausi
Nikki Clearwater
Andrea Cook
Daniel Cook
Adam Cooper

Shakira Cooper
Charles Coulter
Crystal Cowles
Nathan Cox
Jack Creason
Donald Crockett
Oralia Crooks

Jennifer Csader
Jessica Dady
Stuart Dalrymple
Elisabeth Dalton
Tessa Danielson
Amanda Dare
Michael Dare

Angela Davies
Adam Davis
Bridget Davis
Danny Davis
Kenneth Davis
Tracy Davis
Ernesto De La Cruz Jr

Michael Demoss
Melinda Dennis
Jeffrey Dhabolt
Janna Dickey
Emily Dillard
Lacey Dimaio
Dennis Donaldson

Ashley Dowell
Paul Drey
Curtis Dudoit Jr
Steven Earp
Amanda Edwards
Megan Edwards
Bradley Egenberger

William Emery
Michael Ericksen
David Evans
Matthew Evans
Cassie Ewurs
Michelle Ezzio
Bryan Fausett

Daniel Fetter
Manda Fife
Jenae Finney
Colleen Flaherty
Blake Fleming
Jessica Ford
Jessica Foreman

Anderson Forkner
Dominique Francis
Shenee' Francis
Brianna Frank
Misty Frazier
Patsy Fredregill
Joshua Freeborn

Donald Freeman
Mary Froehle
Sara Froehle
Matthew Fry
Jamie Furby
Christopher Gabbard
John Galbreath

Nathan Gary
Jozetta Gatewood
Jerlyn Gatlin
Aaron Giddings
Jeramia Gillespie
Amy Goddard
Jennifer Golden

Brandi Gomez
Francia Gomez
Demetrio Gonzales
Tyler Goode
Andrew Graeve
Nick Graham
Jamie Gray

Mary Grayson
Latosha Green
John Greene
Brandon Gregory
Shannon Griffiths
Mark Grimm
Tiffany Guthrie

Shane Hacknorath
Emily Haines
Alicia Hale
Brandon Hall
Tommie Halsband
Amanda Harkins
Theodore Harrington

Allicia Hartman
April Hazelwood
Shawn Head
Crystal Hecker
Troy Henkle
Jason Henrichs
Jeffery Heslop

April Hiatt
Brian Hicks
Michael Hidlebaugh
Jessica Higgins
Dawn Hines
Bethdy Hoang
Jerry Holman

Leo Holtry III
Danielle Hopper
Brian Horch
Nicole Houchin
John Housley
Samnang How
Katie Hull

Heather Hutchinson
Jordan Hutchinson
Eric Ivanovich
Charles James
Dorthy James
Kymberlen James
Eric Jeffries

Jessie Johnson
Alan Jones
Beth Jones
Danielle Jones
Jamie Jones
Jenee Jones
Joseph Jones

Michael Jones
Ashely Jordan
Darnell Jordan
Lakeysha Jordan
Alicia Kaiser
Kathryn Karrett
Ross Keller

Stephanie Kellis
Nikkolas Kemp
Phouthavong Keopraseuth
Marie Kern
Victoria Kerr
Melissa Khodai
Jennifer Kilby

Amy Killen
Josh Kimmel
Chase King
Jessica King
Keniesha Kinney
Jessica Kirkman
Catherine Knight

John Knox
Steven Kohler
Meleia La France
Karla Lampman
Bradley Langford
Carrie Laurie
Brian Law

David Lawrence
Angela Leabo
Scott Leach
Alex Leanos
Wolfgang Lechner
Jeremy Leckwold
Chengnu Lee

Tommy Lee
Zeng Choua Lee
Zeng Kong Lee
Ryan Leerar
Jay Lehman
Matthew Leichliter
Anthony Leo

Kasandra Lester
Stephanie Letze
Lynn Lewis Iv
Leslie Lewis
Richard Lewis
San Lo
Niki Loftus

Penny Long
David Lopez
Sondra Lore
Mark Lovan
Vanthana Lovan
Vince Lovanh
Alison Lowe

Kevin Lundberg
James Luong
Eric Luscombe
Justin Lyon
Nicole Mabrier
Joshua Markle
Angela Marlenee

Erica Martinek
Justin Mathias
Jonathan Mayse
Melissa McAleavy
Rebecca McAleavy
Kelly McCann
Shawna McChurch

Samantha McConnell
Jason McDonnell
Mason McElfish
Charles McFarland
Daniel McKee
Bryan McLaughlin
Patrick McMahill

Amanda McNeley
Colby McNichols
Monsais Medina
Wendy Mehl
Johnny Meislahn
Davanh Meksay
Alaina Mendez

Jairay Mendez
Breon Merrett
Tod Merrifield
Patti Michael
Shawna Miller
Jennifer Minikis
Timothy Moberg

Bopha Mom
Debra Montis
Jennifer Moore
John Moran
Angela Moreno
Robin Morris
Zach Mortice-Lowman

Josh Morton
Mathew Mosset
Aaron Mowery
Charles Mowery
Amanda Mullin
Rae Anda Nagy
Meyer Nece

Jessica Nelson
Clinton Nereim
Jason Newton
John Newton
Minh Nguyen
Joshua Noble
Rebecca Nordin

Brooke Nowadzky
Anna O'brien
Billie Ogburn
Jennifer Oliver
Christine Olson
Cecilia Ortega
Omar Otero

Angela Owens
Courtney Page
Ladawna Palmer
Sammy Palmer
Kirk Parker Jr
Shonna Parker
Mick Parsons

Corey Patton
Kevin Peck
Robert Petefish
Cassie Peterson
Joseph Pett
Dale Pettijohn
Larry Pettinger

Christopher Phillips
Linda Phongphetpannha
Krystal Pickett
Aaron Pinckney
Kari Pinta
Nicholas Piper
Oliver Powell

Jerry Praseuth
Kayla Pratt
Brandon Puchta
Erin Quigley
Steven Reben
Michael Redshaw
Michael Reese

Samuel Reese
Blaize Reha
Karena Reihsen
Brandi Reinig
Kellie Reuppel
Robert Reynolds
Jessica Richardson

Katherine Richardson
Cristy Riley
Barbara Risius
Dawn Ritchie
Jeremy Roberts
Tristana Roberts
Beth Robinson

Heather Robinson
Kathleen Robinson
Douglas Rodgers
Heather Roseberry
Stephanie Rover
Casey Saunders
Sherah Sawhill

Thomas Sawhill
Stefanie Schatz
Stacie Schietzelt
Gregory Schnoor
Christine Schreck
Lizabeth Schreckengast
Ryan Schuler

James Scott Jr
Scott Seaman
Constance Senn
Michael Sharon
Todd Sharp
Tiffany Shepard
Shannon Sherrard

Aaron Shipman
Chris Siembieda
Sheena Signs
Kirby Skeffington
Karl Sly
Amy Smith
Danielle Smith

David Smith
Jared Smith
Jennifer Smith
Jason Smothers
Amber Soderblom
Rebecca Soloman
John Sorter Jr

Heang Sou
Khanthaly Souvatrat
John Sparks Jr
Marie Stanley
Michelle Stanley
Misty Stanton
Michelle State

Angela Stewart
Evelyn Stewart
Nicole Stocker
James Swacker
Jessica Sweet
Lindsay Taylor
Meghan Templeton

Jessica Terrazas
Michelle Thayer
Tia Thomas
Adam Thompson
Heather Thompson
Souphin Thonesavanh
Allimesha Tiesman

Tanna Tilley
Phillip Tilton
Cassie Tonasket
Joseph Torrans
Adam Townsend
John Tulk
John Turner

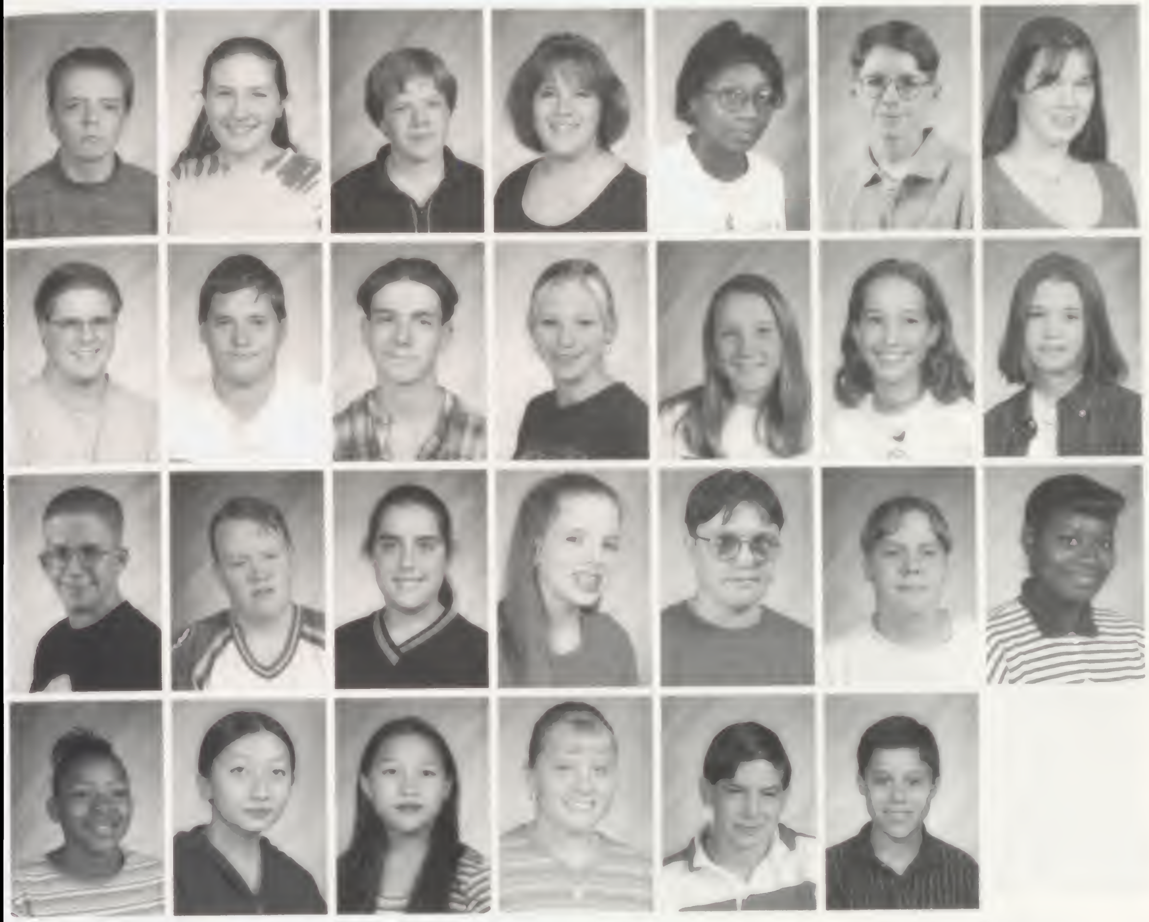
Jennifer Ung
David Valin Jr
Dana Van Horn
Sarah Van Tassel
James Vance Jr
Misty Vandermark
Terry Vang

Tria Vang
Jack Vansickle
Angela Vertz
Tod Wacht
Stephen Waldron
Trevor Waldron
Angela Waldschmidt

Amanda Walters
Heather Waltz
Tiffany Wares
Adam Warner
Amanda Warner
Erin Warren
Bradley Weber

Jack Weber
Kelli Welker
Ashley Weltzheimer
Cody Weltzheimer
Mindy West
Sara Westergaard
Christina Western

Amanda Whalen
Kenneth Wheeler
Bryan White
Heather White
Nichole White
Nicholas Whitehead
Angela Whitmore

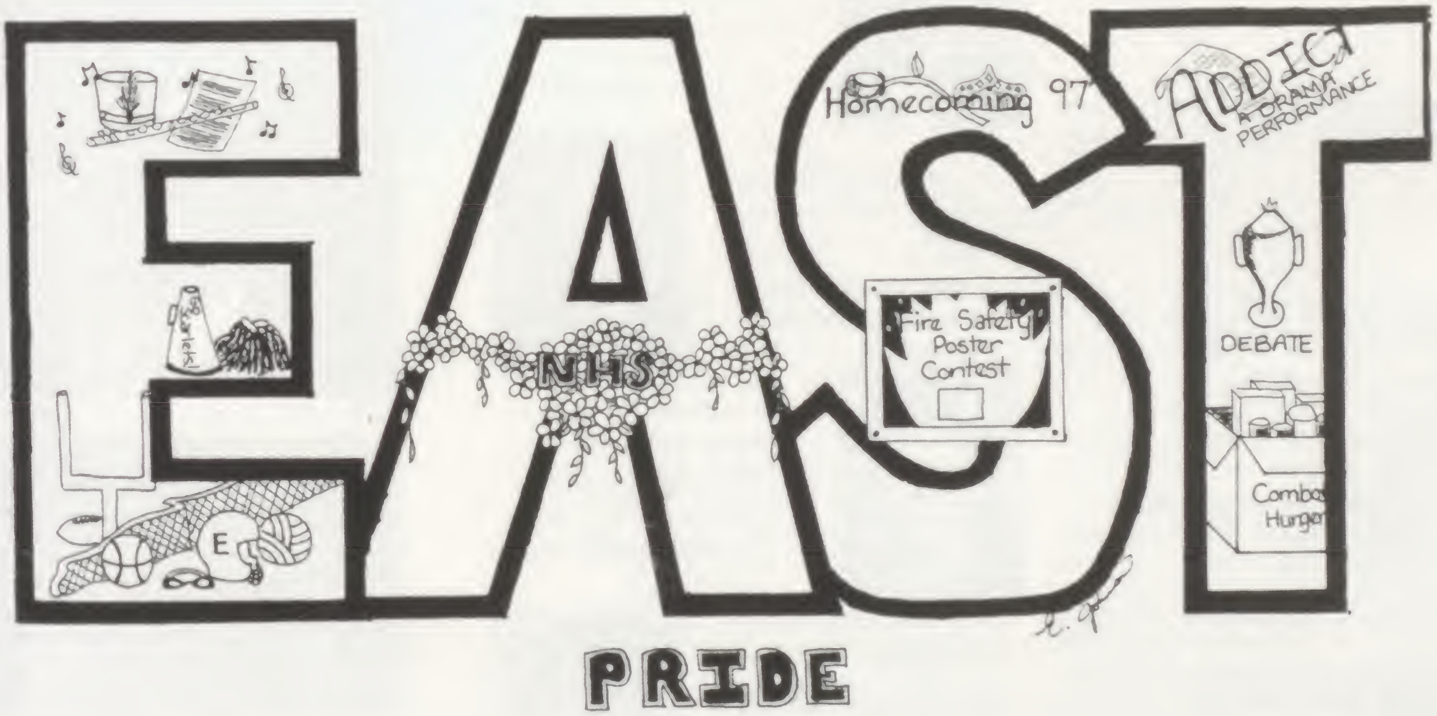


David Whitmore Jr
Stephanie Whitten
Zechariah Wicker
Patricia Wickersham
Cammie Williams
Craig Williams
Daeneile Williams

Jason Williams
Robert Williams
Toby Williams
Tigre Williamson
Carrie Wilson
Nicole Winebrenner
Karrisa Wing

Adam Winn
Michael Wolf
Nicole Wood
Stacey Wood
Richard Woodard Jr
David Worrall
Mildred Wright

Lasha Wyant
Luke Xiong
Pangtang Yang
Christina Yenzer
Steven Zarate
Richard Zubulake


EAST
Homecoming 97
ADDICT
A DRAMA PERFORMANCE
NHS
Fire Safety Poster Contest
DEBATE
Comba
Hunger
E
PRIDE

Bill Ackerman, **Soc. Sci.**
Polly Adam, **HI Psych.**
Donna Adams, **Fam./Con. Sc.**
Colleen Aldridge, **Assoc.**
Paul Allen, **Resource**
Montez Anderson, **Monitor**
Rhonda Anderson, **Assoc.**

Linda Baker, **Music**
John Bankus, **Soc. Sci.**
Pat Bannon, **Counseling**
Svetlana Baranova, **Assoc.**
Linda Berg, Fam./Cons. Sc.
Jeff Bock, **Graphic Arts**
D'an Boire, **Resource**

Ron Borstad, **English**
Janet Boyd, **Science**
Rollie Bramhall, **Physics**
Kathleen Brown, **MD SC**
Judy Brownsberger, **Sp. Ed.**
Jack Bryan, **Counseling**
Dana Buddecke, **Assoc.**

Ken Burgess, **Business**
Jim Bush, **Soc. Sci.**
Pat Bushong, **Secretary**
Kacia Cain, **Biology**
Pam Calaway, **English**
Barb Callaghan-Mitchell, **Interp.**
Bill Carlson, **Math**

If something could be different... what?

Attendance policy—after seeing students drop out and the change in grades due to absences.
— Jerry Stilwell

Having each student get more involved with the school—in class and out of class.
— Gary Jotzke

Seeing funding for additional programs and adding police officers to our staff.
— Donna Christensen

Attendance policy—students can't get an education if they're not at school.
— Ken Miller

SCHOOL BOARD. Front Row: Jane Hein, Vice-Pres
dent; Laura Sands, President; Dr. Gary Wegenke, Su
perintendent. Row 2: Marc Ward, Nadine Hogat
Harold Sandahl, Margaret Borgen, Mark Schuling

Story, Design: Angie Beason. Photojournalist: Monty Ross.

Bob Carmichael, **MC**
Matt Carter, **Assoc.**
Ted Christensen, **Soc. Sci.**
Jane Christenson, **Secretary**
Nancy Christy, **Counseling**
Lonnie Clark, **Registrar**
Bob Collins, **Soc. Sci.**

Marjorie Crawford, **Business**
Karen Cross, **Math**
Diane Crozier, **English**
Kathie Danielson, **English**
Dan Davis, **Math**
George Davis, **Phys. Ed.**
Mark Eaton, **Assoc.**

Samy El-Baroudi, **Business**
Diane Fleming, **Secretary**
Dennis Forker, **English**
Joanne Frank, **Counseling**
Jill Franke, **SUCCESS**
Keri Frommelt, **Science**
Ken Gaeth, **Phys. Ed.**

Ruth Ann Gaines, **Drama**
Marlia Gatto, **Assoc.**
Ann Ginther, **Resource**
Shirley Gooch, **Art**
Jerry Goodrich, **Art**
Don Graves, **Attendance**
Julia Hagen, **English**

Shaking hands after a PTSA meeting are mayor ***Preston Daniels*** *and vice-principal* ***Donna Christensen****. PTSA President* ***Connie Boesen*** *was also present at the event where Daniels spoke on how change in a community could begin with just a few people getting others interested and involved.*

Talking on the phone is the vice-principal's secretary, ***Diana Sheil****. She helped the vice-principals with a number of things such as enrollments, typing, suspensions, and answering the phone.*

What makes the school go round?

Students, teachers, and administration play a role in making the school go round. In a big environment such as a high school we'd like to believe there are no problems, but unfortunately there are.

"I dealt with discipline problems most of the time, which were anywhere from tardies and truancies to disruptive students," said Vice-Principal **Ken Miller**.

"Student management both good and bad make my job a challenge," said Vice-Principal **Gary Jotzke**.

Administration didn't deal with just behavioral problems, but also good things that keep the school running.

"Some things I was involved in were the building budget, staff development, student teachers, cheerleading, dancers, flags, PTSA, athletic supervisor, and campus monitors," said Vice-Principal **Donna Christensen**.

"I supervised before and after school, during passing periods, lunch and at athletic events that take place when school's out," said **Miller**.

As the school evolved, many authoritative figures gain satisfaction from those students who excel academically, athletically, or put forth the effort to excel overall.

"My job as a high school principal is fun when I see students do well academically, represent our school to the best of their abilities, and when students succeed in jobs and in college," said Principal **Jerry Stilwell**.

Jeff Hall, **Tech. Ed.**
Kathy Hansen, **Spanish**
Nancy Hansen, **Business**
Dena Harms, **Math**
Mark Hawkins, **Instr. Music**
Deann Hebert, **Fam./Con. Sci.**
Jim Hickman, **Math**

Patricia Hill, **Assoc.**
John Hodson, **Government**
Ann Hoehle, **Library**
Patty Hoffman, **Counseling**
Deb Hoksbergen, **Assoc.**
Anita Holmes, **Soc. Worker**
Nancy Holmes, **Photo**

Andy Howard, **Phys. Ed.**
Daria Huang, **Math**
Jodie Huntoon, **Interp.**
Mark Hurley, **Phys. Ed.**
Larry Hutzell, **Chemistry**
Terry Johnson, **Bookkeeper**
Russ Junck, **Tech. Ed.**

Donna Kain, **Interp.**
Mary Jane Kaldenberg, **Bus./OE**
Dolores Keith, **Span./Eng.**
Ed Kelly, **Journalism**
Beth Koubsky, **Interp.**
Virgil Larsen, **Math**
Carole Larson, **Phys. Ed.**

Breaks Are Cut Short

Pizza boxes. Fast food wrappers. Broken glass. What do these three things have in common? They are all items found strewn among the cars in the student parking lots at the end of the day.

This is just one more problem for the custodial staff, who already have their hands full maintaining the inside of the building. This year the parking lot waste became a more serious problem than usual because of a shortage of custodians.

The custodial staff has been short from one to five people every day this year, out of a total staff of seventeen.

Within the first few weeks of the school year several of the custodians left the school for various reasons, such as chronic health problems, a broken leg, finding other jobs outside the district and deaths in the family, according to Principal **Jerry Stilwell**.

The loss of help was only compounded by the fact that the main building is nearly 90 years old and in constant need of maintenance.

"This building has a lot of character. If you don't keep up on the small things they turn into big things real quick," said **Stilwell**.

The custodians, headed by new building manager **Butch Pickett**, did their best to keep up in spite of the shortage.

"Beyond just not having things cleaned, it lowered our staff's morale," he said.

This is **Pickett's** first year as building manager. He graduated from East in 1975.

"I wanted to come back and keep this place clean; a place that the students can be proud of," he said.

Life for our custodians is not all stress, however.

"I really enjoy the people I work with," said custodian **Bruce Miller**.

Because of Small Staff

Story/Design: Ryan Cook. Photojournalist: Jennifer Breese.

Judy Larson, **Soc. Sci.**
Anda Liepa, **English**
Lowell Long, **Science**
Susan Lorence, **French**
Carol Lortscher, **Secretary**
Derek Lounsberry, **Math**
Barb Madden-Bittle, **Nurse**

Marjorie Mayes, **Secretary**
Chris McMurray, **Sp. Consult.**
Marty Mohler, **Tech. Ed.**
Ken Morton, **MC**
Don Murphy, **Social Studies**
Linda Nemmers, **Math**
Ted Nemmers, **Resource**

Debbie Neustadt, **Science**
Randy Nordaker, **MD SC**
Dale Ogle, **Work Study**
Bill Oleson, **Tech. Ed.**
Harold Olsen, **Counseling**
Elaine Peterson, **Business**
Phyllis Phoenix, **Business**

Butch Pickett, **Bldg. Mgr.**
Jean Pillers, **Counseling**
Ric Powell, **Athletic Dir.**
Ned Rasmussen, **Tech. Ed.**
John Raymond, **English**
Griff Reese, **BD SC**
Claudia Richards, **English**

Displaying his superhuman strength, custodian **Steve Barnes** *moves a desk down the basement hallway in the main building.*

On the stairs between the main building and east wing, custodian **Bruce Miller** *prepares to change a light bulb. The custodians must change countless light bulbs each year to keep the school in the light.*

Showing his computer skills, building manager **Butch Pickett** *does some record keeping in his office.* **Pickett** *leads his staff of 17 from his office in the basement.*

Custodial Staff

Night Shift
Jason Kono
-1st Assistant
Michael Mitchell
Robert Barnes
Bruce Blome
Sarah Coats
Carolyn Freland
Joe Leo
Richard O'Brien
Savin Thatch
Lawrence Storm

Day Shift
Butch Pickett
-Bldg. Mgr.
Gegory Downs
Bruce Miller
-2nd Asst
Steve Barnes
Ronda Ault

Clark Roberts, **Math**
Andrew Rosene, **Spanish**
John Rudisill, **Science**
Judy Rush, **English**
Scott Ryan, **Monitor**
Annette Ryun, **Science**
Linda Saddoris, **English**

Kathy Sams, **Assoc.**
Al Schatz, **Assoc.**
Carla Schimelfening, **Math**
Carla Sears, **MD SC**
Cindy Selden, **English**
Margaret Severino, **Spanish**
Jill Shaeffer, **Speech**

Diane Sheil, **Secretary**
Lawrence Smith, **MC**
Vidal Spaine, **Resource**
Diana Spooner, **MC**
Ada Stafford, **AV**
Don Starcevich, **MC**
Carolyn Strickler, **LD Res.**

Chuck Sutherland, **Phys. Ed.**
Jennifer Swartz, **Orchestra**
Mike Teale, **Monitor**
Stan Thompson, **Government**
Dale VandeHaar, **Library**
Fred Vanderley, **Soc. Sci.**
Jim VanTuyl, **Soc. Sci.**

WAKE UP AND SMELL THE BREAKFAST

CAFETERIA STAFF. Front Row: Dixie Heimbaugh, Ruth Foster, Denise Sigars, Kathy Wonders, Jackie Gibson, Beverly Johnson, Marketa Welch, Barbara White. Back Row: Wanda Stoner, Kathy Clater, Mae Smith, Lorraine Massey, Geneva Hanson, Norma Toigo, Grace Devilbiss, Delores Weeks.

Everyone seems a bit busy these days. People run out of the house in the morning forgetting the "most valuable meal of the day, breakfast," said cafeteria manager **Delores Weeks**.

But actually it's okay to forget to eat breakfast at home. East High is one of the few schools with a breakfast program.

Prior to this year, there was only one choice for breakfast. This year, the cafeteria staff and the student committee worked together and decided that there should be more variety. Now, there are four different choices, each coming with milk, fruit or juice.

"I like eating breakfast here because it's good, it's only 80 cents and I like the service," said junior **Frankley Lem**.

For 80 cents people could enjoy breakfast at school and for only $1.60 they could choose from a variety of choices for lunch.

Another change in the program are the 10 to 11 entree choices for lunch. The lunches can be purchased on a tray, in a sack, box or chosen from 30 a la cart offerings.

"Lunch here isn't bad like people say it is. Personally I enjoy lunch because there are more choices that I like," said senior **Siaolong Southammavong**.

"I feel like it's the best value in town for your money," said **Weeks**.

The cafeteria is staffed with pleasant people who devote their time to making breakfast and lunch for over 500 people daily.

"We like what we do and we love the kids," said **Weeks**. "Dixie (Heimbaugh) loves the kids, 99% of the kids are great and the other 1% we assume are just having a bad day."

Story/Design: Tina Inthavong, Photojournalist: Sara Cambell.

Joyce Vickroy, **Phys. Ed.**
Somkong Vong, **Math**
Gretchen Watznauer, **Fam./Cons. Sc.**
Delores Weeks, **Cafeteria Mgr.**
Mary Westover, **English**
Steve Wetter, **Psychologist**
John Williams, **Speech/Debate**

Fannie Wilson, **New Horizons**
Mel Wilson, **Soc. Sci.**
Patty Wilson, **Resource**
Chaney Yeast, **SUCCESS**

HUH? WHAT IS IT?
!

With many years of experience, ***Norma Toigo*** *prepares the burgers with perfection. Her enthusiasm toward feeding East High students is present to this day.*

Taking a break from all the hard work from breakfast, ***Babara White*** *and cafeteria manager* ***Delores Weeks*** *forks up a pose.*

NOW....

Most likely to....

- Play professional football—**Tim Page**
- Become the first lady from East to be in the WNBA—**Maya Coleman**
- Be broke for the rest of his life—**Drew Davis**
- Die in a car wreck—**Sarah Halsten**
- Throw a free -for -all party—**Jason Shootman**
- Watch "Days of Our Lives" forever—**Jill Nowadzky** and **Amanda Grant**
- Be a cult leader by the year 2000—**Amy Banks**
- Move away from Iowa and never come back—**Angie Gilbert**
- Be on a cover of a fitness magazine—**K.P. Phaydavong**
- Be the first woman President—**Elizabeth Govoni**
- Live on the East Side forever—**Chris Flagg** and **Frank Ewurs**
- Have 10 kids—**Bethanie Roof**

Cliff jumping in Colorado was a blast for seniors ***Amanda Grant*** *and* ***Angie Beason****. They took a vacation to the Golden State in between their freshman and sophomore years.*

Seniors ***Anesha Franklin*** *and* ***Maya Coleman****, along with Maya's mother and sister, enjoy a basketball game and spending time together.*

Story/Design: Jill Nowadzky.

& THEN

Trying to keep warm and yet still having fun, these freshmen, now seniors, always cheered the Scarlets on to a victory.

Goals for the future.....

·Go to college and major in liberal arts, then move in with Will Smith. — **Anesha Franklin**

·Become a teacher and live out my life-long goal. — **Jennifer Lamb**

·Go to college to help disabled kids. — **Angie Bolio**

·Get drafted by the Yankees just like my uncle Darrell. — **Kenneth Rodine**

·To get a loan from the bank and buy every possible number for the 100,000 cash game. Then take my winnings and buy every possible number for the Powerball and retire at age 21. — **Chris Merten**

·Work in a national hospital as an information health care manager. — **RaShawnda Gardner**

·Make money. — **Martina Carr**

·Be a good worker and an honest man. — **Kalpesh Patel**

·Own my own body shop. — **James Beeman**

I remember when....

·The first day of school my freshman year I tripped and fell down the South Wing stairs, everyone stared and laughed—what a good impression I made. — **Angie Clater**

·**Andy Anderson** faked a heart attack in chemistry class last year when we had a substitute. — **Nick Smith**

·Mr. Christensen use to bring his guitar and sing in class. — **Andy Padgett**

·**Josie Owens** and I got a flat tire and we drove about 15 miles on it because we didn't know how to change it. — **Megan Hill**

·I danced in front of the whole school at the Homecoming assembly. — **Joe Florez**

·Travis Farley shot me in the hand with his BB gun, but it was an accident. — **Erika Olson**

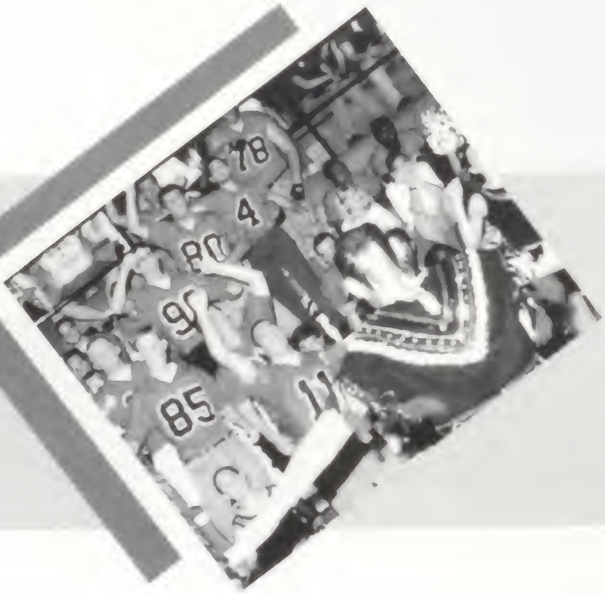
·In seventh grade **Amanda Grant** did an out-jump and ripped the butt out of her jeans. — **Laurie Brown**

·I was in Show Choir and I tripped over my own feet and fell. — **Beth Lamb**

·Geraldo (the hall moniter) got stabbed. — **Bryce Landers**

·East beat Dowling this year in wrestling. — **Derek Donaldson**

The tassle's worth the hassle! These tassles were sold by Herff Jones for $5 in mid - November.



Students have many different ideas for activities to entertain themselves and their friends, things that range from studying to pep assemblies. Some of the many activities throughout the year were sidewalk painting, car bashing, and "Silly Olympics."

Story/Design: Jill Nowadzky. Photojournalist: Jason Milligan.

Look beyond the walls of East High and what do you see — hundreds of kids who know how to have a good time.

School isn't just about classes and homework, it's also about people and their everyday lives.

Whether it's going to parties, your first dance, having a boyfriend or girlfriend, going on vacation, experiencing your first concert, getting your driver's license, or just hanging out with your friends, this is the time in your life where you have to make the decisions that will decide what kind of person you will be.

Throughout our lives we experience new and different things. We make memories that will last a lifetime.

High school is a time to make friends and really get to know yourself and who you want to become in life.

These really are the best times of your life but you'll never know until you look inside yourself.

Finding the Scarlet Inside of You

Meet the Flintstones! This modern stone-age family consists of junior **Stacey Zelenovich**, and seniors **Jason Irvin**, **David Suggett**, and **Kate Olson**. These yabba-dabba-duos won best group award.

It's a crowded shower! Seniors **Jennifer Weeks**, **Jayne Corbin**, **Julie Johnson** and sophomore **Jared Platt** all gather for a cool snapshot in senior **Jared Rose's** human shower. **Rose** won best individual costume.

Juniors **Brad Cochran** and **Bryan Shepherd** decided to go with more traditionally spirited costumes. Was it the sheets that kept attracting people to them, or were they just trying to find out who those ghostly guys were?

Junior **Beth Drey** and sophomores **Anna Jones** and **Leslie Olson** take time out from boogying to pose for a sweet snapshot. This triple threat proved to everyone that CAVEGIRLS RULE!

This cute quartet from the Land of Oz had people looking for the Emerald City. Seniors **Josie Owens** and **Megan Hill** had a great time with junior **Kyle Williamson** and friend Josh Olsen. They also won for best group ensemble.

Story/Design: Stephanie Gibb. Photojournalist: Mullica Studios.

GH SCHOOL
SK-A-RADE 1997

LOOK! LIONS & SHOWERS & CAVEMEN — *Oh My!*

The term "all dressed up and nowhere to go" doesn't apply to the participants at the Halloween Mask-A-Rade Party that was held on Saturday, Oct. 25 from 8-11 p.m.

"We wanted to promote more fun and school-spirited activities for the students," said PTSA secretary Jane **Christenson**.

The PTSA sponsored the event and had help from several school-oriented groups and the EHS photo classes. Younkers donated most of the decorations, and many parents came out to help with the festivities.

*St. Peter would roll over if he saw seniors **Vanessa Kinnear** and **Elizabeth Govoni** posing for this pic showing off their good nun, bad nun costumes!*

"The parents really helped to make this dance a lot of fun," said senior **David Suggett**. "My mom was the fortune teller!"

According to the 130 boys and "ghouls" who attended, the dance was a blowout and was voted to be a new annual celebration for everyone.

"The dance was so much fun," said junior **Stacey Zelenovich**. "Even though it was the first year, there was a great turnout!"

Dancing wasn't just the only thing the kids were doing. There were several activities like getting pictures taken either in the "graveyard" or in a city sky-light scene. Everywhere, costumed students of every kind were standing in lines for fortune telling or the favorite past-time, bobbing for apples.

Kids "boo"-gied down to the sounds of Complete Music courtesy of alum **Branden Herrera**, and voted their picks for the best-dressed guys and gals. Individual winners were alum **Justin Platt** as an old woman with a baby, and senior **Jared Rose** as a human shower.

The dual team winners were seniors **Elizabeth Govoni** and **Vanessa Kinnear** for their "good nun, bad nun" performance.

The group prize went to "The Flintstones" and "The Wizard of Oz" characters.

"I liked everyone's costumes, but mine was the best of all," said junior **Franz Whitfield**. "I was LL Cool J!"

"We would just like to thank all of the parents and staff members who helped out," said PTSA president **Connie Boesen**. "They were dressed up and had just as much fun as the students did. Everyone made the night go great!"

IT IS KIND OF SCARY TO SEE ALL OF THESE BOYS AND GHOULS DOING THE MONSTER MASH AND BOBBING FOR APPLES. OR EVEN JUST HANGIN WITH FRIENDS. BUT FOR THE STUDENTS AT THIS PARTY, THE COSTUMES WERE THE ONLY DISGUISES.

History of Homecoming "Dress-up" Days.

'77	Flag ceremony and school campus dedication
'78	Dress - up day and Stripe and Check Day
'79	T-shirt Day and Cake Decorating
'80	Color Day and Guessing Players baby pictures
'81	Grub day and Hat Day
'82	Hat and Shade Day and Bonfire
'83	Dunk tank and Punk Prep Day
'84	50's and 60's Day and Almost anything goes Day
'85	Twin Day and Cowboy/ Indian Day
'86	Nerd Day and Wild and Crazy Day
'87	Beach Day and Generic Day
'88	Hawiian Day and Hippie Day
'89	T-shirt, Shades, Hat, Boxer Day and Dress-up day
'90	Boot, Hat, tie Day and Carnival
'91	Sports T-shirts and hat Day and Woodstock Day
'92	Gender Bender Day and Car Parade
'93	Cowboy/Farmer Day and Jamaician Day
'94	Nerd Day an d Street Painting
'95	Teepee-ing and 60's day
'96	Pajama day and Clash Day
'97	Get up and go Day and 80's Day
'98	**Wacky Olympics, Car Bash, Idol Day, Twin Day, Bonfire, Street painting**

Story/Design: Courtney Reeves. Photojournalists: KT Harrington, Tricia Forest, & Mullica Photo Studios.

*Captain **Jason Irvin** tackles one of Lincoln's players. The three captains this year were seniors **Tim Page**, **David Suggett**, and **Irvin**.*

*Seniors **Tascha Torgeson**, **Bethanie Roof**, **Mike Higgins**, **Mystie Cook**, and **Laurie Brown** all grab their dates for a group shot. All five are planning to go to college next year.*

*Senior **Chris Flagg** walks to get a swig of water after a tough play, while the rest of the team watchs the game intensely hoping for a win.*

A few of the junior girls leave their dates to get in a picture together at the dance. ***Megan Staley, Meggan Cardines, Amanda Conlin, Shawna Lore, Nicole Poland, Sara Kelly,*** *and* ***Bridget Lee*** *have been friends for 3 years.*

Homecoming Not Just A Game AnyMore

For Homecoming, everyone runs around trying to find the perfect outfit and a flower for their date. But most students never consider the people who come to school first to get things ready for the dance.

"I'm the president for the Student Government, so I had to come to school to put up balloons, streamers, and the wall signs. I think it was harder for me to get ready this year more than any other year because I had to decorate," said senior **Amber Devan**.

This year a lot of lucky people didn't expect to be picked for the royal court at all. To even be considered is a big deal to most seniors.

"To me it meant that I was a part of our school's history, and I didn't realize how many friends I have," said senior **Travis Head**.

Some of the couples that were chosen for the court are together in real life.

"Being chosen as the sophomore representative was really exciting. I'm the only person in my family that has had this honor; not only that but I was with the girl I love, sophomore **Angie Cupp**," said sophomore **Josh Taha**.

The game ended in a loss to Lincoln; the final score was 14-28.

"This year I think people thought that we had a chance. So I think more people cared about the game, than in past years when hardly anyone came to the game. Even with our loss, we still kept our heads held high," said senior **Jason Irvin**.

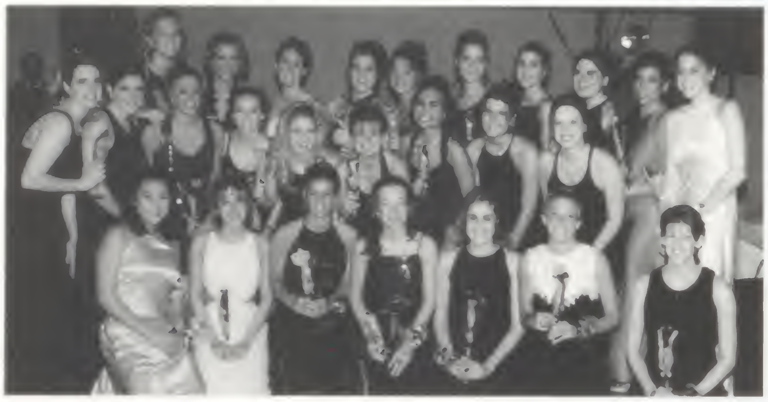
Senior **Kate Olson** and her sister, sophomore **Lesley Olson**, pose at Homecoming. Both girls participated in student government and helped put up balloons for the dance.

HOMECOMING OVER THE YEARS HAS CHANGED. IN THE OLD DAYS THE GAME AND THE WEEKLY EVENTS WERE THE MOST IMPORTANT THINGS. BUT OVER THE YEARS WE CHANGED OUR IDEA EMPHASIS HOMECOMING MORE TO THE DANCE THAN THE GAME.

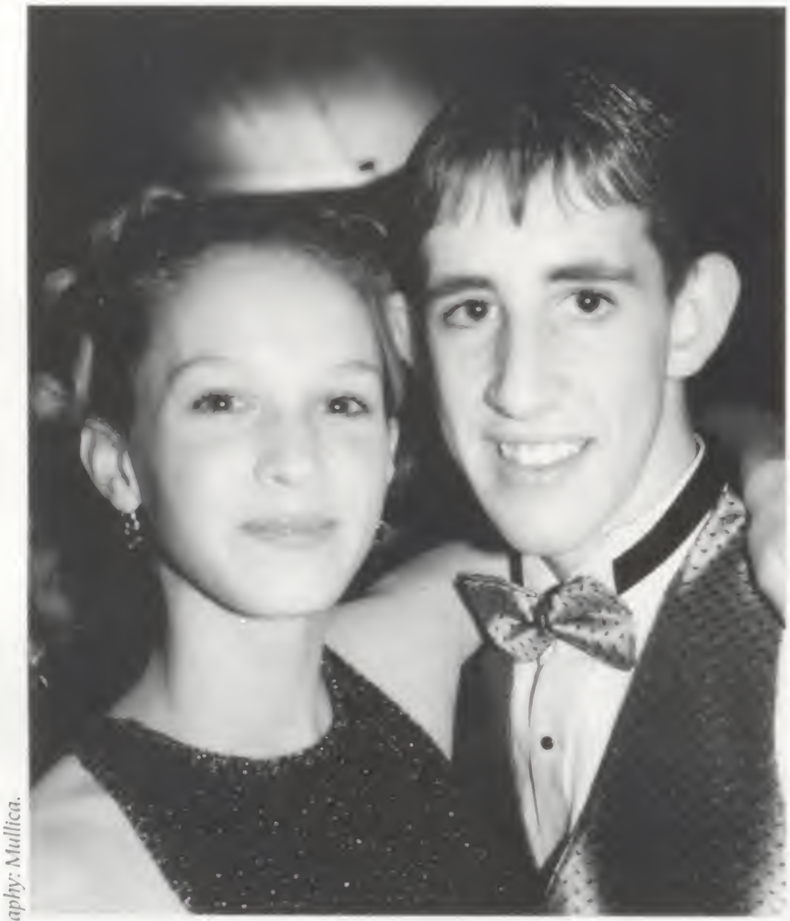
GUESS HOW MANY HOMECOMING FOOTBALL GAMES HAS OUR FOOTBALL TEAM WON IN THE LAST 20 YEARS?

5 - Senior	*Amber Devan*
7-Senior	*Jenny Booth*
8-Junior	*Tara Mathews*
8-Freshman	*David Lopez*
7 - Junior	*Justin Bolander*
3 -Senior	*Jason Irvin*
9 -Junior	*Amy Forkner*
10 - Senior	*Travis Head*
15 - Sophomore	*Angie Cupp*
5 - Sophomore	*Josh Taha*
5 - Junior	*Megan Wall*
10 - Senior	*Jimmy Marker*
13 - Senior	*Elizabeth Govoni*
5 - Senior	*Khamnoy Sipaseuth*
7- Junior	*Panda Ferrell*
1 - Junior	*Dan Randell*
9 - Sophomore	*James Grasso*
2 - Junior	*Andy Powell*
7 - Junior	*Brad Cosner*
13 - Senior	*Kevan Murphy*

Answer:
They have won 14 games.



12-B. Front Row: Sherry Kittihoune, Bethanie Roof, Jennifer Weeks, Kari Teske, Kate Pagel, Julie Johnson, Jessica Randolph. Row 2: Holly Reese, Elizabeth Govoni, Jill Nowadzky, Beth Gale, Angie Beason, Josie Owens, Raychelle Puchta, Keri Sawhill, Kate Wieck. Back Row: Megan Hill, Tricia Forest, Kate Olson, Jenny Booth, Rickie Carlson, Tessa Hill, Crystal Leach, Amy Nemmers, DeEnda Lopez, Amy Forkner. Not Pictured: Nicky Atkinson, Landna Baccam, Jenny Breese, Sarah Christenson, Jayne Corbin, Amber Devan, Christi Fetters, Amanda Grant, Renee Hesseltine, Erin O'Conner, Becca Stamper.



*Getting acquainted with each other, sophomore **Leslie Olson** and junior **Brad Cochran** seem to hit it off really well. 12-B is a dance for juniors and seniors, but underclassmen can go as long as they are in attendance with an upperclassman.*

Story/Design: Amanda Grant. Photography: Mullica.

All the time and preparation that the chairs, hosts and hostesses did really paid off. The chairs got to The Garden Cafe at the Historical building early in the morning to help decorate and move tables.

The chair from this year posed with the new hostesses. "It was a tough decision for us to choose who we wanted to be the chairs for next year, but I think we made the right choice," said senior **Julie Johnson.**

T'WAS ONE ENCHANTED EVENING

Dressing up in elegant evening gowns and tuxedos and going to fancy restaurants was one part of the evening of this year's 12-B dance on Dec. 20.

"My date **Travis Head** and I doubled with **Amy Nemmers** and **Nick Menough**. We ate at Nana Leones. I was excited about getting all dressed up because we only get to do that for prom," said senior **Beth Gale.**

"One Enchanted Evening" was the theme for the night and the colors were royal blue and silver.

"It took a lot of time and preparation," said chairperson and senior **Julie Johnson**. "Bertha Butts decorated everything for us, but I was still stressed out."

The hosts and hostesses sold tickets for $30 to couples.

"In the past, tickets were cheaper than this year. We had extras to buy this year. The decorations, food and the DJ cost a lot more than we expected," said chairperson and senior **Jennifer Weeks.**

The dance had many highlights, including picking new chairpersons for next year.

"I'm really excited about being one of the chairpersons for next year. I'm sure **Jessica (Randloph)** and I will do a good job," said junior **Amy Forkner**. "We have a lot of work to do, but I can't wait."

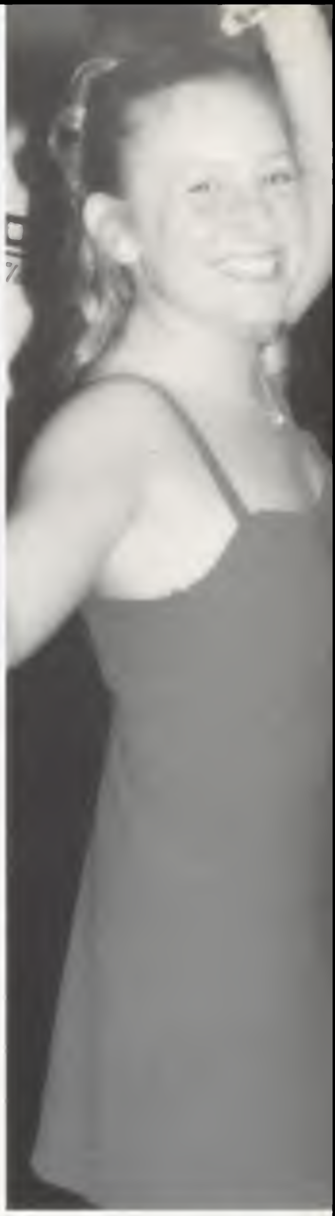
This year was a change for the hostesses because a male's face was added to their rankings, a change in tradition. Senior **Erin O'Conner** was the only male host for the dance this year.

"I thought it would be cool to be a host. Guys never get that involved with the dances, and I wanted to do something different," said **O'Conner.**

Enjoying themselves, senior **Brady Shanahan** and boyfriend, **Joe Smith** take time out from dancing. Students go to the dance as couples, some go just as friends.

JUNIORS AND SENIORS HAD AN ENCHANTED EVENING DANCING TO "HOW DO I LIVE" BY LEANN RIMES. MANY STUDENTS WORE SILVER AND ROYAL BLUE TO MATCH THE THEME COLORS OF THE DANCE.

howing off their manly selves are sophomores ***Kerrin Baker*** *and* ***Nickelle Stevens****. Spree was normally a girl-ask-guy dance, but a guy could always ask a girl to Spree, too.*



hat a mack! Junior ***Ben Cowie*** *is surrounded by his senior dates* ***Jennifer Weeks****,* ***Raychelle Puchta****,* ***Amanda Grant****,* ***DeEnda Lopez*** *and* ***Julie Johnson*** *as they pose with flowers in their mouths while waiting to be introduced. The song of the evening was "Wonderful Tonight" by Eric Clapton.*

EAST HIGH SCHOOL
SPREE 1998

haring their royalty, senior queen ***Megan Hill*** *gives her man, junior attendant* ***Kyle Williamson****, a hug. There were two queens at Spree who had to share their crown for the evening.*

Story/Design: Landra Baccam. Photojournalist: Mullica Studios.

eturn of 'Spice World' went through the minds of seniors ***Keri Teske****,* ***Kate Olson****, junior* ***Beth Drey****, seniors* ***Beth Gale****, and* ***Amy Nemmers****. Spree wasn't a formal "date" type dance, it was more of a "friend" type dance.*

aiting to hear the winner was intense for all the royalty candidates. Spree '98 was a different kind of dance with more than just the traditional colors of red and white. The colors were red, green, yellow and blue.

TWO QUEENS 'SOMEWHERE OUT THERE' TONIGHT

It was a wonderful night on Saturday, February 7 because "Somewhere Out There," there were two beautiful queens to be crowned. Two queens — no way! Yes, way, especially at Spree 1998. The two special ladies of the night were seniors **Ashley Inthalangsy** and **Megan Hill**.

"I didn't mind sharing my royalty title because there were no hard feelings," said **Inthalangsy**.

"It was weird, but it was also a good thing, too, because then nobody would've been disappointed," said **Hill**.

They both got the chance to dance to their song, "Wonderful Tonight," by Eric Clapton, with their lucky king, senior **Kal Lovan**.

"It was kind of weird to have two queens, but I didn't really mind," said **Lovan**.

Although it was the first time ever in the history of East High to have two queens, many approved.

"It was unusual, but it was also great because both girls represented the title well," said junior **Manila Lovanh**.

Though this year was a time of change, some didn't feel like changing yet.

"I didn't think having two queens was right because only one girl should've won. There should've been another vote," said freshman **Corey Patton**.

Even though history was made, the dance was a happenin' place to be on that Saturday night.

"I enjoyed myself more at this dance than I have before at any other dance because the music was great," said junior **Nophalak Meksay**.

Besides making Spree a "date" with a significant other, many made it a social outing with close friends.

"Some of my friends and I didn't want to take dates so we decided to dress up as the Spice Girls," said senior **Amy Nemmers**.

"I had a lot of fun, but next year I'm going with my friends," said freshman **Amy Goddard**.

The king, senior **Kal Lovan**, shares this night with one of his queens, senior **Ashley Inthalangsy**.

THIS YEAR WAS A YEAR OF CHANGE AT SPREE '98. HISTORY WAS MADE ON THE NIGHT OF FEBRUARY 7, 1998. THE COLORS WEREN'T THE ORIGINAL RED AND PINK, THEY WERE GREEN, RED, BLUE, AND YELLOW. THERE WAS ALSO A FIRST-TIME CROWNING OF TWO QUEENS.

HIGH SCHOOL
PREE 1998

A NEW KIND OF SPEECH AT EAST

Imagine your life without any noise...just silence. What would your life be like? With the help from interpreters and a language consisting of hand signs, deaf and hard-of-hearing students go through each day of school just like the rest of us.

Actually, communication isn't a very big problem for them.

"Their hearing doesn't relate to their abilities," said teacher and program coordinator **Barbara Callaghan-Mitchell**.

The deaf and hard-of-hearing program started over twenty years ago. Students attended Roosevelt HS, but this past fall students have been able to come East. Lucas, Callanan and for the past three years, Hiatt Middle School also has had a program.

"One reason we are here at East is to make it better. Many students went to Lucas and know sign language. Hopefully there will be more interaction," said **Callaghan-Mitchell**.

In the mainstream high school program, the interpreters are: **Jodie Huntoon**, **Donna Kain**, **Beth Koubsky**, and **Dana Buddecke**.

"It is a neat experience," said **Huntoon**. "Everyone has been very supportive."

Sophomore Eric Prusick, who was born deaf, learned to sign at Lucas Elem. at the age of four.

"When I first started it was hard, but it makes my life a lot easier," said **Prusick**. "I feel embarrassed when people look at me when I sign. I just write things down if people don't understand."

Would you like the idea of having an adult involved in your conversations?

"Sometimes they can be in the way, but they are there to help," said sophomore **Sarah Benesh**.

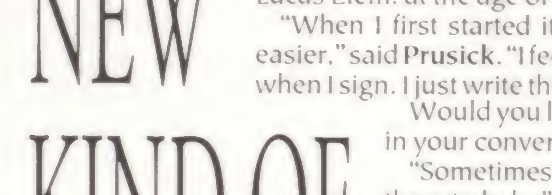
Benesh has partial hearing in her left ear, but doesn't have much trouble communicating with others.

"I hear and speak so people understand me most of the time," said **Benesh**.

"The biggest satisfaction is seeing kids graduate from high school, go to college, and become taxpayers. That is their satisfaction and the ultimate goal. Then we have been successful," said **Callaghan-Mitchell**.

Interpreting for the students, interpreter **Jodie Huntoon**, helps them through their classes. With help, the deaf and hard-of-hearing kids experience a normal day.

THIS IS THE FIRST YEAR DEAF AND HARD-OF-HEA STUDENTS ARE ABLE TO ATTEND EAST. WITH HELP FRO INTERPRETERS THESE STUDENTS GO THROUGH EAC JUST LIKE THE REST OF US.



The American Manual Alphabet: "Good Luck Seniors"

Working in class, interpreter ***Jodie Huntoon*** *helps by signing the information being put into notes. This was the first year hearing impaired students were able to attend East.*

Story/Design: Amy Klopfenstein. Photojournalist: Kt Harrington.

Signing the message, interpreter **Dana Buddecke** lets the students know what is being said. Lucas Elementary, along with Hiatt and Callanan Middle Schools, also have a signing program.

Explaining what the teacher is saying, interpreter **Dana Buddecke** is a great deal of help in the classroom. The deaf and hard-of-hearing program started over twenty years ago.

Concentrating on getting the message across, interpreter, **Jodie Huntoon** tries to sign all of the information being said. Some of the students have partial hearing and don't have much trouble communicating with others, while other students rely mostly on sign language.

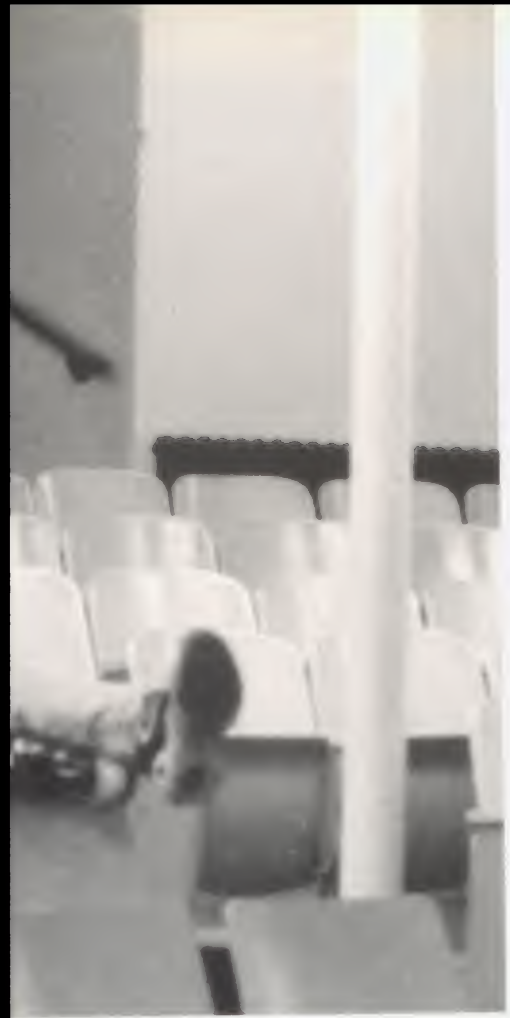
Seniors **Gina Siders** and **Billy Sevenbergen** go over their lines and blocking while rehearsing their scene. The two played opposite each other as a couple with a taste for mixed drinks.

On a break from rehearsal, senior **Emily Vanhorn** and junior **Josh Belcher** take time out to lounge on the comfy seats in the auditorium. The two best friends and co-actors often gave each other tips for their scenes together.

Junior **Marlisha Slaughter** knows that the key to having a great show is knowing your lines. It paid off with her riveting performance as Luisa, a ghetto girl with a huffing fetish.

"You can't pull him off the stage" junior **Josh Belcher** says to seniors **Kt Harrington** & **Billy Sevenbergen** as they take a break. The cast often clowned around during breaks during night rehearsals, just too keep their sanity.

Story/Design: Stephanie Gibb. Photojournalist: Kt Harrington.



*Can you hear us now?" is what seniors **Kailee Mauk** & **Gina Siders** are thinking while they are waiting for junior **Robert Moore** (off to the far right) to give them their sound cues. The music and sound made the play more realistic and successful.*

A LOOK IN THE FACES OF "ADDICTS"

Looking into themselves and trying to find the person they want to be is usually the hardest thing a teenager will ever do. But for the actors in **Ruth Ann Gaines'** theater arts class, the hardest thing they've had to do is put together a play portraying real-life people who all have one thing in common.

The group decided to do a play with more impact than the ones they've performed in the past. So they chose the strongest and most deadly of subjects—the life of teens addicted to drugs and alcohol.

"I think the most important thing about this play was that these were real kids with real problems who proved that drugs don't make you invincible," said junior **Shannon Kingrey**, who played Janis, a super-tripper with a knack for cocaine-laced joints.

And indeed these kids proved it to what started out as a less-than-interested audience that moved around in their seats and nervously whispered "Shhh!" to their peers. The show sold out at a whopping 355 tickets, making it one of the very few shows the drama department has ever sold out.

*Junior **Michelle Colvert** stops for a sweet snap shot. The audiences had the pleasure of hearing her during the play as an announcer.*

The play received a "perfect" rating from the district's Language Arts Supervisor **Jerry Wadden**.

December 4-5 came, after months of working hard day and night getting every quality of their characters perfect, the cast and crew were finally ready. The long nights of learning lines and blocking in between studying and sleeping had finally paid off.

There were a few changes to the show, which, according to both the cast and crew, were a big improvement.

"The thing that I changed for this play was not having a curtain call at the end. I wanted people to realize that once you cross that line of making the ultimate sacrifice, you don't ever come back. It's not a joke, it's for real. It's your life," said **Gaines**.

Because of the newly-found fame of the play, the class was invited to give several city-wide performances during second semester.

"This play is very different from the usual *Good Time Gang* point of view on drugs. Nowhere in this play do you hear or see any of the characters say "Just Say No!" It doesn't fit anymore to tell someone that, you have to show them the reality of what doing drugs really is," said senior **Gina Siders**, who played Michelle, a drunken teen who tries to impress a guy by popping pills and mixing drinks.

Perhaps the best way to sum up the play came from senior **Emily Vanhorn**, who portrayed one of the teens.

"For two hours, there was no other reality for those actors or those 355 people than that stage."

A SILENT MESSAGE THAT WILL ONLY BE HEARD BY THOSE WHO CHOOSE TO HEAR IT. FOR A CLASS OFTEN CONSIDERED IMAGINATIVE, BUT UNREALISTIC IN VIEWS, THIS GROUP BROUGHT THEMSELVES AND EVERYONE ELSE INTO THE REALITY OF THEIR LIVES. IT MADE PEOPLE LOOK INTO THE FACES OF ADDICTS.

The Scarlet Dance Squad, Mimes, and JROTC are just a fe of the many organizations inside EHS. JROTC meets dai at North or Hoover, depending on the branch of th military. Pictured above are the EHS members of the Arm JROTC Red Bull Battalion: ***Diana Dooley, Chad Olson Loren Stier, Rusty Roustio, Evan Salazar*** *and* ***Mat Hall.***

Story/Design: Courtney Reeves. Photojournalist: Tricia Forest.

ORGANIZATION

Almost every student at East is involved in some type of organization, from cheerleading to Pep "E" Club to office aides. We all look towards organizations for fun and excitement, a chance to get away from the pressures of our regular classes and be individuals.

Homecoming, Spree and Prom and all the activities that go on takes planning. Several groups reach out to retirees and those who are unfortunate during the Thanksgiving and Christmas holidays.

Fundraising events show Scarlet support for community causes like diabetes research and food and clothing for the poor.

Many students help with the alumni banquet and other special events for Principal Jerry Stilwell.

Students get involved with organizations to get away from the everyday school day. It gives them a sense of worth and a time to have fun doing what they love.

Most importantly, they give meaning to East's mission to provide "service to humanity."

Look Inside

EHS Pride

The one difficult thing in band is...

"...being here at 7:00 AM when we have to be," —sophomore **Lou Ann Covalt**.

"...putting up with people who can't play the music," —senior **Andy Anderson**

"...having to play two different insturments," —sophomore **Krystal Knouf**.

Story/Design: Angla Curtis. Photojournalist: Katie Nevins.

And a one and a two and a one, two, three!" **Mr. Hawkins** *is preparing the East High Concert band for an upcoming concert during a practice performance. The Christmas performance went well on December 16.*

bands march toward New Uniforms

Fundraisers are all over. The band sold many items this year including frozen foods, Tupperware, and Christmas wreaths. The East High Marching Scarlets worked hard earning money for the new uniforms that they desperately need.

The uniforms currently used by the band members were fifteen years old and when they went to contests, they lost points for the quality of their ensemble.

"They have snags all over, buttons are missing, and some even have holes," said junior **Chris Ulmer**. "The members are ready for a new uniform. I think it will help boost our image in the community."

The new equipment will be used with each band—marching, jazz, concert and pep. It will give a fuller sound to the growing bands.

"The songs are fun to play," said senior **Heather Martineau**. "During practice we sing some of the words to the different songs and try new things."

The concert band will use the new uniforms for their outfits during performances.

Pep band was off to a great start in '97 with around sixty different tunes to play at the different activities.

Practice time is split between pep band and concert band throughout the days of the week.

Before seven o'clock, the jazz band members practice their music with band director **Mark Hawkins**.

"It's also hard to keep track of the music," said Drum Major junior **Ethan Herrera**. "I am in all four of the bands. We get the music all at once and switch gears several times throughout the day."

The year had a great start "and with the new uniforms," said sophomore **Scott Applebee**, "we will have a great finish."

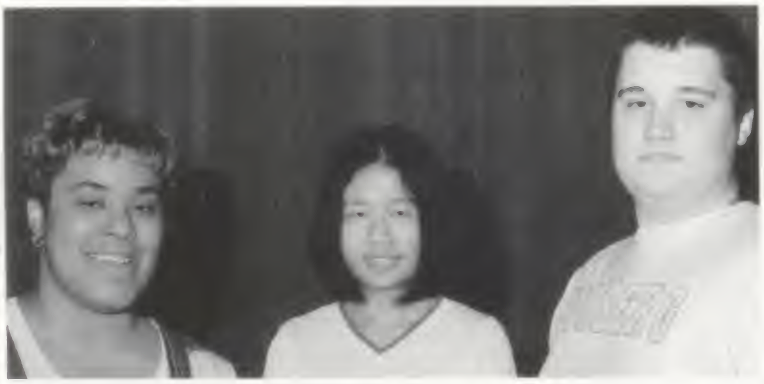
"Teaching the East High bands is a challenge: The challenge of a life time," said band director ***Mark Hawkins.***

Drum major senior Andy Anderson directs the band into their last song, "Summer Time." Anderson shared the directing with junior Ethan Herrera. The drum majors are important to the band, showing leadership and responsibility.

Before every home football game, the East High Marching Scarlets played the National Anthem, the School Song and the Fight Song. At half-time the band performed their showdown.

It's 7:00 AM and the East High School Jazz Band is already off to a early start. The Jazz Band had to practice at least four days a week at 7:00 for the many contests they competed in throughout the year.

An East student happily cleans the school grounds. Sprucing up the school was a great sprirti effort and also gave a good workout.



STUDENT GOVERNMENT OFFICERS. President Amber DeVan, Vice President Patchay Kamvanh, Treasurer Doug Smith.

*Teacher **Linda Saddoris** stops to have refreshments during the clean up of the school. Students cleaned up the school campus over a fall weekend.*

Story/Design: Phut HoangVan. Photojournalist: Tascha Torgeson.

Alum Presha Matticks gets her blood drawn at the Student Government's Blood Drive. To qualify for donating blood students had to be 110 pounds or over.

lending a Helping Hand

Thanks to Student Government's Combat Hunger Drive many families did not go hungry over the holidays.

"I think Student Government does a lot for the community in helping with food donations and helping kids," said senior secretary **Kelly Kraska**.

Along with the food drive, Student Government sponsored a blood drive and a clothing drive. The blood drive was for people 17 years or older who wanted to donate blood, but not everyone was qualified.

"I can't donate because I'm anemic and underweight," said senior **Landna Baccam**.

Trick or Treat Night was held in the cafeteria on Beggars Night for little kids to come to East to get candy from all the organizations and play games.

"I'm glad I had the opportunity to help in this event because it felt good to know that I was a part of something for the younger generation," said junior **Frantz Whitfield**.

This year there was a decrease in children who attended.

"We had a better turn out last year," said senior president **Amber DeVan**.

The major project for Student Government this year was homecoming.

"It took awhile to plan, but it came out OK," said **DeVan**.

They picked a new DJ this year who performed to mixed reviews.

"I felt that we could have found one who would play audience requests and hopefully next year they'll look closer at the problem," said junior treasurer **Doug Smith**.

To join Student Government, students have to be very committed and help out every month. To become an officer, there is a required speech on the intercom at the end of the year and a school election.

Volunteer alum ***Kingkeo Calo*** *and* ***Sadanan Panvaree*** *talk while they wait to get their blood taken. Students had to be 17 years old or older to participate.*

Why do you sponsor a club?

"I truly believe in community service. The time to start is during youth." -Key Club Sponsor **Patty Hoffman**

"I love working with students who have chosen to make a difference and intensely pursue (being leaders)." -NHS Sponsor **Linda Saddoris**

Doing her part to keep East clean, senior NHS member **Deana Cruchelow** sweeps off the front steps of the building. NHS and other school clubs sponsored several clean-up days during the fall.

Who ever said a service project can't be fun? Seniors **Rachel Deierling** and **Amy Braaksma** play baseball with a rake and some leaves during a campus clean-up day in the fall.

Beaming with pride, senior **Amy Braaksma** receives her certificate of NHS induction from principal **Jerry Stilwell** and alum **Jen Watkins**. Induction into NHS is not only an honor, but also a responsibility to serve the school and the community.

Story/Design: Ryan Cook. Photojournalist: Jenn Williams.

Scarlets serving School & City

This year's NHS members take the pledge of NHS membership. Twenty-three seniors were inducted during a May ceremony

*Discussing plans for the next NHS meeting, seniors **Kelly Kraska, Ryan Cook, Becca Stamper,** and **Holly Reese** meet in **Linda Saddoris'** classroom.*

"For the Service of Humanity."

Two Scarlet organizations best embody that school motto: Key Club and National Honor Society (NHS).

Their common thread?

"Key Club is a community service organization that exists primarily to serve the community," said Key Club co-president senior **Steve Porter**.

"NHS members strive to achieve not only academic excellence, but also to provide service leadership to both the school and community," said NHS president senior **Becca Stamper**.

Key Club, which began at East only a few years ago, completed several community service projects, including the Blank Children's Hospital Festival of Trees and the Juvenile Diabetes Foundation's Walk for the Cure.

Key Club "reflects the motto of East High School...its purpose is to help others," according to sponsor counselor **Joanne Frank**.

"Key Club is a good club to join if you want to help the school," said senior **Patchay Kamvanah**.

National Honor Society, on the other hand, is an honorary service organization. To be eligible, members must have a high GPA, be active in the school and complete an application in the spring of their junior year.

NHS members are not only standouts in academics, however. Their community involvement is also strong.

"Some of the projects sponsored by NHS this year were campus clean-up days, flower planting and Volunteer Week," said NHS vice president and service committee chair senior **Kelly Kraska**.

Volunteer Week was held February 2-6 to publicize volunteer opportunities for East students and encourage them to get involved in the community.

"Some of the projects sponsored by NHS this year were campus clean-up days, flower planting and Volunteer Week."

*—Senior **Kelly Kraska***

“Hmm...this looks good,” thinking sophomore **Andy Powell**. The library aides didn’t just work in the library they also had parties to celebrate special occasions.

Isn’t it ironic? Senior library aide **Jessica Hoard** reads a book while she works in the library. “It’s really convenient that I am a helper in the library because not only do I get to help people figure out what books to read, but I also get exposed to many different kinds of literature that I didn’t know about before.”

Careful: hot coffee! Senior **Steve Porter** participates in serving some school officials at the State of the Schools address held on Friday January 16th.

Lending a helpful hand, junior **Seven Hacknorath** is waiting to refill her coffee pot. She was one of the many scarleteers who helped out at the State of the Schools address.

“Coffee anyone?” That’s what was on the minds of junior **Manila Lovanh** and senior **Steve Porter** as they served at the State of the Schools Breakfast. This was one of the many activities the Scarleteers did throughout the year.

Story/Design: Jill Nowadzky. Photojournalist: Sara Campbell.

Office aides help in many different areas within the school. There are approximately two office aides in every office area each period of the day.

Lending a Helping Hand

A few organizations that don't get recognized as much as other groups do, groups like the Scarleteers and office aides.

Office aides work in one of five different areas: the counseling office, attendance office, VP's office, AV room and the library.

"It's really helpful, especially when I'm swamped with work, to have students in the office that can go deliver passes and run other errands," said counseling office secretary **Pat Bushong**.

Why would anyone want to be an office aide?

"I don't have a study center and I get 1/4 of a credit each semester for not having to work really hard at all, plus I never have homework," said senior **Chris Flagg**.

There are one or two helpers in the office each period of the day, which adds up to a lot of people overall.

"It's good to see students get involved and help out with different functions," said sponsor ***Diane Fleming.***

This year the Scarleteers had thirty members, more than they have had in the past.

"It's good to see students get involved and help out with different functions," said Scarleteers sponsor **Diane Fleming**.

The Scarleteers host building activities such as freshman orientation, the State of the Schools address, and the Alumni Banquet.

"At the freshman orientation I helped show incoming freshmen around the school and tried to help them with any questions they had," said junior **Stacey Zelenovich**.

The chairperson position is shared this year by seniors **Kari Teske** and **Sarah Halsten**.

"It was great working with Kari, we achieved a lot by using teamwork," said **Halsten**.

The sign up for Scarleteers and office aides is in May for the next school year.

students show Leadership Skill

With all the things the Leadership Council handles, splitting into five committees is the best way of accomplishing the goals that are set during the year. The five committees are student exchange, student forums, voices of change, diversity training, and celebrations.

Students that are able to go to the meetings work on reaching the goals that are set.

Junior **Marisha Slaughter**, co-committee head of celebrations, says she knows what it takes to "get my part of the job done."

All of the committees are based on helping and teaching others about the problems of prejudice and race relations in their community and school.

"For some it's not a big deal, but for me it is. Things that are said and done are sometimes taken personally or the wrong way. We've got to understand others," said senior **Drew Davis**.

The celebrations committee holds special events like African-American Extravaganza, Unity Day, and Unity Night, which involve members from the whole community.

"I like being able to help others understand another culture's celebrations and ways of life," **Slaughter** said.

Voices of Change goes to other schools and performs skits to give examples of prejudice.

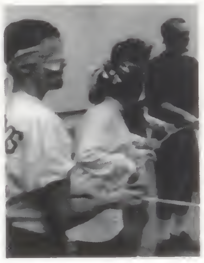
"It's exciting to see the students at other schools appreciate what East is doing to bring the subjects up and show them in very obvious and up-front ways," said sophomore **Kearstin Nichols**.

Student exchange helps students gain new experiences by giving East students the chance to attend a different high school and then bring other students to East.

Junior **Stephanie Gibb** said she thinks all the committees work hard to get everyone involved with the different activities and that the diversity training throughout the year is both very informative and fun at the same time.

The diversity training gets a kick-off in the beginning of the year by having an assembly at Drake University.

"The forum we had made us more aware of each other. It helped break up the cliquishness in the council," said senior **Kailee Mauk**.



*Completing the square was the main goal of senior **Nick Kligopoulos** while working along with fellow council members. Being unable to see sharpened the members' sense of working as a team.*

Team building was the name of this activity where students learned how to work together. Many activities took place during the all-day Leadership Council retreat Oct. 3 at Drake University.

LEADERSHIP COUNCIL OFFICERS. *Amber DeVan Jenny Breese, Joe Florez.*

Story/Design: Kim Kigar. Photojournalist: Skippy Johnson.

Individuality was the focal point of senior ***Kailee Mauk****, junior* ***Shannon Kingrey****, and junior* ***Marlisha Slaughter's*** *poster that illustrated their beliefs on the importance of being yourself. All three are veteran members of Leadership Council.*

Junior ***Judy Kligopoulos*** *finds out what being in a sticky situation is really about. At their retreat, students took part in unique activities dealing with working together.*

Listening to speaker ***Jan Freel****, students and sponsors worked in groups while learning about unity in schools.* ***Freel*** *is a professor from Central College in Pella.*

Though she appears to be sitting there, thinking by herself, senior ***Jenny Breese*** *is working with a group of other members on an activity. The activity was one of many that was planned by speaker* ***Jan Freel*** *during a retreat at Drake University.*

Academic Letters

A Show of Achievement

The list immediately below this story is of this year's Academic Letterwinners. The winners of these letters must carry five academic courses with at least a 3.6 grade point average for two consecutive semesters.

Achieving this goal requires much work, but can and has been accomplished by many EHS students (about 88 this year).

"I was very honored that I was able to win a letter," said senior **Amy Klopfenstein**.

For seniors like **Klopfenstein**, winning a letter is usually "a delayed reaction because they appreciate it when beginning to apply for colleges," said teacher **Ted Nemmers**.

Librarian **Ann Hoehle** said that colleges like to see a GPA of 3.6 or better and winning a letter automatically shows that to them.

Letters have been awarded mostly for sports achievements until about twenty years ago when academic letters were voted into play.

"East was built for the purpose of learning and academics is its silent sport," said **Nemmers**.

The awards ceremony is planned by teachers **Jill Schaffer**, **Linda Nemmers**, **Kacia Cain**, Principal **Jerry Stilwell** and others.

*Seniors **Holly Reese** and **Rebecca Stamper** smile along with Principal **Jerry Stilwell**. Both of these girls were part of NCYL this year.*

ACADEMIC LETTER WINNERS. Stephanie Bernard, Renee Bernhardt, Jason Boeheme, Kelly Bloomquist, Amy Braaksma, Laurie Brown, Abigail Burkhead, Tres Busby, Jennifer Carico, Ryan Cook, Deana Cruchelow, Silvia De La Cruz Jami DeMoss, Elizabeth Drey, Jennifer Edwards, Panda Ferrell, Chris Fidler, Seana Fidler, Shawna Finch, Bryan Ford, James Fox, Tim Froehle, David Frost, Michael Fuller, Lisa Gathercole, David Giles, Elizabeth Govoni, Amy Griffiths, Topper Gulick, Savanchy Hacknorath, Linda Her, Renee Hesseltine, Josh Hibben, Van Hoang, Holly Holmes, Sarah Ingersoll, Tina Inthavong, Bethany Johnson, Emily Johnson, Jennifer Johnson, Patchay Kamvanh, Manivone Kitthikoune, David Kouang, Kelly Kraska, Nick Kraska, Lance Lethcoe, Aaron Long, Kalia Lor, Jessica Moreno, James Marker, Sarah Martineau, Heather McCarl, R.J. Montis, Roberta Moore, Katie Naset, Amy Nemmers, Ryan Nemmers, Kate Olson, Lesley Olson, Josie Owens, Bonnie Padgett, Cody Pfau, Heather Plummer, Raychelle Puchta, Raffaela Punelli, Jason Ray, Holly Reese, Lauren Rice, Nathan Richards, Tiffany Roby, Alejandra Rocha, Souphaphan Sanachit, Nicole Slater, Rachelle Slaughter, Brad Smith, Rebecca Stamper, Nickille Stevens, Frank Swaboda, Leah Tedder, Kari Teske, July Thongthi, Kristin Tiedemann, Keith Twombley, Ilana Tyler, Ralph VanDyke, Crystal Waldon, Heather Weber, Chao Xiong.

Taking after her mother, this student poses business-like after receiving an academic letter. For many like her, this was an exciting recognition.

Story/Design: Chris Fidler. Photojournalist: Erin O'Connor.

CONGRATULATIONS

Standing proudly with her father, sophomore Crystal Waldon displays her beautiful basket of flowers at the Academic Letter Award ceremony. This was her first academic award.

honors for an Academic Class

East High School is a proud home of many scholarly students and has many ways of honoring these students. Three of these systems are Kiwanians, National Council for Youth Leadership (NCYL), and Academic Letters.

Kiwanians are seniors, chosen one per month (October through May) to represent EHS at a downtown luncheon on a Wednesday in their designated month.

Vice Principal **Gary Jotzke** said, "We use students' academic, athletic, musical, and/or leadership achievements to choose the students."

Also, one male and one female are chosen at the end of the year as Senior Honor Students. These two are chosen for their overall academics, leadership, and service to their school and community.

These students can be those already chosen as a Kiwanian or additional students said **Jotzke**.

NCYL also honors students, but solely by their leadership achievements.

"The main criteria is that the student must have at least a 3.0 grade point average and show leadership in more than one area, including outside of school activities," said counselor **Patti Hoffman**.

A non-school related board asks teachers and counselors to recommend twenty to thirty students to attend a seminar. These students must complete a list of activities during the summer to qualify.

The purpose of the seminar in September is "to promote positive leadership through training," said **Hoffman**.

At the end of the two-day seminar students are awarded scholarships ranging from $300 to $500 good towards any college or university.

It was a lot of fun and I met a lot a new people. I'm glad that students have this chance to learn and use their leadership skills. **- Nicole Slater**

Grouping together, these girls smile for the camera at the Academic Letter ceremony. Some of them were also part of NCYL earlier this year.

peppy Scarlets Come Together

Every year Pep E Club tries to find new ways to spice up East's spirit, like decorating for Homecoming, giving Thanksgiving baskets to retired East teachers, and visiting Valley View Village Retirement Home for the holidays.

"I think it was fun doing all those activities for our school," said sophomore **Heather Knight**.

This is the first year Pep E Club has decorated for Spree. This year they had a carnival, which included a fortune teller, a jail, a telegram booth and a dance in the gym. There were snacks in the cafeteria for anyone who was hungry.

"We wanted to get away from the 'Sweetheart Dance' thing so people knew they didn't have to go with someone. Going stag was a lot more fun," said senior **Amanda Grant**.

"There was a lot of work put into decorating for Spree, so I hope people enjoyed it," said **Knight**.

Toward the end of the year they went to Blank Children's Hospital for a service project. There they visited sick children and brought them a little snack to cheer them up.

The club is about lifting school spirit to its fullest. At pep assemblies Pep E Club members have the privilege of sitting with each other rather than with their homeroom, if they have their membership cards. Membership costs one dollar.

"Pep E is one of the coolest clubs out of all of them at East," said sophomore **Adam Jordison**.

PEP E CLUB (Sr. Officers). Front Row: Kate Olson, Angie Beason, Megan Hill. Row 2: Nicole Slater, Amy Nemmers, Raychelle Puchta, Emily Sawhill.

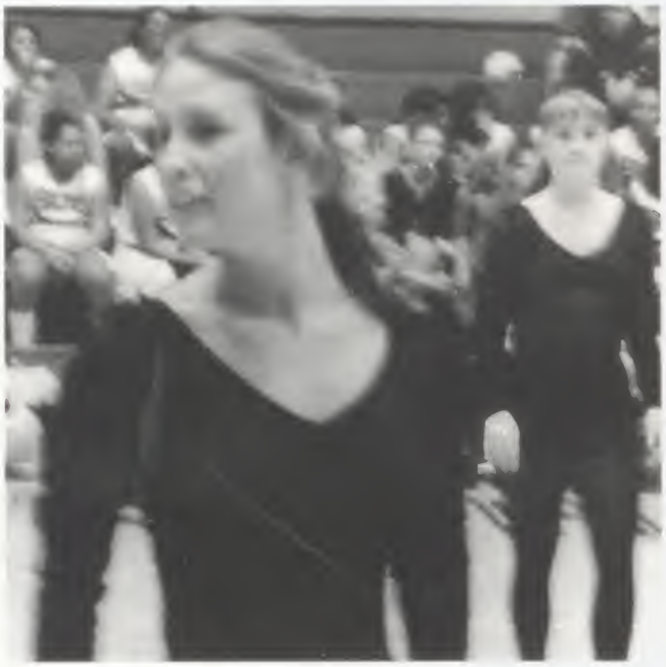
Story/Design: Lindsey Gordon. Photojournalist: Tiffany Mayse.

Senior **Jill Nowadzky**, junior **Mollie Schirman**, freshmen **Melissa** and **Rebecca McAleavy**, and junior **Jennifer Williams** decide to form a stack during the pep assembly. Pep E Club is one of the largest school-spirited clubs at EHS.

During a pep assembly, juniors **Amy Forkner** and **Emily Erickson** take a moment away from showing spirit to pose for the camera. Sitting as a group, the club always does its best to represent Eastside pride.

After singing the national anthem, junior **Kerry Green**, senior **Rickie Carlson**, junior **Jennifer Breese** and senior **Sara Campbell** grin at a pep assembly. Pep E club is all about school spirit.

Carefully listening to the music, seniors **Kate Olson** and **Carrie Whalen** concentrate on their dance routine. In August, the Steppers attended camp in Prairie City where they learned many new rountines.



Smiling at each other, seniors **Kate Olson** and **Kate Pagel** happily remember all of the good times they have shared together. At State competition, the Steppers placed first in all of their routines.

Thinking of all the memories they have had throughout high school, seniors **Jill Nowadsky** and **Shawna Corbin** stand in line after recognition for senior Steppers at a football game. About one-third of the squad were new to the Steppers this year.

Story/Design: Lou Ann Covalt. Photojournalist: Tara Mathews.

practice is their Power Breakfast

Performing at the Homecoming assembly, the girls danced to Michael Jackson's "Blood on the Dance Floor." The Steppers performed at many of the games and assemblies during the year.

After dancing, all of the Steppers realized that their practice has finally paid off after dancing at on of the assemblies. The Steppers practiced for nearly an hour and a half every morning.

It's six o'clock in the morning and you're already at school. Working over and over again, you try to remember the steps to the dance you have rehearsed every day this week.

Having practice almost every day, the Steppers really know what this is like to get up early, this would be just another ordinary day for them.

"It was really hard to rise and shine," said senior captain **Bethanie Roof**, "but somehow we all managed to make it on time, even the new members."

First-year Stepper, sophomore **Amy Gathercole**, said many of the girls have danced in other activities together before. That may be why they get along so well together, even with those who have never been in Steppers before.

Working together has also helped them with their competitions. At State, which was held at Veterans Memorial Auditorium on December 5, the Steppers performed three different routines and placed first in all three.

"I was very happy with our performance at State. It's something I'll always remember and something I'll always be proud of. Especially after all the hard work we put in," said senior co-captain **Kate Olson**.

"Being able to get first place takes a lot of dedication and time."
-Senior
Carrie Whalen

"Being able to get first place takes a lot of dedication and time," said senior and Stepper co-captain **Carrie Whalen**.

Even though the captains choreographed their routines and dances for games, sponsor **Kim Wallace** usually choreographed competitions.

"Kim is a gifted teacher and I'm comfortable working with what she taught," said **Roof**.

But there's more to the Steppers than just competitions.

"Joining Steppers wasn't so much winning to me, it's also for entertaining the school at the games," said **Gathercole**.

cheering in a Winning Way

Working hard, setting goals and meeting those goals was what cheerleading was all about this year.

It was a great season for all the cheerleaders as they did new and different stunts including elevators with extension, chairs, liberties, pyramids, and basket tosses.

"It was really fun to learn and do the stunts," said freshmen **Courtney Page.**

The cheerleaders had done stunts in the past, but this year they were lucky enough to have some special help in addition to their coach **Denise Rourke** in becoming more advanced and experienced in doing more challenging stunts.

*Ready to cheer, scream and frighten, varsity cheerleaders **Ashley Inthalangsy, Khamnoy Sipaseuth** and **Leslie Evans** are ready to perform during the football season's senior night on Halloween.*

"It was great to have some extra help. We never would have been able to do the stunts without the help," said senior **Julie Johnson.**

Kate Safris has been that special help this year. **Safris** just graduated from Augustana College, where she was the captain of the cheerleading squad for two years.

With **Safris'** help, **Rourke** was able to teach the cheerleaders the stunts that they performed at the football games.

"I really enjoyed working with the cheerleaders. They were all great and everyone was so eager to learn," said **Safris.**

In between juggling everyday life and taking night classes at Drake, Safris found the time to help coach cheerleading.

"Kate was great. I'm very proud of her. She was a really big help," said **Rourke.**

The varsity cheerleaders also had some very memorable moments that were truly unforgettable.

The varsity cheerleaders held their annual cheerleading camp at Lake Okoboji, but the camp wasn't all cheering. The cheerleaders got a couple free days that they spent shopping, basking in the sun, water skiing, and jet skiing.

The cheerleaders even got the amusement park at Okoboji all to themselves for a night.

"It was a blast having free time to do anything you wanted, and having the amusement park all to ourselves was really cool," said senior **Jennifer Weeks.**

"We just wanted the girls to have fun with cheering," said **Rourke.**

"I'm really excited to see what's going to happen in the years to come with the freshmen since they are learning the stunts so soon," said **Safris.**

Cheerleading comes to an end this year with a lot of improvements and fond memories. The cheerleaders did many new and different things that made this year "truly a building one," said **Rourke.**

Teetering and tottering their way to learning more cheers and stunts, the varsity cheerleaders were found spending most of their free time at camp at the playground.

*These varsity cheerleaders **Khamnoy Sipaseuth, Ashley Inthalangsy** and **Kerry Green** demonstrate their Liberty stunt.*

Story/Design: Ashley Vitiritto. Photojournalist: Kt Harrington.

Basking in the sun at Lake Okoboji, the varsity cheerleaders strutted their stuff on the beaches and docks. This is just one of the many ways the cheerleaders spent their free time at summer cheerleading camp.

Eagerly awaiting their first performance of the school year, sophomore cheerleaders sit nervously at the Homecoming assembly. This is one of the many Assemblies they performed at this year.

Visions of girls in boxes dancing through their heads was the only thought racing in the minds of the freshmen cheerleaders as they performed at Winter Assembly. This was only the second assembly appearance for the freshmen.

dancin' to the SDS Beat

Some say Scarlet Dance Squad (SDS) doesn't get as much attention as the Cheerleaders, Steppers, or even Colorguard. If this is true, EHS students have no idea what they're missing.

"SDS teaches you to dance better, it also makes people think more of you," said sophomore **Tanesha Thompson**, member of SDS for two years.

Dancing to two of their most popular dances, "Scar" and "Lady's Night," SDS entertained at assemblies and football and basketball games.

They also entertained outside of school. They toured elementary and junior high schools, performed in the Drake Relays Parade and in an African-American Extravaganza.

"(Touring) was very interesting. It felt good to see the smiles on the kids' faces, and it was even more fun when they joined in and danced with us," said junior **Shauna Jackson**. "They treated us like we were famous."

Members of the squad must go through one week of summer camp to learn the beat of the many dances they perform. Summer camp also gets them ready for the SDS tryouts that determine whether they have the beat and rhythm to be a part of the squad.

"It takes a hard working, dedicated person with patience to be on the dance squad. There is a lot of practice needed to achieve our goals, and we're doing our very best," said **Jackson**.

SDS stood outside in the freezing cold in the middle of December to perform in front of the Coca Cola Christmas Caravan that is on TV every December. SDS received a letter asking them to come add entertainment while guests admired the lights.

*Unaware of being caught, sophomores **Betty McCarl, Nicole Drayton** and others decide to take a break after a long, hard practice. SDS had one week to learn their dances at camp and a whole year to perform them.*

While waiting to perform at a football game, sophomore Malaika Luster took time to goof off for the camera. SDS performed a half-time show at home football games.

"The idea of SDS is to promote school sprit through the creative, latest hip-hop dances," said **Fannie Wilson**, sponsor of the squad.

SDS knows how to draw a crowd to their dancing but one newcomer has added to their dancing and to the crowd's spirit. Many students feel he has made a big difference in the spirit of the crowd — junior **Frantz Whitfield**.

"I think it's a good thing and an interesting experience," said **Whitfield**.

This is the second year that there has been a boy on the squad. Last year junior **Clarence Foy** became the first male on the team, a position Whitfield has taken over.

"It's an uncomfortable [experience] being the only guy on the squad, but I got used to it," said **Whitfield**.

SDS is always looking for more people to join from any grade level. They look for people with enthusiasm, appearance, confidence, rhythm, attitude, and creativity, according to **Wilson**.

Story/Design: Meggan King, Photojournalist: Jenny Booth.

There is always a time for goofing off, at least for junior ***Courtney Carpenter****, and senior* ***Martina Carr****. Members must go through a summer dance clinic to learn the many moves of SDS.*

SDS members get in the groove while performing at a basketball game during halftime. SDS also performs halftime shows at football games along with other EHS performing groups.

During the winter assembly junior ***Frantz Whitfield****, boogies with squad.* ***Whitfield*** *was the center of attention by being the only boy on the squad this year.*

'Y Y Z' with a New Twist

A hush came over the crowd as they listened to see who took first, second, and third place. Soon a roar of clapping and screams of joy filled the air as judges announced who won.

"We did it!"

"Ohmigosh! I can't believe it!"

"We won. We got first place!"

Although East hasn't placed first at State in a long time, Colorguard felt like they had, though they instead received a trophy for third place at the State Winter Guard competition.

"I was really proud of the whole team for being able to place third," said senior captain **Stacy Griffith**. She felt they did a very good job and that they deserved it. "We worked really hard for it so when we found out we placed, we were all so happy!"

"The best part of Colorguard is the way we work together as a team to accomplish something," said sophomore ***Kristen Reid****.*

The long way to State wasn't easy for Colorguard, but they were able to make it even though they didn't have a formal instructor. The captains that gave them leadership were **Griffith** and senior **Angie Parsons**.

"We had to rely on our captains a lot to really lead the way for us," said junior **Courtney Hurdle**.

The winning routine, "Y Y Z," was performed by 13 members in their traditional black, purple, and white outfits.

Hurdle said that practicing the routine was tiring but that it paid off at the end because, since they knew it so well, they were able to give a good performance.

The squad relied not only on their captains, but also on themselves to make it to the before-and-after-school practices. The result was tired members, but members who had the routine "nailed" into their heads.

"The flag doesn't look very heavy, but it really is, so after you practice for a long time, your wrist starts to hurt," said sophomore **Kristen Reid**.

"The practicing at 6:45 a.m. was definitely the most tiring part of Colorguard," said **Parsons**.

Junior Courtney Hurdle and seniors Angie Parsons and Mindy Kimball enjoy a little free time before the State Winter Guard competition. The squad placed third and were very proud of themselves.

Colorguard competed at Valley Fest with the marching band and welcomed the Barnstormers at the airport after a roadtrip, but **Parsons**' favorite event was the State Winter Guard.

"We came a long way and I was really happy that we were able to get third. It was a lot of fun being able to compete with all the different groups," said **Parsons**.

The best memory of the year for **Griffith** was when she found out that she would be performing at the Citrus Bowl. **Parsons** was also chosen to attend. They both thought that it was a great experience to perform in front of 72,000 people.

"Performing at the Citrus Bowl gave me a new experience that I will always remember. It was so fun and I got to meet a lot of new people," said **Griffith**.

Next year will bring another challenge for Colorguard. Will they be able to maintain this standard of placing at State? For **Reid** and **Hurdle**, it is a definite possibility.

"I wasn't able to compete at State, but hopefully I will next year. I want us to be able to maintain our standard and if we place higher, that would be great," said **Reid**.

Story/Design: Linda Her. Photojournalist: Tricia Forest.

Colorguard members are practicing their routines at a local park. "The practices are really tiring," said freshman ***Wendy Bradford.***

Saying "hi" to the camera, sophomore ***Krystal Knouf*** *walks out to perform during a football game. Colorguard also competed with the marching band at Valley Fest and at state competition.*

As their last year of high school comes to an end, seniors ***Stacey Griffith*** *and* ***Angie Parsons*** *share proud moments being captains. Both traveled to perform at the Citrus Bowl in December.*

Besides performing in the glow-in-the-dark light shows during assemblies, the group also cheered for other squads. They performed their winning routine, "YYZ," at the winter assembly.

Junior **Frank Swoboda** and seniors **Amy Braaksma** and **Rachel Deierling** feel like true Iowans as they stand in worship of Donna Reed at Denison's version of Grauman's Chinese Theater.

Freshman **Brianna Frank** was drawn into the web of intrigue this year by **Swoboda**. "Pookie" was always good at making new members feel at home.

Not even on bi-rounds are senior **Ryan Cook** and freshman **Brianna Frank** free from studying. The Hawkeye Quiz Bowl left some members unable to remember their own names.

I can say only one thing—it mooed!" exclaimed **Swoboda**. The Rent fest in Minneapolis helped **Swoboda**, **Braaksma**, and **Cook** better understand La Boheme, an opera that features one of the music pieces the team studied.

Story/Design: Rachel Deierling.

Some students think hard work and dedication are the keys to success. Junior ***Josh Dady*** *and freshman* ***Alan Hulselbus*** *owe it all to the hat.*

they're in for a 'Tragic End!'

"Dearly beloved, we gather here to say our goodbyes...."

Senior **Amy Braaksma** struggled to keep the tears back as she listened to junior **Frank Swoboda** lament over the most sacred of Academic Decathlon (AD) good luck charms. The *Rent* tape, which for the past two years had helped the AD and Knowledge Bowl teams win victories in various competitions, had been eaten by teacher **Margaret Severino's** tape player and lay in a heap of shiny, crumpled brown tape.

It seemed a bad omen for the team, which faced the regional competition in a few weeks and a competition against the North team on the ICBN that very afternoon.

"We huddled, we huddled..." admitted **Braaksma**, "like animals in a storm, like little birds in a nest."

But despite the loss of the *Rent* tape, the team was victorious at regionals, winning first place overall with a total of 34,269 points. **Swoboda** and sophomore **Cody Pfau** won medals for being first in their divisions—Honors and Scholastic, respectively.

"I couldn't believe it when they called my name," said **Pfau**. "I knew my math score brought up my total, but I didn't know I would win."

Coach **Anda Liepa** was particularly proud of the team's victory over west-side schools like Urbandale and Valley.

"It just proves to people who put down the east side that we have talent and potential, more so than some people think," she said.

The team *did* have a few factors swinging in its favor.

"The Super Quiz topic was economics," bragged **Braaksma**, "and as everyone knows, I am the econ-goddess."

Also, the category of fine arts, which had before been one test, had split into two tests on art and music, much to senior **Rachel Deierling's** delight.

"I'm into all that right-brain stuff," **Deierling** said. "Art, music, literature...I was glad that the main focus in literature was *Jane Eyre*, since I know that book from cover to cover."

But what may be a simple topic for one member of the team can be the most dreaded by another. The science genius may fall flat when giving a speech; the music expert's mind goes blank at the sight of a square root sign; and Mr. 900-in-math is pretty sure Lloyd Webber wrote something about "cold little feet"...or was that Ravel?

That kind of diversity of mental resources also helped the Knowledge Bowl team to win first place in both the Hawkeye Invitational Quiz Bowl in Iowa City and the Drake Invitational Quiz Bowl. The team consisted of **Swoboda**, **Braaksma**, **Deierling**, and senior **Ryan Cook**.

"Each of us had something to contribute," said **Cook**. "I was the best at political and sports trivia, Rachel knew a lot about pop culture and the arts, Frank knew just about everything, and Amy was ballast...but that's okay, because every team needs a *je ne sais quoi*."

The team was so dependent on one another that the absence of one member inhibited the team's success.

"When Ryan ditched us for Arkansas, he left a gaping hole in our psychological being," said **Swoboda**. "We had to make a 'Pubert shrine' and talk to it to console ourselves."

The other team that attended the Hawkeye Quiz Bowl included **Pfau**, junior **Josh Dady** and freshmen **Brianna Frank** and **Alan Hulselbus**. They didn't depend so much on each other as on a little red and blue plastic frog named Morty.

"Morty is...Morty," said **Dady**. "Ever since he suffocated in Frank's locker we knew he would help the team. And he has."

Though it may seem strange and a little morbid that the AD and Knowledge Bowl teams depend so much on good luck charms, particularly those that have died in their care, **Swoboda** has a philosophy.

"It is my belief that Morty and the *Rent* tape sacrificed themselves for the greater good," he said. "I don't think we could have gotten as far as we did without them."

ACADEMIC DECATHLON. Front Row: Cody Pfau, Coach Anda Liepa, Frank Swoboda. Row 2: Rachel Deierling, Amy Braaksma. Back Row: Josh Dady, Briana Frank, Alan Hulselbus, Ryan Cook. Not Pictured: Ben Jones.

Swoboda *pretends he's the Dancing Queen at the annual Christmas bash, this time held at Coach Anda Liepa's house. It all proved to be a bit too much for* ***Dady****.*

*Sophomore **Silvia De La Cruz** prepares a tortillia during a Spanish Club meeting. The Spanish Club often sampled food from Spanish-speaking countries.*

*Senior **Nikom Vansylalom** looks over senior **Tim Page's** shoulder during a French Club board meeting. The meetings often were held in the library after school.*

Hmm Hmm. These Spanish Club students are preparing a hispanic dish. Eating foreign food was just one of the fun activities scheduled this year.

*During their trip to Omaha, the French Club stopped off in a French Cafe. Sophomore **Dan Govoni** and senior **Holly Reese** are seen here enjoying themselves.*

Story/Design: Josh Gerritts. Photojournalist: Kevin Collins, Jr.

Hola!
Hello!
Salut!

celebrating two Foreign Cultures

Say cheese! The Spanish Club held a Halloween hayrack ride this past October . The hayrack ride was not just closed to Spanish Club members, all students enrolled in Spanish classes were invited.

Buenos dias and bonjour. Yet again the East French and Spanish club members celebrated a culture foreign to their own.

The clubs are both based around the fact that students want to learn more about a culture than what is taught in the classroom.

"Spanish Club is important to me because it teaches me more about the Hispanic culture," said sophomore **Jessica McClaskey**.

Part of it is getting together and doing something fun like the Spanish Club outings.

"We went on a hayrack ride out at Sleepy Hollow for Halloween," said Spanish Club president senior **Kate Pagel**. "We do this so people who wouldn't usually meet do."

French Club students also did some exciting activities.

"Our major trip for this year was a trip to Omaha. We went to the museums and the zoo," said French Club president senior **Elizabeth Govoni**. "We also went to the Old Market to visit a French restaurant."

Both clubs also gave money to good causes.

"We gave the money that we had left over from dues to the National Honor Society," said **Pagel**. "We thought it was a good idea to give back a little."

The French Club raised money for a charity for the homeless.

"It's important to do things for other people who are not as fortunate," said **Govoni**.

Both clubs had an outstanding year. Between the activities both clubs held and their charitable contributions they made a name for themselves as good East groups to be affiliated with.

*Ahh, to be French! Sophomore **Brooke Bennett** holds up a picture of France. Several students took a trip there during spring vacation.*

*French Club president **Elizabeth Govoni** talks with the club's board during a meeting. The board was primarily in charge of the activities that the club planned to do through out the year.*

getting a jump on the Inevitable

Everyone knows that eventually they will have to enter the work force. However, Office Education and Marketing Sales students got a jump on the inevitable by learning important skills necessary to be successful in the future.

"All the skills which the students gained will help them later in life, regardless of the profession they choose," said business teacher **Mary Jane Kaldenburg**.

Kaldenburg's Office Education class is meant for everyone, not just those students going right into the work force.

"I really enjoyed Office Education, because it's not necessarily like a regular classroom setting, it's more relaxed," said senior **Deana Cruchelow**.

Office Education consisted of various units, including typing and learning human relations skills.

Included in the Office Education class is the Business Professionals of America (BPA) program.

Meeting during Office Education class, they do different things for the school and the community.

In October they filled little pumpkins with candy and distributed the pumpkins to all the new teachers.

BPA also adopted a family at Christmas and provided the family with food, clothing, and toys.

"BPA is a really good way to get to know people you never really knew before because you spend so much time together," said **Cruchelow**. "And you really treasure the friendships you gain."

BPA gave students the opportunity to compete in business competitions at the state, regional, and national levels.

If the students received honorable mention or placed in first to fourth place they received extra credit in class.

Students enrolled in Office Education also had to work a minimum of 15 hours per week.

"When the students apply what they learn in class to actual on-the-job training it's more meaningful," said **Kaldenburg**.

Office Education isn't the only class which gave students "on-the-job" training.

Marketing sales gave students hands-on training as they sold ads for the yearbook.

"Without the money which the ad sales made, the cost of a yearbook would have been about $60 for students," said business teacher **Nancy Hansen**.

Students had to go out into the business community and sell ads.

"I think it's great to go out and meet people from different businesses," said junior **Chris McKean**.

"Marketing Sales allowed students to learn sales concepts and have the experience of commission-based employment," said **Hansen**.

Marketing Sales is open to juniors and seniors and gives students the basic knowledge needed to go into a sales career.

Junior **Travis McKean** said that the class was fun, but "more people need to get involved."

Whether working in small groups, as a pair, or solo, Office Education students get the job done. Office Ed. is a class that gives students the experience to be successful in the future.

BPA students show their helping spirit in many ways. In October, the group made little pumpkin treats filled with candy for all the new teachers at East High.

Story/Design: Jennifer Carico. Photojournalist: Jennifer Breese.

Getting help on an ad design from teacher ***Nancy Hansen****, juniors* ***Travis McKean*** *and brother* ***Chris McKean*** *learn the basics. Ads the class sellsfill about 80 pages in the back of the Quill.*

While deciding on a fundraising product, seniors ***Sara Campbell*** *and* ***Desiree Jones*** *try to make up their minds. The money the group raised went towards trips to the state and national leadership conferences.*

Consulting their teacher ***Mary Jane Kaldenburg****, seniors* ***Julie Johnson****,* ***Jennifer Weeks****, and* ***Katie Sawhill*** *get help on a group activity. Learning human relations skills is all a part of BPA.*

*Juniors **Nicky Vang** and **Savan Hacknorath** thought they would be the engineer and fireman for the day on the world's fastest train. Chicago was the first out-of-state field trip Science Bound took.*

*Sophomore **Clyde Copeland** hangs on for dear life as he climbs across the wall. Upward Bound students visited the Science Museum of Minnesota while they were in the Twin Cities.*

1893
ENGINE 999
WORLD'S FASTEST
TRAIN

*Taking a break from dancing, senior **Kevin Minard** and juniors **Chinda Sam** and **William Sitthisay** pose for a quick picture. UB students stayed at Central College for the first six weeks of summer.*

*Trying to concentrate in class, junior **Ramon McCarrel** is interrupted for a quick snapshot. UB students took five classes a day throughout the week.*

Story/Design: Landna Baccam.

"We have a winner!" calls senior Sioalong Southammavong. UB students from Polk and Marion counties had the opportunity to work in food service, the computer room, the game room, or with the activity director while they lived on campus.

After a long day of exploring Chicago, junior **Manila Lovanh** found herself a comfortable seat at the Navy Pier. Several SB students visited Chicago from August 15-17.

experience of A Lifetime

What does the future have in store for the students of East High? Programs such as Science Bound and Upward Bound help students figure out what they want to do after high school and keep a lookout for future scientists and engineers.

"Being in Science Bound for about four years now has kept me thinking about what I want to do with the rest of my life," said junior **Manila Lovanh**.

To be able to be involved with the Science Bound program, students had to maintain a 3.0 grade point average (GPA) from their sophomore year through their senior year. The freshmen got some slack — their first semester they only had to have a 2.0 GPA and in their second semester a 2.5 GPA.

Not only did the students have to keep up their grades, they also had to attend 75% of the meetings on Tuesdays and three of the four visits to Iowa State University on Saturday mornings.

"The ISU visits have helped me get to know the college campus before I actually attend classes there," said junior **William Sitthisay**.

"UB was a great experience for college life and to encounter different cultures."
—William Sitthisay

"I benefited from the Saturday visits because it broadened my choices of majors," said junior **Bagdy Lovan**.

The students also took educational field trips to Chicago, the Avondale Animal Hospital, Lake Rathbun and Methodist Hospital, just to name a few.

"When we were in Chicago over the summer, we went to the aquatic center and I learned a lot about marine biology," said **Lovanh**.

The Science Bound students weren't the only ones that took a trip this summer. Upward Bound students traveled to the Twin Cities after they attended five weeks of classes and living on their own in Pella and Ankeny.

"Being in Upward Bound gave me the opportunity to experience college life first-hand," said senior **Kevin Minard**.

Some of the students benefited from both programs combined.

"Upward Bound gave me the opportunity to live on my own, manage my money and experience college life and Science Bound helped me figure out what I want to do with the rest of my life," said **Lovan**.

looking towards

New Horizons

Students in the New Horizons program found an easy way to work through school. Receiving a half credit for every semester in the program, students also found a good reason to stay *in* school.

Credits weren't the only perk in the program, students also received valuable work experience.

"Only a few people graduating from the program go to college," said New Horizons advisor **Fannie Wilson**. "The New Horizons program helps them find a job after graduation."

Because of the small percentage of New Horizons students going to college, the program is a good way to learn the skills in finding a job.

"It helps you find a lot of jobs in high school, like in fast food chains," said sophomore **Fred Heard**.

About one third of the kids in the program participate for the job money, one third for the working skills, and the other third for the credit.

"I think kids really use the program well," said **Wilson**.

The ultimate goal for the program is to encourage the school youth to stay in school, improve attendance, and to improve their school achievement.

Goals, ranging from improving grades to finding a job, are important in New Horizons. Students actually have a "Goal Sheet" to write.

Students in the program who like it usually come back for more.

"I've been in the program all four years, and it's worked out pretty well for me," said senior **Amber DeVan**.

Looking down at her completed resume, senior ***Tonette Haygood*** *seems pleased with her chances for a job. Haygood has been in the New Horizons program all four years.*

EAS
HIGH
PEAK

Ducking under a banner for the Red Ribbon Celebration, juniors Amanda Pratt and Angela Jackson take time to pose. The celebration took place at Nollen Plaza.

These students were only a small part of the New Horizons program. The benefits of the program make it very popular for EHS students.

Story/Design: David Kouang, Photojournalist: Katie Nevins.

Kids from all different schools participate in the Red Ribbon Celebration. Local celebrity **Pat McManus** also sang at the celebration.

Posing with some kids, sophomore **Carmel Stewart** works at the Logan Community Center. Stewart works as an After School Child Care Side.

Working at Walgreens, Junior **Sara Kelley** enjoys her job. As a customer service clerk, she is developing her work skills.

Mimes get out of their 'box'

This year wasn't just an ordinary year filled with the same type of performances for the mimes. They added a little varity when they performed for Merle Hay Mall's first charity night, hosted by Younkers.

They also performed at different elementary schools in the Des Moines School district.

"I had a lot of fun performing for the kids, but my favorite skit was *Ouch*," said sophomore **Misty Bishop**.

Skits consisted of many different topics from romance to comedy, and everyone had their share to learn.

"Practice was an everyday thing, and you have to work really hard to learn your parts. For, me seeing the oohs and ahhs across little kids' faces was kind of a reward for all of our hard work," said sophomore **Melissa Peek**.

xplaining slang takes talent for seniors ***Anesha Franklin, Terence Reasby*** *& junior* ***Marlisha Slaughter****, who try to get clueless junior* ***Stephanie Gibb*** *the 411 on her "skillz." Don't "trip" it's only acting!*

unior ***Marlisha Slaughter*** *gives that "Not Today" look as junior* ***Shannon Kingrey*** *reads the script for the spring play "Is There A Comic in The House?"*

Story/Design: Nicole Lawrence & Kilgore Trout.

actors in a Drama Daze

This year wasn't just an ordinary year for theater arts. Their production of the play *Addict*, written by Jerome McDonough, was their first play to ever go on tour

"I was really excited when I found out that we would be touring middle schools," said junior **Marlisha Slaughter**.

Preparing for the plays took a lot of their time and effort. They spent time rehearsing during class and occasional night rehearsals.

"Most people hated night rehearsals, but I liked them because it was a time to sit back and relax, eat pizza, and spend time with our friends," said **Slaughter**.

The members of theater arts saw it as more than just a group of people. They have a special "bond."

"We're like a tight knit family, and seeing some of the seniors go is going to be hard," said senior **Kailee Mauk**.

Like most families they have a lot of memories of things they've gone through together to get where they are now.

"*Fame* would definitely have to be my most memorable. We made a lot of mistakes, but we held our composure and made it through without the audience really noticing," said **Slaughter**.

"In the end, all you really have to do is be willing to try your hardest and put forth as much effort as you can," said theater arts teacher **Ruth Ann Gaines**.

"Anyone can read words, but you have to use creativity to make a character," said **Mauk**.

Teacher of the Year RuthAnn Gaines explains a few scenes to her Drama II class. Gaines is always there to give an extra helping hand to anyone who needs to fully grasp their role.

"Peace!" That's what senior ***Terence Reasby*** *is presenting to the camera. There is a wide diversity of students in drama; even football players find serenity in* ***Ms. Gaines'*** *room!*

The motto of Theater Arts is "To help others, no matter what." So it's only natural that sophomore ***Kearstin Nichols*** *gets help with a special "hands-on" project.*

CHAMBER CHOIR OFFICERS. **R.J. Montis** (treasurer), **Holly Reese** (president), **Becca Stamper** (publicity). Elected by their peers in chamber choir, they served all year.

Going over their songs, senior **Holly Reese** and junior **Landon Heck** test out their chords while director **Linda Baker** listens.

Grinning, seniors **Renee Hesseltine**, **Kari Teske**, **Holly Reese**, junior **Frank Swoboda**, and senior **Katja Probst** are rounded up after the All-State Festival concert.

Story/Design: CarrieLynn Meek. Photojournalist: Jenn Williams.

Playing around in their comedy act costumes, junior Aaron Long and sophomore Anthony Sanders rehearse before a December concert. With other choir members, they performed a skit called "Along Came Jones."

Preparing for a performance, sophomore ***Tony Sanders****, senior* ***Holly Reese****, and junior* ***Jason Mason*** *sport sweet smiles.*

choirs travel

Far and Wide

Like the Willie Nelson song says, it was "on the road again" for East High's Chamber Choir when they were accepted to sing on the road at Epcot Center in Orlando, Florida.

Chamber is the highest and most respected choral group at East. It is East's top choir and is open to sophomores, juniors, and seniors. Most of the singers have five to six years prior experience in choral groups. For many students, this is their first opportunity singing with three other harmony parts.

For the past five years, they have sung at a national competition. They also enter the State Large Group Contest at Valley every May. The trip to Orlando cost approximately $500 per singer, including airfare. Most students worked long and hard to raise money for the trip.

Sophomore **Jaime Hill** is one of many singers who performed at the Epcot Center.

"I was considerably nervous, but I felt as if we were all honored to sing in Orlando," said **Hill**. "Everyone who accompanied me was a great singer and I believe that we all have enough confidence to achieve our goals in our singing career in the future."

When Chamber Choir performed In concert, Backstreet Boys performed afterwards.

"I was very excited about our concert, and I couldn't believe how well we actually sung," said **Stamper**. "This is definitely a dream come true and we owe it all to our music teacher Mrs. Baker."

Choir director **Linda Baker** said, "This was such a great opportunity for my students and I couldn't have asked for a better class."

Congrats to East High's Chamber Choir. Spring of 1997 was an exciting time when they performed at Heritage Music Festival in Branson, MO along with choirs from all over the country.

Why do you like to sing?

"It's an excellent outlet for me to let go of all my stress and it takes away the feeling of being empty." —Freshman Dorthy James

"I've never known a time when I didn't sing. If I couldn't sing, I wouldn't be the same person." —Teacher Linda Baker

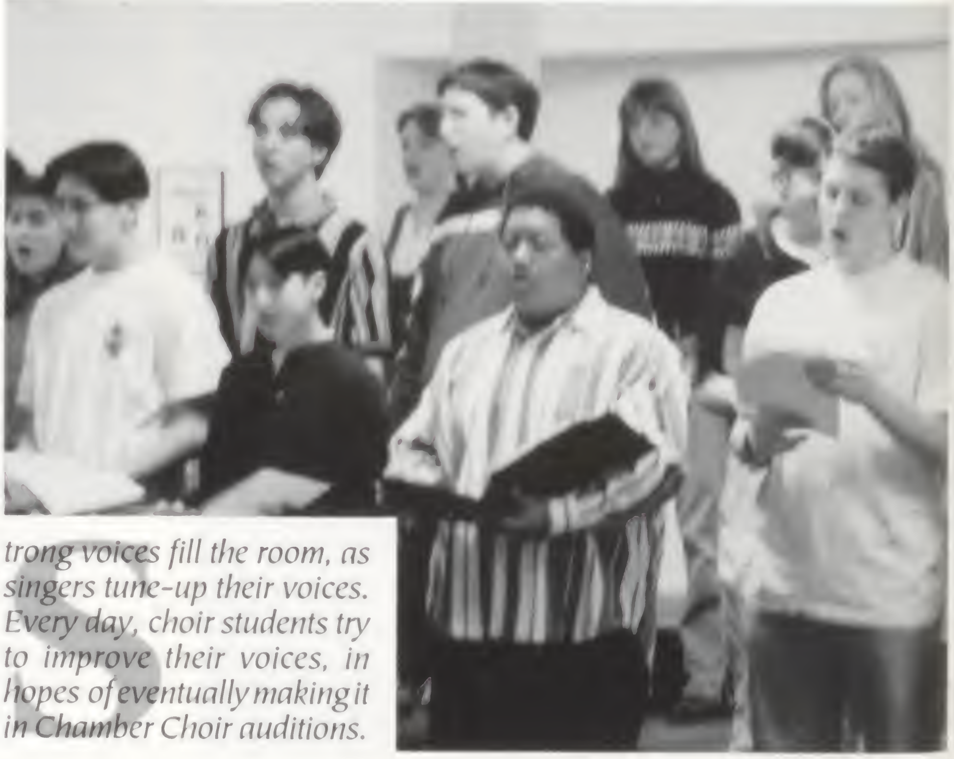
"When I listen to music, the beat pulls me in, and that makes me just want to sing." —Sophomore Detrisch West

"Singing is an exciting thing to do, because you get first hand material and it's a lot of fun." —Junior John Easter

"When I sing, I'm able to put my inner feelings into words." —Senior Beth Lamb

Story/Design: Linda Her. Photojournalist: Amy Banks.

Rehearsing and warming up comes naturally to Prep Choir students. One song they performed that will have lasting memories for some was "Candle in the Water."



Strong voices fill the room, as singers tune-up their voices. Every day, choir students try to improve their voices, in hopes of eventually making it in Chamber Choir auditions.

Singing their hearts out, the Mixed Choir, rehearses for the Spring Program. One song they performed was "Dreams to Dream."

*While **Linda Baker** plays on the piano, students listen for their parts. **Baker** has been teaching choir for over four years.*

a class with Proud Hearts

Choir may not have been as popular as football, but in the hearts of East singers, it was just as important.

Choir isn't just notes and scales, but a way of communicating thoughts and giving expression to talent.

"In choir, the students can express themselves in a unique way and feel good about themselves," said choir teacher **Linda Baker**.

Like football, though, choir is a place where students can be themselves and work as a team, even if they don't play games.

"When you're in choir, you don't have to worry about hiding your feelings or how good you are. Everybody just works as a team," said sophomore **Clyde Copeland**.

Besides being able to express themselves through music, students find it's a good outlet for tension.

"It's a good class because it lets you relax and you can let go of all your stress from outside of that class," said sophomore **Jackie Beener**.

Choir students will always have lasting memories, whether they be of the "good" times or the "not-so good" times.

"I really enjoy being a part of choir, because it's a fun class to be in."
—Sophomore
Crystal Waldon

"At the winter program, I was wearing a shiny green shirt and everyone told me that I looked like a Christmas tree! All I needed was a star," said freshman **Angela Marlenee**.

"When we were singing 'A Whole New World,' (the guys) started to sing at the wrong time and we totally messed up. It was pretty funny," said **Copeland**.

A big part of choir is the communicating that comes with the singing.

Sophomore **Michelle Oliver**'s favorite moment was when she sang "For You I Will" for her performance final.

"I changed some of the original words into my own, so that made it more special to me," she said.

Three different choirs Prep, Treble, and Mixed stand along-side of Chamber Choir. All of them, have a different variety of students and personalities that come together and enjoy singing.

"The students and choirs progressed through the year and personally challenged themselves to learn their notes," said **Baker**. Her favorite part of teaching is when she sees the students' faces shine and light up, knowing that they have accomplished something, she said.

Concentrating on their songs, frosh **Shannon Griffiths**, **Angela Vertz**, and **Katie Hull** play their violins. About six orchestra students went to a luncheon during the fall where they got to hear Governor Terry Branstad speak.

Trying to look at their music and watch the director at the same time, the orchestra students continually work hard to perfect their songs. The orchestra's enrollment went from 13 students last year to 29 students this year, most of them freshmen.

Sitting in the front row, senior **Ben Davis** and sophomore **Christina Lary** play their instruments while watching teacher **Jennifer Swartz** direct. The orchestra participated in many contests this year and they plan on taking a trip to Hawaii next year.

Why did you join Orchestra?

"Because my brother is in band and I wanted to play an instrument."
—Freshman **Shawna McChurch**

"Because I thought it would be fun."
—Sophomore **Christina Lary**

"Because I play the cello."
—Senior **Ben Davis**

Smiling at the camera, sophomore **James Grasso** sits anxiously waiting for rehearsal to start. The orchestra practices every day during fifth hour in the band room.

Story/Design: Lou Ann Covalt. Photojournalist: Mz. Holmes.

Directing the orchestra, teacher Jennifer Swartz works hard to help improve her students. Swartz visits at least five different schools during each week to work with other orchestras.

lots of new faces in Different Places

Can you imagine having a class with almost all freshmen and just one senior?

Well, if you were in orchestra this year, then you would know exactly what it's like.

"The orchestra went from 13 students last year to 29 students this year, most of them being freshmen," said orchestra teacher **Jennifer Swartz**.

"It's not that hard being a freshman, especially in orchestra. I knew quite a few people in the class when the year started," said freshman **Shawna McChurch**.

"We didn't think there would be as many freshmen coming up, but most of us like having a bigger class," said sophomore **Christina Lary**.

Besides all of the freshmen, there was only one senior. But that didn't stop him from standing out.

Senior **Ben Davis** said, "I got kind of lonely because there's no other seniors, and the freshmen got kind of annoying sometimes."

Davis also worked hard throughout the year to make All-State, which was held in Ames.

"All-State was fun. I got to meet a lot of new people and talk to people I haven't seen in a long time," said **Davis**.

The orchestra not only helps students prepare for All-State, but also for other competitions and concerts.

One example was the Youth Leadership luncheon that approximately six of the orchestra students went to. It was held at Hotel Fort Des Moines during the fall. The students that went played about ten songs and were able to listen to Governor Terry Branstad give some speeches. They were also served a free lunch.

"It was an alright trip, we also got out of school," said **McChurch**.

*Playing his violin, freshman **Kirby Praseuth** works hard to improve his skills. **Praseuth** was one of the many freshmen that joined orchestra this year.*

SAVINGS
PASSBOOK

managing money,

'Boosting' Morale

The roar of the East High football game is behind you as your chilblained hands push two dollars across the table, anticipating that warm juicy hot dog whose delicious scent has been tickling your nose for the past five minutes. The woman across the counter smiles as she accepts your money, gives you the hot dog and wishes you a good evening.

Most East High fans are familiar with that scenario—but what they've probably never thought about is that after they've returned to their seats, after the hot dog has been digested and long after the football team has packed up and gone home, the money that they've spent at the PTSA-run concession stand is continually going back into the school system to improve the learning environment at East.

"Maybe at some point PTSA and Booster CLub can merge into one organization to work toward the total good."

—Teacher ***Ted Nemmers***

The PTSA's stated goals this year have been to promote educational programs and to support issues relating to respect and responsibility. Some of the projects PTSA funds have gone to support were the purchase of new senior English literature books, the "Good News from East High" postcards, and new trash cans for the school grounds.

"If a student feels better about the building coming in, they'll have more respect for the school property," said treasurer **Jane Christenson**.

One of the PTSA's targets for improvement is the sound system for the gym and the auditorium.

"A new sound system is a way to spend money for the benefit of every student and teacher at East, not just for little groups," said **Christenson**.

The plan would cost $17,000 and needs membership approval to enact.

"The new sound system would bring more quality to programs run in the gym and auditorium," said Vice-President **George Davis**.

Like the PTSA, the Booster Club works to support the school, but in the area of athletics rather than academics. The organization held a cavatelli dinner for homecoming and a "tailgate under the tent" rally during the football season. In the winter they set up a basketball fundraiser, a jamboree, and a chili supper.

"We are one of the most active groups in terms of fundraising," said president **Sharon Page**. "We spend a lot of money but we also raise a lot of money."

Booster Club money has gone to support the girls softball and girls soccer team, and has bought new stepper uniforms, football equipment, and girls track uniforms.

Members of both organizations agree that one of the best things about the groups interaction among like-minded teachers and parents.

"I've had the opportunity to meet a lot of people with a common goal—the betterment of East High School," said **Davis**.

"You get to meet the parents of the kids that your kids are involved with," commented **Page**. "As a parent, it's nice ot be involved with the school and have imput in some decisions that are made, especcially with how money is spent."

PTSA and Booster Club do a lot to provide opportunities for scholars and athletes alike, something to think about next time you're looking for something to munch on at a football game.

Story/Design: Rachel Deierling. Photojournalist: Erin O'Connor.

*PTSA president **Connie Boesen** and junior **Ramon McCarrell** confer with mayor **Preston Daniels**. The group raises most of their money through the athletic concession stand, but a little elbow rubbing with local authorities doesn't hurt things, either.*

*Though the Booster Club mainly focuses on athletic teams, they contribute a great deal of money to the cheerleaders, Steppers and Colorguard. "It's amazing to watch the improvements that are being made as a result of what you're doing," said Booster Club member and teacher **Ted Nemmers**.*

*Bright orange and black streamers drape from the cafeteria ceiling, decorated by juniors **Jennifer Williams** and **Tiffany Mayse** for the Halloween dance. The dance was organized by the PTSA.*

BOOSTER CLUB. Front Row: Becky Torgenson, Al Carey, Sharon Page, Mary Irwin. Back Row: Ted Nemmers, Steve Fuller, John Tippencott, Vicky Zelenovich, Nancy Tippencott, Marty Signs, Norm Page, Cindy Carey, Jack Hill, Cheryl Goddard, Marsha Reidburn, Sally Dehnert, Mike Dehnert.

PTSA OFFICERS

PRESIDENT:
CONNIE BOESEN
PRESIDENT-ELECT:
PEG FROEHLE
VICE-PRESIDENTS:
STAN SATTERFIELD
SHEILA GOVONI
GEORGE DAVIS
SECRETARY:
LINDA NEMMERS
TREASURER:
JANE CHRISTENSON

Why be a PTSA member?

"It's fun to help out at the games and the concession stand."
—Secretary **Linda Nemmers**

"You have a voice in the needs and wants of East High School."
—Vice President **George Davis**

"You know you're supporting East...they don't really get any special privileges otherwise."
—Treasurer **Jane Christenson**

BUSINESS PROFESSIONALS OF AMERICA. Front Row: Julie Johnson, Brandon Thompson, Jennifer Weeks. Row 2: Keri Sawhill, Sara Campbell, Deana Cruchelow, Jayne Corbin. Third Row: Carrie Whalen, Heather McCarl, Raychelle Puchta, Jesse Burnfin-Watterson. Fourth Row: Rachael Kinney, Lori Doornenbal, Ryan McIntosh, Mary Jane Kaldenburg (sponsor), Josh Hayes, Katie Sawhill, Desiree Jones. Not Pictured: Monique Flipping, Dana Worthington.

KEY CLUB. Front Row: Steve Porter (Co-President), Sherry Kitthikoune, Elizabeth Govoni (Co-President), Heather Knight, Patchay Kamvanh. Row 2: Kari Teske, Ashley Inthalangsy, Landna Baccam, April Parker, Kim Scarlett, Kelly Kraska. Row 3: Jessie Burnfin-Watterson, Barrett Heck, Beth Drey, Evie McPherson, Renee Hesseltine, Emily Sawhill, Marlisha Slaughter. Back Row: Matt Bird, Anna Ochoa, Amber DeVan, Tim Page, Kt Harrington.

KIWANIANS. Front Row: Amy Nemmers, Sherry Kitthikoune, Amber DeVan, Kate Olson. Back Row: Tim Page, Jason Irvin. Not Pictured: Ryan Cook, Josh Hibben, Megan Hill, Becca Stamper.

Story/Design: Courtney Reeves.

LEADERSHIP COUNCIL. Front Row: Jenny Breese, Amber DeVan, Joe Florez. Row 2: Tiffany Roby, Judy Kligopoulos, Crystal Leach, Rickie Carlson, Kerry Green, Shannon Kingrey, Kailee Mauk, Brandy Porter, Diana Calo, Patchay Kamvanh. Row 3: Tara Mathews, Megan Staley, Nikki Mooers, Jenny Jones, Chantelle McFadden, Marlisha Slaughter, Clyde Copeland, Jason Milligan, Sarah Consorti. Row 4: Brandie Voecks, Kenielle Kinney, Maya Coleman, Anesha Franklin, Becky McAleavy, Nick Kligopoulos, Manivone Kitthikoune, Joe Furby, Travis Head. Back Row: Kearstin Nichols, Drew Davis, Kamilia Lee, Terrence Reasby, Laura Pastore, Kt Harrington, Calvin Smith. Not Pictured: Stephanie Gibb, Courtney Carpenter, Shannon Iverson, Malaika Luster, Emily Johnson, Amanda Grant, Meredith Garlick, Jennifer Campbell, Jenny Booth, James Woodyard, Kolisa Winston, Frank Ewurs, Brenda Villarreal, Kimberly Duong.

NATIONAL HONOR SOCIETY. Front Row: Josie Owens, Bethany Gale, Landna Baccam, Patchay Kamvanh, Kelly Kraska, Becca Stamper. Row 2: Krystal Tharp, Deana Cruchelow, Kari Teske, Stephanie Bernard, Jodie Hansen. Row 3: Renee Hesseltine, Amy Nemmers, Amy Braaksma, Nicole Slater, Sarah Ingersoll. Back Row: Sherry Kitthikoune, Angla Curtis, Ryan Cook, Josh Hibben, Holly Reese, Kate Olson.

NCYL. Front Row: Landna Baccam, Ashley Inthalangsy, Patchay Kamvanh, Elizabeth Govoni, Kari Teske. Row 2: Angla Curtis, Amy Nemmers, Holly Reese, Kate Olson, Renee Hesseltine. Back Row: Rashawnda Gardner, Sarah Ingersoll, Tim Page, Jason Irvin. Not Pictured: Ryan Cook, Josh Hibben, Nicki Mooers, Nicole Slater, Becca Stamper.

STUDENT GOVERNMENT. Front Row: Manila Lovanh, Landna Baccam, Patchay Kamvanh, Ashley Inthalangsy. Row 2: Khanthaly Souvatrat, Elizabeth Govoni, Amy Nemmers, Amber DeVan. Row 3: Angla Curtis, Heather Martineau, Manivone Kitthikoune, Kate Olson, Stacey Zelenovich. Back Row: Kt Harrington, Stephanie Gibb, Kate Pagel, Steve Porter, Doug Smith. Not Pictured: Eric Flaherty, Kelly Kraska, Kim Scarlett.

NOVICE DEBATE: Front Row: Beth Alvarez-Jones, Marlisha Slaughter. Row 2: Stefanie Schatz, Tigre Williamson, Stephanie Kellis. Row 3: Nat Cox, Emily Dillard, Danielle Boylan. Back Row: Doug Smith.

VARSITY DEBATE. Front Row: Gary Schnoor, Katie Naset, Lauren Rice, Andy Miller. Back Row: Blaine Moyle, Zack Peterson, Jodi Hansen, Coach John Williams.

SCROLL. Front Row: Sandy Mendenhall, Courtney Hurdle, Kari Teske, Bethanie Roof, Nicole Slater. Back Row: Deja May, Michelle Colvert, Blaine Moyle, Anthony Buttrey. Not Pictured: Amy Braaksma, Justin Shelburg, Chao Xiong.

Story/Design: Courtney Reeves.

FRESHMAN CHEERLEADERS. Front Row: Courtney Page, Amanda Whalen. Row 2: Kelli Welker, Tigre Williamson, Jennifer Ung, Chris Olson, Michelle Ezzio. Row 3: Sheena Signs, Lindsey Carr, Angie Leabo, Melissa Khodai. Back Row: Andrea Cook, Tiffany Carey, Tiffany Boggs, Sara Westergaard. Not Pictured: Megan Templeton.

SOPHOMORE CHEERLEADERS. Front Row: Kolisa Winston. Row 2: Stephanie Miller, Angie Cupp, Sarah Dority, Tracie Mitchell. Row 3: Brooke Bennett, Kari Warren, Amber Leonardi, Jenny Edwards. Back Row: Jamber Reed, Nickelle Stevens, Julie Metheny, Tiffany Good.

VARSITY CHEERLEADERS: Front Row: Tabatha Smothers, DeEnda Lopez, Jennifer Weeks, Angie Beason, Ashley Inthalangsy, Josie Owens, Judy Kilgopolous, Julie Rice. Row 2: Stacey Zelenovich, Raychelle Puchta, Julie Johnson, Amy Banks, Tracie Schlotterbeck, Kerry Green. Row 3: Megan Wall, Tricia Forrest, Jennifer Lim, Savanchay Hacknorath, Chommany Lo, Lesie Evans. Back Row: Shawna Finch, Stacey Letze, Jayne Corbin, Stephanie Gibb, Courtney La Rue. Not Pictured: Khamnoy Sipaseuth.

SCARLET DANCE SQUAD. Front Row: Martina Carr, Dominique Francis, Shauna Harris, Lacey Etter. Row 2: Betty McCarl, Tonette Haygood, Rashawnda Gardner, LaDondra Moon, Courtney Carpenter, Michelle Oliver. Back Row: Cammie Williams, Tanesha Thompson, Nicole Drayton, Frantz Whitfield, Gabby Brewton, Malaika Luster, Chantell Harris.

STEPPERS. Front Row: Carrie Whalen, Bethanie Roof, Kate Olson. Row 2: Melissa McAleavy, Jennifer Williams, Shawna Corbin, Kate Pagel, Jill Nowadzky, Krystal Tharp, Heather Weber, Becky McAleavy. Back Row: Christie McPherson, Chantelle McFadden, Jamie Jones, Tiffany Mayse, Evie McPherson, Mollie Schirman, Lisa Gathercole.

East High School

UPWARD BOUND (CENTRAL). Front Row: Clyde Copeland, Ramon McCarrell, Sioalong Southammavong. Row 2: Landna Baccam, Lisa Lee, Marlisha Slaughter. Row 3: Julanda Brown, William Sitthisay, Kevin Minard. Back Row: Johnny Lovan, Bagdy Lovan, Shakela Newsome. Not Pictured: Silvia DeLaCruz, Amber DeVan, Kamilia Lee.

UPWARD BOUND (DMACC). Front Row: Alina Mendez, Christon Jackson, Rosa Dozal. Back Row: Tiffany Roby, Lindsey Gordon, Tyechia Burgess. Not Pictured: Ernesto DeLaCruz, Tony Grimm, Jr., Karla Sanchez, Carmel Stewart, Amanda Walters.

Story/Design: Courtney Reeves.

SCIENCE BOUND. Front Row: Kira Campos-Anderson, Savanchay Hacknorath, Khamnoy Sipaseuth, Marlisha Slaughter, Landna Baccam, Manila Lovanh. Row 2: Tristana Roberts, Crystal Hecker, Julanda Brown, Nicky Vang, Nophalak Meksay, Silvia DeLaCruz. Row 3: Matt Evens, Nathan Gary, Corey Patton, Tamika Miller, Vanessa Mata, Ernesto DeLaCruz. Back Row: Christon Jackson, Charles Mercer, Bagdy Lovan, Donald Freeman, Angela Moreno. Not Pictured: Tiffany Adams, Jamie Chia, Oralia Crooks, Ernesto DeLaCruz, Leslie Grafton, Thomas Powell, Nathan Crooks, Jose Flores, James Fox, Donald Haygood, Vanessa Mata, Tameka Miller, William Sitthisay, Kea Vongchanh.

SCARLETEERS. Front Row: Judy Kilgopoulos, Jill Nowadzky, Sara Halsten, Kari Teske, Kate Olson, Amanda Webber . Row 2: Angie Beason, Jessica Kenney, Nicole Lawrence, Kelly Kraska, Holly Reese, Cindy Michael, Amy Klopfenstein. Back Row: Evie McPherson, Beth Drey, Doug Smith, Ryan Cook, Steve Porter, Stephanie Gibb, Becca Stamper.

LIBRARY AIDES. Front Row: Eric Ivanovich, Joe Goffman, Kristen Reid, Amy Alexander. Not Pictured: Casey Law, Shawn Lore, Dan Fetters, David Freerkson, Tara Baker, Jodi Hansen, Katie Sawhill, Jessica Hoard, Nicole French, Kailee Mauk.

PEPE CLUB BOARD. Kelly Bloomquist, Jayne Corbin, Bridget Davis, Lacey DiMaio, Jenny Edwards, Emily Erickson, Jenny Fallis, Shawna Finch, Eric Flaherty, Amanda Grant, Megan Hill (Vice-President), Heather Hutchinson, Jason Irvin, Julie Johnson, Heather Knight, DeEnda Lopez, Chantelle McFadden, Sandy Mendenhall, Jessica Miller, Amy Nemmers (President), Jill Nowadzky, Kate Olson (Secretary), Lesley Olson, Josie Owens, Courtney Page, Tim Page, Natalie Patterson, Krystal Pickett, Raychelle Puchta (Vice-President), Holly Reece, Emily Sawhill (Historian), Mollie Schirman, Nicole Slater (Publicity), Doug Smith, Becca Stamper, Heather Weber, Jennifer Weeks, Jennifer Williams, Melissa Woodard, Stacy Zelenovich.

JUNIOR BOARD. Front Row: Chommany Lo, Tina Inthavong, Emily Erickson, Amy Forkner (VP), Stacey Zelenovich (President), Jennifer Williams. Row 2: Judy Kligopoulos, Seven Hacknorath, Tiffany Mayse, Shawna Finch. Back Row: Manila Lovan, Jessica Miller, Stacey Letze, Stephanie Fallis. Not Pictured: Mollie Schirman, Jennifer Lim, Beth Drey (VP), Megan Staley (VP), Tabatha Smothers, Stacie Atkinson.

SPANISH CLUB. Front Row: Manila Lovanh, Laurie Brown, Josie Owens, Becca Stamper, Kate Pagel. Row 2: Megan Staley, Vanessa Kinnear, Colleen Flaherty, Jason Irvin. Row 3: Crystal Held, Jessica McClaskey, Dan Evans, Stacey Letze, Kalpesh Patel, Eric Olson. Back Row: Tina Inthavong, Monika Stepan, Oulay Hacknorath, K. Hansen.

Story/Design: Courtney Reeves.

FRENCH CLUB. Front Row: Tim Page, Liz Govoni, Sherry Kitthikoune. Row 2: Savanchay Hacknorath, Angie Davies, Khantaly Souvatrat. Row 3: Ashley Inthalangsy, Jennifer Ung, Ted Harrington. Row 4: Adam Winn, Nopalak Meksay, James Luong. Row 5: Josh Markle, Kong Lee, Kristin Tiedemann, Colby McNichols. Row 6: Diana Calo, Sheriva Luong, Nikki Drayton. Row 7: Holly Reese, Nikom Vansylalom, Megan Wall, Jim Marker, Tori Kerr, Melissa Kodai, Sara Westergaard. Row 8: Barrett Heck, Leslie Evans, Beth Drey, Meghan Templeton. Row 9: David Hutson, Frank Swoboda, Brooke Bennett, Ken Sinclair, Bethany Johnson, Lesley Olson, Steve Porter, Nicole Slaughter, Kalpesh Patel. Back Row: Katja Probst, Terrence Reasby. Not Pictured: Stacie Atkinson, April Boll, Grabrielle Brewton, Lula Ditu, Seana Fiddler, Dan Govoni, Jodi Hansen, Nate Hibben, Amy Klopenstein, Kris Alvarez, Emily Clause, Sharice McMahan, Cindy Michael, Rochelle Slaughter.

MIMES. Front Row: Joy Lloyd, Laura Pastore, Shannon Kingrey. Back Row: Melissa Peek, William Sevenbergen Not Pictured: Misty Bishop, Joseph Florez, Kailee Mauk, Jessica Nelson, Brandy Porter, John Smith, Brandi Thurmond.

THEATER ARTS. Front Row: Kailee Mauk. Row 2: Theresa Johnson, Emily Van Horn, Marlisha Slaughter, Shannon Kingrey, Brandy Porter. Back Row: Stephanie Gibb, BJ Stradley, John Smith, Josh Belcher, K.T. Harrington, Holly Reese, Brain Law. Not Pictured: Anthony Warton, Michelle Colvert, Billy Sevenbergen, Georgina Siders, Anesha Franklin, Michelle Murphy, Kearstin Nichols.

CHAMBER CHOIR. Front Row: Linda Her, Renee Hesseltine, Kari Teske, Becca Stamper, Holly Reese, Katie Nevins, Tres Busby, Cody Pfau. Row 2: Derek McChurch, Jaime Hill, Michelle Murphy, Theresa Warnock, Jason Mason, Leah Browne, B.J. Stradley, Kati Sawhill, Marlin Devan, Sarah Lewis. Back Row: Kate Pagel, Michael Gary, Sandy Mendenhall, Billy Sevenbergen, Andy Anderson, Renee Bernhardt, R.J. Montis. Not Pictured: Amy Alexander, Anesa Gardner, Chad Lint, Keri Sawhill, Emily Stokka.

PREP CHOIR. Front Row: N. Houchin, A. Owens, S. Carlos, R. Soloman, C. Knight, M. Chander, S. James, A. Dowell, J. Oliver, A. Hale, D. Tilden, E. Dalton. Row 2: L. Thomas, A. Lowe, A. Brumley, S. White, M. Vandermark, S. Parker, D. Byers, R. Blackford, T. Hafenbrack, M. Oliver, C. Yenzer, N. Clearwater, J. Nelson. Row 3: L. Robuck, A. Hale, S. Housman, C. Meek, C. James, V. Lovanh, C. Chance, J. Cantu, C. Waldon, L. Bear, D. Boylan, A. Wallace, S. Reid, J. Sweet, A. Mendez. Not Pictured: L. Jordan, C. Schreck, A. Waldschmidt, D. Williams.

TREBLE CHOIR. Front Row: J. Loghry, S. Oaks, T. Halsband, M. Kohrs, A. Davis, S. Countryman, A. Armstrong, S. Beavers, B. Reinig, A. Bacon, T. Williamson. Row 2: K. Knouf, N. West, D. West, D. James, C. Evans, M. West, K. Welker, S. Rover, A. Walters. Row 3: T. Gregory, T. Torrans, C. Smith, M. Wheeler, M. Dennis, C. Ewurs, J. Terrazas, A. Butler. Not Pictured: H. Adamson, C. Stewart.

Story/Design: Courtney Reeves.

MIXED CHOIR. Front Row: T. Vang, N. Atkinson, L. Miller, D. Slivia, J. Easter, A. Webber, L. Green, A. O'Brian, E. Stokka, S. Whitten, A. Harkins. Row 2: J. Ball, C. Williams, P. Fredregill, M. Stanton, M. Murphy, C. Clemons, H. Knight, K. Kinney, D. Vanhorn, H. Collins, J. Beener. Back Row: E. Lamb, G. Waldon, C. Copeland, M. Jenkins, A. Sanders, S. Fraser, T. Browne, R. Williams, L. Palmer, S. McConnell, K. Kinney, K. Reid. Not Pictured: C. Carpenter, C. Hurdle, B. Short.

VOCAL JAZZ. Front Row: Becca Stamper, Anna O'Brien, Kari Teske. Back Row: Renee Hesseltine, Katja Probst, B.J. Stradley, R.J. Montis, Holly Reese, Katie Nevins.

VOICE CLASS. Front Row: Kt Harrington, Marlin Devan, Estevan Ramirez, Katja Probst. Back Row: Aaron Long, Chauncey Mallett, Frank Swoboda, Anthony Sanders. Not Pictured: John Easter, Amanda Ross.

ORCHESTRA: Front Row: Chandel Clemons, Sarah Brooks, Janna Dickey, Stefanie Schatz, Kirby Praseuth, Ben Davis, Michelle Stanley, James Grasso. Row 2: Shakeela Newsome, Mya Rounds, Katie Hull, Jessica Richardson, Amanda Webber, Emily Dillard, Brandon Gregory, Shawna McChurch, James Vance. Back Row: Michelle Oliver, Wolfgang Lechner, Tod Wacht, Kira Campos-Anderson, Andrea Brockman, Christina Lary, Melissa Woodard, Jessica Miller, Shannon Griffiths, Angela Vertz, Jennifer Swartz (teacher). Not Pictured: Crystal Hecker.

JAZZ BAND. *Saxophones*: David Kouang, Lou Ann Covalt, Cassie Petersen, Anthony Antleman, Nick Herrera, Ethan Herrera. *Trombones*: R.J. Montis, Luther Fox, Ramon McCarrell, Jamie McDaniel. *Trumpets*: Chuck Mercer, Emily Stokka, Scott Appleby, Robert Curtis, Dan Rendall. *Rhythm Section*: Andy Anderson, Zach Mortice-Lowman, Stacie Atkinson, Mark Grimm, Anesa Gardner, Jorgen Jorgensen-Briggs.

CONCERT BAND. Kelly Alshouse, Jacob Anderson, Andrew Anderson, Tony Antelman, Scott Appleby, Stacie Atkinson, Chris Atkinson, Paul Augspurger, Carrie Birkhofer, Venessa Boland, Christopher Bump, Tres Busby, Lou Ann Covalt, Adam Curl, Robert Curtis, Angla Curtis, Angela Davies, Silvia De La Cruz, Ernesto De La Cruz Jr., Megan Edwards, Luther Fox, Dominique Francis, Anesha Franklin, Aaron Giddings, Corey Gipson, Jenny Golden, John Greene, Amy Griffiths, Mark Grimm, Nickolas Herrera, Ethan Herrera, Michael Hidlebaugh, Bethdy Hoang, Beth Anne Jones, Kristal Knouf, John Knox, David Kouang, Lauretta Leverich, Angela Marlenee, Sara Martin, Heather Martineau, Ramon McCarrell, Daffney McCaskill, Derek McChurch, James McDaniel, Wendy Mehl, Charles Mercer, Polly Messenger, Patty Michael, Amanda Mincks, Tracey Mitchell, Robert Montis, Debbie Montis, Zach Mortice-Lowman, Kathryn Nevins, Jabre Norwood, Abby Oliver, Cassie Petersen, Christopher Phillips, Mark Potter, Erin Quigey, Jason Ray, Dan Rendall, Cristy Riley, Heather Roseberry, Kelli Ross, Angie Ruston, Julie Samuelson, April Schaffer, Marie Stanley, Emily Stokka, Brandi Thurmond, Kristin Tiedemann, Charles Tonsi, Joseph Torrans, Christopher Ulmer, Erin Warren, Frantz Whitfield, Tricia Wickersham, Lisa Wolfe

PICTURE
UNAVAILABLE

Story/Design: Courtney Reeves & Kilgore Trout.

MARCHING BAND & COLORGUARD. Front Row: Angela Parsons, Mark Grimm, Chris Ulmer, Jake Anderson, Zach Mortice-Lowman, Andy Anderson, Ethan Herrera, Ange Rustan, John Greene, Adam Curl, Chuck Tonsi, Polly Messenger. Row 2: Jennifer Oliver, Stacey Griffith, Tricia Wickersham, Christina Hunt, Mindy Kimball, Courtney Hurdle, Kristal Knouf, Brandi Thurmond, Shannon Kingrey, Kellie Reuppel, Brenda Faux. Row 3: Venessa Boland, Angela Marlenee, Debbie Montis, Tres Busby, Abby Oliver, Kristin Tiedemann, April Schaffer, Julie Samuelson, Amy Griffiths, Michael Hidlebaugh, Erin Warren, Lauretta Leverich, Sara Martin, Kelli Ross, Seana Fidler. Row 4: Megan Edwards, Heather Martineau, Angla Curtis, Silvia De La Cruz, Beth Jones, Wendy Mehl, Kelly Alshouse, Anesha Franklin, Carrie Birkhofer, Heather Roseberry, Christy Riley, Derek McChurch, Jenny Golden, Angela Davies, Marie Stanley, Stacie Atkinson, Gina Siders. Row 5: Amanda Ragan, Cassie Petersen, Mark Potter, Jason Ray, Daffney McCaskill, Lou Ann Covalt, Joseph Torrans, Chris Atkinson, Aaron Giddings, Corey Gipson, Maceo Anderson, Paul Augspurger, Bethdy Hoang, David Kouang, Ernesto De La Cruz, Emily Stokka, Jason Embrey, Brooke Nowadzky. Back Row: Kristen Reid, Nick Herrera, Tony Antelman, Meredith Garlick, Jabre Norwood, Donald Freeman, John Knox, RJ Montis, James McDaniel, Ramon McCarrell, Barrett Heck, Charles Mercer, Scott Appleby, Robert Curtis, Chris Bump, Patty Michael, Chris Phillips, Wendy Bradford. Not Pictured: April Hazelwood.

ook at all of these students. Throughout the year, some of the classes have fun activities to do that relate to what is being learned in the curriculum. Students are able to choose from a variety of classes throughout their academic years at East.

Story/Design: Amy Klopfenstein. Photojournalist: Jeremy Milligan.

ACADEMICS

“Oh no! It’s the first day of school already. What if I can’t find my way around. What if I am late to my classes. Will I get in trouble?”

For many freshmen, these fears were quite common. But eventually, they entered into the East system and found out that their classes weren’t as bad as they thought. They also found out that the teachers they had heard about really didn’t eat freshmen for breakfast, and they turned out to be pretty nice.

As for the seniors, all that went through their minds was, “When will graduation be here?” This was finally their last year and the one that counted the most. In their classes they worried about whether or not their grades would be high enough to pass and they hoped that they had remembered to dress out often enough in gym class so they would be able to graduate.

The sophomores and juniors continued to hope that their grades were high enough so that they could just get to the next year. They can only keep looking forward to the day that they will graduate.

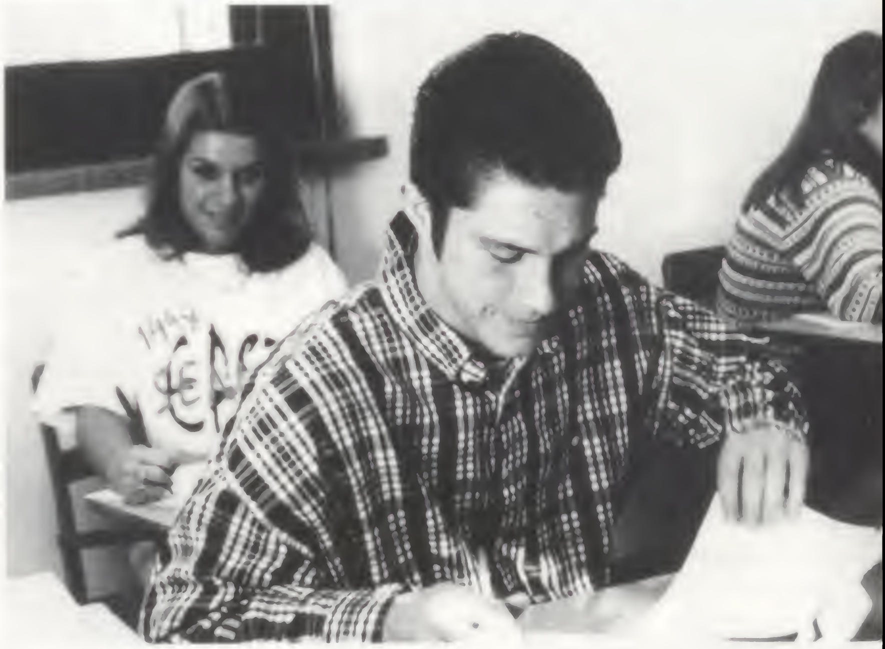
Many things went on during East’s ’97-8 academic journey, just take a look inside and see!

Looking Inside... for Answers

Sophomore English student **Jackie Beener** decides which topic to write about, while classmates **Jeff Buehler, Tory Browne, & Mark McMurray** listen to **Julia Hagen's** English directions. Hagen's assignments include reading novels and journal work.

Showing proper classroom behavior is sophomore **Kearsten Nichols** as she finishes up an essay for **Julia Hagen's** English class. Students are assigned many essays on books and write their own stories.

Senior **Tim Page** is hard at work, but senior **Jennifer Weeks** still has time to give a smile. Seniors usually have something to smile about in **Kathie Danielson's** AP English class.



Story/Design: Stephanie Gibb. Photojournalist: Tara Mathews.

SPEAKING

from books to podium

Today we will be starting *The Crucible*, a novel about the Salem witch trials." That's an example of what can be heard coming from **Judy Rush's** advanced English class each fall.

"You all will be needing to come up with a personal poster and speech about yourself, and it's due in two weeks." This can be heard in **Jill Shaeffer's** Speech class.

Both **Rush** and **Shaeffer** teach students the importance of writing and speaking every day. But they have different views on the goals of their classes.

According to **Rush**, English class can be a very rewarding experience for both the teacher and the student.

"There is more time for modern writing and the philosophy of American literature is so inspirational," said **Rush**.

Shaeffer's speech classes are based on a more "verbal" platform. The students give about nine speeches in one semester, ranging from personal description to "how-to's."

"My class teaches responsibility and the right way to formally introduce yourself to the world, it shows the importance of public speaking in real life," says **Shaeffer**.

Along with speeches, the students also do a lip sync project and many group activities, while English classes do more literature-based activities, dealing with greek mythology and Alex Haley's famous *Roots*.

"I believe there is a deeper meaning or symbolism to everything, what we perceive in the world is a mirror of who we are," said **Rush**. "We can get that through the works of nearly all American Literature."

Having fun while learning can be an important aspect of both English and speech.

"I believe a classroom is for learning and not for having fun because if you just have fun and do nothing, then you really don't learn anything," said **Shaeffer**.

Either way, both English and speech are two very important subjects needed for success in life. They teach about life, history, and something very important—people.

*Smile!" A lovely **Linda Saddoris** takes time out from her planning period to show off her pearly whites! **Saddoris** has a full schedule teaching both junior and AP English classes.*

Famous Speech "Quotes"

"Ask not what your country can do for you, but what you can do for your country."

—President John Kennedy
Inaugural Speech

"Give me liberty or give me death!"

—Patrick Henry

"This is stating that all people serving as a slave in any state, will be thenceforward free forever."

—President Abraham Lincoln
Emancipation Proclamation

Spanish I teacher ***Dolores Keith*** *teaches her students the fundamentals of Spanish. This year there were more sophomores and juniors taking Spanish I.*

Amanda Mason *has yet to face the consequences for falling asleep in new teacher* ***Andrew Rosene's*** *class.* ***Rosene*** *has little tolerance for people estan dormiendo instead of working.*

Seniors ***Rebecca Stamper***, ***Kate Pagel***, ***Holly Reese***, *and* ***Vanessa Kinnear*** *are smiling now but after the seven minute thriller the smiles were wiped off.*

Kathy Hansen *is having a group discussion with her students about Cristobol Colón. The addition of a Spanish V class was a pleasant change for* ***Hansen***.

Story/Design: Tina Inthavong. Photojournalist: Jenn Williams

CHANGING

it's all a part of life

A farm, animals, bonfire, s'mores, hay, haunted house. Wonder what all those things have in common? They describe the Spanish Club's Hay Rack Ride in October.

The club sponsored a first annual ride at Sleepy Hollow for all Spanish students, for five dollars. Students made a bonfire, gathered around it and sang Spanish songs, and made s'mores. Then they went on a hay rack ride through a haunted house.

"It worked out pretty well. Even though it was cold, I had a lot of fun. I liked the hot chocolate the best because it kept me warm," said foreign exchange student senior **Robert Ortiz**.

This year saw many changes in East's foreign language department. One of these changes is a separate Spanish V class. Before, Spanish IV and V levels were combined into one whole class which made it hard to teach.

"I'm glad there's a V class. Now we can focus more on speaking and concentrate more on the Spanish V kids," said teacher **Kathy Hansen**.

Changes in schedules affect many people in many different ways but changing schools is different. New Spanish teacher **Andrew Rosene** moved in smoothly.

"It hasn't been that different partly because I was substituting in the WDM school district," said **Rosene**. "My goal for this year was to try to get students to be comfortable to communicate in Spanish."

Rosene wasn't the only one dealing with changes. The French classes had a new agenda. Instead of learning from the *French for Mastery* books, they used French Literature workbooks.

"They are more difficult than the old books that we used. The old books taught the concepts and how to write, but this literature book is teaching us how to read. Reading and writing in French is different, but it's a very good learning experience. It will help us in later years when we might need it," said senior **Manivone Kitthikoune.**

French teacher **Susan Lorence** said it was very adequate and the students "benefit a lot from this experience."

Striving for that "A," sophomore ***Nichole Slaughter*** *finishes her work in class, while senior* ***Holly Reese*** *caught senioritis in her last year of French.*

Sophomores ***Amber Johnson, Stephen Kirkpatrick, Julia Laake,*** *and* ***Cody Pfau*** *are content with taking notes in class. Note-taking is a key aspect of Law & Issues, if you want to pass that is!*

Student Teachers

Do you think History will repeat itself?

"Definately, it obviously hasn't been learned from so we keep experiencing the same situations."

—Stephanie Hemans
Assistant to Jim Bush

"Sure, wars and world problems happen all of the time. We haven't learned."

—Chad Smith
Assistant to Don Murphy

What is your favorite historical event? A Teacher's View

"The Holocaust. It was so bewildering to me that mankind could do something so terrible."

— John Bankus

Students in ***Stan Thompson's*** *Law and Issues class take notes as he shows a picture of assassin Lee Harvey Oswald, killer of President John Kennedy.*

Story/Design: Stephanie Gibb. Photojournalist: Jennifer Breese.

HISTORY *in the making*

Will history really repeat itself?

That's what every history and Law and Issues class asks when they step into their classroom.

"The kids really enjoy learning about the history of issues, both current and historical," said Law and Issues department head **Stan Thompson**. "They have a big effect on the kids' lives today."

Over nine history teachers spend four or more periods out of the day educating kids on the importance of internationally historical events, such as the rise and fall of the Roman Empire, and World War Two's holocaust.

"I think World History is great for the students. It broadens their views on the world," said teacher **Don Murphy**.

The more detailed Law and Issues class focuses on larger historical and modern issues. This interactive class is taught by **Thompson** and aided by **Don Murphy**, **John Bankus**, and **Mel Wilson**.

The subjects tend to catch the attention of the students primarily because of the context in which they are taught. Subjects include Criminology, Child Abuse, and Serial Killers (Jack the Ripper and Ted Bundy, for example). Also studied are the Kennedy Assassination and the life and times of Elvis.

"I took this class last year and my favorite person to learn about was Al Capone and what he did," said junior **Josh Belcher**.

To make sure that the students are getting their homework's worth, the classes are modified every year through student evaluations.

"We modify the classes every year so that we're actually teaching what the kids want to learn," said **Murphy**.

American History classes deal with the path of how our country came about and various events leading up to the present.

"It's a good year for history," said teacher **Jim Bush**. "The students are getting more interested and participate more in class discussions."

Maybe history is coming back, not to repeat itself, but to gain more well- deserved popularity!

By and large, students spend most of their time in this class listening, learning, and writing down everything. Look at sophomore ***Nickelle Stevens****; she knows how important it is!*

Weird Laws

In Osceola, Ia. it is illegal to scoop the loop more than four times!

In Iowa City, Ia. you may face a fine if you spit on the sidewalk.

It's a state-wide law that you can't sell a car on Sunday!

The conception of children on certain days of the week is illegal in Iowa.

What do you like best about your class?

"I enjoy learning about the government. It's modern; not another history class."
—Senior Ryan McIntosh

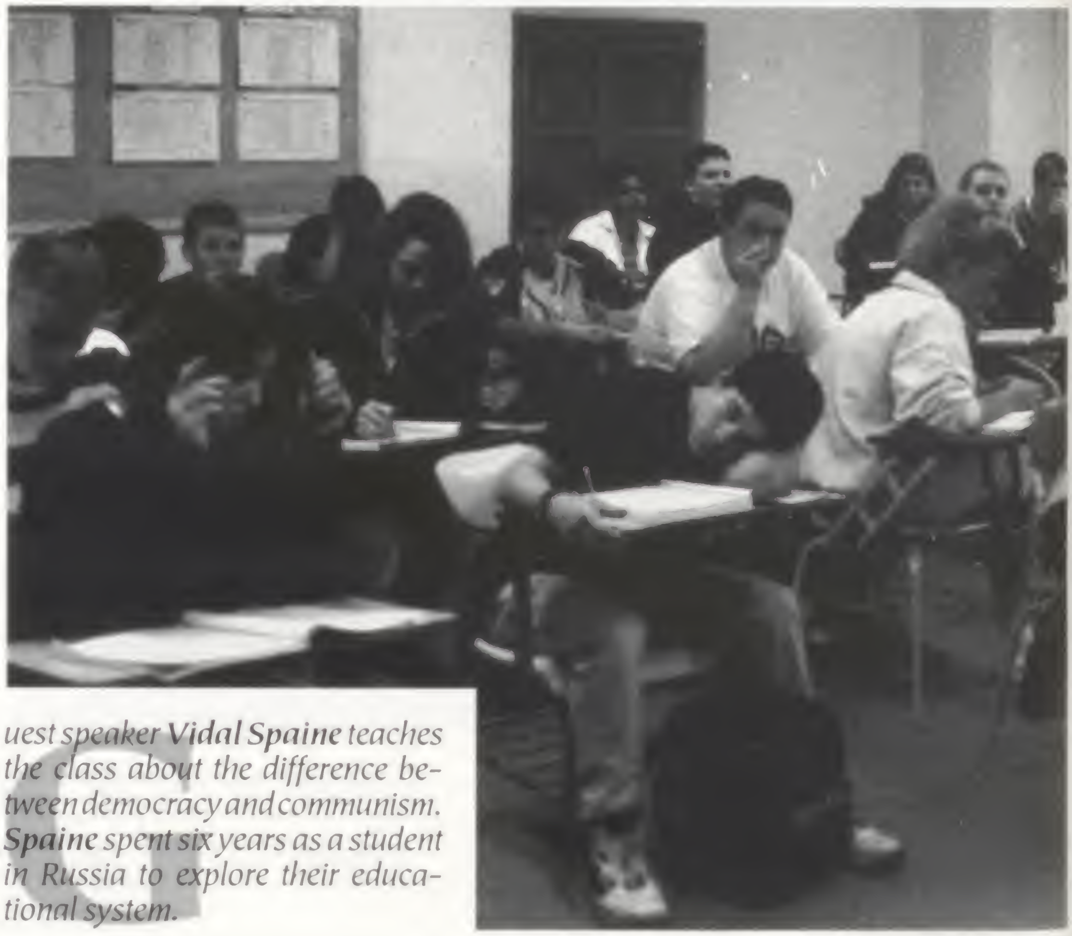
"Mr. El-Baroudi makes the class fun, and it's nice to see how business works."
—Senior Kate Olson

"We get to organize and run our own companies."
—Senior Raychelle Puchta

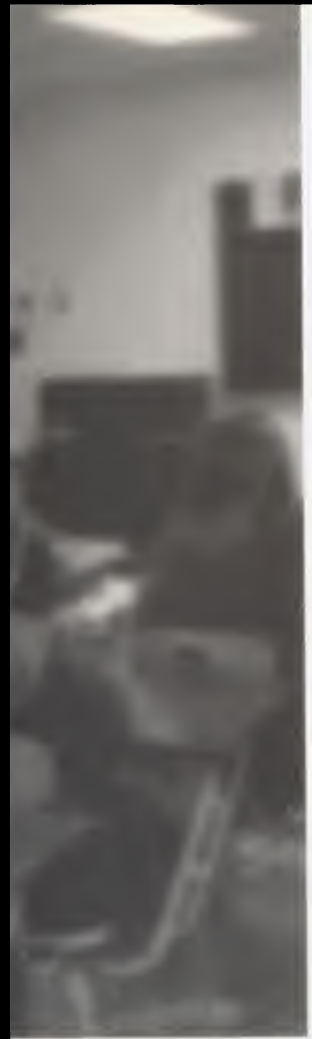
Story/Design: Chris Fidler. Photojournalists: Jenny Booth & Dusty Johnson.

Students in this government class quietly listen to the lesson. They had many guest speakers to teach them about the government.

*Teacher **Samy El-Baroudi** rests on his podium after a tiring lecture. **El-Baroudi** was an associate at North before coming to East.*



*Guest speaker **Vidal Spaine** teaches the class about the difference between democracy and communism. **Spaine** spent six years as a student in Russia to explore their educational system.*



SUCCESS: learn how to achieve it

Two of the required classes for a student's senior year are government and economics. Each class lasts one semester and economics can be replaced by Applied Economics.

The economics class is solely taught by **James VanTuyl** and Applied Economics by new teacher **Samy El-Baroudi**. Though each class may seem to teach the same thing on the outside, the in-depth look is quite different.

El-Baroudi says, "The theoretical difference is that Applied Economics is more hands-on, and economics basically covers the concepts of business."

Each class proves this with a semester project. Economics students pick a well-known business, like McDonald's, and study its progress over time by interviewing employees and recording its operations, said **VanTuyl**.

In Applied Economics, the students make up their own business and sell their own products. This year the students elected to sell candy.

"By selling their own products, the students can learn the basic economic structure of a business," said **El-Baroudi**.

Economics students also learn the structure of businesses, but through textbooks rather than experience.

"They discuss the issues of foreign trade, banking and money, inflation, and other areas connected with the economic system," said **VanTuyl**.

The other half of the year students take a government class, taught by either **John Hodson** or **Stan Thompson**.

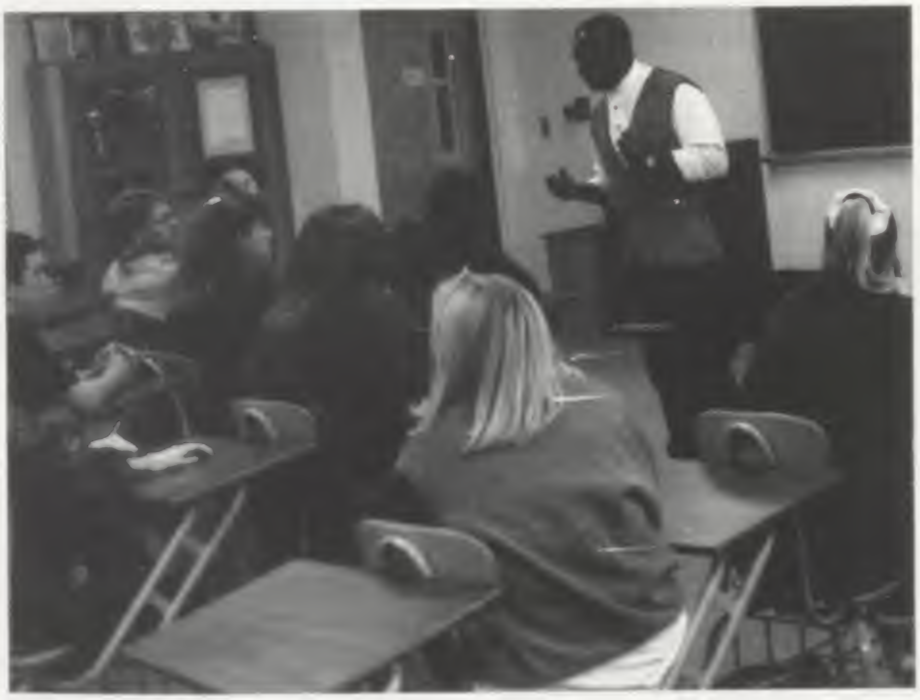
These classes mainly cover the three branches of government through history and evolution, as well as covering political parties.

Though **Thompson** teaches an advanced class, **Hodson** says they both "teach the same content, just with a different technique."

Last year the students held a mock-election for the presidency, but this year they followed the mayoral elections. Candidate Preston Daniels came in at the beginning of the year to talk to the class.

The students also receive visits from representatives of both political parties and from the Iowa Civil Rights Commission.

"The speakers explain their political purposes and goals, and the rest of the visit is mostly questions from the students," said **Hodson**.



There's never a dull moment in this class, whether they're working or just talking with their friends. These economics students organized their own businesses and sold inventive products.

One of the ways students understand their classwork is by discussing it with friends. Students usually worked together in class to help each other learn the topics taught.

Smile!" as any photographer would say. Seniors **Jennifer Weeks** and **Amy Banks** posed knowing that their smiles may help them live longer, and it's also a great way to relieve stress.

Writing in our journals every day is not my favorite subject," says senior **Heather Martineau** as she and her peers write. "But it's very helpful and time-consuming through-out the course."

Listening to their instructor, seniors **Heather Martineau**, **Gary Schnoor**, and **Amy Banks** pay close attention as they learn about different functions of the brain.

PIKES PEAK
COLORADO

Story/Design: CarrieLynn Meck. Photojournalist: Sara Campbell.

BEHAVIOR

it's all part of the brain

Ever wonder how the brain works? Studying psychology can give you the answers. Psychology teaches students not to accept simple answers to complex questions about how the mind works and why people behave the way they do.

It also helps students think critically about psychological problems and how to handle stress more effectively.

Sociology, the study of human behavior, an interesting subject for those who wonder what "normal" behavior is.

Senior Heather Martineau, an artist, feels the class is valuable.

"Many artist can only express their feelings in certain areas by either painting, drawing, or even sculpting," said **Martineau**. "That's what sociology is about, it gives you the skill to express one's behavior just by looking at them."

Senior **Melissa Peek**, who took both psychology and sociology, believes the classes will be a major help in the future.

"I needed this class for college," **Peek** said. "Although it's a very informative class, it also teaches me how we can sense things with our brain."

Psychology and sociology teacher **Fred Vanderley** had some of his students experiment to find out what the sense of smell has to do with the sense of taste. It was challenging for some, but others could figure out the answers without a problem.

Martineau felt that the class could've been more challenging, but overall, she learned that the point of the class was based on human behavior and how people react through the use of their brain.

"Psychology is a very important class in which you discuss different matters in different groups," **Martineau** said. "Mr. Vanderley tries his hardest to make the class interesting, and he does."

Journals were the most important part of the class. Students were to write in their journals every day about what they learned from the instructor, VCR, and group activities.

"Writing in my journal isn't my most favorite thing to do," said senior **Jennifer Campbell**. "But it's very helpful."

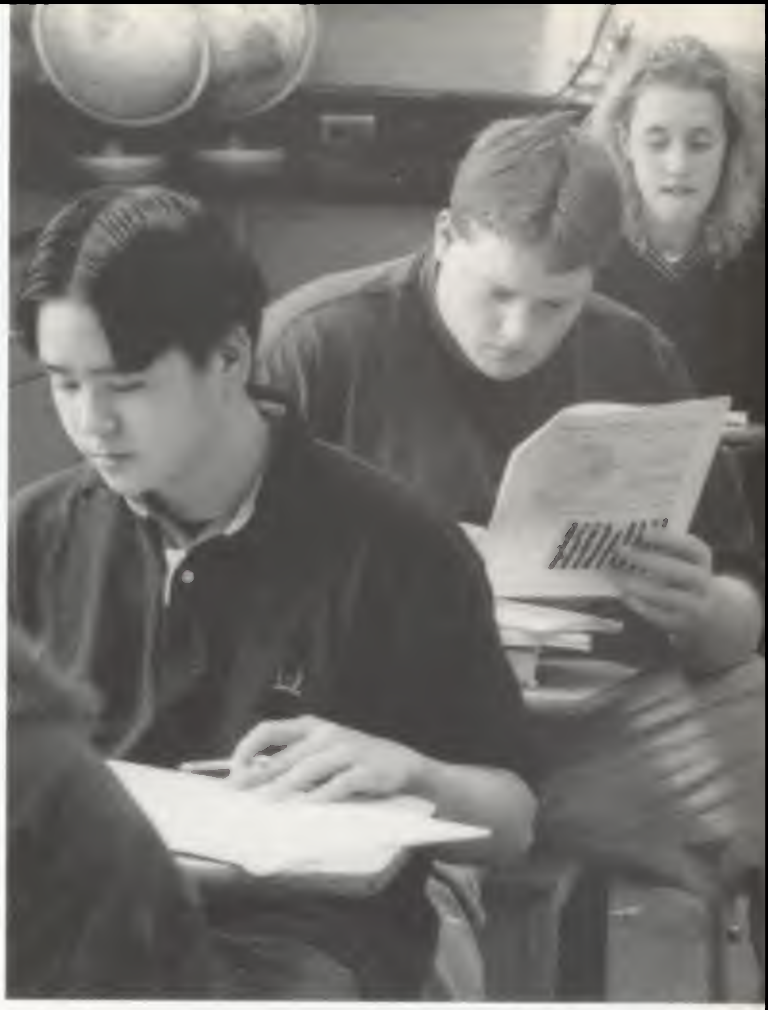
"I believe writing in our journal is a great idea because most people are likely to remember what they learned simply by writing it all down," agreed **Martineau**. "It was helpful on the unit test though we didn't get to use our notes on quizzes."

Many students thought these classes were important to society and a great opportunity to learn more about people.

As these students were studying in textbooks about the use of their brains, they realized that they use their brains all the time, books or no books.

As these students were studying about the use of the brain, many didn't realize that they were using their brains at the moment. Many people just don't realize that they're using their brain every second, even when they're asleep.

*Freshmen **Robert Bennett**, **Mike Bolio** and **Amber Burgett** deal with never-ending worksheets. These students were a part of the freshman "house" program. They visited the Historical Building in November.*



*Freshman **Misty Stanton** is discouraged by the overload of bookwork. Unfortunately, it was a large proportion of the curriculum.*

*House students anxiously work on their time zone worksheets. Freshman **Oralia Crooks** said, "The year would have been more interesting if we could have done more labs with the worksheets."*

Story/Design: Tiffany Roby. Photojournalist: Jason Milligan.

NATURE *reach out to it*

For some students at East, learning comes in many creative ways.

"During the semester we went to the Capitol. There we tried to enforce laws to protect endangered species," said **Deborah Neustadt**, ecology teacher.

Senior **Kt Harrington** said, "It was a good opportunity to see how our government officials are enforcing the laws."

The students also wrote the county supervisor to try to save the "Curb It" recycling program.

"When we wrote the county supervisor we wanted to try to save our environment before things get to out of control," said sophomore **Lindsey Gordon**. "If we are able to save the recycling program we will be to do just that."

Ecology students aren't the only ones learning in these new ways.

When learning about erosion, the earth science class did a lab that let them recreate a river.

Freshman **Jesse Bainter** thought that the erosion lab was "exciting" and it allowed the students to learn about erosion easier.

Some students watched *Dante's Peak*. This movie taught the students more about volcanoes.

"The movie taught us about what volcanoes can really do," said freshman **Niki Loftus**. "I was able to see how much damage they can cause."

Even though students are learning in these enjoyable ways, they still see room for improvements.

"Next year instead of writing the country supervisor it would be better to just go down there in person and talk to him. We would get a better outcome than by just writing," said sophomore **Tracy Mitchell**.

Freshman **Shannon Griffins** said, "In earth science we do a lot of book work. I think we should do even more hands-on projects and field trips."

Earth science teacher **John Rudisill** said if he could take students on field trips he would take them to Saylorville.

"It is harder for us to take the students on field trips because of the bus cost," said teacher **Janet Boyd**.

Regardless, both classes illustrate that at East, learning doesn't end at the classroom door.

During the Playdoh lab, freshman ***Shawn Head*** *reads the lab instructions. This lab was highly popular among students. It taught them how to make a topographical map.*

Earth science teacher ***Andy Howard*** *puts semester grades in the computer. This was his first year teaching earth science.*

WHAT IS YOUR FAVORITE SPECIES?

Lumbriculus variegatus (mudworms), because they are so exciting! Biology II students get to study and observe them for a whole month in the spring.
—Teacher Kacia Cain

"Leaches, because they suck on things."
—Junior Jake Garrett

I really like hydras because they're crazy and interesting. But really, my favorite species is Homo sapiens (humans) because I really love tall, dark, handsome, rich men.
—Senior Becca Stamper

*Playing with his pet cockroach, student teacher **Kevin Tippit** displays his bravery. A student at Drake, **Tippit** was a student teacher for **Keri Frommelt**'s biology classes first semester.*

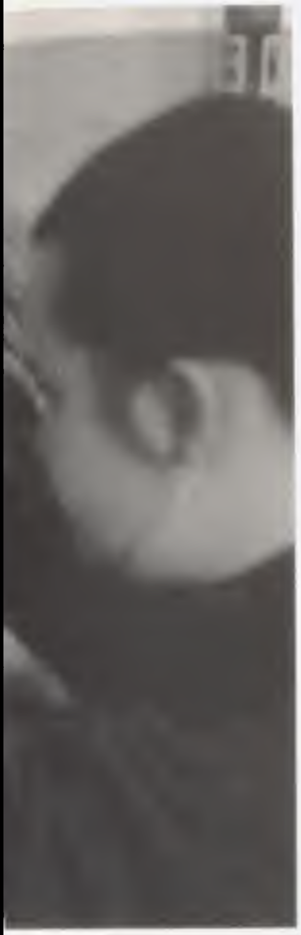
Story/Design: Ryan Cook. Photojournalist: Erin O'Connor.

*Experimenting in one of their first labs of the year, sophomores **Jenny Benge** and **Sarah Benesh** test a chemical. Biology is usually the first lab science taken by students, followed by chemistry and physics.*

*It's not just lab work anymore! Sophomore **Scott Adamson** does paperwork for his Biology I unit on ecology. This class curriculum also lets students take a close look at the food chain and symbiosis.*

*Working on a Biology II lab, senio **LaDondra Moon** shows prope gram-staining technique. Gram-staining is a simple procedure use to determine types of cell walls.*

EWWW... it's slimy!



The lowly amoeba doesn't have much going for it. It doesn't have much of a brain and can basically get eaten by anything around. As a member of the kingdom Protista, the amoeba finds itself buried at the very bottom of the food chain.

One may think that this position may also apply to the few freshmen in the sophomore-laden biology classes. However, this is not how they see it.

"It's not really that different than a class with other freshmen; it helped me make friends with the sophomores," said freshman **Andrea Cook**.

Regardless of grade level, students in Biology I classes learn the basics of both human and animal biology.

They do many labs, ranging from dissecting frogs to constructing an "eco-column," an ecosystem made out of only a few two-liter pop bottles.

"The best thing we've done this year is the eco-columns because we got to go outside and collect incects, which is much better than sitting in a classroom doing book work," said sophomore **Jesse Reeves**.

For those who enjoy these experiences in Biology I, Biology II is offered as an elective to upperclassmen as an extension of what was explored in the first class.

This class, taught three periods daily by **Kacia Cain**, is a unique offering in that it is set up like a college class. Work is assigned weekly and is only turned in every six weeks.

"Biology II includes a lot more labs with more living organisms and dissections. Students have to be highly motivated in order to be successful in Biology II," said **Cain**.

This freedom, combined with the numerous labs and the fact that the class is weighted, makes it a very popular offering.

"I enjoy science and I worked well in Biology I, so I took this class because I thought it would look good for colleges," said senior **Eric Olson**.

Regardless of the level, biology is applicable to everyone, according to teacher **Keri Frommelt**.

"(Biology) not only includes the nature we see around us but also ourselves," she said.

*Sitting next to one of teacher **Keri Frommelt's** prized insect collections, junior **Jason Nutt** wishes he had taken the time for that much extra credit. Bug collections are one of the first projects for many biology students.*

*Ewww...that is so disgusting!" Senior **Amber Devan** informs senior **Megan Hill** of her scientific observation. The first nine weeks of Biology II are devoted to the study of microscopic creatures.*

*Teamwork is what senior **Josie Owens** and juniors **Shawna Finch** and **Shawna Corbin** are thinking of while working together on a lab In chemistry class.*

*Why isn't this thing changing colors?" junior **Shawna Lore** asks herself while shaking a beaker. Chemistry classes tried to do at least one lab a week.*

*Careful don't spill that dangerous chemical," junior **Shawna Lore** thinks, while junior **Kerry Green** pours the fluid into the test tube.*

Story/Design: Tina Inthavong, Photojournalist: Jennifer Breese & Tiffany Mayse.

'PLAN of attack for today is:"

Walking around the halls of East High first semester, students expected to see an unfamiliar face in teacher **Larry Hutzell's** position. They casually walked past room 118 and quickly poked their heads in the room. To everyone's surprise the person standing in the front of the room was **Hutzell**!

So many thoughts were flowing in everyone's head as to why he was still here. Did he have second thoughts about retiring?

Did he love teaching so much that he decided to stay? Well...no. The teacher who was supposed to teach chemistry, **Maureen Chappell**, couldn't start before second semester. So **Hutzell** was asked to cover.

"I wasn't planning on retiring just yet but they offered me a retirement package that I could not pass up," said **Hutzell**. "It's still a pleasure to be back at East for one more semester."

After first semester the very students that he gave homework to every night missed him.

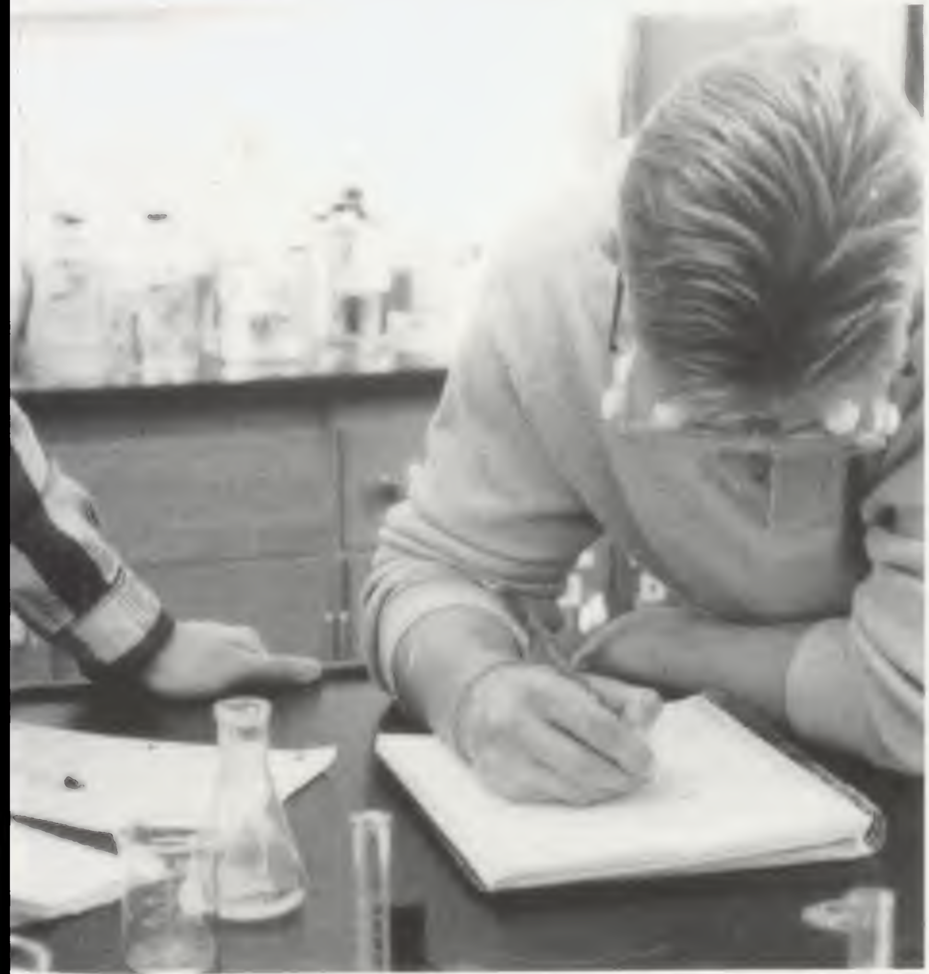
"I miss him because he's so nice. He cares, he's funny and he's the kind of teacher that I like," said senior **Manivone Kitthikoune**.

After almost two decades, he has left us with these words of wisdom: "Try hard to succeed in everything that you do. Only you can pursue your goals."

Another teacher with a long EHS career is physics teacher **Rollie Bramhall**. He has been teaching for 27 years, first at Brody Junior High for 12 years, and then at East for the last 15.

"I definitely plan on staying here because I enjoy the students and because I think that East has the best mix of students in town," said **Bramhall**. "I enjoy teaching here because of the quality of the people with whom I have the opportunity to work."

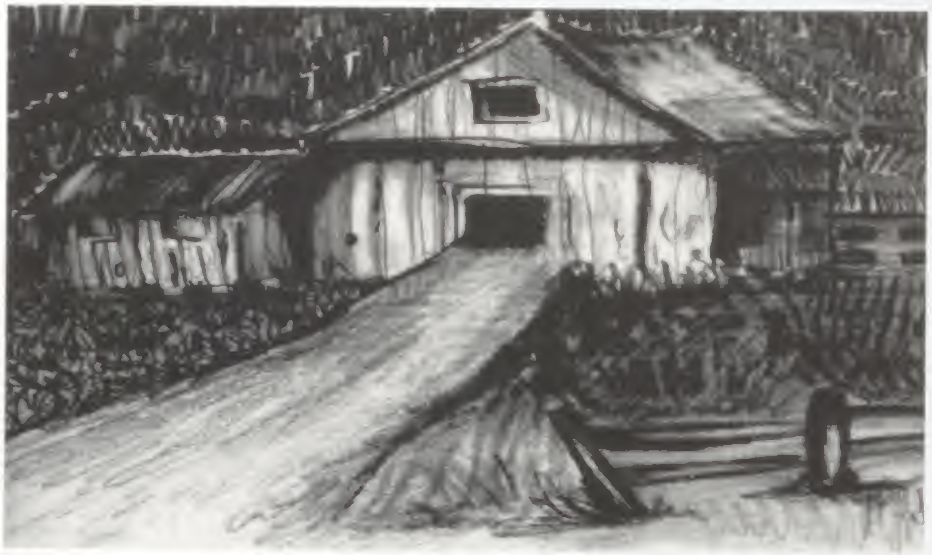
Bramhall is a good teacher and he's been here a long time and he knows what he's talking about," said junior **Sheriva Luong**.



One of the worst things about doing a lab is the questions that follow after its completion. Senior ***Stacey Matze*** *is trying to answer one of the hard ones.*

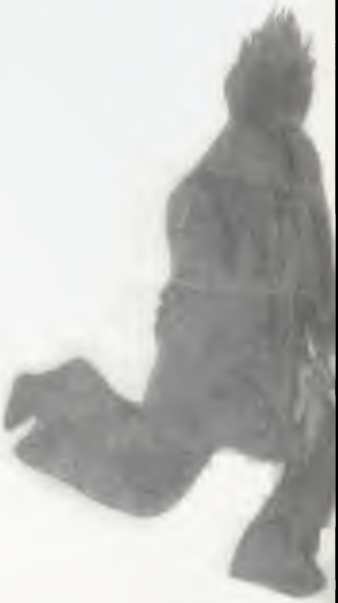
"Here's the deal. I'll read the questions and you figure out the answers," senior ***Frank Ewurs*** *proposes to his partner* ***Michael Mauk****.*

Senior ***Lance Lethcoe's*** *charcoal drawing of a barn is an excerpt from his personal sketchpad.*



Freshmen ***Luke Xiong*** *and* ***Kenny Bass*** *stare at their papers and try to summon the artistic muse.*

Freshman ***Briana Frank*** *tries her "hand" at a new art technique. "The quality and integrity that students put in their artwork is fantastic," said* ***Gooch****.*



This drawing came from junior ***Ian Sims'*** *sketchbook. The shadow paralleling the jumping man can be seen to represent the darker side of the human being.*

Story/Design: Rachel Deierling. Photojournalist: Tascha Torgeson.

LIVING a world of art

Technology has found its way to East's art classes, much to the satisfaction of teacher **Jerry Goodrich**.

"Computers give students a background in something they'll be able to use in the outside world," he said.

This was the first year the art classes were able to use computers inside the classroom, helping students learn the skills they need to get a art-related job outside of high school.

"It's a good opportunity to get experience in a new medea," said junior **Jason Boehme**.

Teacher **Shirley Gooch** tries to prepare her students for future careers in a variety of fields such as interior design, architecture, and clothing design, all of which require computer skills. She also helps her advanced classes prepare portfolios containing all their best work, since the quality of a student's portfolio can mean a good scholarship. **Gooch** said that many of her students are considering art careers, attending the commercial art program at DMACC or majoring in art at a 4 year college.

"I'd like to be a cartoonist, since I like to draw people," said sophomore **J. D. Hatter**. "Mrs. **Gooch** is helping me with shading techniques."

Boehme, though not planning a career solely in art, can see the benefits of an artistic background.

"It works out well to have some sort of art skill," he said. "It gives you a good sense of how visual representation is used in the world."

But art isn't all computer-enhanced images and graphic designs. Somewhere inside each of us is that free and imaginative spirit, the observer and creator that draws on experience and skill to express individuality and emotion. That is the artist that both teachers seek to nurture.

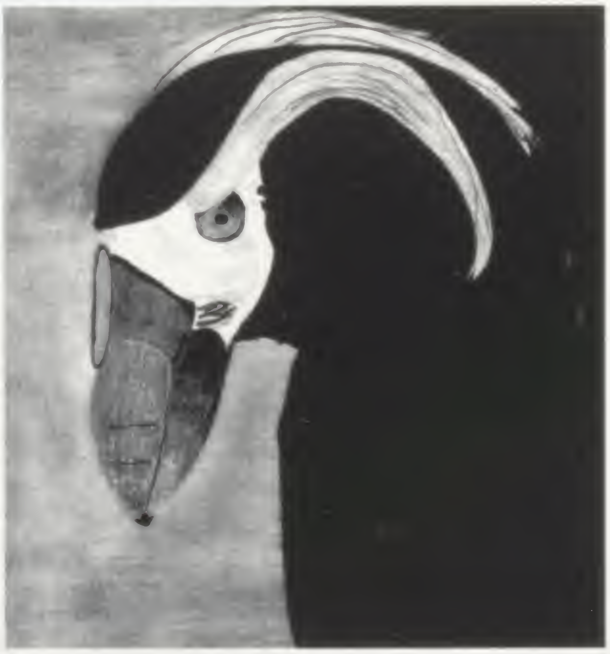
"It's interesting to see students discover talent within themselves that they never knew they had, " **Goodrich** said.

"Every class interprets projects differently because of individual personalities and that's what makes it so fresh and new each year," added **Gooch**.

There's a lot to be learned about life through art. One of the seven elements of design is balance, which, **Goodrich** said, is vital to life just as it is in art.

"Just as you wouldn't eat the same meal day after day after day, you can't use the same design over and over," **Goodrich** said. "We strive to achieve balance and harmony, with our work as well as in our lives."

And that's one skill that can't be taught by a computer.



National Geographic was the inspiration for senior ***Kenneth Maniroth's*** *drawing.* ***Goodrich's*** *classes found pictures they liked in the magazine and drew them.*

Mixing tempera paint, junior ***Melissa Jones*** *changes the values of colors. Over the year students have also worked with stained glass and made kaliedoscopes and nightlights.*

All work and no play makes for a dull student. That's why these students elaborate their graphs with decorative colors.

Busy at their work, these students type, cut, and paste their way through each assignment. The students learned how to use the computers to make paperwork easier.

Sophomore **Amanda Duncan** *slowly and steadily draws a creative picture on screen. Computer App. students learned to use the mouse as a drawing tool in addition to its other functions.*

Story/Design: Chris Fidler. Photojournalist: Skippy Johnson.

BUSINESS

it's just a way of life

When most people hear the word computer, they run for cover and hope everything will somehow work out. Fortunately, though, there are some people who took a chance to learn how to manage all the tasks of using a computer. These people are the teachers in the East High business department. Thanks to them, any student who fears or is interested in using computers can learn how to.

Students can take classes ranging from keyboarding to desktop publishing, or even advance to Central Campus' computer technology class. The teachers try to show the students that "using a computer isn't difficult and the classes can benefit them by teaching future job skills," said teacher **Elaine Peterson**.

There is also an office education department, headed by **Mary Jane Kaldenberg** that teaches the students office skills and about the workplace. It offers the students afternoon office jobs at local businesses where they receive pay and class credit, said **Kaldenberg**. The display case in the North wing of the school contains pictures of some of the students of these classes.

One of those students, senior **Deana Cruchelow**, was elected secretary/treasurer this year at the Fall Leadership Conference of the Business Professionals of America.

Other standouts are senior **Nick Crawford** and sophomore **Nabil Hankey**, who created the East High School web page.

"The purpose of the page is to provide students with links for their work, give information about EHS programs, and provide for the alumni association," said **Crawford**.

The business department isn't just about computers. There are business classes that do not require as much computer usage but still give the same benefits. These classes range from general business to accounting. **Marjorie Crawford**, **Samy El-Baroudi**, and **Ken Burgess** are three new teachers in this division.

Burgess says these are general classes for students who want to start their own business. But because of the lack of participation, **Burgess** says he's been trying to draw in more students.

"Accounting isn't as difficult as most people think; it's basically just add and subtract," he said.

Looking over his completed work, this student remembers what his teacher taught him. Business lessons stressed the importance of revising work before printing.

*Exhausted from a busy work day, sophomore **Donald Haygood** relaxes in his chair. Teachers allowed students enough time to rest between large assignments.*

HOW DOES DEBATE WORK?

A DEBATE 'ROUND' GOES LIKE THIS:

1AC: 1ST PERSON'S AFFIRMATIVE ARGUMENT SPEECH-8 MINUTES
CROSS EXAMINATION-3 MIN.
[CROSS-EXAMINATION IS BY OPPPONENT]

1NC: 1ST OPPONENT'S NEGATIVE ARGUMENT-8 MINUTES
CROSS EX-3 MIN.

2AC: 2ND PERSON'S AFFIRMATIVE ARGUMENT-8 MINUTES
CROSS EX-3 MIN.

2NC: 2ND OPPONENT'S NEGATIVE ARGUMENT-8 MINUTES
CROSS EX-3 MIN.

NEXT IS A SERIES OF REBUTTALS OR FINAL ARGUMENTATIVE RESPONSES TO ISSUES RAISED IN THE MATCH

1NR: 1ST OPPONENT'S NEGATIVE REBUTTAL ARGUMENT-5 MINUTES

1AR: 1ST PERSON'S AFFIRMATIVE REBUTTAL ARGUMENT-5 MINUTES

2NR: 2ND OPPONENT'S NEGATIVE REBUTTAL ARGUMENT-5 MINUTES

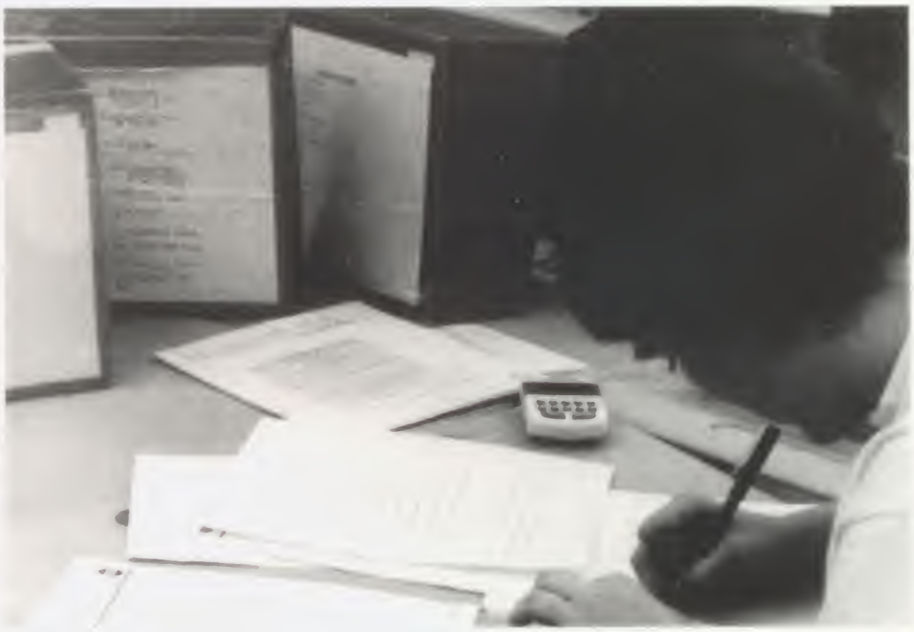
2AR: 2ND PERSON'S AFFIRMATIVE REBUTTAL ARGUMENT-5 MINUTES

Story/Design: Chris Fidler. Photojournalist: jenny Booth.

'n the week before Homecoming, these debaters decorate the sidewalk with their imagination and school pride.

*Seniors **Blaine Moyle** and **Gary Schnoor** look over arguments and pack up their 'tubs' for another weekend trip.*

*Preparing for the next tournament, senior **Jodie Hansen** reads and revises information to form an effective argument.*



*Lugging a heavy debate 'tub' from the classroom to the van, sophomore **Katie Naset** shows that this isn't just a man's job.*

RESOLVED: *if you argue, they'll come*

The East High debate team may be one of the lesser recognized groups in the school, but it's not one of the quietest.

Almost every day, they spend an average of three hours debating, practicing, and preparing for tournaments.

Fortunately for them, they only have to focus on one topic the whole year.

This year's topic is, "Resolved: the Federal Government should establish a policy to substantially increase renewable energy in the United States," said coach **John Williams**.

Williams' team consists of seven varsity debaters, also known as policy debaters, and another group known as novices, or first year debaters. Debate also has a third division, individual events, but no one decided to go solo this year.

Instead, the seven varsity debaters paired up and, along with a few novices, debated their topic against other schools in numerous tournaments, in and out of state.

"The traveling is really hectic, but we have a lot of fun staying in hotels and making new friends," said junior **Lauren Rice**, prenominated leader of next year's team.

Some of these friends, surprisingly, are members of the Valley debate team, their archrival.

"Our rivalry is based on our skills, not personalities," said **Rice**.

One way they obtain these skills is by practicing debate all year round. In the summer, most of them attend an educational debate camp that familiarizes them with debate.

"The camps are expensive, but what they teach us is worth what we pay," said sophomore **Zach Peterson**.

The price of the camps determines which camp is chosen. **Peterson** says he attended camp in Iowa City, sponsored by the University of Iowa, which cost about $2,000.

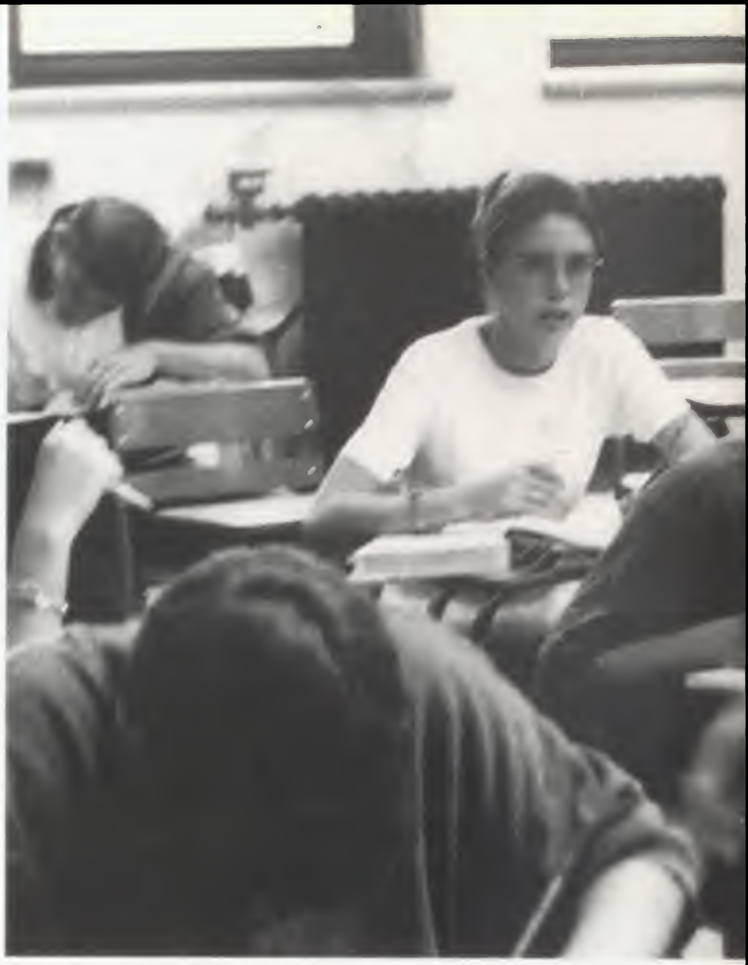
So far, the camps are effective tools for the students who attended them.

"All the varsity debaters have won elimination rounds, and two teams have made it to finals," said **Williams**.

Almost half of this varsity team will graduate this year, though, so the novices will have a big gap to fill. Freshman **Stefanie Schatz** plans to continue as long as possible.

"I feel I have a big responsibility towards next year's team. It's kind of hard and time consuming, but I have fun doing it," she said.

A What is the equation of the line that passes through the points (4,2) and (-3, 1)



B Solve: $x^2-3x+1=0$ using the quadratic formula

C Solve: $\dfrac{3x^3+2x^2-4x+8}{x+2}$

D Find the volume of a cylinder with radius 5 **cm**. and height of 8 **cm**. (Use **pi** = 3.14)

Story/Design: Kilgore Trout. Photojournalist: Tara Mathews.

MATH SENSE

it's just what you figured

In the fixed, sure world of math all is logical and rational — and dependable. Change can be rare, but a revolution, of sorts, is currently taking place.

The use of calculators, once a disputed and reviled practice, is now...required.

"I remember the little blue calculators we used in elementary school, but they weren't necessary. Now they are," said senior **Renee Hesseltine**.

The year saw the arrival of new texts for pre-calculus and calculus courses and the curriculum uses a new approach, more oriented toward using the graphing calculator.

"You see them everywhere. Now it's not a question of whether they should be allowed in class, but rather how much and when should they start," said math teacher **Karen Cross**.

The calculators don't come cheap, priced at around $100 in most stores.

"Lot's of kids see it as a problem price-wise. My parents sprung for it because they knew I'd need it for future classes anyway," said senior **Kari Teske**.

"It took me awhile to save up enough money to buy it and I knew I had to have one," said senior **Ken Sinclair**.

The calculators come with instructions but much practice is needed to master their use. One plus, games and other software can be loaded on a few models.

"I've been trying to find some (games like Tetris) all year, but no one can find one for me," said **Sinclair**.

One problem – and a warning to underclassmen – they're valuable...

"You have to keep them safe in your bag or they'll get ripped off. They'll be important for college and even everyday use like doing finance records and making charts," said **Hesseltine**.

Think all that math will stay with you? Try each problem out every couple of years and see how fast the brain cells fade. [Try them on your parents!]

E *Anna is 5* ***ft.*** *tall. She is walking at the rate of 4* ***ft./sec.*** *away from a lamp post. The lamp is 12* ***ft.*** *above ground. Find the length of her shadow 7* ***seconds*** *after Anna passes directly under the lamp.*

ANSWERS:

[A] $x - 7y = -10$

[B] $x = \frac{3 + \sqrt{5}}{2}$

[C] $3x^2 - 4x + 4$

[D] 628 cm^3

[E] 20 ft. long

Racing against a deadline, junior ***Stephanie Gibb*** *and senior* ***Angla Curtis*** *focus on their Mac screens. Computer dexterity is a must in the desktop publishing world.*

Lounging in the adviser's usual chair, senior ***Amanda Grant*** *takes over the Quill staff for the day. As sports editor, Grant had all the work she needed coordinating the work done on almost 40 East sports.*

LAYOUT

excellence by design

When a reminiscent student opened this year's yearbook, a dazzling new look was evident. Color senior photos! Something that has never been done in the history of East High took place this year.

"The color is pretty jazzy," said publications adviser **Ed Kelly** last fall. "If this first year works smoothly, we'll try to build it into the program, but we need to see reactions first."

Many seniors were excited at the prospect of their new, brightly-hued pictures, even though it did involve some extra work. Photos had to be turned in by October, instead of the usual January deadline, and in the exact size used in the yearbook.

"It's a really nice change and it will improve the look of our yearbook," said senior **Kate Olson**. As for having her picture in by October: "For procrastinators like me, it could cause a problem, considering I didn't even have my pictures taken by mid-September."

Better hurry, future seniors, because no photos can be accepted after Oct. 31.

The reason pictures are due in October is the cost factor. If the pictures were submitted in January, the cost would be three times as much as the $2500 it already costs the journalism program. With a later deadline, each senior would have to pay a fee just to have their picture in the yearbook, which is what most schools require.

Senior **Josh Hibben** had no problem with the early pic deadline.

"It teaches all the lazy people a lesson: Get your stuff in on time!" he said. For success, following the guidelines is crucial. Each photo must be the exact same size, 1.5" wide and 2" tall, not counting the borders. It's a head and shoulders shot— no hats or props.

The design is built around the photo, so there are no exceptions or room for error.

To ensure that all students received this important information, fliers were sent out, reminders placed in the bulletin, area photographers notified of the size specifications, and seniors again reminded at a senior meeting.

For anyone running late, Mullica Studios took photos on Oct. 8 for five dollars.

— Senior Nicole Slater

Story/Design: Kilgore Trout. Photojournalist: K.T. Harrington.

Checking a fact out, junior ***Stephanie Gibb*** *puts the final touches on a yearbook story. "If your mother says she loves you, check it out," teaches the staff adviser, stressing accuracy.*

Three heads are better than one when cropping photos for the best effect. Seniors ***Angie Beason, Amanda Grant*** *and* ***Jill Nowadzky*** *look happy with the results.*

Yes, we could do a 'pop-up' yearbook," says senior editor ***Ryan Cook*** *to his co-editor, senior* ***Angla Curtis****. "But would it sell?" Each year calls for a fresh approach and theme so imaginative ideas are always considered.*

On a busy day, senior design editor ***Landna Baccam*** *compliments junior* ***Courtney Reeves*** *on a groovy design. The staff of 12 had to work smoothly as a team to produce a 340 page book.*

DEDICATION

hard work and details

Working with a new system and figuring out new commands takes a lot of time and hard work.

This year the *Scroll* staff had to get used to a new computer program called Pagemaker 6.5.

"All of the commands we used to be able to use are now something else," said junior **Courtney Hurdle**. "I try to do one thing and something totally opposite happens."

Working on the newspaper takes a lot of hard work and dedication.

"Being involved is interesting and challenging, but if you put your mind to it, it becomes much easier," said junior **Michelle Colvert**. "You also need to use good judgment and have an open mind so that you can accomplish your work on time."

Even though some students don't plan to pursue a career in journalism, they are still interested in working on the staff and learning new things.

"It gives me a lot of insight as to how a paper is produced," said senior **Blaine Moyle**.

First year students are also involved in the production of the newspaper.

"It is really challenging. They just plopped me right in the middle of everything and I didn't know what I was doing," said **Hurdle**.

Getting things done and handed in on time is very important to the *Scroll* staff. The pages need to be in on time so they can be printed by the graphic arts students down the hall. Sometimes it requires last minute efforts.

"Once we were trying to print pages four and five, and we didn't have an ad. So, I rushed over to Pleasant Hill to get the ad during my lunch hour," said **Hurdle**.

Many students and teachers are involved in the production of the *Scroll*. **Nancy Holmes'** photojournalism class and **Jeff Bock's** graphic arts classes are a big help to the newspaper production.

"One of the best things about my job is the endless creativity of the students," said **Ed Kelly**, publications adviser. "But sometimes it is hard to hang on."

*Looking things over, Scroll members work on their layouts. **Kari Teske** is the editor-in-chief for the newspaper.*

Story/Design: Amy Klopfenstein. Photojournalist: Jenny Booth

*Concentrating on his work, senior **Justin Shelburg** tries to finish his design on time. **Shelburg** was the editor of the sports page.*

*Asking for advice, senior **Blaine Moyle** talks to advisor **Ed Kelly**. Getting things done right and handed in on time is important for the production of the Scroll.*

*Checking the class schedule, seniors **Nicole Slater** and **Bethanie Roof** look to see when teachers have a planning period. Getting a hold of teachers and sponsors to interview is sometimes very challenging.*

Working hard between shooting, developing, and printing, junior ***Jennifer Williams*** *takes a short break to make sure her homework is done for the rest of her classes as well as photo.*

PHOTOLAND

from shooting to printing

One class in school has to attend every school event throughout the whole year. The photojournalism class can be seen shooting candids at events ranging from field trips to baseball games or even assemblies.

"Once I went to take pictures at a football game and I got all the way through a 24 exposure roll and developed the film. It was then that I realized the flim never advanced forward and all 24 pictures were in the same frame. The photojournalism adviser, **Mz. Nancy Holmes** and I still laughed about that to this day," said junior **Jennifer Williams**.

Photojournalism is different from most acedemic courses.

Senior **Tricia Forest** said, "Photojournalism is a time for me to kick back and relax in a class that I enjoy because of how fun it is. We don't have to worry about books, tests and even bring the simpliest supplies, but about knowing how to take pictures and the basics of photography."

Students go into the room, listen to announcements, and look at the chart on the wall to see just what is in store for them that day.

"It's a little room with a lot of responsiblity, not only do we have to keep ourselves on track but we have to be ready to help others," said junior **Tara Mathews**. "We have to decide on the work that needs to be done and when to do it and then try to make room in the same dark room that's avaliable for us."

The class takes pictures around the building and in the classrooms of students and teachers working hard on their educations.

"The teachers are really quite cool when it comes to us bothering them to take pictures. We interupt their classes and then we take students out of the classroom once in awhile. But we try to be polite and not take too much of their time, and they really are understanding about the whole thing," said senior **David Hutson**.

With all the fun also comes hard work and stress.

Williams said, "The best thing about photo is **Holmes**, she's almost like a second mother to me. I've found through all my hard work that if you work for her, then she'll work for you."

"The worst thing about photo is dealing with bad negatives, and trying to get the clearest print that I can without going totally insane," said senior **Erin O'Connor**.

Holmes plays a large part on how the class operates and works together.

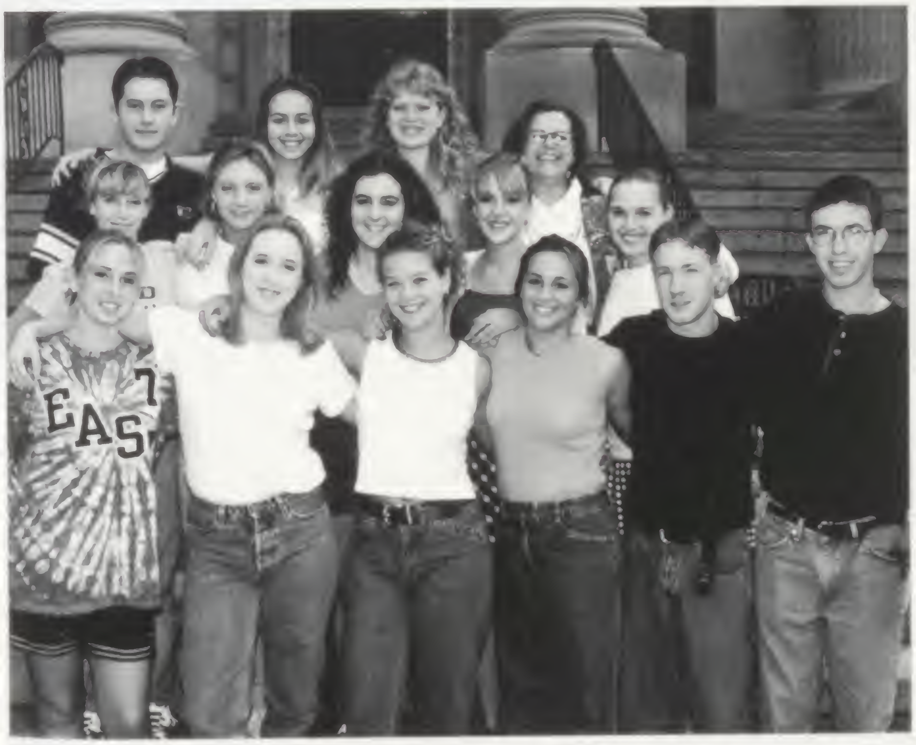
"This year I've tried to give the students more responsiblity, and they take the slack of not doing their jobs. I did that mostly for the program to make the system run better. I decided this year I'd put the student back into student publications," said **Holmes**.

With all the time put in by all the students and adviser, it seems that as though there would be added stress, but students learn how to work together in a confined space to get things done the right way the first time. They learn teamwork and valuable skills to help them succeed in life.

Story/Design: Courtney Reeves. Photojournalist: Kt Harrington.

*Why are these three students pulling the mush out of a pumpkin? Because the Monday before Adviser Mz. Nancy Holmes asked students to make Jack-O-Lanterns, so here senior **Katie Nevins** and juniors **Courtney Reeves** and **Dustin Johnson** do just that.*

*fter finishing printing some pictures for the Quill staff, senior **Tascha Torgeson** takes a photo break. In an unusual reversal she ends up having a picture taken of herself.*



PHOTOJOURNALISM. Front Row: Tara Mathews, Sara Campbell, Tascha Torgeson, Jennifer Williams, Jason Milligan, Dustin Johnson. Back Row: Jennifer Breese, Tricia Forest, Jenny Booth, Bethanie Roof, Katie Nevins. Back Row: Erin O'Connor, Tiffany Mayse, Kt Harrington, Mz. Holmes. Not Pictured: Sarah Christenson, Jessica Davis, David Hutson, Amy Banks, Jeremy Milligan, Aleisha Pencook .

Students take on photography

Photo by: Monty Ross

Photo by: Tascha Torgeson

Photo by: Dustin Johnson

Photo by: Jason Milligan

*Sing the photo blues! Juniors **Jenn Williams, Jennifer Breese,** seniors **Sara Campbell, Kevin Collins** and junior **Tiffany Mayse** perform at the winter assembly to the song "The 12 Days of Christmas."*

*Hard at work, junior **Amanda Dillard** is too busy with her book work to notice she has been a victim in photoland. Snapshots and portraits are not all there is to photo class. Bookwork is one of the most important aspects of photo class.*

it's a photo thing

Story/Design: Meggan King. Photojournalist: Jenn Williams.

"This class is boring," is one of the many phrases students spit out these days. One of the most popular is "I hate my teacher, he/she is a...." But students can't say the same about photo class, or the comical teacher **Nancy Holmes**, just called "Holmes."

"Holmes is a very unique lady and has her own style of teaching. She is a lady who is outgoing, funny and loves her job," said junior **Jo Jo Jackson**.

"You never know what's going to happen next with Holmes, she is a very shocking teacher," said junior Ryan **Witt**.

Holmes is one of the many reason kids join photo, but she is not the only reason.

"I love photo. It's a way to get away from the pressures of school. It's a way to express yourself, and it's always fun," said junior **Megan Wall**.

There are three different kinds of photography classes. Photo 1-3 teaches kids the many types of photography. Photo I is known as the boot camp of photography, while Photo II emphasizes the artistic aspects of black and white photos. Advanced Photo is a more serious class than the others, designed for students who are seriously thinking of photo as a career or as a hobby.

"It's a great class to join to express your interests through photo," said junior **Christie Fausett**.

In photo classes students learn the basics of photography and composition principles, and students even get to print and develop their own film. Later they explore the use of different film and photo paper.

Photo is not about text books, assignments or even lectures. It's about fun and variety, knowing and learning new and interesting things.

*During a group activity, junior **Emily Erickson** and senior **Monty Ross** help put up decorations to lighten up the photo room. Students participate in many activities available in photo class and find it quite enjoyable.*

Attention! Whatever it is it sure has senior **Danielle Mathias** *and juniors* **Jami DeMoss**, **Stephanie Fallis**, *and* **Amanda Dillard** *on alert. Every now and then students are allowed to bring and eat treats in the class room, especially on Fat Tuesday.*

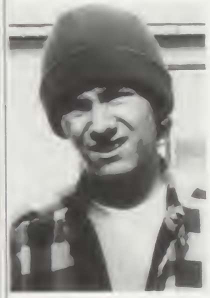
Looks like fun, don't you think? Sophomore **Aaron Pruitt** *and juniors* **Emily Erickson** *and* **Nicole Winebrenner** *help paint faces on pumpkins to bring Halloween spirit to Photoland. During that holiday, photo kids had a free day to prepare the classroom — and to grub.*

This is photo class?? Of course, but junior **Melissa Fagen** *and senior* **Danielle Mathias** *take time out to make stockings and other Christmas decorations. To help make the room decorative, students participate in helping make Ms. Holmes' room more festive for each holiday.*

What is your favorite photo moment?

"Once Mz. Holmes caught me driving down the street, jipping her class (there was a sub), while she was on her way back to school. She made me clean the entire back darkroom. . .spotless."
—Junior Melissa Fagen

"Mz. Holmes and her hilarious jokes."
—Senior April Schatz



"When Ms. Holmes says, spell claustrophobic."
—Junior Ken Wyckoff

*Teacher **Jeff Bock** demonstrates a computer program to his students, but junior **John Smith** doesn't seem very interested. Maybe he already knows how.*

*Perfecting the look of her little black graduation caps, senior **Sherry Kithikoune** designs her masterpiece project, cards for East's spring open house event.*

ALL PART *of the grand design*

"The great thing about Graphic Arts," said sophomore **Jimmy Randolph**, "is choosing your own projects and not feeling rushed when you're doing them."

Graphic Arts class is geared less toward following the specific guidelines of the teacher and more toward students working independently on their own projects. Beginning students design business cards as a first project, but after that each student works at his own pace on a project of his choice. Projects included T-shirts, mirrors, bumper stickers, notepads, and a more complicated masterpiece project.

Advanced classes printed the Scroll and homecoming, prom and graduation announcements, as well as materials for the attendance office. Teacher **Jeff Bock** said that the most important objective in the class was teaching students the value of contribution to a community.

"Graphic Arts connects students to the school," **Bock** said. "Through the class they can participate more actively in the workings of the school, something they can't really do in a regular academic course."

Graphic Arts can help lead students into fields that suit their interests.

"Graphic Arts helped me develop skills that will help me as a designer," said junior **Emily Erickson**.

Students need to learn how to use the computers in order to do much of their design and printing work. The most important computer program is Pagemaker.

"People thought Pagemaker was pretty hard at first, but once you got the hang of it, it was pretty easy," said junior **Kerry Green**.

If money were no object **Bock** admitted that more highly powered computers would be useful, since the school's computers were somewhat lagging behind the professional standard. Newer, faster computers would also give students the opportunity to try new types of designs and projects. However, **Bock** doesn't like to make technology a big issue.

"The computers fit the way we're set up, so for me it's not a priority," **Bock** said.

Instead, **Bock** rated cooperation and responsibility as the most important skills the class teaches students, more so than computer skills and technology. Graphic Arts, he explained, was a class more focused on helping students more quickly adjust to the values of the business world.

"I'd say 99% of the students taking Graphic Arts choose not to go into printing," mused **Bock**. "So it's more of a class that prepares students for commitment. It's more like going out for a team than a regular class.

"There's a certain level of responsibility involved, as well as benefits," he added.

Story/Design: Rachel Deierling, Photojournalist: Tricia Forest.

*Cooperation is the key to Graphic Arts, a skill juniors **Kerry Green** and **Emily Erickson** have mastered. Bock encourages students to work together and solve problems creatively rather than always rely on the teacher for help.*

*It's a dirty job but somebody's gotta do it. Senior **Travis Head** protects his hands from the inky mess while working on the printing press.*

*Juniors **John Smith** and **Chad Olson** work together on the class book while junior **Tameka Miller** looks on, knowing she could do a better job any time, anywhere. The class book is an important project in graphic arts and a source of pride.*

"My Favorite Project"

"My favorite module is flight. The reason I like it so much is because you get to control something that is out of control. It was hard at first, but as I got more comfortable, it got easier, and I just really enjoyed working with the plane," said sophomore **Cory Sonner**.

"The most fun thing that I've done would be making a cup, because you have to put it in the lathe. Then it turns the wood for you while you help shave it with little tools. I just think that working with your hands is the most rewarding," said senior **Nick Kligopoulos.**

"I love to play in the arbrush module. I like it because it enhances my great creativity and my understanding of arts. I find it to be a lot of fun, and very interesting," said sophomore **Jared Platt.**

"My favorite project in woods would be the grandfather clock. I love the idea that when I'm done I can give it to my parents for a gift. It's just a great challenge and I love a challenge," said junior **Jesse Tharp**.

"The best module in here is computer graphics. I like it because I get to design cool things for t-shirts, and I can work with stickers for my car. I can also make copies of something that I enjoy doing," said junior **Billy Shepherd.**

"I've been working on my grandfather clock since 2nd semester last year. I love to spend time creating something that I'm able to keep forever. I've learned more in this project with the hands-on experience than I have ever before in a regular class," said junior **Chris Wood.**

"My favorite module so far is photography because you get to take pictures that you normally wouldn't take. I like it because you get to use special cameras and lenses to enhance your creativity. It's all about how you perceive the world and your surroundings," said junior **Sarah Consorti.**

Story/Design: Courtney Reeves. Photojournalist: Tara Mathews and Tiffany Mayse.

unior ***Joey Sickles****, senior* ***Kevin Collins****, and teacher* ***Jeff Hall*** *sand wood for their entertainment center while working on one of five new machines.*

s sophomore ***Adam Kendrick*** *works on measuring, he looks to see if his wood needs sanding. Kendrick was in the 9th grade program.*

HANDS-ON gets you ready for the future

Walking into the woods room, a haze of sawdust fills your nose. It feels as if you might sneeze. You walk to your project across the room; it's an entertainment center, one of the biggest in the room.

"I realize all the work I've done. I've cut the wood, sanded, routed, jointed, mitered and although I still have to stain it, all the work has really paid off," said senior **Scott Walker**.

Most of the students who took woods, technology today, and drafting took the 9th grade program, an exploratory class, where students can get to know all of the options in the technology rooms. The class curriculum spends 9 weeks with woods, graphic arts, auto, and then metal, respectively.

"It's good for 9th graders who want a variety when it comes to technology education classes," said woods teacher **Jeff Hall**.

The module that everyone seems to like best is animation.

"I enjoy making cartoons because you get to see how people in the real world make them. It's just a lot of fun, and I figure that because I enjoy watching them, I might as well make them too," said senior **Chad Campbell**.

Sophomore **Keon Sharp** also enjoys animation.

"I think the reason I like it so much is because I just find it extremely interesting and a lot of fun," said Sharp.

In the technology today classes students rotate through ten different subject modules.

"I've been through about 3 modules so far. It's a great class because it prepares you for college, and it helps you to decide what you are into. It also makes you think about what you would like to do with your life," said sophomore **Jared Platt**.

Sophomore **Cory Sonner** has worked with modules in flight, welding, computer graphics, computer application, and airbrush.

"It's a lot of fun, you get a feel for engineering, and you get to take a look a different careers. It's almost as if we get a head start in the work force," said **Sonner**.

*Senior **Lance Lethcoe** works on his project for drafting class. If his floor plans are good enough, they will be eligible for the annual tech fair.*

*Junior **Sarah Consorti** and seniors **Chad Campbell** and **James Woodard** discuss their project in a small group. They work on projects using hand-on class experience.*

*As junior **Mark Smith** gets his computer project ready, he writes about it in his journal. He hadn't ever taken the class before this year.*

Fixing up his car, sophomore **Tim Crowder** *sands away to get rid of the rust and finish a refinish job. Students were allowed to use their own car as their class project if they chose to.*

Concentrating on what he's doing, junior **Brad Moore** *tries his hardest to sand away the rust on a fender. The fenders the auto class received for their projects are donated from the auto junk yards.*

EXPERIENCE *for a lifetime*

The future — what does it hold? Well...in a classroom full of sophomores, all they had in mind was their future. In auto body shop and metal these students were geared into what they wanted to do with their life. These classes can be the beginning steps to a bright future.

"I took auto shop to give me an idea of what to expect in college and some experience on what I want to do with the rest of my life," said sophomore **Jason Ray**.

Activities for students range from making metal tool boxes to actually working on their own or other student cars.

"I got to make a metal tool box after I got better at welding," said sophomore **Fred Heard**.

"I worked on my car. I also worked on getting the rust off and repainted it," said sophomore **Tim Crowder**.

Before the students were allowed to take a metal or auto class the students had to take an exploratory class as freshmen. This class gave students experience in woods, auto and metal to see what they liked most.

"The exploratory class gave the freshmen some knowledge on how to use the equipment and what it's used for," said metal instructor Ned Rasmussen.

This knowledge helped students avoid injuries in their advanced classes.

"We tried to keep the injuries to a minimum and I'm glad we didn't have any at all," said auto instructor **Russ Junck**.

With minimal injuries and plenty of experience these students look towards a brighter future.

"I'm looking forward to attending Universal Technical Institute and becoming an auto body mechanic," said **Ray**.

Story/Design: Landna Baccam. Photojournalist: Jason Milligan and Katie Nevins.

After a hard day's work, junior ***Fred Csader*** *cleans himself off with the air hose. Every year that the auto class has gone to the Auto Shop Fair in May, they have won.*

Sometimes it's hard to know what to do next. Sophomore ***Derek Pettijohn*** *looks on as sophomore* ***Mike Bushong*** *demonstrates a process. Hands-on work gave students a new outlook on what to expect in their future careers.*

Taking a break from cooking, the seniors show cooking can be fun. Students have fun in class, it's not all serious when it your cooking.

The students in **Deann Hebert's** child development class are listening to the guest speaker talk about the growth of babies. Many speakers came and talked to the classes about numerous topics.

Blending a frozen drink, junior **Sara Kelly** consentrates on her meal. Students usually prepare their meals in one class period and eat the meals the next day.

Cooking some bacon, seniors **Anthony Grother** and **Kevin Minard** look on as junior **Tracie Schlotterbeck** puts some bacon in the skillet. The classes make a meal once a week.

Story/Design: Amanda Grant. Photojournalist: Jennifer Williams.

Cutting up celery for class, senior **Greg Owens** *seems to be enjoying himself. Many students that choose foods classes learn how to make a variety of different meals.*

COOKING

from making to baking

You're suddenly jolted awake at 3 a.m. by an ear-ringing scream and a lot of crying. Then you realize it's just the baby, again.

That's part of being a parent and a reality coming soon for many EHS graduates. Students learn how to take care of babies in their child development and parenting class.

"I've learned so much more I didn't know about children. I really find this class interesting," said senior **Nicole Slater**.

The students that were involved in child development had to carry flour babies around in September.

"Sometimes my friends would babysit for me. Then I just kind of got tired of that and left my flower baby in my locker," said junior **De Ann Anderson**.

Another class offered to students in Family and Consumer Science is the foods class. The students learn how to make meals, while budgeting the cost.

"I never knew how to cook that well. Now I kind of get the idea on how to cook a lot better," said senior **Josie Owens**. "The class is fun because it's like no other class. We get a lot more freedom than we would in other classes."

On lab days students go to their kitchens and make the food project they planned the prior day.

"The students get a lot out of the foods class. They learn how to make meals they've never made before. It's interesting to watch them work as hard as they do," said foods teacher **Linda Berg**.

These classes help prepare the students for the future in many ways, so look out world, these students may be the child care workers and chefs of tomorrow.

THREADS *hold it all together*

No matter where you look, it's everywhere: fashion has been around since the beginning of time. Along with fashion, fashion shows have been going on for quite some time. At the end of every semester, each fashion class presents a mini-fashion show in front of other class members.

"It takes a lot of preparation, though in the end the students not only have a good time but all their knowledge from the semester comes together," said fashion teacher **Gretchen Watznauer**.

Fashion is a semester class in which students learn about color and texture of fabrics, styles and parts of garments, principles & elements of design, body types, designers and how to find the best clothes for different people.

Junior **Judy Kligopoulos** said, "I never realized that people can't just wear anything, clothes have to go with the body shape."

Some of the projects include a color wheel and color schemes project, fashion history project, designer reports, designing of garments and the fashion show.

"The most challenging project that we ever did was the designing of garments because there were so many elements that we had to take into consideration to make the perfect garment," said senior **Andy Padgett**.

Along with fashion, sewing is a trendy class to take.

"I've taken four semesters of sewing because it is such a great class," said senior **Sarah Halsten**. "Before I took this class I could barely sew a button on a shirt, and now I've made myself a dress."

A few of the projects the sewing classes do are pin cushions, pot holders, frogs, community projects and a special individual project.

"The community projects can be a lot of fun because we make baby quilts for the House of Mercy and Methodist Hill Day Care," said senior **Tory Baker**.

To end the year in Sewing II, students get to tye-dye something of their choice.

"This was a my favorite project of the year," said **Halsten**. "I tye-dyed some socks and a tank top."

Fashion and sewing are an essential part of life; without them we would all be naked.

*Concentrating on sewing every stitch perfectly, freshman **Ashley Jordan** is making sure her sewing project has good quality. Quality is one of the main factors in the grade of the student's project.*

*Don't these two look fashionable? Alum **Aniekan Ubom** and senior **Kate Wieck** are walking down the runway at a fashion show held at Central Campus. At the end of each school year Central Campus holds a fashion show put on by students.*

Story/Design: Jill Nowadzky. Photojournalist: Jenny Booth.

Teacher **Deann Hebert** is helps freshman **April Hiatt** figure out what the next step is in making a project. Students get to make a project of their choice, anything from gloves to baby clothes to prom dresses for themselves.

Tah-dah! Receiving applause for their fabulous fashion show, these students get a standing ovation. It took a lot of hard work and dedication to put the show together.

Preparing for her next project, freshman **Mindy West** cuts out her fabric and patterns. This is one of the first steps in starting to make a project.

Skipping along the stage, junior **Michelle Colvert** practices her part, the announcer, and quickly takes a break to smile for the camera.

The cast takes in some comic relief at practice, as senior **Billy Sevenbergen** cracks a little joke. Junior **Gina Siders** looks confused.

WHAT IS DRAMA TO YOU?

"DRAMA IS A GOOD EXPERIENCE FOR ME BECAUSE I WANT TO BECOME AN ACTOR."
— SENIOR **JOE FLOREZ**

"DRAMA IS A PART OF MY LIFE BECAUSE IT GIVES ME A CHANCE TO PERSUE MY DREAMS."
— SENIOR **ANESHA FRANKLIN**

Story/Design: Tina Inthavong. Photojournalist: Katie Nevins.

DRAMA

it's all apart of you

Drama, according to it's denotative meaning, is the art of acting, writing, and producing plays. To most students, however, drama is "theatrical performances which extract emotions and feelings from the audience," said junior **Chao Xiong**.

The four main classes in East's program are introduction to drama, drama, theater arts, and mimes.

Beginning students learn everything there is to learn about drama. This includes organization, script-writing, memorization of lines, stage blocking, characterization, directing, and costume designs. They also put on performances, but not with a real audience.

"Drama is very easy," said drama teacher **Ruth Ann Gaines**. "You just have to be interested so it will be fun."

Theater Arts and Drama II, III, and IV classes perform in front of a live audience. The theater art students presented *Addict* in the fall, a play they worked hard on first semester.

"I think that it was a very successful play and I enjoyed watching it," said senior **Siaolong Southammavong**.

Addict's matinee was on Dec. 5 and students paid $1 to see it during sixth and seventh hours.

Mimes are performers who perform with facial expressions and body language. They represent an action or mood by gestures, not words.

"Mimes are very interesting because I think that they show more emotions when they perform than if they used words," said junior **Nicky Vang**.

This year Drama II students attempted to present a play in front of a live audience called *James and the Giant Peach*. The play was not performed because some students were not prepared, so they put on another act instead.

"I was disappointed by not performing *Peach* but I got over it.Instead we did *Grease* on December 16 for elementary students around Des Moines," said sophomore **Kearstin Nichols**.

In order for a play to be successful students must be dedicated to fulfilling goals, not only for themselves but for the group.

"I had no problem with my part in the play but everyone else needed to learn their lines. Even if only one person didn't know their lines it would have put us all at a disadvantage," said sophomore **Lacey Etters**.

Some students are in drama because they want to pursue drama as a career, but for others, it's only a hobby.

"One of thereasons I took drama was to get out of speech class. I think that drama is fun, but I can't act," said **Etters**.

"I will pursue drama at East but I don't think that being in the drama field is a steady enough for me," said **Nichols**.

What are you doing ? Isn't that my part in the play?" says junior ***Josh Belcher*** *to senior* ***Billy Sevenbergen*** *as he lends the lady his hand.*

Ready! Set! Fire... no smile is what juniors ***Stephanie Gibb*** *and* ***Shannon Kingrey*** *thinks while* ***Gibb*** *fires a shot to her co-star.*

I think that she's 'addicted'! Someone needs to help her." says junior ***Marlisha Slaughter*** *as junior* ***Michelle Colvert*** *is busy dancing.*

MIXING various lifestyles

Not just your average high school, Central Campus is a melting pot of students from different communities around the Des Moines area.

"I like going to Central because you get to meet really interesting people," said Roosevelt freshman **Ben Frambach**.

Central gives students the opportunity to take classes that are not taught at their home schools.

"I went to Central to take German," said senior **April Schatz**. "I'm German and I thought it would be a fun language to learn."

Some students plan to go to Central a year in advance.

"I'm planning to take Commercial Arts," said sophomore **Emily Johnson**, "because I want to be able to find a job in that career right after high school."

Included with Central Campus is Central Academy, which allows students to take advanced academic classes.

In these classes students learn at an accelerated rate.

"I really like going to Central," said sophomore **Jessica McClaskey**. "However, I'd only recommend it to those who are willing to study."

The Academy also has AP courses, like European history, enviromental science, literature, and many more. AP classes are college level courses designed so that students can earn college credit at the end of the year by taking a test.

"I like the idea of being able to earn college credits in high school," said **McClaskey**.

During the drive to Central each day, students looked forward to the daily reading of the sign at "The Grand" on the way. It's a blues club downtown where the owner changes his sign on a daily basis with a snappy quotation or phrase.

"I really like the sign because it gives us something to do on the ride to Central," said freshman **Andy Graeve**.

During auto body class, students learn to work on all kinds of makes and models of cars. Central offers students the opportunity to learn information for real life jobs.

While welding a piece of metal, junior Neal White checks his work. Students got to take home the products they made in welding class.

Story/Design: Jennifer Carico. Photojournalist: Jenny Johnson.

After arriving from Central, students leisurely walk to East. Although the ride to and from Central is filled with casual conversation, education at the Academy is taken seriously.

While reading, sophomores **Lisa Gathercole** and **Matt Moeller** take time out for a smile. During sophomore English at Central Academy, students read The Scarlet Letter and Huck Finn.

During marine biology senior **Angie Gilbert** does her daily job of feeding the fish. Every student has a job to do on a daily basis.

While scuba diving, senior **Kate Olson**, and juniors **Marty Signs** and **Tyler Baker** take time to smile. Scuba teaches students the basics to underwater swimming.

Installing plywood, junior ***Kenny Scott****, senior* ***Bryce Landers****, and junior* ***Rory Rodriguez*** *prepare for shingles. Students are usually committed to Home Remodeling for two to three years.*

Professional contractor ***Ralph Downing*** *grades for the concrete driveway. After this process is done, the students get ready to have the cement put in the frame.*

930A
MUSTANG

BUILDING *the blocks of life*

Home Remodeling classes finished remodeling a house that they have been working on for two years.

The house was bought for $1 and sold for $75,000. About $35,000 was invested in the house. Thirty students stayed with the project from start to finish.

"I thought the house looked professional," said junior **C.W. Busch**.

The class has started remodeling a new home that will be done in about two years.

They will be tearing part of the house down and saving the other part.

"I think this new project will be successful and more challenging," said junior **Kenny Scott**.

Home Remodeling has some advantages for students. Instructor **Bill Oleson** helps the students out by finding them part-time jobs.

"The part-time job helped steer me towards my construction career," said senior **Bryce Landers**.

Home Remodeling classes do hands-on work on old homes. They remodel the home from the ground up, according to city code.

The tenth, eleventh, and twelfth grade students who took the course were interviewed by **Oleson**. In order to be interviewed the students had to have gone through several shop classes.

There are about four to five openings each year.

"Home Remodeling is the path to joining the working middle class," said **Oleson**.

The students have to have about a C average in other academic classes. There are about 12 students in each of the two classes, one in the morning and one in the afternoon.

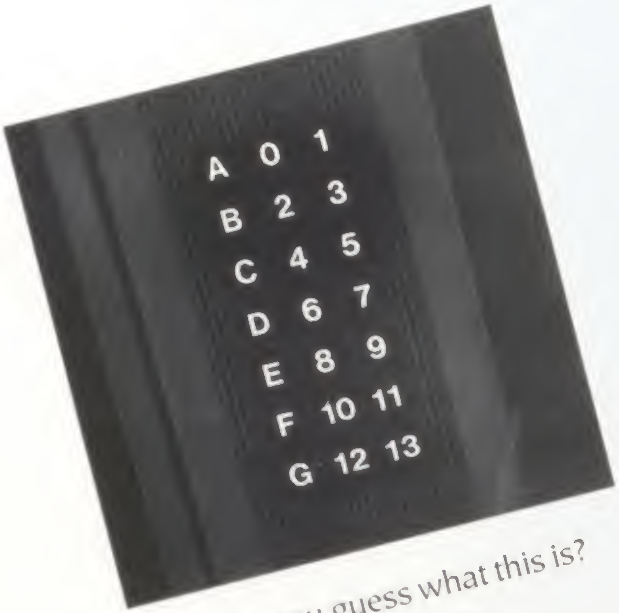
"Home Remodeling is what I want to do when I graduate," said junior **Chris Wood**.

Story, Design: Phat HoangVan.

aying the ceramic tile floor neatly and accurately seems important to juniors **Bill Olson** *and* **Brad Cosner**. *The house they finished was sold successfully.*

rying not to get varnish all over, junior **Chris Wood** *finishes coating some oak trim. Students in the class usually want to go into construction fields after graduation.*

uniors **Rory Rodriguez** *and* **C.W. Busch** *measure and nail together forms for the concrete garage slab. Classes remodeled their home from the ground up.*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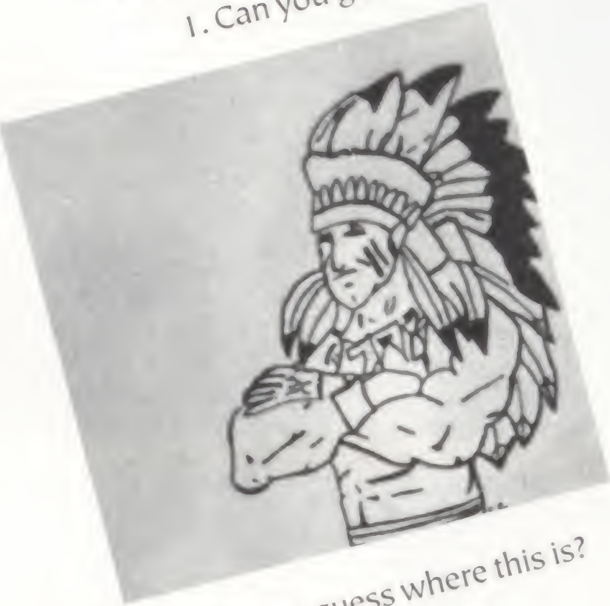

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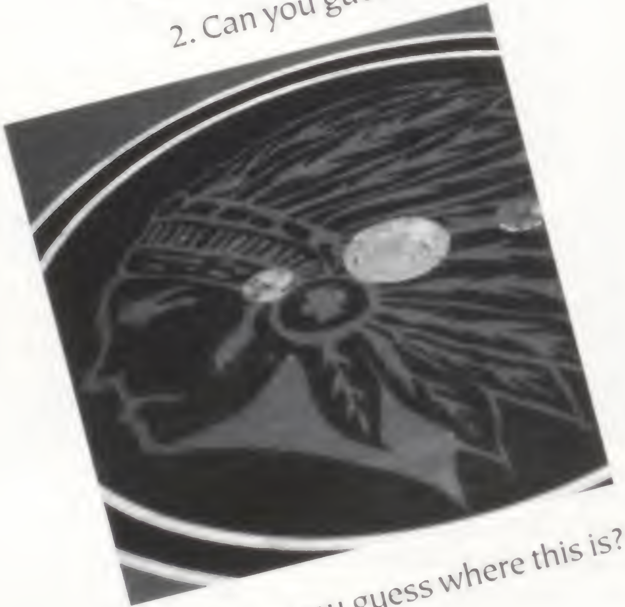

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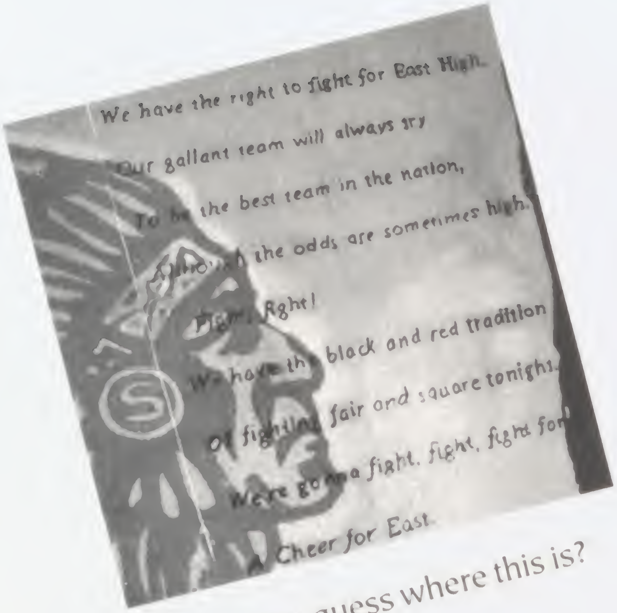
We have the right to fight for East High,
Our gallant team will always try
To be the best team in the nation,
Although the odds are sometimes high.
Fight, fight!
We have the black and red tradition
Of fighting fair and square tonight,
We're gonna fight, fight, fight for
A Cheer for East.
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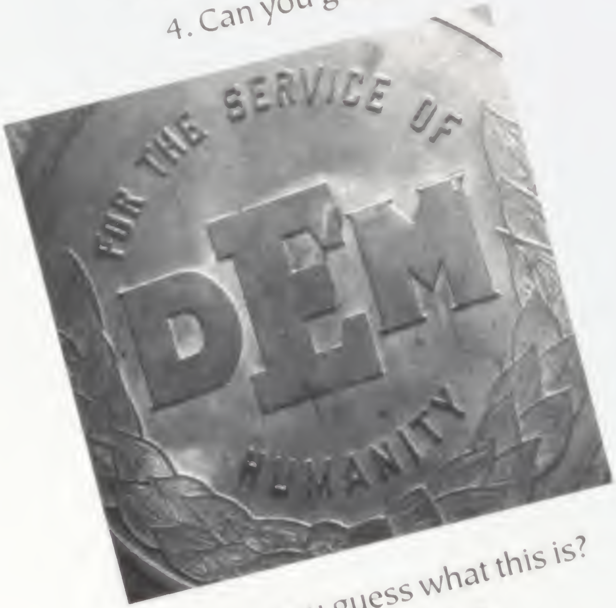
4. Can you guess where this is?


FOR THE SERVICE OF
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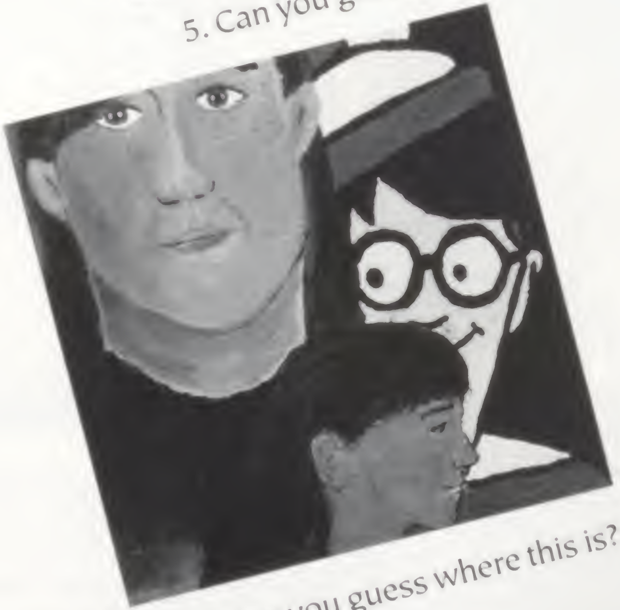
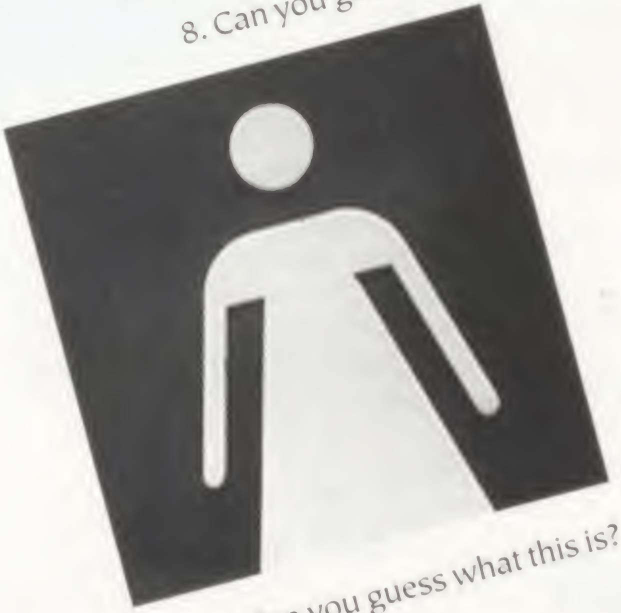


6. Can you guess where this is?

Story/Design: Amy Klopfenstein. Photojournalist: Cassie DeYoung.

7. Can you guess what this is?

8. Can you guess what this is?



9. Can you guess what this is?

Go Ahead, Take Your Best Guess

Can you guess what these pictures are, or where they were taken? All of these were taken somewhere around school. You may have no idea what or where they are, some you may be able to guess right away. Just think of the things that you see around every day. Have fun, and good luck!

ANSWERS: 1. Vending machine buttons... 2. Indian on floor plan posted on wall by main offices... 3. Center of the big gym's floor... 4. Fight Song on momento wall... 5. Plaque in front door entry way... 6. Momento wall on first floor back hallway... 7. Padlock on old lockers by the big gym... 8. Fallout shelter sign seen on way to big gym... 9. Women's bathroom sign. Did you get them all? Congrats!

There are almost 40 different teams at East Hig The Scarlet teams practice every night putting lot of time and work into winning their big gam or meet. It's called dedication, and that is one many things the Scarlets are proud to have abundance. It's Scarlet Pride.

Story/Design: Amanda Grant. Photojournalist: Katie Nevins.

SPORTS

It's the last seconds of the game and the crowd is roaring "Shoot it!" You look around and hit the three pointer. Victory is ours!

Whether it's basketball thrills like these, or any other sport, EHS athletes have been through the good and the bad. They've taken their losses in stride and weren't sore winners. That's where the saying comes in: "You win some you lose some."

With a victory, not all is forgotten with the opponents. The winner has been in their opponent's shoes, also.

Many students at East are involved with sports. There are many different areas to cover when sports is brought up. Some students have opened the door to their future by playing high school sports.

As the day comes when our athletes go to college, a handful will be going on with sports scholarships.

If you don't try to do your best at a sport, you'll never know how good you really are, until you look inside, your skill potential.

Inside The Huddle

Conference Win Tops Season

Swing batter, batter, batter, batter, batter, swing! That's right it's varsity softball. This year the team did well bringing to a close one of the team's best seasons.

One highlight stands out. "We beat Lincoln and they won the conference, so it was a really good game," said senior **Amy Nemmers**.

The team had a large turn out of players, seniors to freshmen. Having a team with this much variety gives you a lot of good stories.

"Kathleen Robinson, one of the eighth graders who I pulled up about midseason, hit a three-run homerun over the fence helping us to win the game," said Coach **Bob Savage**.

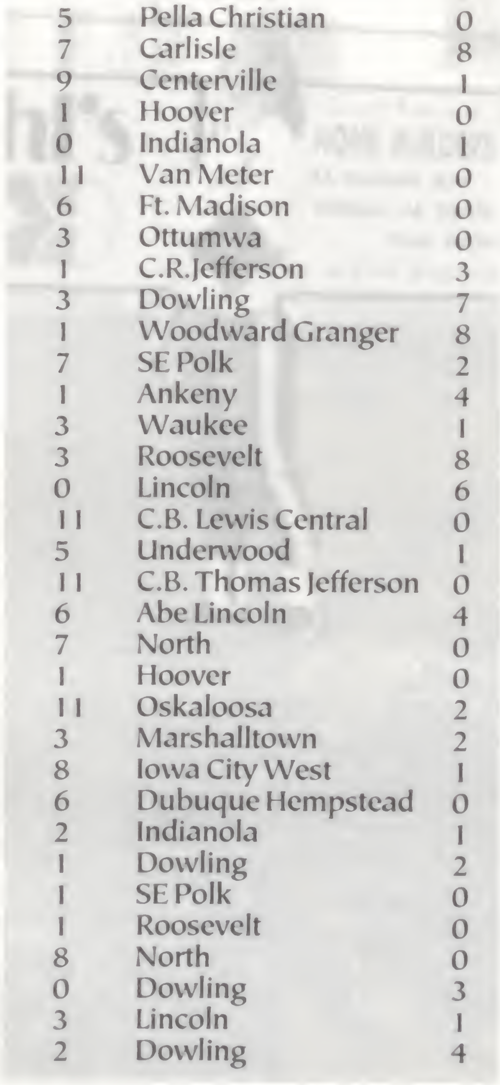
Success is nothing new.

"I remember years when I think back and wonder if I had done some things differently, maybe a game or even the season might had gone better. But you can't second-guess yourself," says **Savage**.

Having fun makes sports more fun. It builds a feeling of unity among team members. It also give the teammates fun memories of the season and the people they played with.

"I remember once we were at a game in Council Bluffs and were on our way back to the hotel when we got pulled over. We had ten people in the car. The cop made six of them get out and walk the rest of the way back," said senior **Beth Gail**.

Varsity



Metro 9–5 Overall 26–12

East	vs. Opponent	
3	Pella Christian	0
8	Lincoln	5
5	North	0
0	Muscatine	1
5	Pella Christian	0
7	Carlisle	8
9	Centerville	1
1	Hoover	0
0	Indianola	1
11	Van Meter	0
6	Ft. Madison	0
3	Ottumwa	0
1	C.R.Jefferson	3
3	Dowling	7
1	Woodward Granger	8
7	SE Polk	2
1	Ankeny	4
3	Waukee	1
3	Roosevelt	8
0	Lincoln	6
11	C.B. Lewis Central	0
5	Underwood	1
11	C.B. Thomas Jefferson	0
6	Abe Lincoln	4
7	North	0
1	Hoover	0
11	Oskaloosa	2
3	Marshalltown	2
8	Iowa City West	1
6	Dubuque Hempstead	0
2	Indianola	1
1	Dowling	2
1	SE Polk	0
1	Roosevelt	0
8	North	0
0	Dowling	3
3	Lincoln	1
2	Dowling	4

he Scarlets are ready and prepared to take the field at a home game. The team had a great season and enjoyed being together.

Story/Design: Angla Curtis, Steve Porter. Photojournalist: Jessica Davis.

During the game the coach would often stop and talk with the team and let them know that they were doing a good job.

On Senior Night the seniors were introduced and their parents stood with them on the field while they received a bouquet of balloons.

After playing an inning out in the field, the team is ready to bat. The team worked hard enough at practice and games to win the conference.

It's time for a pep talk after a long, rough game. Senior **Nicki Mooers** *sits and waits for strategy and advice from the team's coach.*

Aiming To Win The Game

With every new season comes a new team of players in hopes of making those very much needed runs in the game known as softball.

Last season's freshman and JV teams were teams of both new and old faces with many different skill levels, but they did seem to pull everything together and gave East a good season.

"I think the girls played very well this season," said Coach **Lizz Frey**. "Their skills were higher and they seemed to have more perseverance."

The JV team started out their season with a game against Urbandale, playing a higher level of sport.

"We really played hard this season. It's not like when we were freshman. The teams are getting tough and so are we," said junior **Shannon Root**.

While the JV team got re-acquainted with each other, alum **Shannon Carlsen**, who coached the freshmen team, worked on bringing her team's skill level up.

"Some of the girls were new and some had been playing for a long time," says Coach **Carlsen**, "but we worked on the basic learning at a high school level."

Frey says the JV team's perspective was different. They had more experience that they got to show by sometimes rotating back and forth with the varsity team.

Even though the team's offensive batting was a little weak, their pitching was what really got them going.

"We had three girls rotate between varsity and JV because they were so good at pitching," says **Frey**.

One thing that both teams can agree on is they all hope to grow and get better as they climb the competitive ladder.

"I really hope those of us that go on to varsity as seniors do great next year, even though we didn't do so great this season. It'll be a brand new start," said junior **Tara Mathews**.

JV team members hustle to the bench and field giving each other "Good Jobs!" The team's season was pretty good, but challenging.

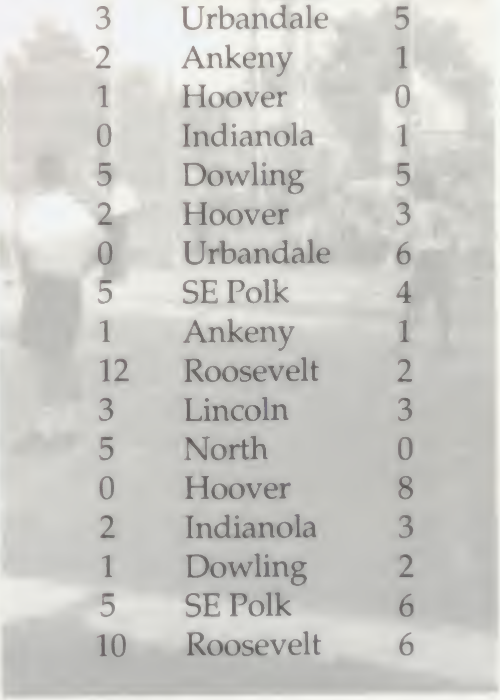
*Pitching for the team, sophomore **Jenny Blakeman** fires a fast one. She was one of the team's best pitchers, according to **Coach Frey**.*

Story Design: Stephanie Gibb. Photojournalist: Tricia Forest.

*"Come on let's hit one out!" is on the minds of the JV team as they watch junior **Tara Mathews** get ready to bat.*

JV Softball

Metro	Overall
6 - 6 - 2	*7 - 10 - 3*



East	vs. Opponent	
7	PellaChristian	0
0	Lincoln	4
2	North	0
3	Urbandale	5
2	Ankeny	1
1	Hoover	0
0	Indianola	1
5	Dowling	5
2	Hoover	3
0	Urbandale	6
5	SE Polk	4
1	Ankeny	1
12	Roosevelt	2
3	Lincoln	3
5	North	0
0	Hoover	8
2	Indianola	3
1	Dowling	2
5	SE Polk	6
10	Roosevelt	6

Frosh Softball

Overall
12 - 13 - 1

East	vs. Opponent	
0	Hoover	8
9	Hoover	5
2	Indianola	9
11	Indianola	8
5	Lincoln	5
4	Lincoln	6
6	Dowling	4
4	Dowling	6
0	SE Polk	3
10	SE Polk	2
1	Ankeny	3
8	North	2
0	North	6
14	Roosevelt	5
10	Roosevelt	5
2	Lincoln	3
1	Lincoln	5
3	North	7
5	North	7
0	Hoover	10
13	Indianola	5
0	Dowling	5
7	Dowling	5
7	SE Polk	5
6	SE Polk	3
13	Roosevelt	0
14	Roosevelt	1

*"Batter Up!" Sophomore **Sheena Gray** goes up to bat as **Coach Frey** looks on. **Gray** had one of the best batting averages on the team.*

Cut Short Two Games From State

Why was the season such a letdown when they came within two games of State? How could the season be disappointing when two players from East were named Iowa High School Baseball Coaches Association All-State Super Team?

"Over all we did good, but we were cut short. The talent was there and we should have gone further then we did," said alum **Mike Peterson**.

"I was expecting to make it to State because of the fact that we beat Johnston 11-1 and they made it to State," said alum **Chad Lortscher**.

"The season was alright considering most of our losses were one run losses, but even though we didn't make it all the way we have a lot to be proud of," said alum **Jeff Gathercole**.

Everyone was disappointed yet proud, since there were plenty of good things that highlighted the season.

Alumni **Anthony Crum** and **Chris Standley** were named to the All-State Super Team, an unprecedented event in the history of East baseball.

"I was surprised for being chosen," said **Standley**. "It's the highest honor to get in high school ball."

Next year will be a bit of a challenge with only two of the starters, seniors **Ken Rodine** and **Josh Stewart**, returning.

Rodine, with a batting average of .450 led the team in RBIs and hits while **Stewart**, with a batting average of .400, led the team in home runs.

"When it came down to the last game we had the talent, we just didn't get the job done," said **Stewart**.

Even though they lost a lot of talented players, the outlook is optimistic for next season.

"I think we have a good chance next season to do as well as we did this year, if not better," said **Rodine**.

Last season the players got to play at the Metrodome in Minneapolis. This year they got to play at Sec Taylor Stadium.

"It was cool to be able to play at Sec Taylor," said alum **Tim Sams**. "We played Southeast Polk."

*Using every muscle in his body, alum **Chris Standley** throws the ball to home. He played second base in this game, though usually he played right field or pitched.*

*Retrieving the bat is (bat girl) **Linnea Powell**, while alum **Tim Sams** stands at bat. They beat North in this game.*

PETERSON
15

*Perfect batting form. Alum **Mike Peterson** gets in a few practice swings. It's a way for baseball players to warm up before they're up to bat.*

Story/Design: Angie Beason. Photojournalist: Jeremy Milligan.

Part of the varsity baseball team is announced at the homecoming assembly. Alums ***Chris Standley*** *and* ***Anthony Crum*** *also received an award for making the All-Star Super Team.*

Whuz-up. The managers this season were sophomores ***Amy Hornocker*** *and* ***Lesley Olson****. They were a big help to the coaches and they had fun in the process.*

enior ***Josh Stewart*** *and alumni* ***Tim Sams*** *and* ***Anthony Crum*** *leave the field after making their third out. It was now their turn to score.*

Alum ***Anthony Crum*** *and senior* ***Ken Rodine*** *wait on deck. These two had the highest batting averages on the team.*

Varsity

Metro 13–8 | Overall 25–15

East	vs. Opponent	
13	Sioux Falls, S.D.	7
1	S.C. East	2
5	Urbandale	8
11	Lincoln	5
1	Lincoln	2
2	Ankeny	3
23	Winterset	0
4	Valley	3
14	Hoover	3
2	Hoover	12
16	Indianola	4
2	C.B. Lincoln	4
9	C.B. Lincoln	7
14	North	4
3	Dowling	2
6	Dowling	7
0	SE Polk	2
10	Roosevelt	3
10	Roosevelt	8
10	C.B. Jefferson	12
6	Lincoln	7
11	S.C. West	1
10	Fort Dodge	7
9	S.C. Heelen	10
14	North	2
16	North	4
5	Hoover	2
2	SE Polk	12
4	Indianola	1
11	Johnston	1
8	Indianola	9
0	Indianola	6
4	Dowling	5
12	SE Polk	9
10	SE Polk	6
10	Roosevelt	0
3	North	1
2	Hoover	5
7	C.B. Jefferson	3
5	S.C. West	0

Over All The Season Went Well

This summer, while many students were working, partying, studying, or on vacation, many failed to notice those who were on the field.

"I went to practice about three or four times a week, and on those days we practiced for one to two hours," said senior **Justin Shelburg.**

The JV team had two new coaches, but they still managed to have a winning season.

"I think one really good reason for their success was that the whole team was friendly on and off the field. I also think that made them more relaxed because they didn't have to impress anyone," said Coach **Kevin Silfka.**

This year was a great one filled with lots of memories.

"The one thing that stands out in my mind was beating Dowling. We came back from behind and won," said senior **Derek Donaldson.**

One of the hardest things for a coach is to give up valuable players.

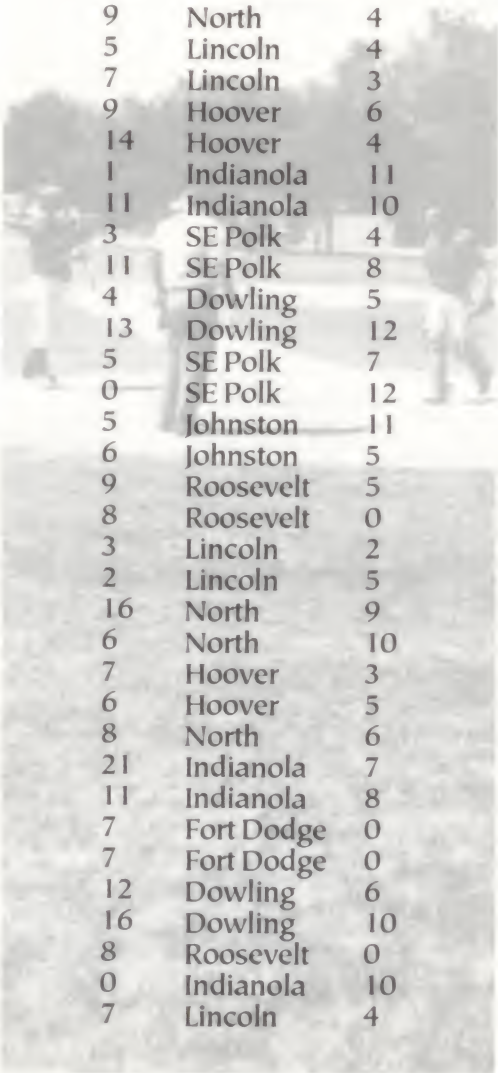
"I can remember two of my leaders leaving. Junior **Bill Olson** really held the team together, but he went up to varsity. Also junior **Patrick McNeley** played most of the year with JV, but he was good when it came to playing gutsy ball," said Coach **Brian Carico.**

The freshman team wore rally caps for luck.

"In the seventh innings of the last three games, we wore rally caps. We won two out of the three, so I guess it worked," said sophomore **Tyler Goode.**

Freshman

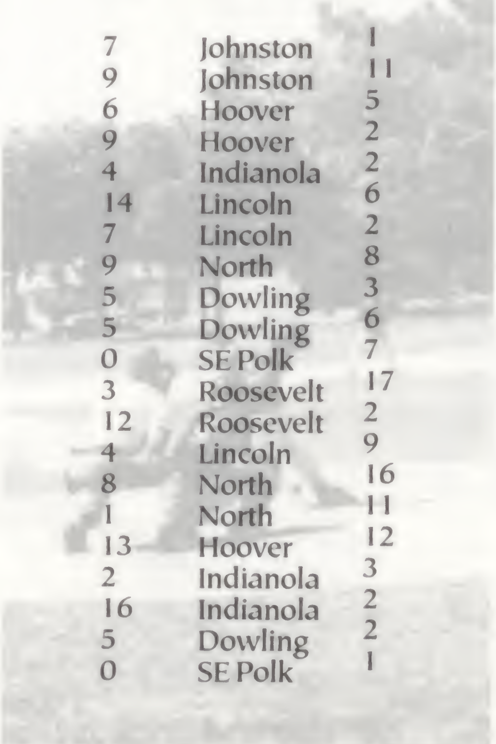
Metro 24-9



East	vs. Opponent	
9	North	4
5	Lincoln	4
7	Lincoln	3
9	Hoover	6
14	Hoover	4
1	Indianola	11
11	Indianola	10
3	SE Polk	4
11	SE Polk	8
4	Dowling	5
13	Dowling	12
5	SE Polk	7
0	SE Polk	12
5	Johnston	11
6	Johnston	5
9	Roosevelt	5
8	Roosevelt	0
3	Lincoln	2
2	Lincoln	5
16	North	9
6	North	10
7	Hoover	3
6	Hoover	5
8	North	6
21	Indianola	7
11	Indianola	8
7	Fort Dodge	0
7	Fort Dodge	0
12	Dowling	6
16	Dowling	10
8	Roosevelt	0
0	Indianola	10
7	Lincoln	4

Sophomore

Metro 11-10



East	vs. Opponent	
7	Johnston	1
9	Johnston	11
6	Hoover	5
9	Hoover	2
4	Indianola	2
14	Lincoln	6
7	Lincoln	2
9	North	8
5	Dowling	3
5	Dowling	6
0	SE Polk	7
3	Roosevelt	17
12	Roosevelt	2
4	Lincoln	9
8	North	16
1	North	11
13	Hoover	12
2	Indianola	3
16	Indianola	2
5	Dowling	2
0	SE Polk	1

JV

Metro 6-5

East	vs. Opponent	
2	Urbandale	7
5	Dowling	4
8	Lincoln	11
1	Ankeny	7
2	Ankeny	12
15	SE Polk	10
18	SE Polk	17
14	Lincoln	13
10	SE Polk	6
9	SE Polk	3
2	Dowling	8

Story/Design: Courtney Reeves. Photojournalist: Erin O'Connor.

Coach ***Chris Murphy*** *stops to talk to junior catcher* ***Zak Banks****. They were trying to discuss plays while they were on the field.*

An umpire disputes a decision with the team's coach. ***Coach Murphy*** *is normally the one that talks to the umpire when there are problems on the field.*

The sophomore team talks in huddle before game. The team gets together before and after games to work on strategies.

Junior ***Bill Olson*** *is getting ready to hit the ball. Olson was one of the team's most valuable players, according to Coach Carico.*

Senior **Nick Kligopoulos** *leads the guys back to the locker room. Even though they never won a game, they never lost their pride.*

Boys Soccer

Metro 0-13
Overall 0-14

East	vs. Opponent	
0	Valley	5
0	Urbandale	6
1	Mason City	4
0	Newton	4
4	Russell	4
0	Roosevelt	9
3	North	9
1	SE Polk	2
0	Indianola	2
1	Lincoln	6
1	Dowling	9
0	Roosevelt	8
0	Hoover	4
0	North	4

Defeats Didn't Bring Down Pride

It was a year of new beginnings for the soccer team, including a new coach, new teammates, and new injuries.

"This year was my first year coaching for East, and it was a learning experience for us all," said Coach **Troy Cortez.**

Even though the season wasn't very good, players still had fond memories of the year.

"I think our best game was against Roosevelt. We lost but I think we played really well," said senior **Nick Kligopoulos.**

They had one really bad injury that cost them a valuable player.

"I only got to play a part of the first game, because I tore my ACL (interior ligament) in my knee," said junior **Bryan Shepherd.**

The soccer team had some new players this year, and it seemed as though they all enjoyed the game.

"Even though we lost every game, I still found it to be fun. I got so many yellow cards (penalties), that after awhile I quit counting," said senior **Jared Rose.**

Most of the guys play on different teams throughout the year.

"I play on an indoor team, and a different league, and also for East. I love the sport," said senior **Tanner Guy**.

They practice a lot and condition much the same as football players do.

"We practice every day after school. We do lots of running. We normally either run one to three miles at one time or we do 45 minutes of sprints. We also ran a lot of stairs," said **Shepherd.**

This year **Cortez** is looking for more players because he thinks that could be part of the team's problem.

"I'm big on discipline and on enthusiasm, but we only had 14 guys. When it comes down to it, that isn't very many to choose from when most teams have 25 to 30. So this year we'll get our numbers up so we can get out of our slump," said **Cortez.**

Story/Design: Courtney Reeves. Photojournalist: Jason Milligan.

*Senior **Tanner Guy** runs to get control of the ball. He was one of the team's captains this year.*

*Junior **Clint Czizek** is getting ready to toss the ball in to his teammates. This was his first year playing soccer.*

*Senior **Grant Scott** talks to teammates, seniors **Chad Campbell** and **Nick Kligopoulos**. All three will hit the field next year, as well.*

*A few of the team members are waiting to get into the game. Junior **Bryan Shepherd** couldn't play most of the season because of a knee injury.*

Young Teams Learn Fast

The East High girls soccer team has only been around since its inaugural season two years ago.

They started off learning how other high schools play, as opposed to the summer Des Moines Menace camps or East Des Moines soccer league that most of the players participated in.

Now, playing as a team, they've come a long way.

"I've noticed a big difference and a lot of improvement since their first year," said Coach **Chaney Yeast**.

"The girls should have a good season this year; they have a lot of promising players," said senior **Vanessa Kinnear**.

Last year there was an increase in the number of people who tried out for the team.

"There seemed to be a lot more interest since we had advertised after the first year," said **Kinnear**.

Yeast says that the team is for anyone who wants to play, experienced or non-experienced.

All of the new players were helped out by the more experienced players so that everyone could play well.

The girls were good friends and had a lot of fun.

"The coach would always find some kind of activity to bring the team closer together," said **Kinnear**.

Varsity

Metro 2–11

East	vs. Opponent	
1	Jamboree/North	0
0	Valley	18
0	Urbandale	5
2	Mason City	1
4	Lincoln	6
3	North	0
0	Newton	8
1	Hoover	6
1	Indianola	3
0	Indianola	3
1	Urbandale	6
2	Dowling	10
1	SE Polk	3
2	Roosevelt	6

Junior Varsity

Metro 1–11

East	vs. Opponent	
0	Valley	11
0	Urbandale	13
0	Mason City	3
1	Lincoln	3
0	Roosevelt	6
2	Mason City	0
0	Newton	9
1	Hoover	3
0	Indianola	1
0	Dowling	13
0	SE Polk	1
0	Roosevelt	3

Story/Design: Chris Fidler. Photojournalist: Tiffany Mayse.

Senior Tascha Torgeson *fights to get the ball away from an agressive Indianola team. At that hot Urbandale tournament, the team was short of players and water but played their hearts out.*

The team walks over to the sidelines at halftime. They usually spend this time picking strategies for the next half.

Huddling before a game, the squad is pumped up by Coach Yeast. They were in a mid-season slump and the girls needed some focus.

Assistant coach **Angel Smyth** *watches her team from the sidelines. All injured or sidelined players usually cheer their team on.*

Keeping Traditions Alive

The boys and girls tennis teams both had many freshmen last year. This created the problem of having inexperienced players, said junior **Sandy Mendenhall**, but both teams had ways of overcoming that obstacle.

The girls team, led by coach **Joyce Smith**, had their number one player, junior **Evie McPherson**, and alumna **Glenna Frank** to "cheer people up and help [them] focus on tennis," said **Mendenhall**.

An unusual part of the team was German foreign exchange, **Stephanie Mix**, who ended up one of the top five players. "She's a good addition to the team," says **McPherson**.

The boys team has a strange but helpful way of attaining good luck. About five years ago a player named **Ello Nizzi** started a tradition of passing down a stuffed camel from the top senior to the top junior at the end of every season, said alum **Matt Leonard**. At the end of last year's season, **Leonard** passed it down to senior **Justin Shelburg**.

"Most of the players on the team know the special meaning of the camel," said **Leonard**.

The boys and girls tennis teams also attended the banquet at Stella's last year, where Channel 13 sportscaster Keith Murphy gave them a few words of advice.

"He spoke to the teams about what it takes to be a good athlete and that it's also a good idea to pursue academics because not many athletes make it," said **Mendenhall**.

The banquet also awarded the players with gift certificates to Southridge Mall and gave small televisions to the number one players, said **Leonard**.

Boys Tennis

Metro 0-10

East	vs. Opponent	
0	Urbandale	11
0	Ankeny	11
1	Hoover	10
0	Roosevelt	11
4	North	7
0	Dowling	11
1	Ames	10
3	SE Polk	8
0	Lincoln	11
1	Indianola	10

Girls Tennis

Metro 0-10

Overall 1-10

East	vs. Opponent	
1	Ames	10
3	Urbandale	8
1	Ankeny	10
3	Hoover	8
0	Roosevelt	11
1	North	10
4	Dowling	7
5	SE Polk	6
2	Indianola	9
7	Saydel	4
2	Lincoln	9

Story/Design: Chris Fidler. Photojournalist: Kevin Collins, Jr.

Along with teamates, senior **Kevin Minard** *and junior* **Adam Ivanovich** *discuss the results of a meet while preparing to 'truck off.'*

A member of the boys tennis team keeps his eye on the ball, hoping for a winning slam. Unfortunately, the season record ended up 0-10.

Two players walk off the court, water bottles in hand, after practice. Lots of practice paid off with victories, such as over Saydel, 7–4.

Two girls tennis players participate in a doubles match at practice.

Running To Meet Their Goals

Up against a wall doing push-ups while standing on your hands? This is just the beginning of what happens at a usual day's practice for the girls that are involved in track.

This unusual style of push-ups in called the inverted push-ups.

"The push-ups were something that I had never done before," said junior **Raffaela Punelli**. "They really worked on our arms."

Track practice meets every day after school, except when track meets are held.

"During meets, I run in the 800m and every once in a while in the 400m," said sophomore **Sarah Martineau**.

There are many exercises done during practice. Along with the inverted push-ups, they run about a mile and some times longer distances to keep in shape.

"It was fun, we had a new assistant coach with new ideas," said **Punelli**.

"She helped us work hard and get ready for our meets."

Forty-six girls are involved in track this season.

"There were a lot of young girls with a tremendous year," said Coach **George Davis**.

At the North Invitational on April 20, the girls broke three freshman records against the Marshaltown Bobcats, for the high jump, shot put, and discus.

"I have been coaching for twenty-four years," said **Davis**. "Out of those, I have had twenty-three individual state championships."

All of the hard work put forth by the coaches and by the girls all pays off in the long run.

Girls Track

Metro Standing
5th Place

Roosevelt Invitational	3rd
Ram Invitational	4th
Urbandale Invitational	5th
Lincoln Invitational	4th
City Series Meet	3rd
North Invitational	1st
Hawkette Invitational	6th
Lee Town Relays	5th
District Meet	8th
Conference Meet	5th

SOUTHEAST POLK TRA
SOUTH

*Leaping over the hurdle, sophomore **Anna Jones** tries to win the race. All of the nights spent practicing after school help the girls to keep in shape.*

*Taking a practice run, sophomore **Amanda Pratt** gets ready for a meet. The girls placed fourth at the Ram Invitational.*

Story/Design: Amy Klopfenstein. Photojournalist: Jenny Booth.

Getting ready for the big race, these team members have a talk. All of the encouragement from the coaches, other team members and the crowd help the girls out during races.

Taking time out to pose for the camera, junior **Stacey Zelenovich** *and senior* **Kate Olson** *give big smiles. There were 46 girls involved in track this season.*

SOUTHEAST POLK TRACK
SOUTHEAST POLK T

Relaxing, this group of girls piles together for a quick picture. The girls track team finished their season with fifth place in the Metro.

Record Breaking Running Season

Silence filled the track. The only opponent alum **Kaiphat Phaydavong** was really thinking of was the clock, ticking itself away as he jumped the last hurdle and raced to the finish line.

Phaydavong broke the 110m high hurdles record of 30 years, setting the new school record at 14:02 in the spring of 1997.

There were many conference and school meet records that were also broken by other members of the boys track team.

"We always do well, it's more of an individual than a team sport. The team is just there to give support," said Coach **Don Graves**.

Senior **Jason Irvin** said he likes track because it's a "one-on-one competition."

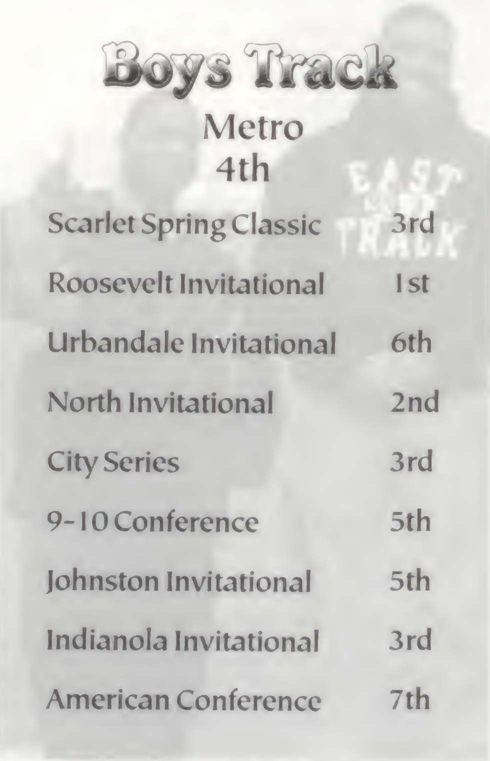
Irvin, who was involved in long jump, 200m, 4 x 100, 200, and 400 meter relays, qualified for finals for the 4 x 200 at the Drake Relays, along with **Greg Owens**, **Jamaal Clarkson** and **Tywan Dudley**.

Along with the joy of victories comes the disappointment of defeats. Senior **Lance Lethcoe**, a distance runner in the 800m, missed qualifying for State by a second.

"I'll try to do my best next season [spring '98] and hopefully make it to State," said **Lethcoe**.

Losing five seniors, including one of the team's best runners, will put East at a disadvantage.

But Coach **Graves** said, "We're not the only team losing seniors, every other school is. So it all works out."



Boys Track

Metro
4th

Scarlet Spring Classic	3rd
Roosevelt Invitational	1st
Urbandale Invitational	6th
North Invitational	2nd
City Series	3rd
9-10 Conference	5th
Johnston Invitational	5th
Indianola Invitational	3rd
American Conference	7th

EAST 96-9 TRACK
EAST 96-9 TRACK

They were inexperienced at the start of the season, but by the end they were placing in the events," said field coach ***Ned Rasmussen****.*

Dazed and confused, sophomore ***Carl Shelton*** *stands waiting for his big run. He is a strong short-distance runner for the JV team.*

Story/Design: Tina Inthavong. Photojournalist: Jennifer Breese.

Struggling mightily, JV tracker ***Carl Shelton*** *takes first at the City meet at Hoover.*

Track and field coaches ***Mark Hurley*** *and* ***Don Graves*** *put their brains together to outdo and out-run the competition.*

EAST HIGH
TRACK & FIELD

Striving for the win, senior ***Greg Owens*** *comes out on top at Hoover.* ***Owens*** *qualified for the spring Drake Relays event.*

itting around, the boys check out the other teams before a big run. The varsity team made it to State for the seventh time in ten years.

oming up from behind on a Hoover runner, freshman **A.J. Shipman** runs his heart out. The Hoover Invitational was on September 9.

"I'm glad I got the chance to be on a team that got to go to State."
— Senior co-captain ***Lance Lethcoe***

"We were happy with our performance at State, placing 18th as a team."
-Senior co-captain ***Ryan McIntosh***

"We did a remarkable job and accomplished a lot."
— Senior co-captain ***Josh Hibben***

Cross Country

Metro
4th

East	vs. Opponent
3rd	SE Polk Invit.
4th	Urbandale Classic
4th	Hoover Invit.
5th	Karpen Invit.
5th	Cardinal Invit.
2nd	City Series
5th	Ankeny Invit.
2nd	Urbandale Invit.
3rd	Augustine Invit.
4th	American Conference
3rd	District Meet
18th	State Meet

Story/Design: Landna Baccam. Photojournalist: Sara Campbell.

Across The State And Back

In a return from the rebuilding years, boys cross country made it to State again for the seventh time in ten years.

"Even though there's only nine guys, we got things done. That's all that mattered," said senior co-captian **Lance Lethcoe**.

No matter how big the other teams were or how intimidating they looked, they didn't scare the Scarlet team.

"It doesn't matter how many guys there are on the team because each team could only run seven guys in a meet," said Coach **Don Graves**.

The seven guys on the varsity team who made it to State were elated

"I'm very excited and proud of the team because what we did was quite an accomplishment," said sophomore **Nate Hibben**.

"I was really excited because this is my first year and all. We had an awesome team," said freshman **A.J. Shipman**.

The boys didn't think they would make it to State until they took a look at the new district assignments. The only team they were afraid of was Newton, but they didn't have to worry.

"Our main focus was on Newton because we knew we could beat everybody else. They beat us once, but at districts we beat them by 50 points," said senior co-captain **Josh Hibben**.

The season's courses were a challenge, but the district course (Indianola) was the most challenging.

"It had tons of hills and a lot of tight turns. It was also very muddy which made it even harder to run," said **Nate**.

As the season went by the team improved as a unit and individually.

"At the end of our season we were beating teams by a landslide when we were barely beating them at the beginning, but in the end we did great!" said **Josh**.

Practice makes perfect! That's exactly what the boys did day after day, all season long. But it all paid off when they made it to State.

A big group hug — isn't that sweet? The boys got really close as the season went by and as it came to an end.

Before one of the cross country meets, these girls get ready to put on the numbers that are worn during the race.

Trying to psyche the girls up before a meet, Coach **Ford** gives senior **Kendra Sawhill** and sophomores **Sarah Martineau** and **Shakeela Newsome** a pep talk.

With a good head start, junior **Tracy Lowe** and senior **Sarah Ingersoll** are bound and determined to finish the race and make good time.

Varsity

Overall
7th

East	vs. Opponent
8th	SEP Invit.
9th	Urbandale Classic
11th	Hoover Invit.
7th	Johnston Invit.
5th	North Invit.
13th	Cardinal Invit.
4th	City Series
3rd	Urbandale Invit.
11th	Hawkeye Invit.
7th	Conference
9th	District

Just hanging out, junior **Raffaela Punelli**, senior **Kendra Sawhill**, junior **Tracy Lowe** and sophomore **Shak Newsome** pose for a quick snapshot before a meet.

Story/Design: Jill Nowadzky. Photojournalists: Kevin Collins & Monty Ross.

Run For Your Life

Starting in August and running till the end of October, the girls cross country team really ran the distance throughout the season.

"We run mostly every day after school and our coach, **Debbi Ford**, really encourages us to run the weekends," said junior **Tracy Lowe**.

At practices the girls run an average of two miles each day.

"We not only run to keep in shape for the season but it also helps us increase speed and momentum which helps us at our meets," said sophomore **Sarah Martineau**, who is the most valuable runner on the team.

Most of the cross country girls participated in track, also.

"Cross country helps keep me in shape and helps me build up energy that I can use to better my time at track meets," said senior **Sarah Ingersoll**.

At the beginning of the week of a meet, the girls tried to run on the track that the meet was held at. This gives them them a "feel" for the upcoming competition.

"This lets the girls get a feel of what to expect at the meet and helps them familiarize themselves with their surroundings so they will feel comfortable in their running environment," said Coach **Ford**.

At the beginning of each meet, most team members set personal goals and team goals they wanted to accomplish.

"One of my personal goals for a meet was to better my time during the race, and while I was running I just kept thinking about my goal—I accomplished it," said freshman **Angela Davies**.

Cross country is challenging, but, like any sport, is very rewarding.

"If you can finish the race without stopping, you feel like you can do anything," said senior **Kendra Sawhill**.

After hurting her foot while running in a meet, junior ***Tracy Lowe*** *gets her ankle wrapped by the new sports trainer.*

Running through the grassy knoll, sophomore ***Shakeela Newsome*** *and freshman* ***Angela Davies*** *keep each other company while they run about two miles.*

More Team Spirit Than Wins

The Scarlets ended the season with 2-8 record. Their wins weren't high, but the team spirit all through the season was.

"We missed out on some opportunities like the Lincoln and Mason City games," said senior **Jason Irvin**. "But all in all we played well together."

"We played well, but we couldn't combine our defense and offense," said senior **Nick Kligopoulos**.

The three captains this year were seniors **Jason Irvin**, **David Suggett**, and **Tim Page**. They were in the weight room most of the summer which led to their roles as captains. Each week there was a fourth captain picked by the captains. Junior **Ben Cowie** was the only junior who was chosen to be captain for a game.

"We had a bunch of good seniors to look up to and it made the season a lot more fun," said **Cowie**.

"Seniors did a good job keeping the team in line and we have a lot of good juniors stepping up next year," said junior **Floyd Wright**.

There were quite a few injuries which happened at the beginning of the season. Junior Jason Mason broke his femur bone at Jamboree after **Rory Rodriguez** ran into him. Junior **Dan Rendall** had knee problems which kept him out seven games. Senior **Brian Johnson** had his appendix taken out. Even though there were injuries, it still gave others opportunities and experience.

"This season we had a lot injuries that held us back," said senior **Monty Ross**. "Other than that we had a good season."

"This season, I'd have to say, was more fun than my other three seasons which made it go by faster than I would have liked," said **Page**. "I wish the underclassmen good luck and to remind them to lift a lot of weights."

"I enjoyed kicking for varsity as a freshman and can't wait for years to come," said freshman **Myer Nece**.

ORTS
MEDICINE

Story/Design:Angie Beason. Photojournalist: Katie Nevins.

*Knee troubles for junior **Dan Rendall** were a problem this year. The new trainer, **Shari Shaffer**, takes a look at his knee before practice.*

*High in the air, junior **Kerry Green** does a shoulder stand on junior **Stacey Letze**. That was one of the simpler stunts performed by the cheerleaders. Their newest stunt is the "liberty," in which senior **Ashley Inthalangsy** stands atop everyone's hands.*

Practices & drills were always more fun than "up-downs," thinks senior ***Jason Irvin****. Following him is senior* ***Brian Johnson*** *with the ball. They practiced Monday through Thursday from 3-6.*

Winning against North was a thrilling victory. The score was 14-13, which was a narrow but sure pleasure.

Varsity

Metro
2–8

East	vs. Opponent	
12	Sioux City North	42
14	North	13
6	Roosevelt	41
14	Lincoln	28
13	Hoover	2
12	Mason City	27
6	Dowling	60
0	SE Polk	18
0	Indianola	27
0	Ottumwa	42

Standing in anticipation, the players wait to hear it's there turn to go in. They played Lincoln that night in which they were defeated 14-28.

Sticking With Tradition

It isn't always the scores or the wins of a season, but the effort that shines through. The freshman and sophomore football teams had another trying year, with zero wins for the freshmen and only one for the sophomores. Yet the Scarlet spirit remained strong.

"I think they were just not as experienced as some of the schools like Dowling because the players from Dowling had football in their junior high school, which unfortunately is not available at public junior highs," said freshman coach **Ken Burgess.**

The funding isn't available for junior high athletics, which could help the players become more experienced before they face their opponentsin high school.

"I think it would be beneficial to the players of all the schools if they offered football in junior high," said freshman quarterback **Mark Grimm**.

The players face a lot of adversity in their decision to play football because of the occasional apathy toward the program, and playing well requires a good attitude from each player and the team.

"I really try not to think about what other people say because they're not the ones out there playing," said **Grimm**.

"The players always keep a positive attitude, and play well for themselves," said **Burgess**. "I believe we have a good team in the making."

Many of the players get upset when they hear people talking bad about the team.

"I get mad. I don't think they have the right to talk about us when they are not the ones out there busting their rears," said freshman **Mike Reese**.

Despite the losing season, the teams practiced hard and they keep showing improvement.

"I feel that I learned a lot this year. Some things I can use to help me further my high school career," said sophomore **Randy Blackford**.

Freshman

Overall
0-7-1

0	Indianola	34
0	Lincoln	40
0	Hoover	20
19	Roosevelt	44
20	North	20
6	Dowling	49
6	S.E. Polk	56
8	Ames	39

Story/Design: Steve Porter. Photojournalists: Tiffany Mayse & Jason Milligan.

Going for a pass, a Scarlet tries not to fumble the ball. The sophomores came together this year, placing 7th in the metro standings.

Huddling up after a good play, the sophomores try to regain their stategy. Playing as a team, the players gave it their all, keeping Scarlet Spirit high.

Looking onto the field of players, the coaches hope for things to go their way. The coaches for the freshmen were impressed with the capabilities of the new players. Maybe they had bright hopes for the future of EHS football.

Sophomore

Overall
1-8

28	North	34
22	Roosevelt	32
14	Lincoln	15
28	Hoover	14
8	Mason City	54
6	Dowling	46
0	S.E. Polk	15
0	Indianola	53
15	Ottumwa	32

The eager squad stands, watching the game, waiting for their turn to go in and face their opponents. The freshmen were still looking for their first win of the season.

REMEMBERING THE YEAR

"I remember beating Dowling this year in the Lincoln Tournament. The highlight of that game was junior **Shawna Lore** *spiking the ball into sophomore* **Ashley Anderson's** *face," said junior* **Tara Mathews**.

"I remember when senior **Megan Hill** *went to set the ball in front of her and it ended up behind her," said senior* **Crystal Leach**.

"The best thing that happened to me this year was when I was playing in a game against Ankeny and I stuffed a girl," said junior **Megan Staley**.

"We were doing line sprints and sophomore **Mandy Reidburn** *went to turn to get a ball, her shoe came flying off, and she fell to the floor," said junior* **Stephanie Fallis**.

"I was in practice and **Mathews** *slid on the floor in front of me, in pursuit of the ball," said* **Lore**.

"Remembering back to the game at Marshalltown, on the way back we were riding on the bus and senior **Nicki Mooers** *farted. It smelled so bad that (senior)* **Leach** *threw up and I began to gag," said* **Hill**.

"I remember in practice junior **Sandy Mendenhall** *went to set the ball and missed; it hit her dead in the forehead," said junior* **Stephany Denning**.

"I was watching one of the JV games and sophomore **Jaclyn Beener** *went to hit the ball and caught it right above her head in the middle of a play," said* **Mooers**.

Story/Design: Courtney Reeves. Photojournalists: Katie Nevins and Tasha Torgeson.

*All the varsity girls got together at senior **Nicki Mooers** house to celebrate a great year. All of the girls have played volleyball since they were in middle school.*

*Juniors **Tara Mathews**, **Shannon Root**, **Megan Staley**, **Amanda Conlin**, and **Sandy Mendenhall** all pose before playing a game. They all have played together for three years.*

She was one of the varsity team's main hitters. Senior **Crystal Leach** *shows her mighty Scarlet swing when spiking the ball over the net.*

Bump Set Spike

This year the team felt more experienced than in years before to the JV and varsity coaches.

"The reason for this is because of the junior league for the girls. Most of the girls now have been playing for a few years," said varsity coach **Lizz Beckman-Frey**.

The JV had two girls as captains, chosen by the JV coach.

"My captains were juniors **Tara Mathews** and **Megan Staley**. The reason I picked them is because they have positive attitudes and good leadership skills. **Mathews** adds a sense of excitement with her personality, and when **Staley** is around everyone is having a good time," said JV coach **Chaney Yeast**.

In practice the team ran a lot and learned basic skills.

"We have a conditioning day once a week, which is mostly running. We also practice basic and new skills, along with practicing roles that we play on the court and learning how to work together," said junior **Stacie Hornocker**.

The girls all play for different reasons, but whatever their reason, the coaches are just glad they came out for the sport, according to **Beckman-Frey** and **Yeast**.

"I play because it's good exercise and I think it's challenging," said **Mathews**.

"The reason I play is because there isn't one star player. Everyone has to work together to have a good team," said junior **Jami DeMoss**.

Varsity

Metro	Overall
7–3	19–3–14

Opponent	Games Win	Games Loss
Ames Tourney	7	3
SE Polk	3	0
CR Jefferson Tourney	4	4
Indianola	0	3
Urbandale Tourney	7	5
Hoover	3	0
Cedar Falls Tourney	3	3
Roosevelt	3	0
Urbandale Tourney	1	8
Dowling	3	0
CR Jefferson Tourney	2	2
Lincoln	4	1
North	3	0
Marshalltown	0	3
Lincoln	3	2
Marshalltown	0	3

JV

Metro	Overall
1–7	1–9

Opponent	Games Win	Games Loss
SE Polk	0	2
Indianola	0	2
Lincoln Tourney	2	6
Hoover	1	2
Roosevelt	1	2
Dowling	0	2
Urbandale Tourney	2	6
Lincoln	0	2
North	2	0
Marshaltown	0	2

Bumping up the ball, sophomore **Heidi Austin** tries to get it over the net. The sophomore and freshman teams both played their tournaments on Saturdays. The freshman team placed third in their tournament at Lincoln.

Ready to return the serve, sophomore **Geri Sundell** goes for the ball. Sophomores **Amy Hornocker**, **Nicole Gazzo**, and **Jenny Blakeman** are ready to help get the ball over the net.

Taking a little rest, sophomores **Jenny Blakeman**, **Heidi Austin**, and **Geri Sundell** relax on the gym floor. Many days are spent working hard at practice after school.

Serving the ball, sophomore **Amy Hornocker** puts a lot of power into it. Many practices are spent working on serves, setting, and spiking the ball.

Story/Design: Amy Klopfenstein. Photojournalist: Jenn Williams.

Practice After Practice After Practice...

Practice, practice, practice. For sophomore and freshman volleyball players, working on serving, spiking, and setting the ball is all a part of the usual routine.

"We're not all that serious during practice. It's a lot of fun," said sophomore **Heidi Austin**.

There are also some rather unusual things done during practice.

"Sometimes we serve at people laying on the floor," said freshman **Lindsey Carr**.

Though doing many different activities, the sophomore girls don't run much during practice.

"Running doesn't help much in volleyball," said Coach **Beverly Brown**. "The time spent running could be used for more practice time."

Both freshman and sophomore teams played their tournaments on Saturdays. The freshman team placed third in their last tournament at Lincoln.

"It was a fun year and we improved a lot," said freshman **Courtney Page**.

Most of the players have been playing volleyball for many years.

"Volleyball is a lot more fun now than it was in junior high," said **Carr**. "It is so much more competitive."

Volleyball is a fun but serious sport, though some don't think so.

"Guys think that it is easy and tell us that we should play football," said **Austin**. "Volleyball is challenging, you need to have good hand and eye coordination."

Not everyone is out to win. Mostly the teammates just want to have fun.

"We just play because it is fun, we don't get really mad if we lose," said **Austin**. "It is a great sport and I love it!"

Freshman Volleyball

East	vs. Opponent	
0	S.E. Polk	2
0	Lincoln	2
0	Indianola	2
0	Ankeny	2
0	Newton	2
0	Roosevelt	2
0	Winterset	2
1	Boone	1
0	Indianola	2
1	Hoover	2
0	Boone	2
0	Ames	2
2	ADM	0
1	Webster City	2
2	Roosevelt	0
2	Dowling	0
1	Lincoln	2
1	Norwalk	1
2	Lincoln	0
2	North	0
2	Dowling	0
0	Ankeny	2
2	North	0
0	Marshalltown	2

Sophomore Volleyball

East	vs. Opponent	
0	S.E. Polk	2
0	Hoover	2
0	Roosevelt	2
0	Dowling	2
0	Indianola	2
1	Lincoln	2
0	Indianola	2
0	Winterset	2
0	Ames	2
0	Marshalltown	2
0	Ankeny	2
1	Lincoln	1
0	Roosevelt	2
0	Marshalltown	2

Girls Swimming

Metro	Overall
3–4	5–7

East	vs. Opponent	
44	SE Polk	57
72	Perry	108
76	Indianola	106
100	Hoover	70
52	Boone	42
51	Grinnell	42
46	Roosevelt	123
61	Carroll	120
55	Dowling	128
107	Lincoln	63
68	C.B. Lincoln	114
118	North	45

Sitting beside a hot tub, members of the team relax and discuss what was completed in the meet. The team's best win was against North, 118–45.

*As senior **KT Harrington** is greeted by her father, a relieved smile stretches across her face. **Harrington** did very well this season and earned her swimming letter.*

It's Time To Break Records

"Swim Scarlets, Swim!" screams the crowd as the girls race to the finish. Throughout the eleven different events, the 42 members do their best to break the record time.

"This year's team," said senior **Amy Nemmers**, "really came a long way. Many of the girls had not swum before and some for only one year. We also got along *very* well. It was an enjoyable season!"

At the District Meet on November 1, two record times were made by the Scarlets. Senior **Kate Olson**, sophomore **Lesley Olson**, freshman **Becky McAleavy**, and sophomore **Anna Jones** broke the old record in the 200 Freestyle Relay.

Lesley, **McAleavy**, **Nemmers**, and **Jones** had a record breaking time of 4:00.04 for the 400 Freestyle Relay.

"We felt really good and excited," said **Nemmers**. "We knew all of the hard work during the season finally paid off."

Jones took sixth place for the 50 Freestyle event. Her time was 26.70, which gave her a tie to the previous school record.

At the beginning of the season, the team had forty-eight girls. The team ended up with forty-two, compared to last year's total of about twenty-five.

Over half of the team consisted of freshmen who didn't know what to expect.

"It's true," said freshman **Wendy Bradford**, "I didn't know what to expect. But after the first practice, I knew it would be a lot of work. Now that I am used to it, swimming's not so bad."

On the other hand, freshman **Kira Campos-Anderson** expected a lot of hard work, but said, "it's not."

The team had a great year and is looking forward to next year.

"I hope next year's team can improve on what we did this year," said senior **KT Harrington**, "I really think that in the next couple of years East will have a great team."

Story/Design: Angla Curtis. Photojournalist: KT Harrington.

Congratulations seniors, it was your last meet. Seniors were greeted with balloons, flowers, and other gifts. Seniors Amy Nemmers and Renee Hesseltine, both captains, achieved their third bar.

A lot of hard work went into practicing for the meets. During the year, the girls participated in a swim-a-thon. Each member of the team had to swim 100 laps.

Practice is over. It's time for an informal group photo—will everyone please gather around? Ten girls received their swimming letter at the fall sports banquet, Nov. 18.

Pooling Together As A Team

The boys swimming team made it through a tough season to do their best personally and as a team.

"The entire team improved even with having the most freshmen on a team in the district," said Coach **Mark Hurley**.

Altogether the team was the best it had been in years. "We worked hard to get where we did even if it wasn't what some would consider the best place," said sophomore **Justin Repplinger**.

"Going to the meets was fun and it took lots of hard work," said freshman **Oliver Powell**.

The team did very well with two seniors, four juniors, four sophomores, and seven freshmen.

Last year there were eight, but this year saw seventeen with three new captains: seniors **Ryan Witt**, **Josh Hayes**, and junior **Landon Heck**.

Witt said, "This year was a good year. We swam very well and we were glad to have more swimmers than last year."

With a season-ending record of 0–7 , the swimmers had some difficult challenges to face and overcome.

"It was a 'starting' season with a lot of inexperienced swimmers. Some grad ineligibility problems plagued us, too, and decreased our already low numbers," said **Witt**.

Swimming, to many people, isn't as skillfull and as exhilarating as football and other blood-splurting sports, but the guys who do it are proud of it.

Why so hard to get boys to join?

"It's probably the misperception of those who aren't involved. They think you shave your head or legs, but that's been gone for years," said **Hurley**.

It is a serious sport that requires fitness.

"They swim at least two to three miles every day at practice and learn a variety of techniques for different strokes. They don't get much time to rest because they're constantly moving in the water," said **Hurley**.

Attitudes affect the team the most. Continued success means everyone has to get along and help each other out when they're struggling.

"Our team has a great attitude. We know how hard and stressful it can all get, but we keep our heads up," said **Heck**.

Metro 0-6

Overall 0-7

East	vs. Opponent	
17	SE Polk	77
62	Indianola	106
42	Grinnell	131
52	Hoover	118
33	Roosevelt	128
32	Dowling	137
58	Lincoln	110

North Invitational - 5th
Ram Relays - 5th
Districts - 7th

Best Wishes Coach Hurley From East High Swimming Team

*After eleven years of coaching the swim team **Mark Hurley** receives a retirement cake from the team. Even though he will no longer be coaching the swim team, he will be continuing his career as a physical education teacher.*

*Even though the squad had a rough season, **Coach Hurley** encourages his team at the district meet. Swimmers used the season-long encouragement to improve themselves.*

Story/Design: Kim Kigar. Photojournalist: Tiffany Mayse.

During the district meet the swimmers can take a twenty minute break or keep warming up by practicing in the pool. .

HURLEY PUTS A LID ON COACHING

Coach **Mark Hurley** is retiring from the very sport that gave him the most enjoyment, boys swimming.

After coaching for twenty years at Hoover and Lincoln and at East for the last eleven years, **Hurley** thinks it's the right time to leave and pursue another main interest.

"It's a good time for me, the school, and the swim team," said **Hurley**. "I would like to go into administration or vice principal work, maybe even here at East."

His past seven years as head coach have made **Hurley** one of the busiest coaches in the building. But he's content with the achievements and spirit of the teams he's lead and is optimistic about the future of East's swimming program.

"We had a pretty good season this year," says **Hurley**. "If they stay together, this year's sophomores and freshmen could turn out to be the best swim team at East in 10 years."

The years have held many highlights such as the state meet of '93 when Greg Moyle won the championship.

Hurley will still continue to work as a physical education teacher and will always have time for helping with the swimming program.

As a parting message to this year's team he said, "Just remember, hard work brings positive results and it takes hard work to be a winner. Go get Em'!"

There's More To B-ball Than Winning

The varsity basketball team spent many long evenings at practice to get ready for their big games.

Many of those nights were very tiring for the players.

"At practice we mostly work on shooting drills, defense, and plays," said junior Andre **Robinson**.

"If we worked hard at practice and didn't slack off any, we didn't have to do as much running at the end of practice," said senior **Siaolong Southammavong**.

The team not only practices during the season, but also in the summer.

"We spend most of the summer practicing hard at one of the summer camps, for example, Simpson," said **Robinson**.

Practice improved the team a great deal since the beginning of the season.

"Earlier in the season we lost to Roosevelt, but we won the second time we played them," said sophomore Kearstin Nichols, the team manager. "This shows how much practice can really pay off."

During the practices and at the games coach **Andy Howard** was the one who really encouraged the team to do their best and not give up.

"He kept us focused on the game and helped us understand the game better," said senior **Oulay Hacknorath**.

"The team came a long way this season," said **Howard**. "They did their best."

Beside just having four juniors and four seniors, there was also a freshman, **Richard Lewis**, on the team this year.

"He is a great player, but he still has a lot to learn," said **Hacknorath**.

"He will help out the team a lot in the future," said **Southammavong**.

Metro 2–14 Overall 3–19

East	vs. Opponent	
49	Urbandale	84
46	Roosevelt	77
58	Valley	71
45	Indianola	64
51	Dowling	70
51	Hoover	104
61	North	71
47	Roosevelt	56
50	SE Polk	59
73	Johnston	69
65	Lincoln	86
67	Indianola	78
47	Dowling	81
43	Hoover	72
83	North	64
45	Urbandale	52
65	Roosevelt	63
75	SE Polk	85
48	Lincoln	84

Playing against Ames, players tip off the ball. The money raised for game tickets went to the Des Moines Kiwanis Club. The club donated the money towards different charities around Iowa.

After receiving a foul, senior ***Sialong Southammavong*** *shoots a free throw. During the season he set a 3-point shot school record of 53.*

Story/Design: Tiffany Roby. Photojournalist: Skippy Johnson.

oncentraing hard, freshman **Richard Lewis** *shoots a free throw. Being the only freshman on a varsity team can be very challenging, but* **Lewis** *did not let that discourage him. He received Honorable Mention All-Conference.*

layers get ready for their first game introduction of the season. At Drake's Knapp Center, they played an exhibition game against Ames.

he team anxiously warms up for their first game at Jamboree. Warm-ups help the team to be fully prepared to play their best.

Freshmen

Metro	Overall
4–11	5–13

East	vs. Opponent	
62	Roosevelt	29
40	SE Polk	61
45	Johnston	73
67	Ames	48
54	Carlisle	55
40	Indianola	71
35	Lincoln	39
36	Dowling	58
41	Hoover	47
50	North	38
45	Roosevelt	42
42	SE Polk	61
56	Lincolon	62
55	Grand View	69
40	Indianola	60
50	Dowling	66
44	Hoover	54
68	North	43

SEASON RECORDS

Sophomores

Metro	Overall
11–3	16–3

East	vs. Opponent	
77	Perry	47
68	Urbandale	57
62	Valley	42
61	Indianola	57
60	Dowling	65
62	Hoover	70
66	North	42
81	Roosevelt	42
71	SE Polk	65
80	Johnston	64
101	Lincoln	60
59	Indianola	40
39	Dowling	52
66	Hoover	47
84	North	49
70	Urbandale	61
98	Roosevelt	62
80	SE Polk	76
79	Lincoln	64

Story/Design: David Kouang & Deja May. Photojournalist: David Hutson.

Together We Stand

For years, East High basketball has been overlooked, but a successful and groundbreaking season has put East back on the scoreboards.

Although different in many ways, the freshman and sophomore basketball teams had one thing in common.

"We learned how to work together, we didn't have any ball-hogs," says sophomore **Keon Sharp**.

"I tried not to score so much and get the team involved more," said **Aquil Majied**.

The team has started up an attitude storm that seems to grow by the day.

Different in ways, the freshman team's game philosophy was the same.

"They worked as a team and improved every game," said freshman assistant coach **Lance Larson**. "If they work hard, they can accomplish goals."

Goals for the two basketball teams were simple but grand.

"Our main goal was to give the East basketball players a program to be proud of," said varsity coach **Andy Howard**.

Although hurt by injuries, the freshman team seems positive about next year.

"With more practice, we can be the best," said freshman **Ted Harrington**.

With all this talk of teamwork and improvement, coaches and players wait eagerly for next season to start. As the players step into new shoes and roles, it will look like a new era for EHS basketball.

Seniors Shoot Their EHS Farewell

This year was yet another exciting and successful year for East's girls varsity basketball team. However, the season came to a sad end, when Coach **George Davis** said goodbye to six seniors.

"This will truly be an end to a great era," said **Davis**.

This season the varsity girls left behind victory, leadership, good times, and bad times.

This group of six seniors, including **Crystal Leach**, **Maya Coleman**, **Katja Probst** (foreign exchange student), **Megan Hill**, **Nicki Mooers**, and **Beth Gale**, will be "truly hard to replace," said **Davis**.

"I wouldn't change our players or our season for anything. I will remember these girls forever," he said.

These girls won't forget **Davis**, the team, or the games, either.

"I'm really going to miss the environment and team unity. It took a lot of team work to get where we got," said **Coleman**.

"I wish the underclassmen the best of luck. I'm going to miss playing a ton," said **Leach**.

Davis wasn't the only one who was sad about the departure of six team members.

"I'm really going to miss the seniors because I really looked up to them," said sophomore **Tifany Oliver**.

"The team is really going to miss the talent, but we are going to do our best to carry it on next year and match what we had," said sophomore **Jessica Jordan**.

The seniors leaving is a sad event, however **Davis** has a lot of faith in the rest of the team.

"It's nice to know that Davis has a lot of faith in us, and knows that we'll do even better in the years to come," said **Oliver**.

"It's sad that we're losing six senior players, but the rest of the team is really good and it will be nice to get some new, fresh faces on the team," said **Jordan**.

All the members of the varsity team learned a lot. Most importantly they developed true teamwork and grew closer as the season went on.

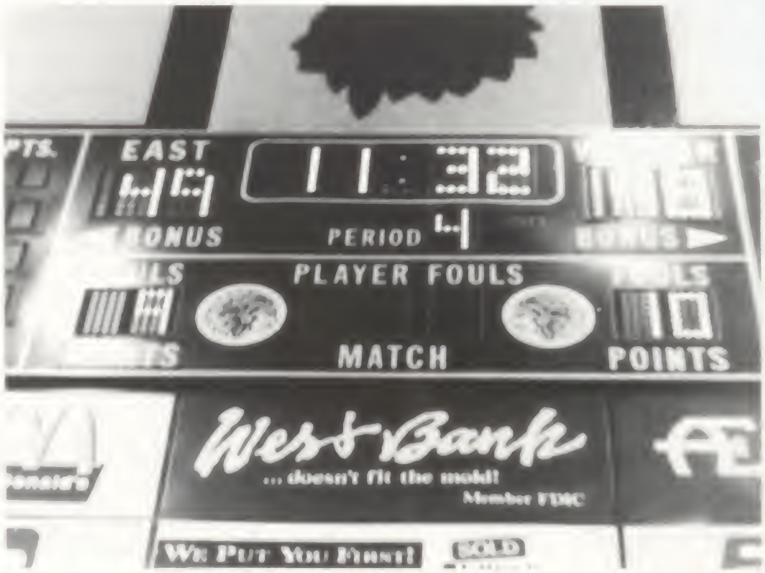
"I can't wait to see what's going to happen with the rest of the team. It should be great," said **Davis**.

Metro
5-9

Overall
8-13

East	vs. Opponent	
54	Urbandale	37
50	Ames	55
55	SE Polk	56
42	Lincoln	56
52	Indianola	44
62	Adel	40
53	Valley	59
38	Dowling	62
36	Hoover	59
62	North	55
72	Davis County	46
58	Roosevelt	39
50	SE Polk	67
50	Lincoln	74
38	Indianola	62
38	Dowling	80
42	Hoover	56
56	North	49
58	Urbandale	77
49	Roosevelt	45
44	Lincoln (distr.)	74

Story/Design: Ashley Vitiritto. Photojournalist: Tara Mathews.



Checking the score! The scoreboard says it all when East played Indianola and was up by 1 point in the 4th period with 11 minutes and 32 seconds to go.

*Double-teaming a Roosevelt RoughRider, **Maya Coleman** and **Megan Hill** lay on the defense at a home game.*

*hooting to score, **Jackie Beener** goes to the net to pick up two more points for East.*

Top 10 Things to Remember About the Season:

10. **Tracie Lowe** throwing the ball in-bounds to **Jackie Beener** and hitting her in the head.

9. **Katja Probst's** basket against Lincoln.

8. Beating Urbandale in the "Shot Clock Game."

7. Coach **Davis** saying, "We need to warm up, get on the line."

6. **Beth Gale** blocking a **Jessica Jordan** shot during practice.

5. **Nicki Mooers** taking six steps with the ball and then thinking the referee was wrong when he called traveling on her.

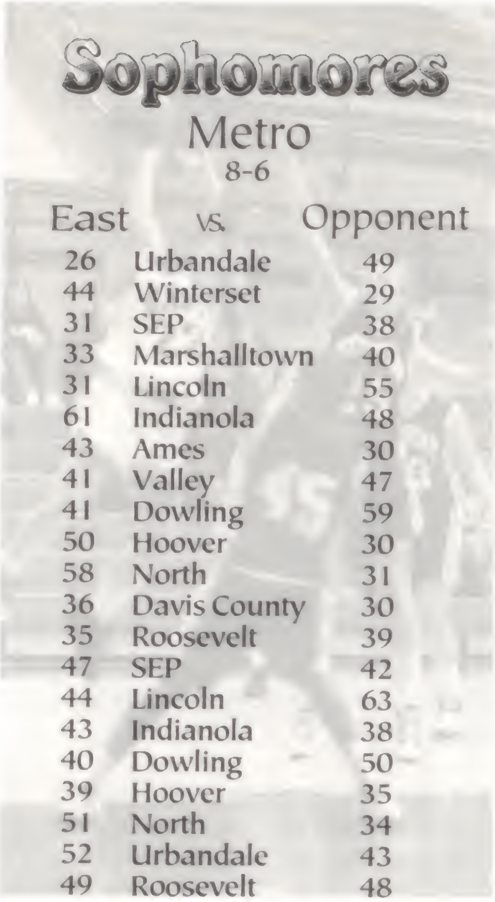
4. The last 2 minutes of the North game, when the ball got stuck on the rim.

3. **Maya Coleman** driving for lay-ups.

2. **Crystal Leach** always going to the right side of the floor.

1. Our feelings after our final game.

*hat's the strategy coach! Coach **George Davis** tells his players what to do to stay ahead in the game against Ames. The fire was there but the Scarlets took a loss.*



Sophomores

Metro
8-6

East	vs.	Opponent
26	Urbandale	49
44	Winterset	29
31	SEP	38
33	Marshalltown	40
31	Lincoln	55
61	Indianola	48
43	Ames	30
41	Valley	47
41	Dowling	59
50	Hoover	30
58	North	31
36	Davis County	30
35	Roosevelt	39
47	SEP	42
44	Lincoln	63
43	Indianola	38
40	Dowling	50
39	Hoover	35
51	North	34
52	Urbandale	43
49	Roosevelt	48

Freshmen

Metro
0-17

East	vs.	Opponent
11	Urbandale	63
18	Johnston	54
28	Roosevelt	40
18	Ames	37
15	SEP	43
16	Lincoln	52
6	Indianola	51
17	Dowling	47
12	Hoover	36
17	Davis County	30
23	North	29
28	Roosevelt	39
14	SEP	57
31	Lincoln	48
31	GV Park	37
25	Indianola	54
12	Dowling	72
23	Hoover	53
20	North	24

Up And In, Around The Rim, Sink It In

Whistles blowing with players fouling, shooting and scrambling for the ball are common at basketball games every time the Scarlets play. This year both teams of freshmen and sophomores were ready for a challenge. The sophomore team did exceptionally well, better than in the recent past.

"I was really proud of these girls, as I am all my girls. I was happy for the girls to win as many games as they did," said sophomore coach **Lowell Long**.

Even though winning is fun, it isn't always what people remember most.

"I went into my first game at the end of the season and just threw the ball into the basket. It was the first time I made a basket all year," said sophomore **Lesley Olson**.

Working with one another as a team and pulling together can make all the difference in the world. It's not really important that the game is won, as long as the team still feels like they've won inside.

"I had so much fun this year. It wasn't a big factor for us to win. We were just there to play and have a good time. Of course winning is fun,too," said sophomore **Lindsey Bennett**.

Long's favorite part about the game was seeing the girls do what they enjoy, and seeing a smile on their faces the first time they did something right.

"I've coached for many years, and to see an athlete enjoy themselves and excel at what they do is just a privilege to watch," said **Long**.

Story/Design: Amanda Grant.

Pepping up the sophomore team, Coach **Lowell Long** gives them some tips on how to win a game. The sophomores were 8-6 this year.

Freshman **Kathleen Robinson** looks for a teammate to pass the ball to. Robinson was one of the freshmen to play on the sophomore team.

Watching their teammates with intensity the freshman team learned from each other. The freshmen practiced hard and gave their best effort.

Looking at the court in amusement, sophomore **Amy Hornocker** watches and waits until it's her turn to go in. With over 15 girls on the team it was hard for everyone to play all the time.

More Than Just Rollin' On A Mat

The wrestling varsity team beat Dowling High School for only the second time ever.

"We were jumping up and down and yelling," said junior **Jason Milligan**. "It was so exciting and we worked hard to get that."

In a season of highlights, the varsity wrestling team had another up and down year.

"I'm really proud of what I accomplished this year," said freshman **Andrew Graeve**. "I made the varsity squad and did what I could to help out the team."

This year's season also had its downfalls.

"We lost some good wrestlers because of academics," said head coach **Larry Jackson**. "They need to understand that even though they love wrestling, if the grades aren't there, they can't wrestle."

As always, the season was a testing ground for the future of the varsity team.

"I had ten varsity matches this year and that really helped me to see what the competition was like," said sophomore **Todd Morris**. "I think that with the experience from this year and some off-season conditioning, next year I'll be a lot better."

Some new faces were seen, one was sophomore **Jabre Norwood**.

"This was my first year wrestling and to top that, I wrestled varsity

a lot of the time this year," said **Norwood**. "But still this year was fun and I learned a lot about the sport."

Conf. Dual Meets
4–3 4th Place

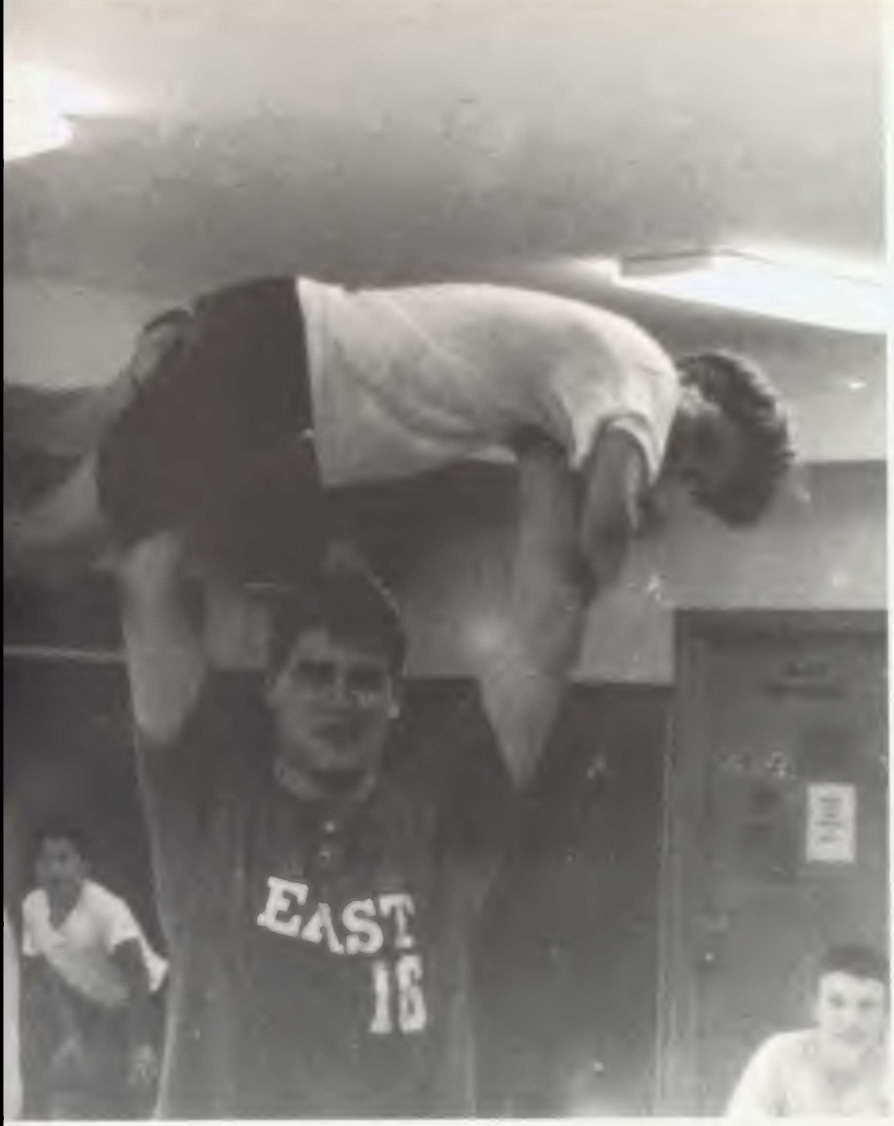
Conf. Tournament
5th Place

Weight	Wrester	Win/Loss
103	Andrew Graeve	10/22
112	Jeremy Milligan	5/12
119	Jason Milligan	11/10
125	Nick Kligopoulos	20/6
130	Marty Signs	15/13
135	Todd Morris	7/13
140	Josh Gerrietts	5/9
145	Zak Banks	15/7
152	Joe Furby	24/4
160	Scott Adamson	9/14
171	Jabre Norwood	0/10
189	Derek Donaldson	21/6
275	Billy Formaro	9/18

ay uncle! Senior ***Billy Formaro*** *hold down sophomore* ***Rocky Dhabolt****. Both had a successful year at the heavy-weight weight class.*

enior ***Dereck Donnaldson*** *holds down an oppent durin the Lincoln vs. Est meet. Donnaldson won his match but East narrowly lost.*

Story/Design: Josh Gerritts. Photojournalist: Jason Milligan.



enior and captain **Joe Furby** *leads the wrestling team in warm-ups during practice.* **Furby** *was a conference champ and also a State tournament qualifier.*

restling giant senior **Derek Donaldson** *holds up freshman* **Tony Leo. Donaldson** *wrestled at 189 pounds this year.* **Leo** *weighed 80 pounds.*

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SC

ime to get pumped up! Junior **Jeremy Milligan** *gets ready to be introduced before a meet. This year the varsity wrestlers were introduced with spotlights, smoke, music, and rotating colored lights. This gave a neat effect to an otherwise boring aspect of the meet.*

Gotta Pin To Win

What's red and black, dresses in spandex, and is "unstoppable?" A JV wrestler after he has just won a match.

"Winning is the most amazing feeling in the world," said freshman **Tony Leo**. "After you've won, you feel like there isn't anything you couldn't do."

Winning didn't come easy for the JV wrestlers. They had to practice long hours every day after school with coaches in order to be prepared for each meet.

"Practicing was the hardest thing about wrestling," said **Leo**. "You have to practice in an almost 90-degree room."

"We got rid of a lot of the trouble makers this year so we had more time to focus on practicing. It helped to make the team better," said junior **Randy Cunningham**.

Practicing paid off in the conference meet. Some wrestlers came out victorious when they faced the seven other high schools.

"It was my goal to win at the conference meet this year. When I did, I felt like all of my hard work had paid off," said **Cunningham**.

Success didn't come easy. Without coaching staff training them "we probably wouldn't have gotten to where we did," said sophomore **Josh Taha**.

"The coaches are pretty cool. They make practice fun, but really get on you if you don't do something right or think you can do something better," said **Taha**.

JV Wrestlers

Weight		Win-Loss
103	Tony Leo	3-11
112	David Lopez	18-2
112	Tria Vang	3-10
119	Brad Cochran	1-0
125	Tyler Baker	6-6
125	Brian Carey	7-2
125	Randy Cunningham	7-6
130	Dustin Byers	3-11
130	Nicholas Piper	6-12
135	Josh Taha	11-2
140	Ben Howard	0-0
145	Denny Donaldson	4-11
152	Jesse Bainter	2-12
189	Donnie Martin	4-6
275	Rocky Dhabolt	6-2
275	Jason Mason	0-0

*To some it may look like wrestlers are just sitting on air. For sophomores **Todd Morris, Rocky Dhabolt**, and senior **Billy Fomaro** they doing a wrestling exercise called the wall sit.*

While practicing wrestlers reminisce back to elementary school days and they jump a little rope. Aerobics played a big role in getting in shape.

Story/Design: Nicole Lawrence. Photojournalist: Amy Banks.

Freshman Dennis **Donnaldson** *and junior* **Randle Cunningham** *go head to head as they prepare for practice. Stretching was a routine for every wrestler.*

Focusing their attention on the match, sophomores **Josh Taha** *and* **Angie Cupp** *keep a record of the match.* **Cupp's** *manager duties also included keeping the mats clean and timing matches at practice.*

Hanging on tight, junior **Randle Cunningham** *keeps a grip on his opponent . His hard effort and struggle to stay on top lead him to win his match.*

The Season Was Long But... What Was Your Most Memorable Moment?

"Hog-tying coach Jackson during practice."
—Sophomore
Rocky Dhabolt

"When I won my match against Valley to win the dual meet."
—Senior
Billy Formaro

"When varsity won the meet against Dowling, for the second time in history."
—Freshman
Andy Graeve

"When a girls varsity basketball player opened the door that joins the two locker rooms together."
—Sophomore
Jabre Norwood

Senior ***Jamie Hayes*** *steps up to the tee with his shining driver.* ***Hayes*** *was one of the best players on the team.*

Freshman ***Paul Drey*** *selects the right club to get him out of the trees.* ***Drey*** *was one of many new players on the boys golf team.*

There were only a few players on the girls golf team. These girls are ***Kari Cummins, Maya Coleman, Jill Cameron****, and* ***Nikki Mooers.***

Senior ***Nikki Mooers*** *looks on as her teammate, senior* ***Maya Coleman****, celebrates a great hit, 'Happy Gilmore-style.'*

Story, Design: Chris Fidler. Photojournalist: Erin O'Connor.

Youthful Start For A Veteran Sport

Since the arrival of Tiger Woods, golf has become increasingly popular. It's been televised more in recent years, and even East High students have taken an interest.

This year's boys golf team had 27 players. At least twenty of them were new, with only two seniors. Although the young team finished with only one win, next year should prove interesting.

"We expect some good players out of middle school, so the competition for the six varsity spots will be tougher," said **Clark Roberts**, who, along with **John Bankus**, is one of the new coaches this year.

It was a different story for the girls team, though.

"There weren't many players, but I think it'll grow next year," said junior **Stephanie Fallis**.

Some new additions to the teams were freshman **Mike DeMoss**, senior **Nikki Mooers**, and **Fallis**. They say they all enjoyed their first year and learned a lot about the game of golf that should help them next year.

The top two male players were seniors **Justin Shelburg** and **Jamie Hayes**, who "grew stronger as the year went on," said **Roberts**. The top girl was alum **Jill Cameron**, who consistently occupied first place on the team.

Hayes and **Shelburg** won't be playing next year, so junior **Dray Grantham**, and **DeMoss** are expected to take their places, said **Bankus**.

"In order for the players to have a good season next year, they will need to get in a lot of practice over the summer," said **Roberts**, who stresses the importance of being consistent with scores.

They will also have to come to the meets with the proper attitude "so they become flawless," said **Bankus**.

This year's season didn't go flawlessly but the players still had a good time.

"Even though we didn't do too well, we all tried hard and had fun together," agreed **Hayes** and **Fallis**.

Boys Golf

Metro 1–6
Overall 7th

East	vs. Opponent	
168	Roosevelt	146
157	North	187
173	Dowling	155
159	SE Polk	157
187	Indianola	156
186	Hoover	164
175	Lincoln	166

Newton Invit.	22nd
Amer. Conf. (1st Half)	7th
City Series Golf	7th
Amer. Conf. (2nd Half)	7th
Valley Invit.	12th
District Meet	12th

Girls Golf

Metro 2–5
Overall 5th

East	vs. Opponent	
264	Lincoln	226
268	Hoover	263
250	Dowling	193
247	North	261
248	Roosevelt	196
240	SE Polk	214
244	Indianola	252

Valley Classic	13th
North Invit.	10th
City Meet	3rd
Newton Invit.	7th

VARSITY SOFTBALL. Front Row: Amanda Grant, Crystal Leach, Amy Nemmers, Stephany Denning, Jessica Piper, Joy Elliott, Beth Gale. Row 2: Kathleen Robinson, Jackie Beener, Tifany Oliver, Nicki Mooers, Mandy Reidburn, Courtny Blakeman. Back Row: Coach Lizz Frye, Head Coach Bob Savage, Missy Gray, Kari Cummins, Lindsy Bennett, Coach Bill Carison, Coach Shannon Carlson.

JV SOFTBALL. Front Row: Cassie Peterson, Stephanie Widlund, Tara Mathews, Lacey Miller, Shannon Root. Row 2: Brooke Bennett, Holly Reese, Jenny Blakeman, Sheena Gray, Kathleen Robinson, Stephany Denning. Back Row: Kari Cummins, Coach Lizz Frey, Lindsey Bennett, Asst. Coach Shannon Carlson, Nickelle Stevens.

FRESHMAN SOFTBALL. Front Row: Stephanee Carlos, Chris Olson, Chrysta Bosley, Cassie Peterson, Oralia Crooks, Courtney Page, Tigre Williamson. Row 2: Brooke Bennett, Kathleen Robinson, Connie Senn, Nikki Drayton, Tiffany Carey, Amy Griffiths. Back Row: Nickelle Stevens, Amanda Mullin, Jenny Blakeman, Coach Shannon Carlson, Sheena Gray, Lindsey Bennett, Amy Goddard. Not Pictured: Kena McCaughey.

Story/Design: Ryan Cook.

VARSITY BASEBALL. Front Row: Chris Standley, Anthony Crum, Richie Bennett, Linnea Powell (bat girl), Tim Sams, Jeff Gathercole, Chad Lortscher. Row 2: Amy Hornocker (manager), Gene Olson, Donny Anderson, Scott Powell (bat boy), Ken Rodine, Chris Stewart, Lesley Olson (manager). Back Row: Mark Standley (manager), Bill Olson, Tom McDonald (assistant coach), Rick Powell (head coach), Brian Luft (assistant coach), Josh Stewart, Mike Peterson.

JV BASEBALL. Front Row: Derek Donaldson, Richie Bennett, Dray Grantham, Nick Kligopoulos, Pat McNeley. Row 2: Justin Shelburg, Dale Brockman, Brad Moore, Frank Ewurs. Back Row: Coach Rowdy Farrell, Chris Stewart, Drew Davis, Bill Olson, Coach kevin Slifka. Not Pictured: Tim Page, Mark Young, Jake Ferrell, Bryan Ford, Stephen Joanides, Joe Stewart.

SOPHOMORE BASEBALL. Front Row: Jake Ferell, Alivin Snyder, Luke Hayworth, Dray Grantham, Bryan Ford, TJ Michelsen, Stephen Joaindes. Row 2: Zak Banks, Pat McNeley, Matt Constable, Ryan Maske, Brad Moore, Joe Stewart. Back Row: Coach Chris Murphy, Bill Olson, Jimmy Randolph, Dan Rendall, David Freerksen, Adam Sparks, Coach Brian Carico.

BOYS TRACK. Front Row: Tim Froehle, Troy Vance, Kaiphet Phaydavong, Lance Lethcoe, K.P. Phaydavong, Ryan McIntosh, Jamaal Clarkson, Carl Shelton. Row 2: Greg Owens, Jason Davidson, Derek Pettijohn, Robert Crane, Nate Hibbens, David Djuth, Todd Bennett, Dan Rendall, Jason Irvin. Back Row: Rory Rodriguez, Maceo Anderson, Tywon Dudley, Coach Mark Hurley, Coach Don Graves, Coach Baldus, Coach Ned Rasmussen, Josh Hibbens, Jake Gerrietts. Not Pictured: Gary Bennett, Clyde Copeland, DeMarco Hall, Andy Hesseltine, Johnathan Jay, Justin Kimmel, Dusty Shannon, Mike Wyant, Jay Bobby, Derek McChurch, Chris Flagg, Nick Menough

GIRLS TRACK. Front Row: Tracie Williams, Vanessa Kinnear, Jenni Flippo, Josie Owens, Beth Gale, Tiffany Good, Christina Taha, Jesse Watterson. Row 2: Amanda Pratt, Jackie Beener, Amy Forkner, Stacey Zelenovich, Amy Nemmers, Anna Jones, Shakeela Newsome, Kate Olson, Leah Tedder, Stacie Hornocker, Megan Hill. Row 3: Lindsey Bennett, Jessica Randolph, Nicole Slater, Leslie Olson, Amy Hornocker, Julie Metheny, Raffaela Punelli, Michelle McWilliams, Sarah Martineau, Tracey Lowe. Back Row: Jessica Jordan, Stephanie Gibb, Coach Lowell Long, Coach Debbi Ford, Coach George Davis, Coach Gayle Burgett, Tifany Oliver, Mandy Reidburn, Jill McWilliams.

VARSITY GIRLS SOCCER. Front Row: Elizabeth Govoni, Brandan Thompson, Vanessa Kinnear, Patchay Kamvanh, Dawn Hutchison, Stacy Vahey, Tascha Torgeson. Row 2: Kari Teske, Brady Shanahan, Megan Staley, Manager Stacie Hornocker, Olga Sklavenitis, Alisha Kalar. Back Row: Coach Chaney Yeast, Kate Olson, Kati Jividen, Megan Hill, Meredith Garlick, Shawna Love, Assistant Coach Angel Smyth. Not Pictured: Crystal Patterson.

JV GIRLS SOCCER. Front Row: Sara Dority, Dawn Ferguson, Theresa Johnson, Megan Cardines, April Shatz, Jayne Corbin, Jennifer Weeks. Row 2: Betty Jo McCarl, Amy Banks, Nicole Wennekamp, Manager Stacie Hornocker, Jessica Hill, Barbie Battin. Back Row: Tracy Lowe, Katie Voll, Marie Chapple, Coach Angel Smyth, Sara Kelley, Jill Nowadzky, Teena Hartkopp. Not Pictured: Amanda Pratt.

Story/Design: Ryan Cook.

FRESHMAN BASEBALL. Front Row: James Grasso, Luke Krpan, Mike Demoss, Andrew Graeve, Tyler Goode, Nick Kraska, Nate Tounsley. Row 2: Jamie McDaniel, Huck Jackson, BJ Van Vleet, TJ Michaelson, John Fick, Paul Drey, John Ellis Adam Wilson. Back Row: Coach Marc Rohing, Carl Shelton, Justin Sheridian, Josh Stapes, Jason Ray, Donnie haygood, Coach Dan Davis. Not Pictured: Mgr. Joe Goffman, Jarod Platt.

GIRLS TENNIS. Front Row: Tang Keothammakhuon, Cameo Cott, Jennifer Lim, Lisa Gathercole, Jessica Hoard, Sarah Jackson, Angela Hoard, Savanchay Hackenrath, July Thongthai, Kari Warren, Chommony Lo. Row 2: Christina Hunt, Jenny Myer, Nikki Vang, Evie McPherson, Stefanie Mix, Glenna Frank, Sandy Mendenhall, Gina Siders, Carrie Birkhofer. Back Row: Brooke Bennett, Manivone Kitthikoune, Laura Shelton, Courtney McClelland, Coach Joyce Smith, Mindy Kimball, Assistant Coach Shelly Smith, Tina Inthavong, Nicole Stevens, Abby Burkhead. Not Pictured: Becca Stamper, Michelle Hewton.

BOYS TENNIS. Front Row: Siaolong Southammavong, Barret Heck, Michael Fuller, David Kouang, Adam Ivanovich, Kevin Minard. Row 2: Chuck Mercer, Adam Quang, Lee Vang, William Sithisay, Nickhom Vansylatom, Sovanna Chau. Back Row: Dillon Wonders, Corey Gibson, Anthony Rivera, Coach Chris Larson, Matt Leonard, Justin Shelburg, David Frost.

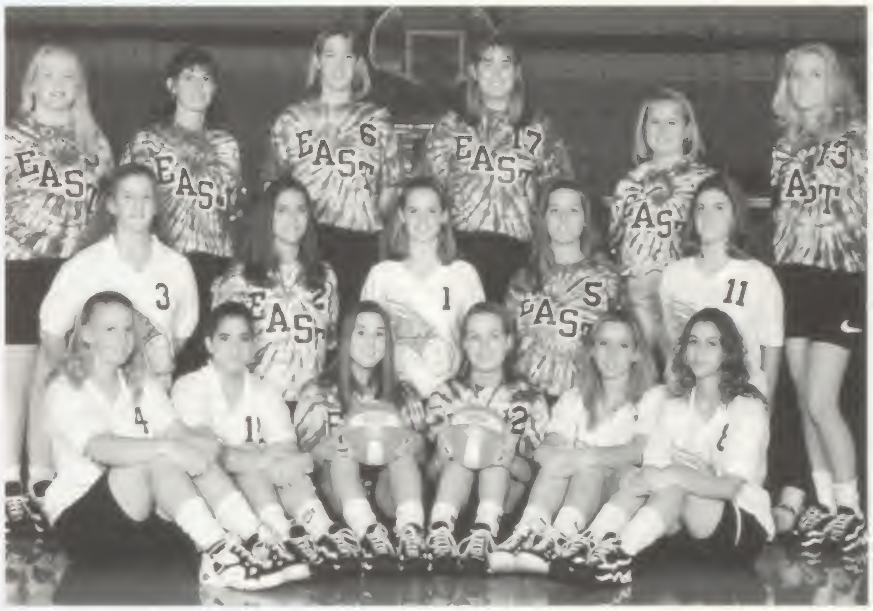
VARSITY FOOTBALL. Front Row: K.P. Phaydavong, Donnie Martin, Michael Charvat, Nick Kligopoulos, Moses Ward, Andy Kilgore, Robert Crane, Kal Lovan. Row 2: Tyler Baker, Floyd Wright, Brian Carey, Billy Formaro, Vikki Convery, Jason Mason, David Suggett, Travis Head, Neal White. Third Row: Jason Nutt, Kyle Williamson, Assistant Coach Kevin Tippit, Head Coach Ned Rasmussen, Assistant Coaches Pug Starcevich, Scott Ryan, Brian Johnson, Andy Powell. Fourth Row: Ben Cowie, Derek Donaldson, Monty Ross, Rory Rodriquez, Chuck Mercer, Bobby Jay, Jeremy Lint, Tim Froehle, Jared Rose. Fifth Row: C.W. Busch, Nick Menough, Jason Irvin, Tim Page, Terrence Reasby, Adam Sparks, Justin Dehnert, Ken Rodine. Back Row: Justin Bolander, Chris Flagg, Ryan Goddard, Dan Rendall, Todd Mentzer, Josh Stewart, Greg Owens, Todd Bennett.

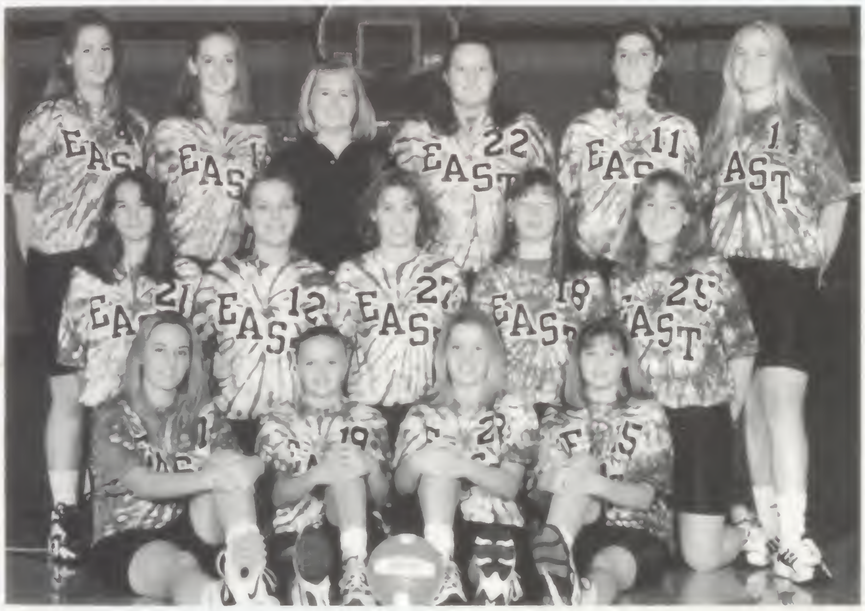
SOPHOMORE FOOTBALL. Front Row: Todd Moris, Ryan Nemmers, James Grasso, Jabre Norwood, Nick Kraska, Josh Taha, John Day. Row 2: Michael Parcel, Creston Davis, John Jay, Brian Lowe, Demarco Hall, Tory Browne, Tim Crowder. Row 3: Warnell Butts, Mike Bushong, Coach David Frost, Coach Dan Sickels, Coach Tron England, Tony Grimm, Roscoe Lewis. Row 4: Marshal Matlage, Justin Kimmel, Brian Mitchell, Maceo Anderson, Chad Lint, Courtney Hayes. Row 5: Jason Davidson, Dusty Shannon, Mike Wyant, Carl Shelton, Derek Pettijohn. Back Row: Mike Williams, Keon Sharp, Brian Overlin, David Frost, Ronnie Williams. Not Pictured: Ben Braafhart, Jon Fick, Donnie Haygood, Jamie McDaniel, Tony Sanders, Ryan Thornton, Tony Wharton.

FRESHMAN FOOTBALL. Front Row: Nathan Gary, Matt Evans, Aaron Mowery, Ryan Schuler, Tony Leo, Nick Piper, John Houseley, David Lopez, Randy Blackford. Row 2: Mike Sharon, Ryan Bernhardt, Josh Markle, Dustin Byers, James Scott, Mike Reese, Dennis Donaldson, Casey Saunders. Row 3: Jack VanSickle, Mike Redshaw, Mike Erickson, Coach Mike Gale, Coach Ken Burgess, Coach Aaron Abasses, John Housley, Corey Patton, Manager Blaize Reha. Row 4: David Evans, Matt Leichliter, Clint Nereim, Scott Burk, Cody Mikesell, Scott Seaman, Adam Warner, Tom Sawhill. Row 5: John Galbreath, Nick Kemp, John Sparks, Kenny Bass, Brad Weber, Adam Townsend, Todd Wacht. Back Row: Mayer Nece, Oliver Powell, Mark Grimm, David Valin, Mike Bolio, Brian Hicks, Lynn Lewis, Alan Hones. Not Pictured: Matt Breton.

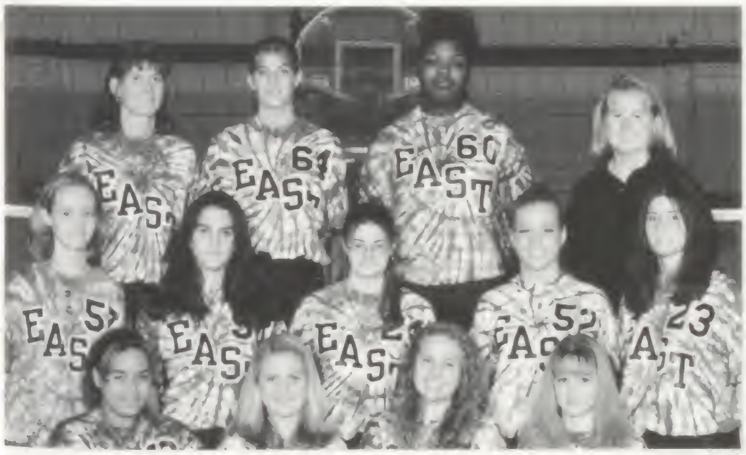
Story/Design: Ryan Cook.

VARSITY VOLLEYBALL. Front Row: Jackie Beener, Jessica Hill, Crystal Leach, Shawna Lore, Tara Mathews, Nicole Lovell. Row 2: Tifany Oliver, Nicki Mooers, Sheena Gray, Tessa Hill, Lindsey Bennett. Back Row: Mandy Reidburn, Coach Lizz Beckman-Frey, Jessica Jordan, Stephanie Fallis, Coach Chaney Yeast, Megan Hill. Not Pictured: Kathleen Robinson.

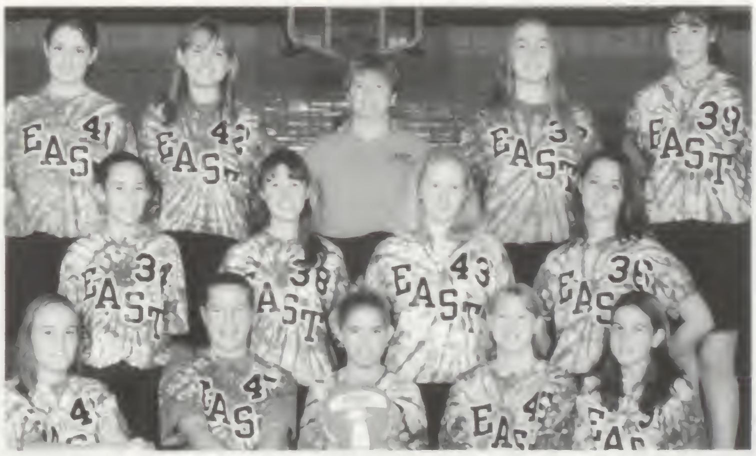




JV VOLLEYBALL. Front Row: Tara Mathews, Shannon Root, Stephanie Widlund, Sarah Lewis. Row 2: Stacie Hornocker, Shawna Lore, Stephany Denning, Sandy Mendenhall, Amanda Conlin. Back Row: Shannon Iverson, Sheena Gray, Coach Chaney Yeast, Jami DeMoss, Lindsey Bennett, Megan Staley. Not Pictured: Kathleen Robinson.



SOPHOMORE VOLLEYBALL. Front Row: Joanna Wright, Jenni Flippo, Geri Sundell, Jessica Kenny. Row 2: Valerie Lamb, Amy Hornocker, Bonnie Padgett, Nicole Gazzo, Jenny Blakeman. Back Row: Lizz Beckman-Frey, Heidi Austin, Marquita Jenkins, Coach Bev Brown.



FRESHMAN VOLLEYBALL. Front Row: Stephanie Carlos, Jessica Richardson, Amy Smith, Misty Stanton, Sondra Lore. Row 2: Lindsey Carr, Courtney Page, Patsy Fredregill, Stephanie Rover. Back Row: Krystal Pickett, Michelle State, Coach Mary Decker, Kathleen Robinson, Amy Goddard. Not Pictured: Katherine Richardson.

SCARLET WRESTLING

WRESTLING. Front Row: Maria Herrera, Kerry Green, Angela Cupp, Nick Kligopoulos, Billy Formaro, Amy Forkner, Jason Milligan, Krystal Pickett, Judy Kligopoulos, Robin Morris. Row 2: Tony Leo, Nick Piper, David Lopez, Jason Mason, Jake Ferrell, Jeremy Milligan, Scott Adamson, Brad Cochran, Marty Signs, Jabre Norwood, Andrew Graeve, Tria Vang. Row 3: Josh Taha, Adam Moraine, Dennis Donnaldson, Randle Cunningham, Zack Banks, Chris Hachet (Asst. Coach), Larry Jackson (Head Coach), Gary McCall (Asst. Coach), Joe Furby, Todd Morris, Donnie Martin, Jesse Bainter, Dustin Byers, Tyler Baker. Back Row: Tyler Baker, Brad Edenburg, Carlos Miller, Dusty Shannan, Ben Howard, Derek Donnaldson, Toby Herrera, Rocky Dhabolt, unknown, Brian Carey, Kenny Bass.

BOYS SOCCER. Front Row: Sabrina Overton (Manager), Matt Moeller, Craig Webber, Chineda Sam, Nick Kligopoulos, Daniel Lovan, Jared Rose. Row 2: Kal Lovan, Travis Head, Ivan Sims, Cory Sonner. Back Row: unknown, Matt Bird, Bryan Shepherd, Tanner Guy, Dave Penake, Anthony Rivera, Grant Scott, Chad Campbell, unknown.

BOYS GOLF. Front Row: Paul Drey, Scott Appleby, Stuart Dalrymple, Mike DeMoss, Richard Zubulake, Bobby Reynolds, Dray Grantham, Chris Fidler. Row 2: Coach Clark Roberts, Greg Schnoor, Ramon McCarrell, Paul Augspurger, Brad Cochran, Kevin Lundberg, Todd Sharp, Jon Sorter, Coach John Bankus. Back Row: Justin Mathias, David Freerksen, Robert Montis, Justin Shelburg, Cory Sonner. Not Pictured: Jamie Hayes, Trevor Ashby.

Photo Not Available:
Girls Golf

Story/Design: Ryan Cook.

BOYS SWIMMING. Front Row: Kurt Zeliadt, Adam Davis, Justin Repplinger, Tim Froehle, Andrew Hesseltine, Brian Brookshire, Adam Walker, Matt Evans. Row 2: Oliver Powell, Ryan Witt (Captain), Brian Hicks, Mark Hurley (Head Coach), Brenda Faux, Sue Monahan-Blair (Assistant Coach), Joe Houchin, Josh Hayes (Captain). Back Row: Jamie Furby, Josh Barker, Landon Heck (Captain), Robert Ortiz.

GIRLS SWIMMING. Front Row: (unknown), Mary Frohle, Nichole Poindexter, Alisha Hartman, Stacy Wood, Amanda Harkin Stephanie Beavers, Sarah Moran, Elizabeth Govoni, Kira Campos-Anderson. Row 2: Ashley Armstrong, Wendy Bradford, Christi McPhearson, Lisa Gatherone, Angela Vertz, Dorthy James, Ashleigh Dowel, Becky McClavey, Christina Ackelson. Row 3: Renee Hesseltime, Kristin Reid, Samantha McConnel, Kristina Lery, Kristen Cody, Mellisa McClavey, Coach Andy Brown, Coach Stan Thompson, Coach Eric Galvin, Amy Nemmers, Mellisa Pepiani, Cuantell McFadden, Evie McPhearson, Kate Olson. Back Row: Samie Hill, Shannon Griffth, Anna Hones, Courtny McClelland, Laura Loose, Raeinda Naggy, KT Harrington, Beth Drey, Leslie Olson, Dawn Richie, Katie Voll.

BOYS CROSS COUNTRY. Front Row: Brian Brookshire, A.J. Shipman, Derek McChurch, Lance Lethcoe. Back Row: Dillon Wonders, Ryan McIntosh, Nate Hibben, Coach Don Graves, Josh Hibben, Eric Ivanovich.

GIRLS CROSS COUNTRY. Front Row: Jesse Watterson, Angela Davies, Sarah Martineau. Row 2: Sarah Ingersoll, Leah Tedder, Holly Reese, Kendra Sawhill. Back Row: Tracy Lowe, Coach Debi Ford, Ashley Jordan. Not Pictured: Shakeela Newsome, Raffaela Punelli.

EAST
60
34
21
40
44
42
East

VARSITY BOYS BASKETBALL. Front Row: Kelly Kilbane (Manager), Sialong Southammavong, Michael Mauk, Chuck Mercer, Tamika Miller (Manager), Kyle Williamson, Will Sitthisay, David Hutson, Kearstin Nichols (Manager). Back Row: Adam Calvert, Chris Stewart, Oulay Hacknorath, Coach Andy Howard, Assistant Coach Matt Carter, Richard Lewis, Nate Robinson, Andre Robinson.

SOPHOMORE BASKETBALL. Front Row: Justin Carr, Huck Jackson, BJ VanVleet, Aquil Majied, Luke Krpan, Bryon Boggs. Row 2: David Frost, Jared Platt, Jamie McDaniel, Tony Sanders, Jason Ray. Back Row: Carrie Chance(Manager), Keon Sharp, Coach Brian Luft, Assistant Coach Ted Christensen, Nate Hibben, Brandi Williams(Manager). Not Pictured: Jimmy Randolf.

SCARLETS
54
44
14
42
40
50
12
22
10
20

SCARLETS
43

FRESHMAN BOYS BASKETBALL. Front Row: Josh Markle, Phouthi Keopraseuth, Don Crockett, Troy Henkle, Kirby Praseuth, James Scott, Trevor Ashby, Todd Sharp. Row 2: Lance Allison, Jack Webber, James Luong, Jordan Hutchinson, Corey Patton, Vince Lovanh, Nick Graham, Tommy Halsband, Lynn Lewis. Back Row: Jared Smith, Tyler Burrows, Charles James, Coach Brian Hoff, Assistant Coach Lance Larsen, Paul Ware, James Avon., Ted Harrington. Not Pictured: John Tulk.

Story/Design: Ryan Cook.

VARSITY GIRLS BASKETBALL. Front Row: Beth Gale, Jackie Beener, Maya Coleman, Tracy Lowe, Crystal Leach. Row 2: Tifany Oliver, Nicki Mooers, Stacey Zelenovich, Meredith Garlick. Back Row: Franz Whitfield, Megan Hill, Coach George Davis, Jessica Jordan, Courtney Blakeman. Not Pictured: Katja Probst.

SOPHOMORE GIRLS BASKETBALL. Front Row: Shakeela Newsome, Leah Tedder, Teena Hartkopp, Sarah Martineau, Jenny Flippo. Row 2: Lesley Olson, Amy Hornocker, Melissa Papiani, Nicole Wennekamp, Kathleen Robinson. Back Row: Heidi Austin, Mandy Reidburn, Assistant Coach Jessica Thornton, Coach Lowell Long, Manager Jessica Zepeda Lindsey Bennett, Amy Goddard.

FRESHMAN GIRLS BASKETBALL. Front Row: Stephanie Schatz, Cassie Peterson, Christina Western, Kira Campos-Anderson, Stephanie Whitter. Row 2: Cammie Williams, Anna O'Brien, Stephanie Carlos, Kirby Skeffington. Back Row: Misty Frazier, Coach Bill Johnson, Coach Ken Morton, Ashleigh Dowell, Sara Froehle.

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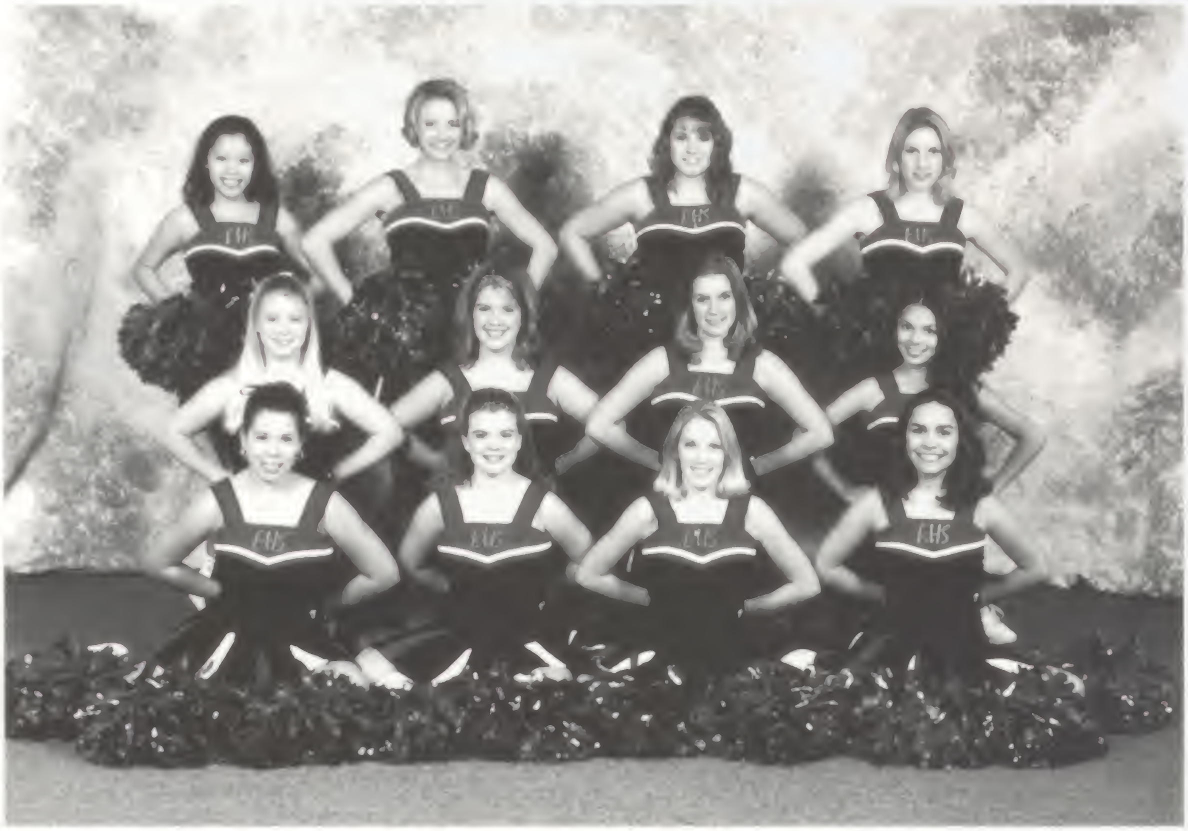

Row 1: DeEnda Lopez, Josie Owens, Julie Johnson, Raychelle Puchta
Row 2: Angie Beason, Jayne Corbin, Jennifer Weeks, Ashley Inthalangsy
Row 3: Khamnoy Sipaseuth, Tricia Forest, Amy Banks, Leslie Evans

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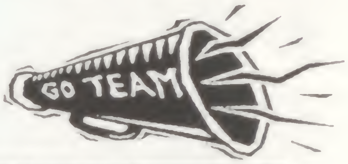

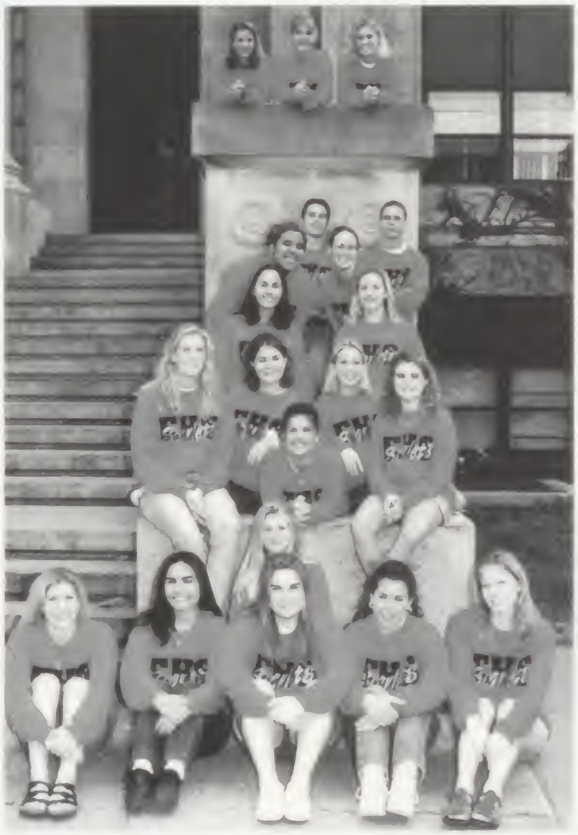

Top row: Jennifer Weeks, Bethanie Roof, Jill Nowadzky
Row 7: Tim Page, Jason Irvin
Row 6: Amber Devan, Kate Olson (Secretary)
Row 5: Becca Stamper, Holly Reece
Row 4: Amanda Grant, Julie Johnson
Row 3: Megan Hill (Vice President), Jayne Corbin, Josie Owens
Row 2: Angie Beason (Treasurer)
Bottom Row: Nicole Slater (Publicity),
Raychelle Puchta (Vice President), Amy Nemmers (President),
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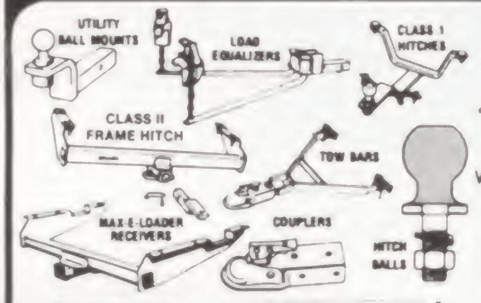
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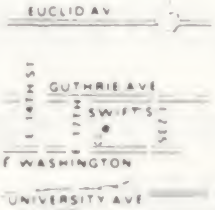

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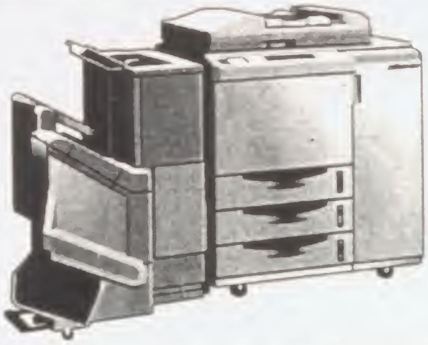

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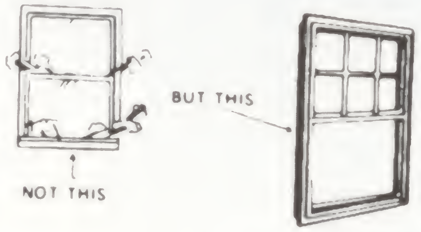

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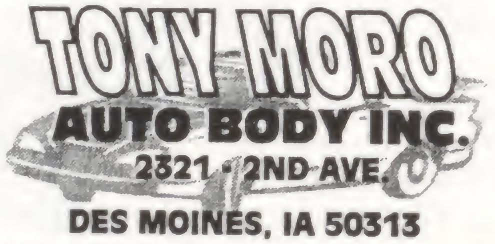

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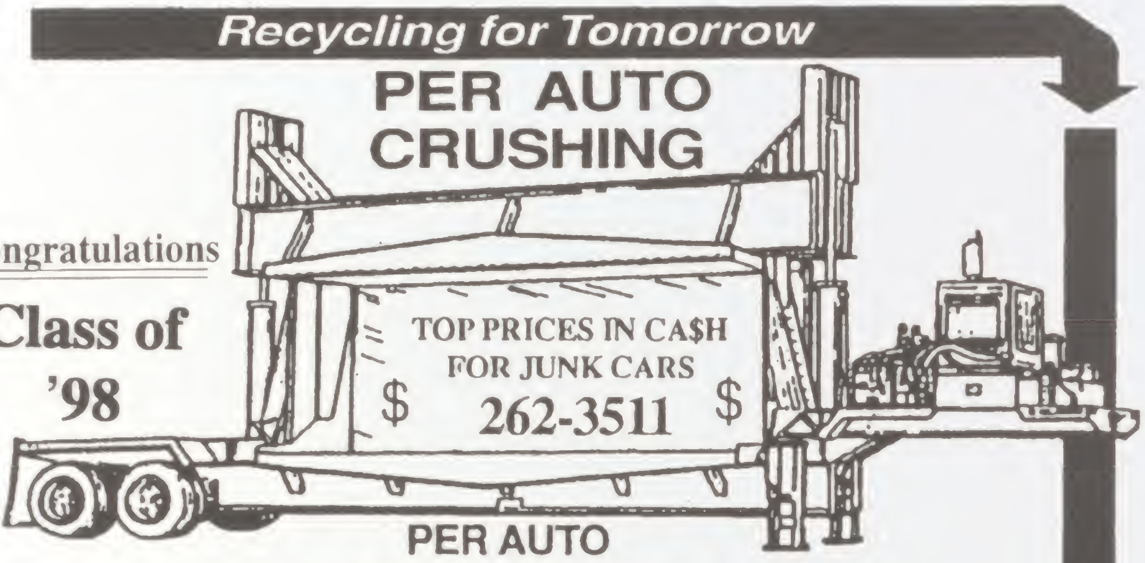

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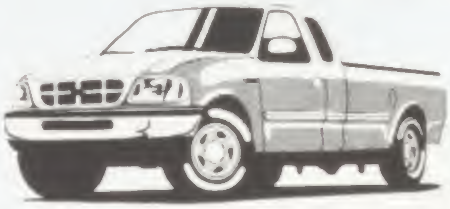

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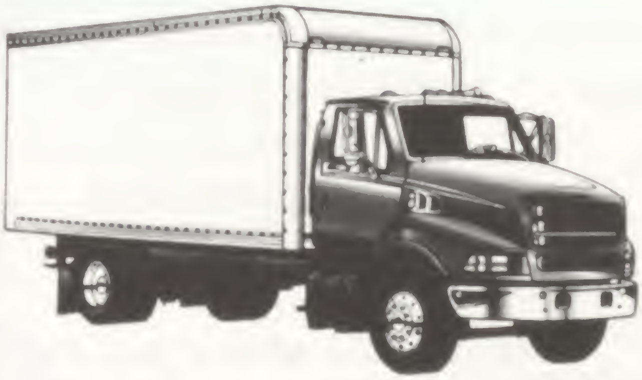

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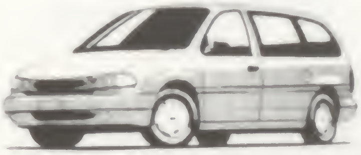

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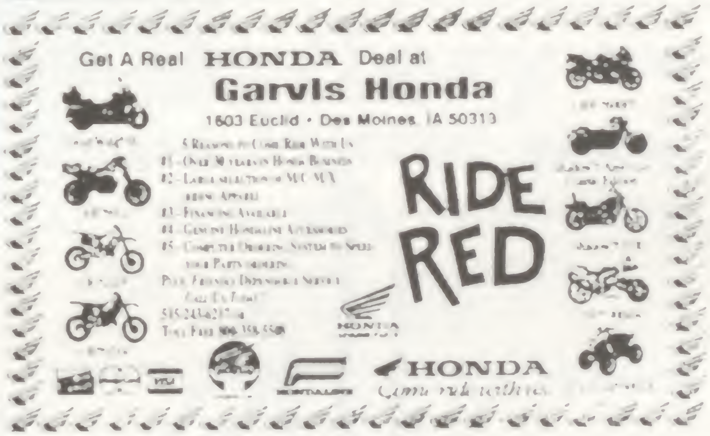

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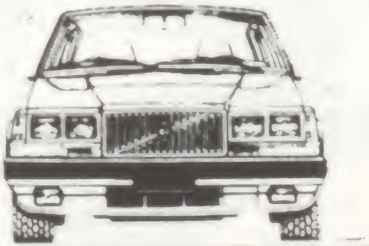

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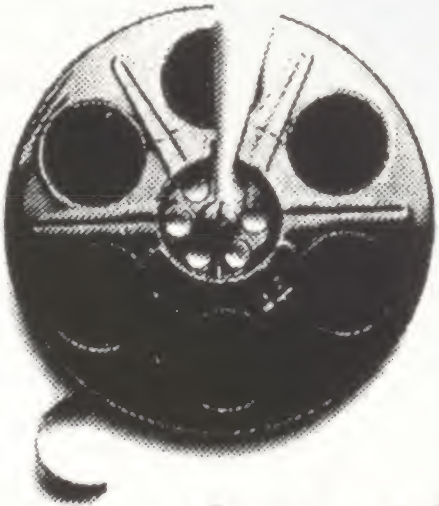

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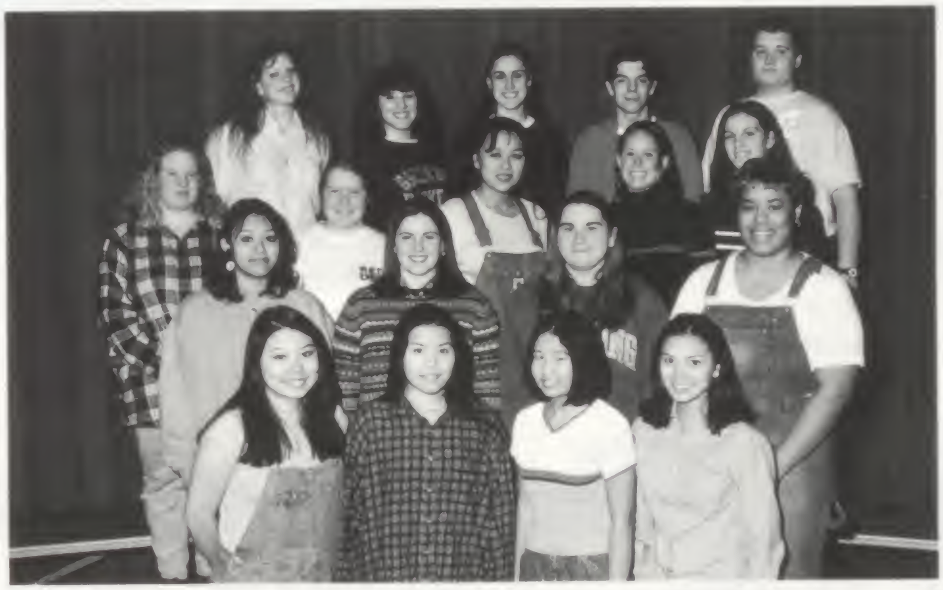

Row 1: Manila Lovanh, Landna Baccam, Patchay Kamvanh, Ashley Inthalangsy. **Row 2:** Khanthaly Souvatrat, Elizabeth Govoni, Amy Nemmers, Amber DeVan. **Row 3:** Angla Curtis, Heather Martineau, Manivone Kitthikoune, Kate Olson, Stacey Zelenovich. **Row 4:** Kt Harrington, Stephanie Gibb, Kate Pagel, Steve Porter, Doug Smith. **Not Pictured:** Eric Flaherty, Kelly Kraska, Kim Scarlett.

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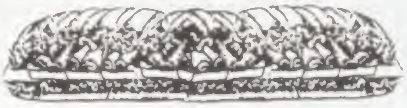

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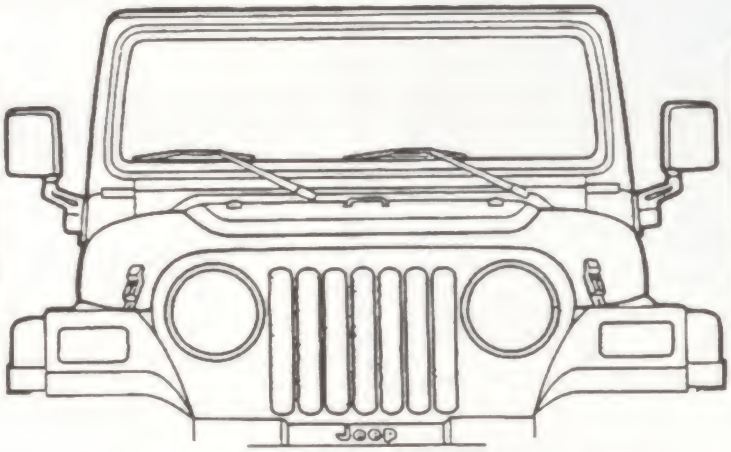

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Seated: Becky Torgeson, Hank Carey, Sharon Page, Mary Irvin.
Left to Right: Ted Nemmers, Steve Fuller, John Lippencott, Vicky Zelenovich, Nancy Lippencott, Roth Ann Signs, Norm Page, Cindy Carey, Jack Hill, Cheryl Goddard, Marcia Riedburn, Sally Dehnert, Mike Dehnert

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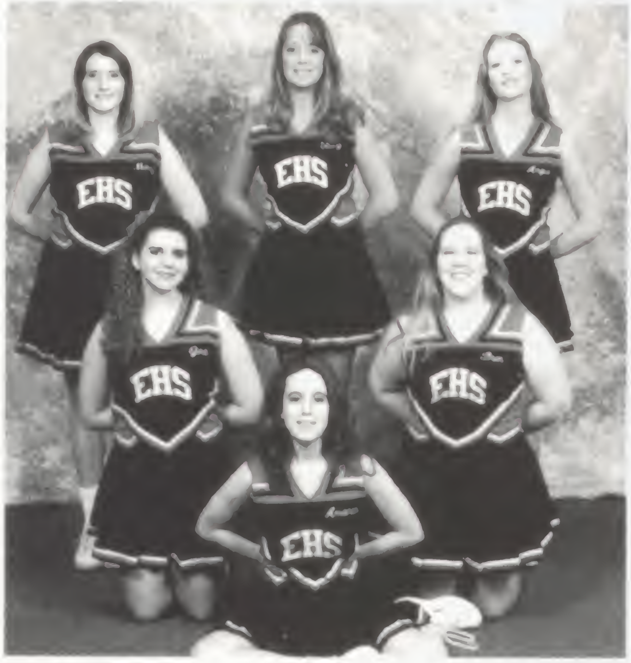

Row 1: Amanda Ragan Row 2: Gina Siders, Brenda Faux
Row 3: Mindy Kimball, Stacey Griffith, Angie Parsons

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Stacy Griffith
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Oh, Thank God,
We are almost FREE at last!

Erika Lynn Olson

Mom, Dad, and Little Brother

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Amy Nemmers

We are proud of you!
Love,

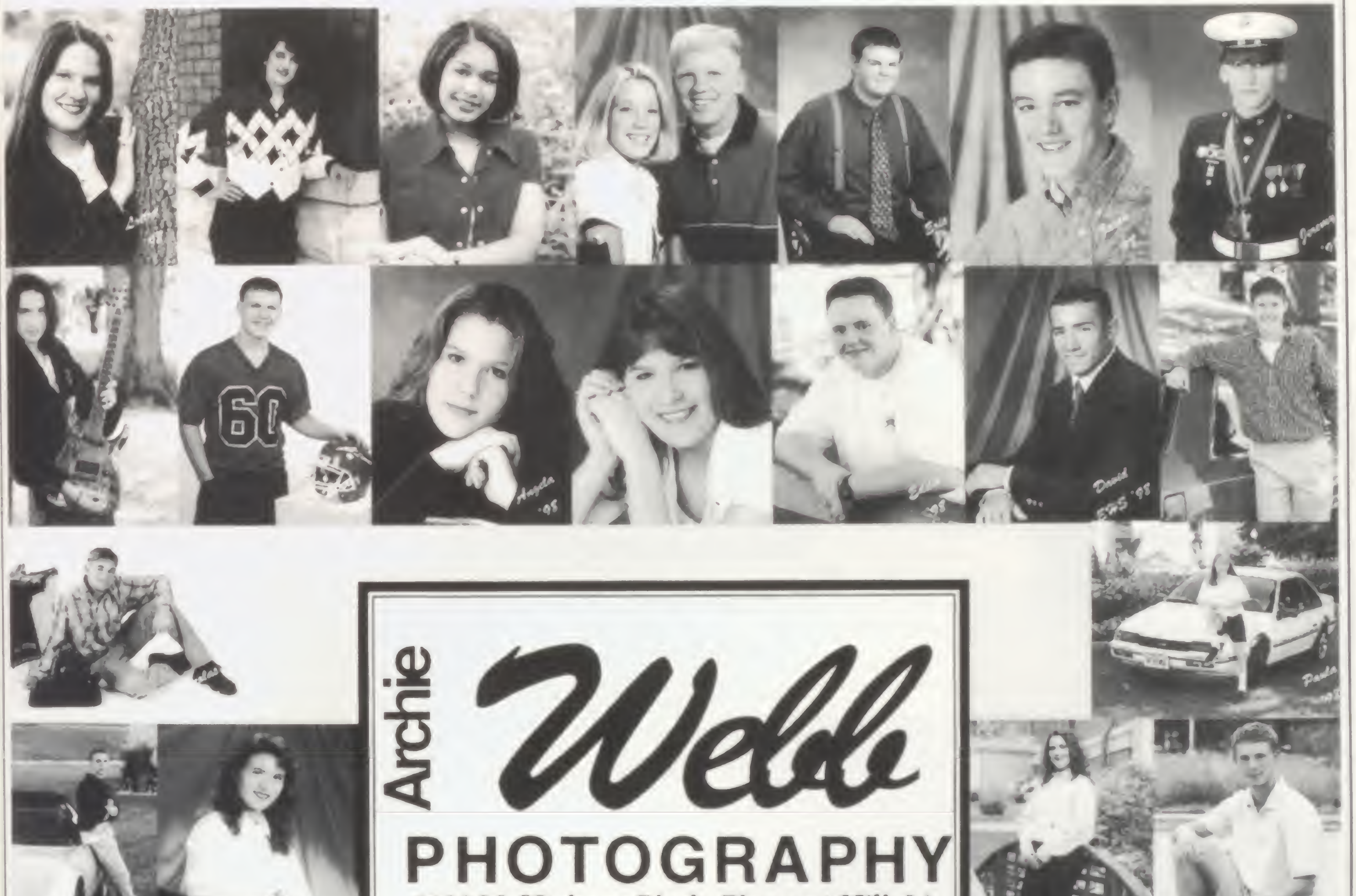
Dad,
Mom, 1969
Jennifer, 1995
Ted, 1996
Ryan, 2000

CONGRATULATIONS!!
Renee Hesseltine

We are very
Proud
of you!!

Love,
Mom, Dad and Ross
Philippians 4:13

Congratulations Class of 1998


Angela '98
David EHS '98
Robert '98
Paula '98

Archie **Webb**
PHOTOGRAPHY
1100 N. Hickory Blvd., Pleasant Hill, IA
262-4240

Congratulations, "Little Brother!"

You Made It!!

We Love You!
Dad, Mom, Greg & Mike

GREG MOYLE
Class of '95

BLAINE MOYLE
Class of '98

MIKE MOYLE
Class of '92

Congratulations Angie Curtis!

Angie—

You have accomplished a lot in your first 18 years—and you can go as far as you want because you have a good head on your shoulders and plenty of energy.

Always remember—
We Love You.

Good Luck!
From Mom, Dad, Bobby, and David

Congratulations, Sarah Halsten!

We are so proud of all of your accomplishments.

Always remember, follow your dreams and never lose sight of your star.

From

Mom, Sarah and Ronnie

Win or Lose. One Thing's the Same:

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Congratulations, Seniors!

Front Row: Sialong Southammavong, David Hutson.
Back Row: Oulay Hacknorath, Chris Stewart, Adam Calvert

EHS Basketball

—The Better Way—

I'd rather see a sermon than hear one any day.
I'd rather one should walk with me than merely show the way.
The eyes of better people are more willing than the ear.
Fine counsel is confusing, but example is always clear;
And the best of all the preachers are the men who live their creeds,
For to see the good in action is what everybody needs.
I can soon learn how to do it if you'll let me see it done.
I could watch your hands in action, but your tongue too fast may run.
And the lectures you deliver may be very wise and true,
But I'd rather get my lesson by observing what you do.
For I may misunderstand you and the good advise you give,
But there's no misunderstanding how you act and how you live.

—Edgar Guest

H. PHILIP HANSEN TRUCKING

M'lords

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1997-98
Teacher Retirement

Jim Hickman

"I came to East the fall of 1979 and have been here since. I have taught for 36 years. While at East I have been the chairperson of the math department, assistant athletic director and co-equipment manager. I have made many acquaintances while at East and in the Des Moines system. I am looking forward to pursuing other job opportunities."

Bill Carlson

"Early retirement is something my wife and I have planned for a long time. We plan to travel a lot. I started and finished my high school experiences at East High School. I will miss East, it has been a fun time."

Virgil Larsen

"I've had two sons graduate from East High. I'm going to miss East and I feel it's a good school. However, I feel that I am retiring from teaching, not from working."

Congratulations
Julie & Brian
Johnson!

From This — to This —
in 18 years

We'd do it all over again!
Mom, Dad, Shelley and Jason

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Katie Harrington

May your life be filled with
sunshine, laughter,
roses, and love!

(Just be home by midnight.)

Congratulations!
Mom & Dad

Congratulations!!! Tanner & Lindsay Guy

The stars exist that we might know
how high our dreams can soar...
We're so PROUD of both of you!
Love You
MOM & DAD

— Tanner —

— Lindsay —

—sNIWTWINs—sNIWTWINs—sNIWTWINs—

"It's been fun being a twin. I guess I wouldn't know what it would be like without her. She's my best friend. I love her and I will miss her a lot when she goes into the military."

Jessica

Hoard

"When I leave for the military, it will be like leaving a part of myself behind."

Angela

"There is a special bond between twins that can never be broken. A part of me would be incomplete without her."

Keri

Sawhill

"To be separated after graduation will be hard at first, but I know she will always be a phone call away when I need her."

Kendra

"Amy and I are pretty much inseparable; If she does move to Chicago after we graduate, then I'll just have to move with her. I'd miss her too much!"

Stephanie

Merryfield

"Stephanie and I have had many fun times together. When we both go our own separate ways, hopefully we'll still have many more fun times together in the future."

Amy

"We've been together for the last 18 years, and it'll be weird not being around her everyday."

Brian

Johnson

"Going our separate ways will undoubtedly cause us to draw closer."

Julie

"I've got to find someone to "Party" with on weekdays."

Jeremy

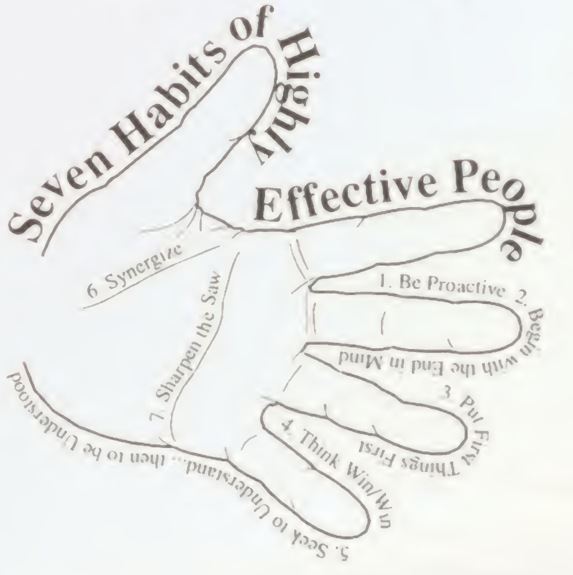
Skinner

"I will be going from "Partying" everyday to "Partying" on the weekends."

Josh

L'Avenir est dans vos mains!!!

(The Future is in your hands)


Seven Habits of Highly Effective People
1. Be Proactive
2. Begin with the End in Mind
3. Put First Things First
4. Think Win/Win
5. Seek to Understand... then to be Understood
6. Synergize
7. Sharpen the Saw

félicitations, Seniors!
L'e Club français

***Seven Habits of Highly Effective People
Stephen R. Covey

Congratulations!
Amy Klopfenstein

Whatever you wish,
Whatever you dream,
Whatever you hope
to achieve…
Whatever you try for,
Whatever you plan…
It's yours if you
only believe.
—E. Brenneman

We're so proud of you!
All our *Love,*
Mom, Dad, & Jeff

Playing with strawberry
lip balm — (1982)

New Bikini
(1982)

First day of
Kindergarten — 1985

CONGRATULATIONS, MEGAN & NICKI!

Let Them Play... *And we did.*
You're both winners, and you have made life a ball .

Megan Hill

Soccer, Volleyball,
Basketball, Track.

Love,
Mom & Dad

Nicki Mooers

Softball, Golf,
Volleyball, Track,
Basketball.

Love,
Mom & Dad

Our Wish For You Is Success, Health And Happiness, Always.

CONGRATULATIONS SENIORS!

A Brighter Future...
begins with the decsions
you make today.
If you have been considering a move, please give me a call.
My past experience could be a great asset to your future plans!

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Congratulations, Keri & Kendra

I have taught thee
in the way of wisdom;
I have led thee
in right paths.
Proverbs 4:11

Love,
Mom, Sherah, David Sawhill
Grandma & Grandpa Langill

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Congratulations "Becca" Stamper!

At two years old, she wore her hair in little pigtails and glasses to help her see.
In awe and wonderment of the world around, she began the process of, "Who am I to be?"
As she handed her little heart unselfishly to me,
We walked to share in the journey.

"I think I'll try Tae-Kwan-Do," one day she said to me.
A junior blackbelt she came to be.
First runner-up in a beauty pagent... A winner to me.
On to high school—Algebra, geometry, trigonometry and calculus... No longer just 1,2,3.

My eyes swell up with tears, looking at this lovely lady I see.
When did the little girl leave?
Then I look closer and still see... The little girl that gave her heart unselfishly to me.

We Love you, Rebecca

Mom & Dad

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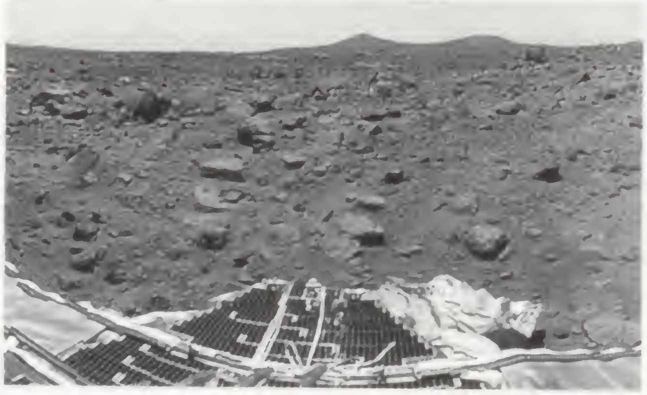
Mars Pathfinder



The roving vehicle Sojourner, the first mobile explorer to land on another planet, landed on Mars in 1997 and gathered soil and rocks. Overcoming communications trouble and other setbacks, Leaving the Mars Pathfinder landing craft, the robotic rover's six metal wheels rolled slowly down a ramp and came to a stop on the surface. Sojourner, which was about the size of a microwave oven, began crawling around the surface of Mars, transmitting a flood of information to scientists back on Earth.

Story/Design: Stephanie Gibb & Kilgore Trout.

Montserrat

The 11,000 residents of the Caribbean island of Monteserrat witnessed first-hand the devastation of a very active volcano which belched ash and small rock over several days in September, forcing more than two-thirds of the population to evacuate the island. A shortage in housing was one of the biggest problems, especially for those evacuating the central communities of the island.

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Madeline Albright

United States Secretary of State Madeline K. Albright was the most visible and active highest ranking woman in U.S. history. Her work in the United Nations and foreign policy advisory board gained her high regard and respect from diplomatic corps. The on-going troubles in the Middle East kept the 60-year-old diplomat busy from the day she was sworn-in to the top job at the State Department.

The Top 20 Movies of '97-'98

20. Kiss The Girls
19. Seven Years In Tibet
18. Soul Food
17. In & Out
16. Peacemaker
15. LA Confidential
14. The Edge
13. Scream 2
12. Jackal
11. Spice World
10. Amistad
9. The Fifth Element
8. Gang Related
7. Tomarrow Never Dies
6. As Good As It Gets
5. Flubber
4. Hard Rain
3. I Know What You Did Last Summer
2. Good Will Hunting
1. Titanic

Story/Design: Stephanie Gibb & Kilgore Trout.

President Bill Clinton

President Bill Clinton was the first Democratic president in 60 years to be elected to a second term. Under his presidency, the United States enjoyed the lowest rate of inflation since the early 1960's and he was the first president in 17 years to submit a blanced budget to Congress. Vice President Al Gore was considered to be the favorite for the Democratic nomination for 2000. However, both have been under close scrutiny for campaign violations as well as many accusations of Clinton's having numerous affairs with women, one of which was former White House intern, Monica Lewinski.

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Yasser Arafat

Yassir Arafat was chairman of the Palestine Organization and president of the Palestinian National Authority. He was one of the key leaders in trying to maintain peace in the Middle East. His '93 handshake of peace with Yitzak Rabin promised mutual recognition between the Palestinians and the state of Israel. Under the agreement, Arafat assumed leadership of the Arabs within Israel's occupied territories. The 68-year-old leader played a very important role in keeping peace in the Middle East.

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Super Bowl XXXII

In one of the most competitive games in Super Bowl history, John Elway and Terrell Davis led the Denver Broncos to a 31-24 upset of the Green Bay Packers in Super Bowl XXXII. The Broncos' first National Football League championship ended the American Conference's 13-year losing streak in the Super Bowl.

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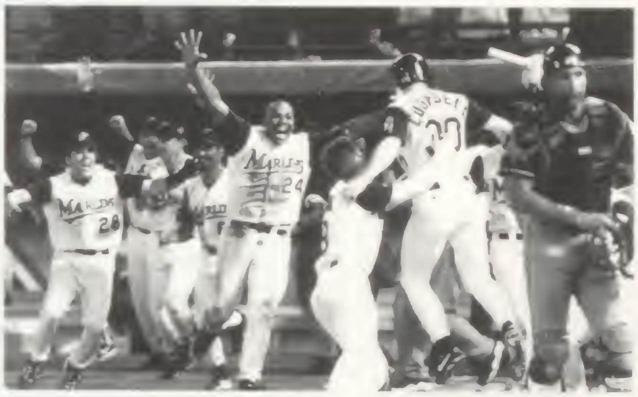
World Series



The Florida Marlins became major league baseball's world champions in 1997, beating the Cleveland Indians in the World Series. Just five years old, the Marlins tied the Indians in the ninth inning of the seventh game and went on to win it all in the eleventh inning with a score of 3-2.

WNBA Debut

The WNBA (Women's National Basketball Assoc.) completed its inaugural season with the Houston Comets defeating the New York Liberty for the championship. At season's end, the WNBA announced that the 8-team league would grow to 10 teams in 1998. If it all works out, the Comets will jump to the Western Conference with Los Angeles, Phoenix, Sacramento and Utah. The new teams, Detroit and Washington, D.C., will join the East with Charlotte, Cleveland and New York.

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Garth Brooks

Garth Brook's entrance into country music was as hard as trying to not get bucked off a 300-pound bull in a rodeo. But Garth made his debut 10 years ago with his heart-felt songs and his #1 hit albums that still climb the charts even today. We fell in love with his first album *Fences*, and we're still mesmerized by his latest, *Sevens*. After two children, numerous hit records, many music awards, and enough money to support his grandchildren's children, Garth has made a legendary status for himself in every way possible.

Jewel

Jewel began writing songs when she was 17. Now, at 23, she's a star. Her first album, *Pieces of You*, was released in 1995 and became an instant and prolonged hit, spending well over a year on the top charts. She was raised in Alaska where she began performing at the age of five. Jewel has won numerous music awards for her "java house" lyrics and heart-felt, easy-going style.

Story/Design: Stephanie Gibb & Kilgore Trout.

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Dave Mathews

The Dave Mathews Band has demonstrated over the course of three albums and several years of extensive touring that it has staying power on the record charts. Combining elements of rock, jazz, funk, folk, and world beat, the group is soulful and subtle in its harmonies and rhythms. They've gained enormous popularity and power with such songs as "Crash," that it's no wonder their shows sell out all over the world.

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The Top 20 Singles of '97-'98

1. 4 Seasons of Loneliness/Boyz II Men
2. Honey/Mariah Carey
3. You Make Me Wanna/Unsher
4. How Do I Live/LeAnn Rimes
5. Quit Playing Games/Backstreet Boys
6. Mo Money Mo Problems/The Notorious B.I.G.
7. Semi-Charmed Life/Third Eye Blind
8. 2 Become 1/Spice Girls
9. I'll Be Missing You/Puff Daddy & Faith Evans
10. You Were Meant For Me/Jewel
11. All For You/Sister Hazel
12. All Cried Out/Allure Featuring 112
13. Building A Mystery/Sarah McLachlan
14. Push/Matchbox 20
15. Up Jumps Da Boodie/Timbaland & Magoo
16. Barbie Girl/Aqua
17. Not Tonight/Lil' Kim and Da Brat
18. Tubthumping/Chumbawumba
19. Never Make A Promise/Dru Hill
20. Sunny Came Home/Shawn Colvin

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Fiona Apple

Tidal is 10 timeless songs. This golden album by Fiona Apple spent more than a year on Billboard's best-selling chart. The 18-year-old native New Yorker crooned her way into the hearts of many Gen-Xers. With singles like "Criminal" and "Sleep to Dream," it was no wonder Apple won an MTV music award for best new artist and best new single.

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Story/Design: Stephanie Gibb & Kilgore Trout.

John Denver

John Denver, whose optimistic songs catapulted him to fame during the 1970's, died instantly when his experimental plane crashed into Monterey Bay in California on October 12. The 53-year-old singer had eight platinum records to his credit including "Rocky Mountain High," and "Sunshine On My Shoulder," two of his trademark songs. His music of love and deep feelings will forever play in the hearts of those who loved him.

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Mother Theresa

Mother Teresa was among the most well-known and highly respected women in the world in the latter half of the 20th Century. In 1948 she founded a religious order of Roman Catholic nuns in Calcutta, India, called the Missionaries of Charity. Through this order, she dedicated her life to helping the poor, the sick, and the dying around the world, particularly those in India. Her selfless work with the needy brought her much acclaim and many awards, including the Nobel Peace Prize in 1979. She died at age 87 on September 5, 1997 of heart failure at her convent in Calcutta.

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Princess Diana

Britain and the world bid farewell to Diana, Princess of Wales, on a sparkling September morning with a grand tribute rich in pageantry. Since her tragic death in a car crash in Paris a week before, the country had witnessed an astonishing outpouring of grief that forced a repentant monarchy to join in the kind of full celebration of Diana's life that millions of people who flooded the streets of London demanded, to say goodbye to their Lady "Di."

Her sons, William, 15, and Harry, 13, stood in attendance joined by their father, Prince Charles and her brother, Earl Spencer, as the body was taken into Westminster Abbey. More than a million bouquets by official count were stacked outside the royal palaces, and all over the world, people said a final goodbye to "England's Rose" with Elton John's title track which became the most successful single ever sold in history.

Picking up the trash, this student helps clean up the school grounds. Many students contributed their time to help get the grounds cleaned up.

Cleaning up the school, this student takes her time sweeping the stairs. Students volunteered during a fall weekend to come to school and help clean up the school grounds.

Enjoying themselves at the game, varsity cheerleaders ***Ashley Inthalangsy, Khamnoy Sipaseuth****, and* ***Leslie Evans*** *take time to pose for the camera. These girls were all dressed up for the senior football night.*

Story/Design: Amy Klopfenstein. Photojournalist: Nancy Holmes.

A LOOK BACK ON OUR YEAR

East is a mix of many different things, people, and ideas. Finding your place and where you fit in is all up to you. Whether you participated in a sport or club, or if you were a team captain or a president was all up to you and the actions you took to achieve that goal.

Many conversations were heard throughout the halls, classrooms, and lunchroom — about what went on last night, if you knew so-and-so was getting back together, about a test or about homework you had to do.

In the four years spent at East, a student meets a lot of new friends and has many new adventures. You set your own goals and try to do your best. You find yourself changing in many different ways. Maybe that test grade that didn't mean much to you early on now is very important.

Only in being a student at East could we experience what "Scarlet Pride" is all about. The loud and energetic assemblies that helped us get riled up for a team's victory still ring throughout the gym. And the dance where you found that special someone will always be a memory in your heart. That class you thought you'd never make it through was over in a flash. When you look back, you were just a freshman and now you've come to rule the school as a senior.

Every part of the school holds memories, and with all of the many generations that pass through East, the "Scarlet Spirit" and traditions still carry on.

So, as you look back on the school year how was it? Do you remember all the good times and even maybe some of the bad? Did you find your place inside East's world?

Now you hold the key to your future, but don't forget your past. Take a good look back at yourself now because *You Never Know What You'll Find Until You Look Inside.*

Serving up the refreshments, senior **Cecil Brewton** helps at the State of the Schools breakfast in January. The Scarleteers were available to help at the breakfast.

IN THE FOUR YEARS WE SPEND AT EAST, MANY NEW FRIENDS AND ADVENTURES ENTER INTO OUR LIVES. NEW GOALS ARE SET TO ACCOMPLISH AND MEMORIES OF THE SCHOOL YEARS WILL STICK WITH US FOREVER. THE FUTURE GENERATIONS WILL CARRY ON THE TRADITIONS AND "SCARLET SPIRIT" IN THE YEARS TO COME.

Cooking up a great treat these students enjoy their cooking class. Many different meals and treats were prepared by the students throughout the year.

ACKNOWLEDGEMENTS & COLOPHON

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COLOPHON
The Herff Jones Yearbook Company of Shawnee Mission, Kansas produced 1150 copies of the 1998 *Quill*. Twenty-eight staff members put together the 328 page spring-delivery book on 80 lb. Bordeaux paper.
The laminated lithograph cover is printed with four color process soy ink. Endsheets are printed with black and scarlet inks on Vibracolor paper stock. The 8.5" x 11" book is printed with offset lithography and is smyth-sewn, rounded and backed.
An opening color section featured UV laminated photos.
The majority of the copy throughout the book is 10 point Tiepolo.
All pages were submitted on Zip cartridges using 10 Macintosh computers and the applications Word 5.1, FreeHand 5.0, and PageMaker 6.5. Most of the ads and backgrounds for some of the pages were submitted as camera-ready art.
Books were sold from September through November for $35. The 1998 Quill was completed on March 13th. The Herff Jones representative was Paul Havnen.

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Photography:
Thanks to all the photo lab students, too numerous to mention, for their talent. Thanks, especially, to adviser Nancy Holmes for her patience and perseverance.

Ad Production:
To the many students under adviser Nanc Hansen's direction in the marketing sales and desktop publishing classes, thanks for all your hard work.

Special Thanks:
Administration
Jerry Stilwell–Principal
Jeff Bock–Graphic Arts Adviser
Nancy Hansen–Advertising Sales Manage
Nancy Holmes–Photography Adviser
Ed Kelly–Publications Adviser

*We were co-editors of Goodrell's yearbook in 8th grad now we've moved on to high school. It was stressf at times, but we made it. Thank you to the staff for of their hard work and to Mr. Kelly and Mz. Holm for everything they have done. Doing the yearbo gave us a new perspective on EHS. Now more th ever, we know that "**You Never Know What You Find Until You Look Inside.**"*
--Ryan Cook and Angla Curtis (AKA "Ryla")

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'97-'98
news beat
yearbook

Everything you need for Macintosh or Windows is included on the disk. If you do not have QuickTime installed, you must install QuickTime from this CD before exploring the News Beat CD. Please see the Readme file on the disk for installation instructions.

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